

LIST OF E-BOOKS

S. No.	Title of the e-books	Author
1.	Fundamentals of Biomechanics	Duane Knudson
2.	Principles of Biomechanics	Ronald L. Huston
3.	Biomechanics of Skeletal Muscles	Vladimir Zatsiorsky, Boris Prilustsky
4.	Biomechanical Basis of Human Movement	Joseph Hamill, Kathleen Knutzen
5.	Biomechanical Analysis of Fundamental Human Movements	Arthur Chapman
6.	Human Movement – How the body walks, runs, jumps and kicks	Carla Mooney
7.	Bodyspace – Anthropometry, Ergonomics and the Design of Work	Stephen Pheasant
8.	Fundamentals of Occupational Safety and Health	Mark Friend, James Kohn
9.	Introduction to Health and Safety at Work	Phil Hughes, Ed Ferrett
10.	Elements of Ergonomics Programs	U.S. dept of Health and Human Services
11.	The Health and Safety Toolbox	HSE
12.	Production Ergonomics	Cecilia Berlin, Caroline Adams
13.	Overuse injuries in sports	Benjamin Clarsen
14.	Kinanthropometry and Exercise Physiology Laboratory Manual – Tests, Procedures and Data (Volume 1)	Roger Eston, Thomas Reilly
15.	A Guide to Human Factors and Ergonomics	Martin Helander
16.	Ergonomics in Sport and Physical Activity-Enhancing Performance and Improving Safety	Thomas Reilly
17.	Kinanthropometry and Exercise Physiology Laboratory Manual – Exercise Physiology (Volume 2)	Roger Eston, Thomas Reilly
18.	Anatomy and Physiology	Openstax College
19.	The Ergonomics Kit – for General Industry	Dan MacLeod
20.	Anatomy and Physiology in Health and Illness	Anne Waugh, Alison Grant
21.	Kinesiology for Dummies	Stephen Glass, Brian Hatzel, Rick Albrecht
22.	Target Skills for Work – Hospitality	
23.	Hospitality Management Accounting	Martin Jagels, Michael Coltman
24.	Choice Advantage – Manual Operations & Emergency Procedures Guide	Handbook – Choice Hotels
25.	Accommodation Operation	School of Distance Education, Bharathiar University, Coimbatore
26.	Event Management	Directorate of Distance Education, Pondicherry University
27.	Revenue Management	American Hotel & Lodging Educational Foundation (AHLA)
28.	Training Module on Personality Development	Dr. Chandra Prasad, Oomen Mathew
29.	Housekeeping (Room Attendant) Learner's manual	http://ec.europa.eu/europeaid/
30.	Front office Management – Tutorials	www.tutorialspoint.com

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31.	50 activities for achieving excellent Customer Service	Darryl Doane, Rose Sloat
32.	Managing Quality Service in Hospitality	Robert C. Ford, Michael C. Sturman, Cherrill P. Heaton
33.	Tourism and Hospitality Studies- Introduction to Hospitality Manual	Murray Mackenzie, Hong Kong Polytechnic University
34.	Introduction to Tourism and Hospitality in BC	Morgan Westcott
35.	A Manual for Entrepreneurs – Food Processing Industry	Dinesh Awasthi, Raman Jaggi, V. Padmanand
36.	Office Ergonomics Workbook	Occupational Health Clinics for Ontario Workers Inc.
37.	Burnout in Competitive and Elite Athletes	Henrik Gustafsson
38.	Sports Medicine and Guide	American Academy of Orthopaedic Surgeons
39.	Sports Medicine Handbook	National Collegiate Athletic Association
40.	Introduction to Sports Biomechanics – Analysing Human Movement Patterns	Roger Bartlett
41.	Physiological and Performance Effects of Altitude Training and Exposure in Elite Athletes	Eileen Robertson
42.	Physiology Practical	Ildiko Vilagi
43.	Encyclopaedia of Occupational Health and Safety	ILO
44.	Ergonomics in the Work Environment – A Manual for Workers	CAW – TCA Canada
45.	Ergonomics Guidelines	IEA
46.	Live Safe! Work Smart! Ergonomics	Health and Safety Resources for Ontario Secondary School Teachers
47.	Introduction to Ergonomics	OSH academy
48.	Ergonomics in the Workplace	Health and Safety Authority
49.	Handbook of Human factors and Ergonomics Methods	Neville Stanton, Alan Hedge, Karel Brookhuis, Eduardo Salas, Hal Hendrick
50.	A Guide to Selecting Non-Powered Hand Tools	NIOSH
51.	Inventory of Tools for Ergonomic Evaluation	Patrick Newmann
52.	NUS laboratory Ergonomics Manual	Office of Safety, Health & environment, University of Singapore
53.	Introduction to the Interior Design Profession	
54.	Architectural Drafting and Design	Alan Jefferis, David A. Madsen
55.	Workplace Safety and Health Guidelines – Hotels, Food & Beverage	WSH Council
56.	Good Housekeeping in Industry	Dept. of Labour, New Zealand
57.	Fitting the Task to the Person	California Dept. of Industrial Relations
58.	Fitting the Job to the Worker – An Ergonomics Program Guideline	Dept. of Labour and Industries
59.	Hotel Front Office Management	James A. Bardi

60.	Lighting for Office and Industry	SAIF Corporation
61.	Lighting Assessment in the Workplace	Occupational safety and Health Branch, Labour Dept.
62.	How to Implement a Formal Occupational Health and Safety Program	Work safe BC
63.	Ergonomics Analysis Workbook	
64.	Ergonomics in Hospital Design	Ontario Safety Association for Community & Healthcare
65.	Chemical Safety in the Workplace	Occupational safety and Health Branch, Labour Dept.
66.	Workplace Guidelines for the Prevention of Musculoskeletal Injuries	National Library of Canada Cataloguing in Publication Data
67.	Ergonomics in Lean Manufacturing	Quartermann Lee, William Nelson Strategos
68.	Small Business – Ergonomics Case Studies: Hazards, assessments, Solutions, Costs and Benefits	Safe Work
69.	An Ergonomics Guide for Kitchens in Healthcare	Occupational Health and Safety Agency in Healthcare (OHSAH)
70.	Process for Implementing Ergonomics Regulatory Requirements	Human Resources and Skills Development, Canada
71.	Guide on Rest Breaks	Occupational safety and Health Branch, Labour Dept.
72.	Monodzukuri Test Learning Textbook	Japan Institute of Plant Maintenance
73.	Hazard Analysis and Control	OSHA Academy
74.	Job Hazard Analysis	Occupational safety and Health Administration, U.s. Dept of Labour
75.	Occupational Health and Safety	Takele Tadesse, Mengesha Admassu
76.	Introduction to Occupational Safety and Health	OSHA academy
77.	Work Zone Safety	Transportation Information Centre, University of Wisconsin-Madison
78.	Best Practices Manual – A Guide to Industry recommended Practices	Canada West Areas Association
79.	Health and Community Health worker Handbook	Work Safe BC
80.	Conducting a Manual Handling Risk Assessment	Leicestershire Partnership NHS
81.	Noise Measurement Noise	Environmental Performance and Coordination Branch, dept of Environment and Heritage Protection
82.	Occupational Noise Surveys	WorkSafe BC
83.	Preventing Musculoskeletal Injuries (MSI) – a guide for employers and Joint Committees	WorkSafe BC
84.	Guidance on the Management of Manual Handling in Healthcare	Health and Safety authority