



# Internal Quality Assurance Cell

Annual Report 2010-2011

Nirmala Niketan College of Home Science & Polytechnic

College of Home Science

**NIRMALA NIKETAN**

**49, New Marine Line, Mumbai-400020**

**Email: [nnchse@mtnl.net.in](mailto:nnchse@mtnl.net.in)**

**Tel.: 022-22076503**

**Fax.: 022-22003217**

## PART A:

### **What is the plan of action chalked out by the IQAC in the beginning of the year towards quality enhancement and what is the outcome by the end of the year?**

- ➔ Post re-accreditation and awarded with a B grade with a GPA of 2.90. The newly formed IQAC for the third cycle of reaccreditation under the guidance of the Principal chalked out several activities for enhancing and sustaining quality based on recommendations made by the peer team.
1. An academic calendar was prepared (2009-10, 2010-11) – Appendix A.
  2. Different committees were formed each headed by a coordinator, with a group of teachers and wherever required members of non-teaching staff and students were part of committees
  3. Staff development programmes were chalked out.
  4. Term-wise teaching plan was made to ensure that the entire syllabus is spread uniformly over the academic year.
  5. Format for teachers' diary was given.
  6. Computer training was planned for teachers who were novice in use of computers.
  7. National / state level seminars / conferences were planned
  8. To increase research output in terms of publications, applying for minor / major research projects was encouraged as well as Registration for PhD
  9. The EPC chalked out plans to create and maintain a database on student profile, increase linkages with the industry, invite companies to the college, holds seminars.

## PART B:

### **1. Activities reflecting the goals and objectives of the institutions**

- ➔ The goals and objectives of the college have always been life oriented, community oriented and career oriented. Hence, the activities are planned centered around the goals.

### **Specialization of Food Nutrition and Dietetics**

- An overnight camp on “Personality Development” was conducted by Fr. Bryan of Don Bosco for T.Y. B.Sc. students.
- Some of the students along with Principal and a senior faculty got an opportunity of going to France on exchange programme, staying with the French family and studying their cultural habits, their cuisine and educational system. This was reciprocated by a visit of French group in February which included 4 staff and 25 students who also got a similar exposure of Indian culture and education.
- In first week of Aug, P.G. Diploma students presented a skit on Breast feeding and Cancer during Breast Feeding Week, National Nutrition Week was celebrated from 1<sup>st</sup> – 7<sup>th</sup>, first week Sept 2010. On 1st Sept, Principal Machado inaugurated the week, T.Y Nutrition students staged a play on Balanced Diet for Jr. College students, followed by a Nutri Desk where BMI of young students was calculated. T.Y.CRM students put up a demonstration on Food Adulteration, and M.Sc. (I) had a canteen selling nutritious snacks.
- On 4<sup>th</sup> September 2010 PFNDAI in collaboration with the department organized one day programme in the college. There were intercollegiate competitions and a seminar on Newer Ingredients for Healthy Foods. This Academia-Industry interaction provided an excellent platform for the students to learn new trends in food industry and also build contacts that would help them professionally. The staff of the dept helped in organizing the days programme.
- Field work for T.Y. students was planned in collaboration with an NGO Vidya and Rotary club under the partnership named Bhavisha Yann. Our students conducted 3

sessions for students of 7th, 8th & 9th Std. and their mothers in 3 Municipal schools in Mumbai Colaba, Worli, Banganga on various aspects of health and hygiene, besides some soft skills were also taught. A special session was conducted for the School girls on Anemia, nutritional status was analyzed, low cost nutritious recipes were also taught.

- An industrial visit was organized for M.Sc. II students to Goa, 2 staff viz. Ms. Colaco & Mrs. Hasija with 10 students visited different food industries in Goa.
- P.G. diploma students were engaged in counseling an NGO SNEHA in eastern suburbs, MCFI at Arthur road, and in a school at Bhandup on Good Nutrition  
Students were taken for fieldwork to ICDS Centre in Dharavi, Modern Bakeries, West End Hotel, Hinduja Hospital
- A seminar on Entrepreneurship as a Consultant and Practical applications of Dietetics was conducted for TY / M.Sc. / P.G. December 2010
- Seminar on Entereal Nutrition was organized for TY / M.Sc. / P.G. December 2010
- Visits were arranged for M.Sc. – I (FND) to C.B. Patel Research Centre, KEM Hospital, Therapeutic Drug Monitoring Laboratory in the month November 2010, Dec'10, Jan '11, February 2011 to get know how of latest laboratory practices.
- An innovative idea implemented this year was starting a Bridge course for non nutrition students who had taken admission for M.Sc., & P.G. About 15 lectures were conducted to help these students to learn basics of Nutrition. The students had benefited from this course.

#### **Specialization of Human Development:**

- A session on Personality Development was conducted by Father Glen of Don Bosco for TY / M.Sc. students.
- An overnight camp for the SY. B.Sc. students and an Orientation for Parents of SY. B.Sc. students were held on 28<sup>th</sup> June and a session on Parenting was conducted.
- Interactive session with parents and students on parent-teenager conflicts for Students of T.Y. B.Sc. and M.Sc. and their parents on 21<sup>st</sup> August
- Session on Sexuality Education Programme entitled “Respect Your Body” for F.Y.J.C. Students of Nirmala Niketan College of Home Science on 21st September 2010.
- Karasgaon on the 29th of October, as an education extension activity Here the students worked with target groups, such as children attending “balwadis” and schools, as well as the youth and women of the community. Students conducted workshops with these target groups in the area of personality development and development of entrepreneurial skills.
- For ten weeks (4<sup>th</sup> Aug 2010 to 29<sup>th</sup> Sept 2010) the students were placed at Witty International School, Malad (a formal preschool setting). At the preschool the 12 students (T.Y. B.Sc.) were placed, four in pairs and others individually, in the Play Group (2 divisions), Nursery (3 divisions) and Sr. K.G. (5 divisions). The three (M.Sc. Part II) students supervised small groups, under the guidance of the field work teacher supervisor. The role of the T.Y. B.Sc. students (T.Y. B.Sc.) was to conduct activities for these children, while the M.Sc. students, supervised the planning, scheduling and implementation of the lessons/activities. The students visited the school every Wednesday and the daily schedule included participating and conducting lessons in the classroom from 9.00 am to 12.30 pm followed by a feedback meeting from 12.30 – 3.00 pm wherein constructive feedback and points for improvement were provided. The students also generated ideas and shared about the content / themes for their next activities.
- Educational Tour of M.Sc. students to Bangalore (4th to the 11th of October, 2010) with Dr. Anuradha Bakshi and Ms. Rhonda Divecha: (a) Visits to Human Development agencies, namely, the Azimji Premji Foundation, the Sneha Care Home and School for

Children Infected with HIV+, and the COM-DEALL Early Intervention Programme for Children with Autism. (b) Volunteer work, presentations (paper and poster) and participation of students at the International Conference on Career Guidance and Counseling organized by the International Association for Educational and Vocational Guidance (IAEVG) and The Promise Foundation (TPF) at the NIMHANS Convention Centre, Bangalore, 8th to 10th October, 2010.

- Organized a regional seminar on Storytelling – An Avenue For Transformation and Growth for Preschool and School Teachers and Trainees, Graduate and Postgraduate Students and Professionals from The Disciplines Of Human Development, Psychology, Counseling, Psychiatry and Education on 10<sup>th</sup> and 11<sup>th</sup> December 2010
- session for M.Sc. students with Prof. Gideon Arulmani (Senior Visiting Lecturer, Canterbury Christ Church University, UK; Professor, Martin Luther Christian University, India) on research entitled “The Question is the Answer”
- multiple group sessions on SPSS for M.Sc. students
- Session on Preparing Resume and Facing Interview for T.Y. B.Sc. students

### **Specialization of Textiles and Fashion Technology:**

- Personality Development session at Don Bosco by Father Glen
- T.Y. B.Sc. had an overnight camp on “Personality Development” held by Fr. Bryan of Don Bosco
- T.Y. B.Sc. students went on an Educational Tour to Ahmedabad accompanied by the senior staff Dr. Ela Dedhia and Mrs. Pratima Goyal (3rd to 8th October 2010). Places visited were Arvind Mills, Calico Museum, Reliance, Patan for Patola and Mashrus, Pethapur for block making for printing (here the students had the honour of meeting National Awardees), Shreyas Museum, NID, Gandhi Ashram and local markets such as Rani no hajiro and law garden.
- Educational Tour for the post graduate student was organized to Madhya Pradesh from 3<sup>rd</sup> to 9<sup>th</sup> October 2010. 17 students were accompanied by Dr. Rathi and Ms. H. Jain. Places visited were Pitampur, Ujjain, Dewas, Maheshwar and Indore. Organization visited were Prathibha Syntex, a vertical integrated plant from fiber to fabric, to garment manufacturing Tata International manufacturing of leather from raw material to manufacturing dispatching stage, Leather articles by artisans in Dewas, Ujjain for batik, bagru and dyeing and printing and Paper Machine, Maheshwari sari manufacturing and dyeing on pit looms, Century Denims – fibre to fabric and effluent plant. They also visited Indore zoo and the local market.
- A local visit to the Art and Craft Exhibition organized By Paramparik Karigar at Prince Of Wales Museum was also organized.
- The M.Sc. II students as a part of the curriculum had a 4 week internship programme in the month of May and June 2009 when the students finished M.Sc. I. They were placed in industries such as:
  - Jai International India ltd.
  - Sreepriya Exports (Kolkata)
  - Creative Garments
  - Technocraft Industries (India) Ltd
  - Vrijesh Co-operation
  - Nandini Fashion Pvt. Ltd etc.

which helped them to get hands on experience in various field as merchandisers, T-Shirt/shirt designers, fabric designers (weave and prints), sample developer, computer aided designer, mood board and theme board designers, home furnishing designers,

accounts and documentation, packing, billing, invoice and challan making, formal communication procedure etc.

- Some of them had the opportunity to design for national as well as international brands like:
  - French connection – UK
  - Killer jeans - UK
  - Trustworth - Geneva,
  - Pause Clothing Co. Ltd- London,
  - Distinctive Choice- South Africa
  - Annabella - local etc.
- It enriched them with better insight and confidence towards successful careers in the textile industry and also opened avenues for job placements and helped them get ideas and sponsorship for research depending on the requirement of the industry. All the students of M.Sc. I have secured their placement for their internship in various industries
- SDC Workshop on Fabric Painting by Pebeo for M.Sc. students
- Seminar on “Communicating the science of colour in the modern world” at B.D. Somani College organized by Society of Dyers and Colorists –India
- Texfest’10 : Organized and Attended workshops and talks on:
  - Fashion Styling by Mr. Harsh Gupta, Jewellery Designing by Mr. Devendra Loyal,
  - Brand Magic by Mr. Navin Vasani, Fashion Accessories by Ms. Anjali Dileep. In addition seminars were also organized.

#### **Specialization of Community Resource Management:**

- A seminar on “**Curriculum Restructuring for Enhanced Career Opportunities in Ergonomics**” was held on the 21<sup>st</sup> Dec. 2010
- Students went to **Kolad, Raigad District for a Rural Camp** from 26<sup>th</sup> – 28<sup>th</sup> Oct. 2010. The students visited 6 villages and 14 municipal schools wherein they conducted various workshops, demonstrations, skill building activities for the benefit of the localities.
- T.Y. B.Sc. had an overnight camp on “Personality Development” held by Fr. Bryan of Don Bosco
- Students & staff attended a one day seminar on Ergonomic Design Principles at SVT college of Home Science on 18th Sept 2010.
- **Rendering Workshop:** Mr. Sunil Mestry, faculty – Bhausaheb Hiray College of Architecture, Bandra and a visiting faculty at various design & Architecture colleges in Mumbai was invited to conduct a 1-day workshop on “Rendering Techniques & Presentation” for the Interior Design Elective T.Y.C.R.M. students in Dec 2010.
- **3-day FPP Course:** TYCRM attended a three day Food Processing & Preservation course at Cotton Green on 13<sup>th</sup>, 14<sup>th</sup> and 15<sup>th</sup> of December 2010. Students had both theory and practical sessions where they learnt to make jam, jellies, pickles, .It was a certificate course undertaken by Government of India.
- **Industrial Visit to Mahindra & Mahindra Plant:** The students of Value Added course “WORKSTATION DESIGN & APPLIED ERGONOMICS” got a once-in-a-lifetime opportunity to visit the Deming Award Winner, Mahindra & Mahindra Limited (M&M), Kandivli plant on the 22nd Dec 2010.
- **Model Making Workshop:** basic furniture models were demonstrated & students to make one model of each furniture shown.
- A 2-bedroom kitchen plan of a residence was chosen. Students had to furnish the apartment, get the plan approved and then work on the furniture models. The model complete with accessories was ready by the 3rd March 2011.

- **Fruit & Vegetable Carving:** A Demonstration cum practical session was organized on 'Fruit and Vegetable Carving'
- **Guest room cleaning:** Mrs. Trupti Laghate, faculty of Rizvi College of Management was invited to conduct a lecture on 'Guest Room Cleaning on 9<sup>th</sup> of October 2010.

## 2. New academic programmes initiated (UG & PG)

### → Foods, Nutrition and Dietetics:

Our Major Achievements was sanction from the University of Mumbai for starting of 2 new M.Sc. courses from June 2011.

- M.Sc. in Food Processing and Preservation
- M.Sc. in Sports Nutrition

### → Community Resource Management:

- The department started Value Added Course on "Workstation Design & Applied Ergonomics"
- A **State-Level Seminar on Curriculum Restructuring for Enhanced Career Opportunities in the Field of Ergonomics for Home Science students**" was organized by the Specialization of Community Resource Management on 21<sup>st</sup> of December 2010. The objective of this seminar was to bridge the gap in the teaching-learning process through inputs by the relevant professionals who would share their expertise and enrich the curriculum.
- **Industrial Visit to Kerala:** The industrial visit to Kerala for students was scheduled from 19<sup>th</sup> March to 25<sup>th</sup> March 2011
- A bridge course for non Home Science students who secured admission to M.Sc. I (FND) was conducted

## 3. Innovations in curricular design and transaction

→ 2009-10: The new syllabus approved by the University of Mumbai was implemented at the F.Y. B.Sc. and M.Sc. (I) level and teaching methods were accordingly modified at each level. Use of ICT was enhanced, and students were also exposed to newer technologies both in college and by organizing visits to other institutes.

→ 2010-11: College is working towards Credit system based on pattern of University of Mumbai. In new academic year 2011-2012 college is starting with semester system at F.Y. B.Sc. level.

## 4. Interdisciplinary programmes started

→ No new programmes were initiated, however value added courses of Food Processing & Preservation, Nutrition & Exercise for Fitness and Visual Merchandising (Inter and Intra) were continued. Expertise of staff of different departments was availed of for a few topics of common interest.

## 5. Examination reforms implemented

→ Based on the modifications in the curriculum, exam patterns have been accordingly modified.

- In the year 2010-2011, the final university final examination was conducted using their reformed guidelines. The answer booklets and supervisory reports that were supplied by the University of Mumbai were bar-coded. Strict disciplinary rules were set by the college in accordance to the University guidelines in order to keep check on discipline amongst students.

- Rules and regulations regarding the conduct of the examinations were displayed on the notice board along with the time table and given to the staff along with the supervision chart.
- Students and supervisors were asked to be present in the examination hall one hour prior to the commencement of the examination in order to give them sufficient time to fill in their bar-coded CVM answer booklets and supervisory report.
- The public address system was used to make important announcements and to give common instructions to candidates appearing for the examinations.
- In order to enforce accuracy, Junior staff were guided on paper setting.
- Prior to formulating the supervision duty chart, all staff was given the liberty to choose dates on which they were unable to conduct the supervision and accordingly the duties were assigned. In case of emergency staff could request for mutual exchange of supervision duties, however the decision had to be routed through the Principal.
- Reexamination/additional assignments were undertaken by the students who failed in their internal assessment in practical and theory internal marking giving them an opportunity to improve their performance.
- Provision of a writer was allowed in case if the student was unable to write with ½ an hour extra time. Dyslexic students were also given the stipulated extra ½ hour.
- Students suffering from communicable diseases like chicken pox were allowed to answer their papers in isolation during the exam.
- Student using unfair means were not sent home, they were kept in detention, parents were contacted, counseled along with the students and only then the student was allowed to go home.

#### 6. Number of candidates qualified: NET / SLET

➔ Out of 28 teachers appointed 14 have qualified NET/SET, three of which are recruited fresh in this academic year 2010-2011. (Ms. Vrinda Udiaver, Mrs. Neha Mulchandani and Ms. Shraddha Kshtramade)

#### 7. Initiative towards faculty development programme:

➔ 25 staff members have attended, presented posters / papers in National / International Seminars, and Refresher courses.

#### 8. Total number of seminars / workshops conducted

Month 2010-2011	Major Talks/Seminars/Conferences/Workshops	Resource Person
June 10 <sup>th</sup> , 2010	Interactive session with teachers and students	Mr. Milind Deora
June 11 <sup>th</sup> , 2010	Talk on Stress Management	Dr. S Parker (KEM hospital)
June 12 <sup>th</sup> , 2010	Legal Rights for Women	Advocate Ketaki Jayakar
August 4 <sup>th</sup> 2010	Awareness programme for World Breast feeding week	Speakers related to the theme of the programme
September 1 <sup>st</sup> -7 <sup>th</sup> 2010	National Nutrition Week was celebrated with intercollegiate competitions, and afternoon a seminar on Newer Ingredients For Healthy Foods in collaboration with PFNDAI	Speakers related to the theme of the programme

September 23 <sup>rd</sup> & 24 <sup>th</sup> 2010	TexFest Two day workshop cum poster presentation with sessions on Fashion Styling, Jewellery Designing and Brand Magic	Mr. Harsh Gupta Mr. Devinder Loyal Mr. Navin Vaswani
October 18 <sup>th</sup> 2010	Workshop on Team building	Mr. Jeevan D'Cunha
October 21 <sup>st</sup> 2010	Talk on Autonomy of Colleges	Fr Frazer Mascarenhas Dr Vivian Amonkar St. Xavier's College
December 10 <sup>th</sup> and 11 <sup>th</sup> 2010	Regional seminar on Storytelling – An Avenue For Transformation and Growth for Preschool and School Teachers and Trainees, Graduate and Postgraduate Students and Professionals from The Disciplines Of Human Development, Psychology, Counseling, Psychiatry and Education	Several speakers related to the theme of the seminar Dr. Vrinda Dutta Dr. Coomie Vevaina Ms. Rhonda Divecha Ms. Sugandha Jain Dr. Sameer Dalwai
December 21 <sup>st</sup> 2010	State-Level Seminar on “Curriculum Restructuring for Enhanced Career Opportunities in the Field of Ergonomics for Home Science students” was organized by the Specialization of Community Resource Management Topics covered: Physiotherapy and Ergonomics Health Performance & Ergonomics Cognitive Ergonomics Ergonomical Design Personal Protective Equipment and Clothing	Dr. Pramod Pabrekar Dr. G.G. Ray Ms. Afshan Shaikh Practicing Physiotherapist Harkisandas Hospital, Dr. Kasturi Ray, Professor TISS Dr. M. K. Chauhan, Asst. Professor, SVT College of Home Science Mr. Jayant Pasarkar
March 29 <sup>th</sup> 2011	Cancer Detection camp in collaboration with Lions Club and Indian Cancer Association for underprivileged people	Members of the Social Service committee

## 9. Research projects

### a. Newly implements

S.N O.	TITLE	DURATION	SPONSOR	GRANT	NAME OF THE PRINCIPAL INVESTIGATOR
1	Diet & Chromium Supplementation as a treatment approach in women with PCOS	2 years (2009-10, 2010-11)	UGC Minor Research	154900	Dr. G. Ibrahim
2	Evaluation of post-meal effects of different rice varieties	2 years (April 09 - March 11)	Marico Ltd.	10, 55,000	Research centre
3	Review papers / minor reports	6 months	Kellogg's India Private Ltd	1, 07,500	„
4	Breakfast habits of children adolescents & adults in Chennai	1 year	„	4,11,120	„



b. Completed

S.NO.	TITLE	DURATION	SPONSOR	GRANT	NAME OF THE PRINCIPAL INVESTIGATOR
1	Diet & Chromium Supplement as a treatment for women with PCOS	2 years	UGC Minor Research	1,54,900	Dr. Geeta Ibrahim
2	Breakfast habits of children adolescents & adults in Delhi	1 year	Kellogg's India Private Ltd	2, 64, 000	Research centre

**10. Patents generated if any**

→ Nil

**11. New collaborative research programmes**

BRANCH	Collaborators	Collaboration for research/dissertation projects	Collaboration for publications/consultancy
BRANCH-I, FOODS, NUTRITION & DIETETIC	Research guides of the department collaborated with various organizations	Hiranandani Hospital, Cadbury ltd., Maricos, Institute of Science, Anchrom, Kamani oils, NGOs, Private practitioners	
BRANCH-II; HUMAN DEVELOPMENT	Dr. Nirmala Almeida		Received an invitation from MOHAN (Multi Organ Harvesting Aid Network) for the development of a tool to assess attitude towards organ donation
	Dr. A. Bakshi		On the editorial board of International Journal of educational & vocational guidance and writing a paper for the same  Working along with national & international professionals towards publication of a handbook on 'New directions in career guidance'
BRANCH-III; TEXTILES & FASHION TECHNOLOGY		Vrajesh Co-operation	

RESEARCH CENTRE	Research centre	Marico Ltd Kellogg's Kellogg's India Private Ltd	
-----------------	-----------------	--	--

## 12. Total research grants received from various agencies

Department	Total research grant received
Research centre	18,37,620/-
Dr. Geeta Ibrahim (UGC)	1,54,900/-

## 13. Number of research scholars

Department	2009-'10		2010-'11		
	M.Sc.	Ph.D.	Ph.D. Completed	M.Sc. (completed)	Ph.D. (ongoing)
BRANCH-I, FOODS, NUTRITION &DIETETICS	10	01	--	10	01
BRANCH-II; HUMAN DEVELOPMENT	10	01	02	10	03
BRANCH-III; TEXTILES & FASHION TECHNOLOGY	08	01	---	08	05

## 14. Citation index of faculty members and impact factor

→ Nil

## 15. Honors / Awards to the faculty

→ 2009-10

**Dr. Nirmala Almeida**

Prize awarded for Oral Presentation on Comparison of quality of Life of donors prior to and subsequent to kidney donation – Indian Society of Nephrology, West Zone, 2009

**Dr. Geeta Ibrahim**

Awarded UGC minor research grant of Rs. 150000/- for a project on Diet & Chromium Supplementation as a treatment approach in women with PCOS

**Dr. Deepa Rathi**

Honoured by Thane Municipal Corporation on World Environment Day, 06-06-2009

**Dr. Ela Dedhia**

- Nominated on International Management Committee of RVTI, Ministry of Labour February 2010.
- Elected as Vice President ARAHE, HSAT

→ 2010-11

**Dr. Geeta Ibrahim**

- Awarded Ph.D. Degree in Biochemistry by the University of Mumbai in September 2010.
- Received 2<sup>nd</sup> installment of UGC Minor research grant of Rs 47000/-

- Co-opted LEC member of AFST (I) Mumbai chapter
- Successfully completed UGC sponsored minor research project on PCOS

***Mrs. Vibha Hasija***

- Completed a UGC Refresher Course on “Human Rights” organized by the Academic Staff College, University of Mumbai, Kalina, November 15<sup>th</sup> to December 4<sup>th</sup> 2010.

***Dr. Nirmala Almeida***

- Two PhD candidates (Ms. Kamini Rege and Ms. Sonal Joshi) have been awarded the Doctoral Degree under her guidance.
- Won the First Prize for the Paper on “Evaluation of the Quality of life (QOL), Coping Strategies, and Coping Effectiveness of Women with Polycystic Ovarian Syndrome (PCOS)” at the 37<sup>th</sup> Annual Conference of Association of Clinical Biochemists of India (ACBICON 2010) held at Mumbai, December 13-15, 2010.
- Invited to be a key opinion leader in the area of transplantation by The Transplantation Society (International organization).

***Dr. Anuradha Bakshi***

- Appointed Plenary Team Member for International Conference on Career Guidance and Counseling organized by the International Association for Educational and Vocational Guidance (IAEVG) and The Promise Foundation (TPF) at the NIMHANS Convention Centre, Bangalore, 8th to 10th October, 2010.
- Nominated the Vice-President of the Indian Association of Careers and Livelihood Planning (IACLP), 10th October 2010. Reviewer for an international journal: South African Journal of Psychology (SAJP)
- Reviewer for Research Reach
- Vice President, Indian Association for Career and Livelihood Planning (IACLP), October 10, 2010 onward ([www.iaclp.org](http://www.iaclp.org))
- Editor, a special issue international journal, the July 2011 International Journal for Educational and Vocational Guidance (IJEVG). International editorial team led by Prof. Gideon Arulmani; other members on editorial team are Prof. Tony Watts, OBE, (UK), and Ms. Patricia Flederman (South Africa).

***Ms. Payal Maheshwari***

- Awarded the “Best Abstract (researcher) Award” for the paper titled “Relationship between the level of emotional intelligence and the level of marital satisfaction in couples (21-35 years) who have been married for 3-5 years” at the 2010 Joint World Conference on Social Work and Social Development: The Agenda, 10-14<sup>th</sup> June, 2010, Hong Kong.
- Completed Refresher Course on “Major Concerns in Social Sciences”, organized by Academic Staff College from January 3-22, 2011 and obtained ‘A’ grade.

***Dr. Subhadra Prabhu***

- Attended the orientation Programme organized by Academic Staff College from October 6, 2010 to November 2, 2010 and obtained ‘A’ grade.

***Dr. Ela Dedhia***

- Nominated as Trustee SDC EC India from 1st June 2010.
- 12th July Received Kutch Shakti Award –Nariratna award at Birla Matushree which was covered in Divya Bhaskar, Mumbai Samachar, Janmabhoomi on 14th July and in their own publication.
- 23rd July Elected SDC India Region Chairperson at SDC AGM

- M. Sc. Research student, Swaroopa Adusumilli (2009-2010) was selected as India National winner of the SDC Design Competition and was invited to participate in the International Design Competition to UK London on 5th October where she bagged the 1st Runner-up Award and thus brought pride to the college and the Nation. Her name and picture along with the name of the college featured in the Journal International Colourist and also on several internet sites related to SDC.
- Nominated for the SDC Bronze Medal for contribution to Society of Dyers & Colourist, India. Invited to Bradford on 13th May to receive it at the hands of the President.

***Dr. V. Karnad***

- Completed a UGC Refresher Course on “Human Rights” organized by the Academic Staff College, University of Mumbai, Kalina - November 15<sup>th</sup> to December 4<sup>th</sup> 2010.
- Received 100% UGC sponsorship under travel grant scheme for a paper presentation. The paper “Designing and Product Development Sportswear using Bamboo (Rayon) Knits” (co-authored by Ms. V. Iyengar- M.Sc. Research Student 2009-2010) was presented at the International Conference “The Textile Institute Centenary Celebration Manchester”, organized by the Textile Institute Manchester, UK from 2nd and 4th November, 2010.

***Ms. S. Kshetramade***

- Received ‘Best Mentor’ award for Fashion Show conducted by INIFD (Inter-National Institute of Fashion Design), Bandra - Khar for Vibrance-2010 held at St. Andrew’s, Bandra on 2nd July, 2010.
- Cleared SET (Maharashtra State Eligibility Test) held on 8th August, 2010.

**16. Internal resources generated**

**→ FOODS, NUTRITION & DIETICS**

Income generation activities (2010 -2011)

1. Entrance test for admission to post graduate courses (M.Sc. & P.G. Diploma in Dietetics)
2. Value added courses in FPP & NEF coordinated by the staff.
3. On 04-09-2010, PFNDAI in collaboration with the department organized one day activity in the college. In the morning there were intercollegiate competitions, and in the afternoon a seminar on ‘Newer ingredients for Healthy Foods’.
4. Bridge course for non-nutrition students who have taken admission for M.Sc. & P.G.
5. Food Craft Course.
6. Workshops on cakes and bakes.

**→ HUMAN DEVELOPMENT**

The seminar on ‘Story Telling: An Avenue for Transformation and Growth’ held on 10<sup>th</sup> and 11<sup>th</sup> December 2010 raised a net profit of Rs. 39,000/-. A UGC Grant of Rs.90,000/- has come in for this event. Rs.62000/- has been and the rest will be released in the near future.

**→ TEXTILE AND FASHION TECHNOLOGY**

All programmes organized during the year were planned and implemented within budget. The educational tour was also conducted with limited budget but with the best of facilities. For the Tex Fest’10 the money received in the form of sponsorship took care of the expenditure of the workshop and the speakers, and department managed the expenses through the registration and sponsorship collected.

## ➔ COMMUNITY RESOURCE MANAGEMENT

A one- day seminar on “Curriculum Restructuring for Enhanced Career Opportunities in Ergonomics,” was organized by the specialization of Community Resource Management on 21<sup>st</sup> of December which helped to raise funds. Stationery, badges, mementos, breakfast, evening tea, etc. were sponsored.

Consumer store run by the Consumer Elective students made a profit of Rs 2000/.

### 17. Details of the departments getting SAP, COSIST / DST, FIST, etc. Assistance / recognition

➔ N.A.

### 18. Community services:

Our commitment to social issues being very high, Social Service Unit of the College was involved in several activities round the year.

➔ **2009 – 10**

1. **A Sale of tri-colour flags** (@ RS.2/-) prepared by mentally challenged children from more than 10 BMC and other NGO run special schools and sheltered workshops was organized in the college. There was a sale of 750 flags and the amount collected was Rs.1500/- which was handed over to **Hi-Tech Family & Enrichment foundation** for welfare programme for mentally challenged children. The activity was collaborated with **Hi-Tech Family & Enrichment foundation**. Jr. College, Sr. College & Polytechnic enthusiastically participated in the event.
2. A session (talk with discussion) with slides on ‘**Anemia, Thalassaemia and Blood donation**’ was arranged for all students. Mr. Pangam, a Hematologist and a visiting professor, conducted the session. During the session, awareness was also created regarding the importance of iron & effects of iron deficiency. Blood donation and Thalassaemia Detection Camp followed the session in the month of September.
3. **Antileprosy Campaign : Part 1**  
An educational **film on leprosy** followed by discussion on causes, prevention, treatment and rehabilitation was arranged for students of FYJC. The session was conducted by Ms. Victoria Pereira from **ALERT-INDIA** (Association for leprosy education, rehabilitation and treatment- India)  
**Anti-leprosy Campaign Part II: - Fund raising drive** followed the awareness session. The students collected sum total of Rs.-31,788 during the campaign which was to be used for a good cause by **ALERT-INDIA**.  
A special felicitation programme was organized by **ALERT-INDIA** in Birla Matoshree on 20<sup>th</sup> Feb’10 and a trophy was received by Dr. M. Subhadra and Ms. Benny on behalf of committee and the principal as a token of appreciation.
4. **Celebration of International Literacy Day:** Display of posters on Literacy prepared by social service committee members and Commercial Art students created literacy awareness.
5. **Thalassaemia detection and blood donation camp**  
**Thalassaemia detection camp:** ½ day **Thalassaemia detection camp** was organized in collaboration with C.V. Patel institute, .PATU (Parents’ Association Thalassemic Unit

Trust) .Lions club of Bombay Queens way sponsored the detection camp. Mr. Pangam, Hematologist and visiting faculty coordinated the activity.

**Blood Donation Drive** for all students in collaboration with Sou Meenatai Thackeray Blood Bank was organized .In all 27 blood units were collected. As per the protocol of the blood bank our institute is entitled to 4-5 units of blood free of cost being 10% of total collection.33 students could not donate blood either due to either being underweight or anemic. A special arrangement of air conditioned mobile van was made for the first time by the committee in collaboration with C.V. Patel institute.

6. **2<sup>nd</sup> October 2009(Gandhi Jayanti)-International Non-violence day:** To commemorate International Non violence day all students, teaching, non teaching and support staff undertook a pledge on non-violence
7. **3<sup>rd</sup> October, 2009:** A 2-hr interactive session was conducted on Effective Anger Management Techniques for FYJC students by 3 Social Service committee student members. The activity was coordinated by Ms. Sandhya, M.Sc. student (Dept of Human Dept. and was assisted by Ms. Monal and Ms. Shimpli. (M.Sc. (I) FND students) All the participants as well as staff gave a positive feedback.
8. **Data of students for writers' bank for National Federation of the blind:** 31 students filled the forms and registered their names in writers' bank for NFBM.
9. **"Safety talk and demonstration on use of LPG" in collaboration with Bharat Gas service Colaba was organized:** A series of 7 workshops of 1 ½ hrs that included a **talk with demonstration on safe use of LPG** was organized for all students and staff. Approximately 600 students and 25 staff attended the programme. The workshops were conducted by Ms. Rashida Amin and Mr. Pawar from Bharat Gas. A quiz competition on safe use of LPG was organized for all students. In all, 85 students participated and 31 won prizes. During the workshop for staff, a quick quiz was conducted. .2 staff won prizes.
10. **19<sup>th</sup> to 26<sup>th</sup> Nov '09:ANTI DOWRY WEEK Celebration of Anti Dowry Week:**
  - **Anti Dowry pledge was taken** by all students from Junior college, Degree College and polytechnic during the week. The pledge was written by Dr (Mrs.) Nirmala Almeida, Sr. Faculty, Dept. of Human Development.
  - **Display of 2 posters prepared by commercial art students** on dowry, Bride burning. The posters were highly appreciated by one and all.
  - **Intercollegiate essay competition:-Anti dowry movement, Mumbai** had organized a state level, Intercollegiate essay competition in English, Hindi and Marathi for all college students. The essays written legibly in 2000 words on 2 topics:-**1.**Increasing generation gap **2.** Changing trends in the concept of marriage. However, as the letter from university was received late, students being busy in II internal assessment during 1<sup>st</sup> half of December the same competition was organized within the college. Total 9 students (4 FYJC and 5 TY (HD) students participated in the competition. All students wrote their essay on
    - "Changing trends in the concept of marriage-Ms. Riddhi Shah (TY HD) and Ms. Hiral Shah (FYJC) received the 1<sup>st</sup> and 2<sup>nd</sup> rank respectively. They received their certificates on 6<sup>th</sup> March during the valedictory function of value added courses.
    - Excerpts from their essays will be published in the college magazine.
11. **1<sup>ST</sup> December'2008: Celebration of World AIDS Day (1<sup>st</sup>-7<sup>th</sup> Dec '09 AIDS WEEK)**

- **1<sup>st</sup> -7<sup>th</sup> December'08:-**To create awareness about **AIDS**, **10** posters obtained from MDACS were displayed on the various floors.
- **Wearing of red ribbon by staff & students:** To express solidarity with AIDS victims and to create awareness about AIDS, students were encouraged to buy and wear symbolic red ribbon (@ Rs.1/- per ribbon) during the week. Total profit amount of Rs 327 was given to CHIRAG-a project undertaken by Social Work College towards their fund raising drive to support the activities related to issues of HIV/AIDS. The ribbons were made by social service student committee members.
- **Display of relevant books in library related topic was arranged.**

12. **Fund raising for Christmas gifts for support staff. (Voluntary contribution by Students)** To express gratitude towards support staff of the college, every year students of student's council felicitate them. They are also given a token of appreciation by the students. Students of social service committee appealed to all the students and collected Rs7200/- for 20 support staff. Each support staff received a cash of Rs400/- during the Christmas party organized for the staff.

**Felicitation of Secretary and Jt. Secretary of committee:** During the Valedictory function of value added courses held on 6<sup>th</sup> March 2010 Ms Sandhya Nayar (Secretary) and Ms Nidhi Shah (Jt. Secretary) were felicitated by Mrs. Sudha Bhave, Retired IAS officer.

13. 1 ½ Hr workshops on **Superstitions and Blind faith for all TY students** before their rural extension activities. Mr. Sunil Kadam from ANS (Andhashradha Nirmulan Samiti) conducted a session on 23<sup>rd</sup> March 2010 from 2pm to 3.30pm in college hall. The session was in Hindi and also attended by **non teaching and support staff**.
14. A session on **Right to information Act** for students had been arranged in 3<sup>rd</sup> week of April for FY and SY B.Sc. students.
15. A 1 ½ Hr session on **Legal Literacy** for women had been arranged for all T.Y. B.Sc. students. The session was conducted by advocate by Ms. Nupur Mukherjee.
16. Workshop cum **First aid training programme** (4 hours) for youth capacity building to cover medical emergency, accidental emergency, how to take safety precaution during disaster was organized for 125 students of FYJC and staff of Jr. college

### → **2010-11**

1. The students participated in a **rally organized by SAMPARC** (Social Action for Manpower Creation), on 8<sup>th</sup> Aug' 2010 (Sunday), from Marine Drive to Girgaum Chowpatty. The theme of the rally was "I take privilege to be a friend of underprivileged". 16 girls participated in the rally. Placards were made by the girls and taken for the rally. Ms. Sunita Jaiswal coordinated the whole activity. It was highly appreciated by the organization.
2. On the occasion of Independence Day, 15th Aug, 2010, the committee in collaboration with Hytech foundation, was involved in **selling of flags** that were made by people who are mentally challenged. 1000 flags were sold; students took the initiative of selling flags in their residential complex and to their friends outside college. The committee felt that next year more flags can be taken and sold so that more funds could be generated for the foundation.
3. **"SPIC N SPAN"** was a new event introduced this year by the committee. It was organized in a form of competition which began on 18<sup>th</sup> Sept 2010 (Saturday). Every person in the college was to keep their work surroundings clean. An evaluation criterion was made on the basis of which the class was evaluated by different staff that went to take their respective classes on different days. Regular announcements were made about

the competition as well as a chart was put on the ground floor to remind students about the same.

This activity was not so successful and needs to be reviewed for the next term.

4. On 18<sup>th</sup> of Sept, 2010 another activity was taken by the committee. National Association for the Blind, India, contacted the Principal for helping them in **generating funds** for the association, which could be used to implement projects and programmes for the visually challenged. The committee took the initiative of placing the boxes given by the association on different floors and making people aware of the same. Regular announcements were made for the same on the public address system to donate generously for the cause. The boxes were kept for 10 days and then they were handed over to the association.
5. **Beach Cleaning Drive** – 23<sup>rd</sup> Sept, 2010 – This was another new venture by the committee this year. The students and staff participated in Juhu beach cleaning, on the next day of Ganesh Visarjan. This was a complete success (13 students (the student committee and volunteers, and 3 Staff- Ms. P. Maheshwari, Ms. S. Jaiswal, Dr. S. Mandalika), on our own and initiated the activity. It was a grand success. We all had a feeling of accomplishment and satisfaction. Students were so enthusiastic and full of excitement for the drive. We look forward for the next year drive.
6. **Joy of Giving week** (26<sup>th</sup> Sept – 2nd Oct, 2010). This was another new activity initiated by the committee. 18 students under the guidance of Ms S. Jaiswal and Ms. J. Colaco went to “Prem Sadan, Home for Children, Malad on 2<sup>nd</sup> Oct, 2010 (Sunday), from 10am to 1.00 pm, and taught the children several income generating skills. There were 60 participants. The activities taught were Making of mehndi cones, M seal Pin, Candle making, Fabric painting, Nail art painting, embroidery stitches as well as some food items. It was a wonderful feeling to see smiles on the faces of children. Students from the college were really very enthusiastic to participate in this activity. This was also a grand success and we accomplished the goal of JOY OF GIVING week. The planning of the activity was done by Ms. P. Maheshwari with the help of Ms. Unnati, who helped us in locating the home.  
The Joy of Giving week was also initiated in the college. A poster was put on the ground floor to make everyone aware about the week and to do something to bring joy to people. Regular announcements were made during the week on the public address system reminding everyone to do something and bring joy to each other.
7. **Awareness of anemia & Thalassemia** - A talk on anemia and thalassemia was arranged on the 25<sup>th</sup> of September which was attended by students of junior college (FYJC) and Degree College. Mr. Pangam shared his valuable personal experience on the topic supporting with effective visuals which was highly appreciated by all the participants.  
**Screening camp for Anemia & Thalassemia**  
The talk was followed by a **screening camp for anemia & Thalassemia** conducted on the 5<sup>th</sup> of October, which was sponsored by the Lion's club international. Around 200 participants including largely of students and also some of the non teaching staff members were screened by Mr. Pangam and his team. The camp was a huge success. Students who were found to be anemic were given counselling.  
This whole session was sponsored by Lions club International Dist 323 A1 under the supervision of Mrs. Daruwala.
8. The students and staff members of Social Service Committee collected Funds from the students of the college, for the support staff, to show our deep gratitude towards them and to appreciate their enduring work and support given to all of us in college. The amount collected was presented to the support staff during Christmas party. Students voluntarily contributed to the cause and we were able to collect good amount of funds for them.



9. **Disaster Management Workshop**- A workshop was organized by United Way of Mumbai (NGO) Disaster Management on 12<sup>th</sup> February for the students of T.Y. B.Sc., from 1.30-4.30 .

10. **Cancer Detection Camp**- The committee organized Cancer Detection Camp on 29<sup>th</sup> March. This was an initiative in collaboration with The Indian Cancer Society. A team of 20 doctors conducted preliminary tests, specifically for detection of Breast cancer and Prostate cancer on 100 participants. The camp was organized mainly to give services to the economically disadvantaged group which included housemaids, workers and their spouses etc.

The camp was sponsored by Lions Club International Dist. 323 A. It was presided over by the Dist . 323 A1 Governor Ln Haresh Soosania

Other than these the committee took the initiative of putting posters on the ground floor to mark any special day like “Worlds heart Day”, “Gandhi Jayanti”. A lot of efforts were made to participate in the “make Mumbai Green” drive, but we have not been successful. We still are in the process and hope that we would be able to achieve this also.

### → **Fieldwork for FND**

T.Y. FND field work was in collaboration with an NGO Vidya, Rotary club a partnership named Bhavisha Yann. Our students conducted 3 sessions for students of 7<sup>th</sup>,8<sup>th</sup>& 9<sup>th</sup>Std.and their mothers in 3 Municipal schools in Mumbai Colaba, Worli, Bangangaon various aspects of health and hygiene, besides some soft skills were also taught. A special session was conducted for the girls on Anemia, BMI was calculated, nutritional status was analyzed, low-cost nutritious recipes were also taught.

P.G. diploma students were are also engaged in nutrition counseling with NGO SNEHA in eastern suburbs, MCFI at Arthur Road, and in a school at Bhandup.

### → **Fieldwork of T.Y. B.Sc., M.Sc. I and M.Sc. II (Human Development)**

T.Y. B.Sc. and M.Sc. students of HD department as a part of the course: The Early Childhood Care & Education experience began with various sessions that were conducted on how to enhance creativity, make low-cost teaching aids, develop stories, songs, lesson plans and how to go about conducting lessons with children. This was done to make each trainee aware of the various techniques that can be used in the preschool setting. The sessions held included a workshop, powerpoint presentation and a first Hand Experience for the T.Y. B.Sc. and M.Sc. II in the following areas:

- Transition activities
- Music And Movement
- Art And Craft Activities
- Lesson planning
- Science and social studies activities
- Kind of lessons
- Equipment And Material/ Teaching Aids Used For Indoor And Out Door Activities
- Readiness Activities
- Ideas for science experience, lesson planning,

The students of T.Y. B.Sc. & M.Sc. were placed in different schools where they conducted sessions for Jr. K.G. students to impart lessons which were developmentally appropriate and child involvement was thereby extraordinary. The students employed various teaching techniques and teaching material, such as role plays, stories, moppet shows, art and craft activities, learning centers, demonstration, puppet shows, and hands on experience. The

children and teachers were fascinated by the creative low cost material used and the student's dedication and inputs. The teachers were delighted to note that the children were capable of successfully doing things in a very systematic and organized manner and that the students could encourage and get things done in a developmentally appropriate manner.

### **Placement in Old Age Homes**

The placement of students in each of three homes for the elderly was very fruitful both for the students and for the elderly. The students benefited immensely because the placement gave them an opportunity to interact with the inmates and thereby enabled them to get to know their lifestyle, daily routine and the challenges faced in the old age home. It also facilitated their valuing of the ageing process as they witnessed many of the elderly embracing ageing with grace. As for the elderly, interacting with the younger generation reminded them of their daughters and grand-daughters.

The T.Y. B.Sc. students conducted an interactive session for the inmates in the form of skits, dances and games on the first day. The women in the Home were thoroughly entertained. The Christmas party was also much appreciated both by the women in the Home and our students. Other highlights included the welcome party and Christmas party with songs, dances, comedy skit, games and gifts organized by the students and which thoroughly entertained the elderly.

### **19. Number of teachers and officers newly recruited**

➔ 28 teachers in all (2 on Faculty Improvement Programme, 3 fresh appointments)

### **20. Teaching – Non-teaching staff ratio**

➔ 1: 0.821 with 28 teachers: 23 non-teaching staff (6 posts of Class III and IV staff are vacant yet to be filled)

### **21. Improvements in the library services**

➔ **E-Journals:** This year Library started 4 e-Journals

- American Journal of Nutrition (Print + Online)
- Nutrition Review (Print + Online)
- International Dyer (Only Online)

**Book Exhibition:** A Book Exhibition-cum-sale was held for the first time in the college for two days on 10<sup>th</sup> & 11<sup>th</sup> February 2011, in the college hall. It was inaugurated by Principal Dr. Rajpal Hande, Director, BCUD University of Mumbai. Fifteen college principals / librarians were invited to grace the event. Three book suppliers participated in this exhibition. More than 2000 books on a variety of subjects were displayed. The event was appreciated by all the visitors, teachers and students.

**Bar-coding of the Library Books:** This year Bar-coding of the library collection is in a process and required instruments like Bar-code printer and bar-code scanner were purchased in August 2010.

**Library Facilities:** The library provides Home-reading, reference, documentation, photocopying, bibliography, Inter-Library Loan and Current Awareness Service, Internet Surfing etc. to the student and staff.

### **22. Number of new books / journals subscribed and their value**

➔ Number of new books bought: 65

Number of new journals subscribed: 3 magazines

### **23. Number of courses for which student assessment of teachers is introduced and the action taken on student feedback.**

- Under Graduate & Post Graduate: M.Sc. and P.G Diploma The action taken on student feedback is given after Staff gives the Self-Appraisal.

### **24. Unit cost of education**

#### → 2009-10

With Salary: Rs. 36533/-

Without Salary: Rs. 4143/-

#### → 2010-11

With salary: Rs. 57844/-

Without salary: Rs. 4851/-

### **25. Computerization of administration**

- New internet connection in the library

- We had a 12 computer cyber café on the first floor. This November we inaugurated a new Cyber café with a capacity of 39 computers and new chairs. Also 2 new air-conditioners and LCD were fitted. Modified lights, lockers, etc. on the 3<sup>rd</sup> floor

- Staff rooms were also provided with new computers. New microphone, 2 speakers and amplifier were also connected recently on the 7<sup>th</sup> floor classroom.

- Library was renovated with better facility and also a mini cyber is made available there itself with new computers.

### **26. Increase in the infrastructural facilities**

#### → 2009-10

- Additional furniture in the Canteen area
- Fans installed in the staircase landing area on all floors.
- Sound System in the Hall Upgraded

#### → 2010-11

- Fans are provided in the corridors
- New furniture (specially designed chairs for exam purpose)
- Demonstration table bought for the Foods lab
- New gymnasium with modern facilities

### **27. Technology up-gradation**

#### → 2009-10

Library: SLIM 21 (System for Library Information Management) A product by Algo rhythms consultants Pvt. Ltd. India Five Important Modules of SLIM 21

1) Acquisition 2) Serials Control 3) Circulation 4) Cataloging 5) OPAC

- 3 new OHP
- 3 LCD
- 2 Computers
- HD department has bought tests and kits.
- CRM has bought some equipment

Ms. Prajakta Mhaprolkar participated in

- The one day workshop at R.A. Podar College of Commerce & Economics, Mumbai on 7<sup>th</sup> October 2009 (Topic Library without Walls: Librarian's Blog.

- The TISS (Tata Institute of Social Science, Mumbai) on Capacity Building in knowledge Environment – Workshop to Train Library and Information professionals in +Information Literacy Skills on 18 – 19 December 2009.

Nivedita Baindurkar attended a workshop on ‘Professional Association: Formation and Functions’ organized by SNDT University, Churchgate for the Library Professionals on 03-03-2010

#### ➔ 2010-11

- Around 24 new computers purchased
- Colour printer and a Scanner-cum-printer also purchased
- 6 new LCD projectors with around 8 new trolleys
- LCD facility made available for all classrooms
- Cameras (CCTV) put in common room entrance, hall, all corridors, library, cyber café, and all are connected to Principal’s office (malpractices are restricted)

### **28. Computer and internet access and training to teachers and students**

➔ New software installed in Research centre as well as Cyber Café. By June other softwares like College Excel, Microsoft ProPlus, MS Windows Professional, Corel Draw X5, Adobe Photoshop extended CS5, 3D Max 2011, AutoCAD LT 2011 will be installed.

➔ FY B.Sc., SY B.Sc. students were trained in CorelDraw, Photoshop and internet. Teachers, Non-teaching staff and support staff were given training according to the need of the college.

### **29. Financial aid to students**

➔ The following students were awarded scholarships for **meritorious performance** on the 8<sup>th</sup> of January during the College Annual Day. The certificates, cash prizes and trophies were handed over to the students by the chief guest Ms. Suman Shinde (Director of Education)

- 1) Ms. T. Joseph memorial prize for securing highest marks in T.Y. B.Sc. (FND) to Navagarhwala Tasneem
- 2) Saffola prize for overall performance in P.G. Diploma in Nutrition and Dietetics to Modi Sakina Zoeb Farida
- 3) Ms Noemia D’Souza scholarship paid to Goyal Shweta Arvind Purnima for doing research work in M.Sc. II Textiles
- 4) Deepti Patwardhan cash prize for securing highest marks in S.Y. B.Sc. clothing practical to Ansari Dilshad Shafi Hussain Hafiza
- 5) Deepti Patwardhan cash prize for securing highest marks in S.Y. B.Sc. food practical to Ansari Palaknaaz Akhtar Ali Anjum
- 6) Smt. Makaben Premji Ramji Vora prize for securing highest marks in extension work in T.Y. B.Sc. (CRM) to Choudhary Tejal

Ms. Dilshad Ansari from T.Y. B.Sc. (FND) received a merit cum means based scholarship from PFNDAI as she was found the most deserving student in the field of nutrition by the interview panel.

### **30. Activities and support from the Alumni Association**

➔ The Alumni Association now has 1714 registered members. The Annual Meeting was held on 21<sup>st</sup> November 2010 whereby 31 members attended. A few plans have been proposed for fund raising projects.

Many of our alumni are placed in reputed corporate, Governmental or Non-governmental organizations and they assist the college in the following ways:

- Participate in orientation programmes for students and parents
- Assist in placement of students
- Participate in seminars / talks organized by the college
- Sponsorship of seminars / programs (e.g. Nestle, Kellogg's, etc.)
- Place students for internships
- Assist in procuring permission for academic visits where our alumni are placed

The Alumni Association also gives scholarships to meritorious students.

Interaction of M.Sc.-I students with an illustrious alumna of the department: Ms. Punita Gandhi, 28<sup>th</sup> July 2010, 1.15 to 3.00pm. Ms. Gandhi shared about her PhD research entitled “Spiritual Experiences in Counseling”, how the M.Sc. program in the department provided a bridge to the PhD in Counseling Psychology at Indiana University, Bloomington, USA; what did the PhD in Counseling Psychology in USA entail; and her experiences as a counselor in a university setting in USA.

### **31. Activities and support from the Parent-Teacher Association**

#### **→ 2009-10**

- Women's Day programme was conducted for mothers of our students and staff
- Parent's Orientation
- Meeting parents often to update them on performance and progress of their children as well as session conducted on parenting skills.
- Parents involvement in fund raising at Musical Nite

#### **→ 2010-11**

A Parents' Orientation Program was organized on the 28<sup>th</sup> of August 2010 wherein parents of T.Y. B.Sc. and M.Sc. participated. In the similar way parents orientation was organized for FY and SY students' parents. Parents were oriented about the college vision, rules and regulations, the subjects in the respective years, as well as the scope of the field and the specialization, as well as about the activities that were planned for the year. A good number of parents participated in the program.

### **32. Health services**

→ Nirmala Niketan has included in its vision the holistic development of the person. The health and fitness facilities form an integral part of what we offer our students. We have initiated the following in the academic year 2010-11.

The initiation of the Fitness Committee was with the vision of overseeing to the fitness facilities in the college. The Committee has installed a gymnasium named Vigour – The NN gym.

This gym is open from 11.30am to 3.30 pm with a fully trained female fitness instructor. The gym boasts of aerobic and anaerobic equipment. This year has seen an enrolment of 25 students and staff of which 3 are guests (non-NN students / staff). The gym is focusing on increasing enrolments for the next academic year.

The students of the specialization of Foods, Nutrition & Dietetics were involved in spreading awareness about good Nutrition and preventive measures, lifestyle modification to lower the incidence of diseases like obesity, HT, MS.

Thalasemia Blood Check up camps were conducted for students, teaching staff as well as non-teaching staff. Cancer detection camp was also conducted.

### 33. Performance in sports activities

#### → 2009-10

Indoor Sports: the following events were conducted in the college premises:

1. Carrom (singles and doubles)
2. Table-tennis (singles and doubles)
3. Chess
4. Throwball

All the above (except throwball) were conducted in the month of September 2009. About 60 students participated. The throwball event was organized in the month of December.

Outdoor Sports: The annual Sports Day was organized on 22<sup>nd</sup> December 2009 at the University Stadium, Mumbai. A variety of athletic, field and festival events were conducted. About 147 students participated in these events.

Sports events outside College: Ms. Sania Patrawalla (S.Y. B.Sc.) took part in the swimming tournaments at the Inter-collegiate level.

#### → 2010-11

The indoor games (chess, badminton, table tennis and carrom) round for students, were held on every Thursday of the week from August 2010 to Nov. 2010. Throw ball matches for the students were held in the month of December 2010. The participation in all indoor games was very good.

The Annual Sports Day was held on 17<sup>th</sup> January 2011 at the University Sports ground, Marine Lines. Following games were held on this day viz. 100 metres, 200 metres, 300 metres marathon, 100 x 4 relay race, 100 metres hurdles and obstacle race, tug of war, short put, javelin throw and Festival A and Festival B. The best team of the year was awarded to Degree College along with the best march past.

Ms. Hiral Joshi was selected as the “**Best Athlete of the Year**” who remained unbeatable in almost all the events she participated in.

### 34. Incentives to outstanding sportspersons

→ None

### 35. Student achievement and awards

→ Intercollegiate Events

1 <sup>st</sup> Prize in Quiz -	Benazir Jusab T.Y. FND
2 <sup>nd</sup> Prize in Recipe -	Vishaka Shah, M.Sc. (I) FND
2 <sup>nd</sup> Prize in Nutrition Campaign; All 3 T.Y students	Dilshad Ansari (T.Y. FND) Raksha Mishra Rita Mantri
1 <sup>st</sup> Prize in Quiz at BMN college	Shimpli Patil M.Sc. (II)
2 <sup>nd</sup> Prize in Quiz	Natasha Kapre, M.Sc. (II)

AFST (I) Naram Awards for securing

- 1<sup>st</sup> rank Amzu Jamal
- 2<sup>nd</sup> Melita D'Souza
- 3<sup>rd</sup> Andrea Martins

on the occasion of World Food Day

- M. Sc. Research student Ms. Swaroopa Adusumilli (2009-2010) under the guidance of Dr. E. Dedhia, was selected as National winner of the “SDC Design Competition”. Received Trophy on 20<sup>th</sup> August at SDC programme.
- M.Sc. Research student Ms. Amrita Verma (2009-2010) under the guidance of Dr. E. Dedhia was selected as 3<sup>rd</sup> Regional winner of the “SDC Design Competition”. Received Trophy on 20<sup>th</sup> August 2010 at SDC programme.
- M. Sc. Research student Ms. Bijal Vora (2008-2009) under the guidance of Dr. E. Dedhia was selected as National winner of the “SDC Design Competition” who also participated in the International Design Competition held at Goa in June 2009. Received Trophy on 20<sup>th</sup> August 2010 at SDC programme in absentia.
- Ms. Swaroopa Adusumilli (2009-2010) was sponsored to visit UK for participating in the International Design Competition where she bagged the 1<sup>st</sup> Runner-up Award at the International Design Competition held at London (UK) on 5<sup>th</sup> October 2010 and thus brought pride to the college and the Nation. Her name and picture along with the name of the college featured in the Journal International Colourist and also on several internet sites related to SDC.
- Ms. Meryl Azavedo (2010-2011) under mentorship of Dr. V. Karnad participated in the Furoshiki Design Competition and forwarded her design for the student competition at the International Conference “The Centenary Celebrations of the Textile Institute, Manchester 2<sup>nd</sup> to 4<sup>th</sup> November, 2010.
- Ms. Amzu Jamal of Department of Foods, Nutrition & Dietetics won First prize in Avishkar (Research Meet) of University of Mumbai for her project on ‘Diet & Chromium Supplementation in PCOS women’ under the guidance of Dr. G. Ibrahim
- Ms. Swaroopa Adusumilli, Ms. Amrita Verma, Ms. Bijal Vora though got these credits when they had passed the course but they had applied for them when they were studying in college.

### **36. Activities of the Guidance and Counseling unit**

#### **→ 2009-10**

The Counseling Centre at College of Home Science, Nirmala Niketan is dedicated to guiding students to enhance their life skills to lead a happy, healthy and satisfying life.

The chief area of concern with the students, from a psychological perspective, is for them to stand up to peer pressure and have their own positive self-image. This task however is easier said than done. The obvious obstacle is inherent with their age group – the adolescent age group and therefore the interventions have to be in accordance with that.

These interventions happen at two levels – individual as well as classroom level. The individual sessions focus on the specific concern the client has come in with and are dealt with face to face individual counseling sessions. The classroom sessions focuses on issues that concern teenagers and have impact on their lives including dealing with peer pressure, communication with parents, romantic relationships, body image, etc. to name a few. These sessions are conducted using different methods like self-assessment, discussions, debate, role plays, individual and / or group activities. These sessions have three-fold purpose, one to get the students to start thinking about their own thoughts on these issues, second to equip them with enough information so that they can make an informed decision if and when the need arises and lastly it works as a preventive intervention as it creates awareness and educates them on various areas of their lives.

The sessions are quite popular with the students as they feel that it gives them platform to voice out their opinions and clear their doubts about various issues. A number of students in

the college come from very traditional and conservative families. Their exposure has been restricted and when they start realizing that there is another world outside that they haven't explored, their curiosity gets better of them. In the youth culture of Mumbai where words like clubbing, boyfriends, sex, etc. don't raise any eyebrows anymore, it is easy to get influenced and get involved into things you are not really prepared for. The generation gap that they feel from their parents does not help the matters and most of them don't end up talking to their parents about things that are actually bothering them.

Thus, to try and bridge this gap, the Counseling Centre also holds regular workshop for parents that educates them on the need of their teenager and empowers them to deal with this transition in their lives. These workshops include presentations and activities which equip them to transfer this knowledge into actual practice.

The other area of focus is on helping students reach their academic potential. This issue is also addressed at individual and classroom sessions. A talk for parents is also organized so that they have better understanding of how to support their teenager during exams.

The success of this centre can be understood from the overwhelming responses from parents and students alike. With the excellent cooperation extended by the staff, we look forward to the new generation, psychologically healthy and emotionally mature, youth to take their next step with exuberant confidence.

#### → 2010-11

Apart from the counseling centre, the teachers do get involved in counseling students. This is carried out at various levels:

At the FY & SY levels, the coordinators discuss the issues with students and try to resolve it. If required, then the matter may be discussed with parents. There have been numerous instances where personal or academic issues of individual students have come to the fore and students have been counseled.

Apart from this, the college has the Mentorship programme, wherein a group of 20 students is arranged a teacher as their mentor. The Mentor and the mentee meet once in 15 days in a group, where various relevant issues are discussed for e.g. values, goals, time management, resolving conflicts at home, etc.

Students are also given a set time to meet mentors on a one-on-one basis, through which many concerns have been resolved.

### **37. Placement services provided to students**

→ This academic year the campus interviews were scheduled on the 5<sup>th</sup> of Feb 2011. The participating companies this year were: Hexagon Nutrition Pvt. Ltd., Vrijesh Export House, Avalon Heights International School, Vira Enterprises/ Mann Creations, i-Leap, TIFR –CCCA, Garodia Academy, Muktangam Paragon Charitable Trust, Edvance Pre-School Pvt. Ltd, Gladioli School and Ms. Sushila Sharangdhar.

The companies were given 15 minutes to present their company profile and the job profiles. Preliminary interviews were conducted on the same day. Shortlisted candidates were contacted directly by the companies. More than 60% of the students who appeared for the interviews were placed within a week's time.

### **38. Development programme for non-teaching staff**

#### → 2009-10

- Senior & Junior Clerk attended a programme on "Enhancing Effectiveness" a one day state level workshop for Administrative & Support Staff on People Management on 10-2-



2010 organized by Shri M.D. Shah Mahila College of Arts & Commerce - Malad (W) Mumbai-64

- A programme was conducted by Adrian Rosario for Support Staff (Rajpal and Dhiraj)

→ 2010-11

- **Support Staff Meeting** was held on 28<sup>th</sup> August, with the Principal, Ms. Benny and Ms. Josephine regarding cleanliness of the College and personal cleanliness; and on 14<sup>th</sup> February 2011, regarding exam duties for each floor, since this year our college was the main center for the XII Standard Board Exams.

**A seminar for support staff** was held on 23<sup>rd</sup> October 2010, by Fr. Lancy on the topic of Personality Development, where the following areas are covered:

- How to help each other in different circumstances
- How do we get trapped in greediness (e.g. Buy one, get one free scheme).
- Listening attentively
- Sitting Posture
- ‘Sparsh’ (Confidence)
- Feelings (Emotion)

It was a fruitful seminar, which inspired all of us with knowledge.

**The Christmas party** for the Support Staff was held on 23<sup>rd</sup> December 2010, with Mass and a Programme with Dance and Carol songs put up by the students.

There was an exchange of buddy gifts, and gifts were presented by the teaching staff, students and the Management too. After that, we also had a nice refreshing Christmas party.

**A picnic** for Non-teaching and support staff was held on 4<sup>th</sup> December 2010, at Alexson Resort – Virar. Sr. Benny, Sr. Cheryl and Sr. Josephine accompanied us. We all enjoyed the Picnic to the fullest and had a nice time as a break from our daily routine work.

**A Kabaddi match** for support staff was held on 31-12-2010 at Nagindas College – Kandivli. 10 boys participated in this event. Mr. Laxman Mandavkar and Mr. Anil Matkar won the Man of the Match Trophy for both last and this year. It was a good experience to play, after a long time.

**Nirmal Utsav Programme** (College Day) was held on 8<sup>th</sup> of January 2011 at Birla Matushree Hall. We, the support staff participated in the dance on a Bollywood remix song choreographed by Mr. Sunny. Even Ms .Benny participated in the dance. It was a surprise for the support staff and a golden moment to remember.

**Cancer Detection Free Health Check-Up** was held on 29<sup>th</sup> March 2011, for the support staff with their spouses and for the non-teaching staff too. This was conducted by the Social Service Committee of the college. We are very grateful to the Principal, Ms. Benny and the Social Service Committee of the college for conducting the health checkup, which benefited all of us.

**Home Visits**– The Principal and Ms. Benny visited the individual homes of the Support Staff in the month of February 2011. We were very happy and touched that the Principal came to our house, and enquired about our family problems, in spite of her tight schedule. The fact that she made time to come and visit us, shows great concern for all of us.

### **39. Healthy practices of the institution**

→ **Cancer Detection Camp**- A Cancer Detection Camp was organized on 29<sup>th</sup> March from 9 to 1. This was an initiative taken by, under the supervision of Mrs. Daruwala in

collaboration with The Indian Cancer Society. A team of 20 doctors conducted preliminary tests, specifically for detection of Breast cancer and Prostate cancer on 100 participants. The camp was organized mainly to give services to the economically disadvantaged group which included housemaids, workers and their spouses etc.

The camp was sponsored by Lions Club International Dist. 323 A. It was presided over by the Dist . 323 A1 Governor Ln Haresh Soosania

Other than these the committee took the initiative of putting posters on the ground floor to mark any special day like “Worlds heart Day”, “Gandhi Jayanti”. A lot of efforts were made to participate in the “make Mumbai Green” drive, but we have not been successful. We still are in the process and hope that we would be able to achieve this also.

#### **40. Linkages developed with National / International, Academic / Research bodies**

➔ Several National / International linkages have been developed by virtue of the faculty of different specializations being members / consultants / examiners / guides / co-guides / examiners / research collaborators / committee members / members of different professional bodies. In different capacities our staff have contributed their expertise and built up symbiotic relationships that have benefitted the institute immensely.

As members of Boards of Studies / Academic Council in Home Science, Nutrition, Biochemistry, Textile Technology, Human/Child Development, Family Resource Management for different universities viz. Mumbai, S.V.T, S.N.D.T., Goa, M.S. University, Pune, IJ Jaipur, St. Xavier’s College (Mumbai) – Autonomous.

As Ph.D. guides for: University of Mumbai, University of Saurashtra, University of Australia – co-guide

As Consultants / Advisory capacity or research collaboration for autonomous bodies / organizations, Department of Biochemistry, Indian Society of Nephrology, Kidney Transplantation Society (International), BARC, IAPA, ICDS, Kripa Foundation, FROMAGERIES BEL-PARIS (International), World Forum Foundation (International), Early Childhood Association (India), Kangaroo Kids Education Limited, NITIE, CLI, CGSI, Mahindra & Mahindra Ltd.

As examiners for different universities besides University of Mumbai viz. Goa, SVT, SNTD, Amravati, Pune, M.S. Baroda, TISS, Hyderabad, NIFT, SOFT, Jaipur.

Our faculty are also life members of different professional bodies and have contributed immensely in revision of syllabi, as resource persons, experts on different selection committees, editorial board of books, journals at the national and international level.

#### **41. Any other relevant information the institution wished to add**

##### **➔ Foods, Nutrition & Dietetics**

1. In collaboration with an NGO, Vidya, Rotary club a partnership named Bhavisha Yann students conducted 3 sessions for students of 7<sup>th</sup>, 8<sup>th</sup>, & 9<sup>th</sup> Std. and their mothers in 3 Municipal schools in Mumbai: Coloba, Worli, Banganga, on various aspects.
2. The workshop “Nutri Desk” conducted in the college during Nutrition week where BMI of young students was calculated and counseling was provided.
3. Bridge course for non-nutrition students of M.Sc. & P.G. Diploma.
4. Ph.D. in Biochemistry awarded to Ms. Geeta Ibrahim
5. Dr. G. Ibrahim presented a poster in International Conference at Brookes University, Oxford, U.K. in November 2010.

## → Human Development

- The academic year started with the news that a Faculty member, Ms. Kamini Rege had obtained her doctoral degree. This was followed a few months later by another Ph D candidate, Ms. Sonal Joshi also securing her doctoral degree.
- In the month of August, the M.Sc. students had a golden opportunity to witness diverse counseling approaches, skills and techniques conducted by reputed experts at the International Annual Conference entitled “Holistic Approach to Health and Healing”.
- The M.Sc. students went for an educational tour to Bangalore (4-11 October, 2010) with Dr. Anuradha Bakshi and Ms. Rhonda Divecha. Here they visited renowned Human Development agencies, (Azimji Premji Foundation, Sneha Care Home and School for Children Infected with HIV, and the COM-DEALL Early Intervention Programme for Children with Autism).
- The M.Sc. students along with Dr. Anuradha Bakshi and Ms. Rhonda Divecha also participated in the International Conference on Career Guidance and Counseling at the NIMHANS Convention Centre, Bangalore from 8th to 10th October, 2010, where they got the opportunity to present papers and posters.
- Three students, Benaaz Irani, Paranosh Mazkoori and Rupanzel D’Souza, were selected for the cultural exchange program between the two educational institutions, College of Home Science, Nirmala Niketan and La Providence, Blois, France.
- For the first time, two students from our college and department, Ishrat Shaikh and Riddhi Padhya were selected to visit Parliament and study its functioning. This visit was organized by Mr. Milind Deora, MP, with the aim of stimulating interest in the youth to participate in the governance of the country.
- The highlight of the department activities was the seminar on ‘Story Telling: An Avenue for Transformation and Growth’ held on 10<sup>th</sup> and 11<sup>th</sup> December 2010. Eminent speakers with national and international experience in Early Childhood Care and Education shared their expertise. The seminar brought together representatives from 23 institutes (educational institutions and other NGO’s). The inspiring and insightful talks captivated the attention of the audience. The story telling competition, an integral part of the seminar was a ‘one of a kind’ experience. The stories presented by professionals and students from different institutions were innovative and of high quality.
- This year, the department introduced a Certificate Course on “Creative Parenting”. The objectives of the course were to help parents and prospective parents understand the different stages of development, overcome the challenges of parenting and learn to nurture, stimulate and empower children. Although only five enrolled for the course, their energy and enthusiasm more than made up for the lack of numbers. The participants indicated that the sessions were enjoyable and insightful.
- Papers were presented at International Conferences abroad by Dr. Kamini Rege and Ms. Payal Maheshwari at the Joint World Conference on Social Work and Social Development, Hong Kong, China and by Dr. Nirmala Almeida, at the World Congress of Nephrology, Vancouver, Canada.

## → Textiles & Fashion Technology

### – Fashion Show (9<sup>th</sup> January 2011)

Students of the Department of Textiles and Fashion Technology choreographed and staged a Fashion Show “Rhythm” at Birla Matushree Hall. It gave them a special platform to showcase the garments designed and stitched by them. It was special event to showcase their talents.

– **Memorandum of Understanding (MOU) With Y. B. Chavan Pratishthan (Maharashtra Mahila Vyashpeeth)**

Our college jointly with the Y.B. Chavan Pratishthan (Maharashtra Mahila Vyaspeeth) organized a course in “Home Management” for needy women every year. The course is jointly coordinated by Dr. Mrs. Vishaka Karnad and Mrs. Mamta Kanande. The valedictory function for this year was organized on 30<sup>th</sup> September 2010. A Memorandum of Understanding (MOU) between College of Home Science, Nirmala Niketan and Y.B. Chavan Pratishthan, Mumbai (Maharashtra Mahila Vyaspeeth) for the “Home Management Course” was signed by the Principal Dr. P. Machado and Mr. Sharad Kale (Y.B. Chavan Pratishthan Secretary) along with other representatives on 24<sup>th</sup> March 2011.

➔ **Community Resource Management**

The TYCRM batch of the year 2010-11 were the first batch ever to have all 35 students with first preference as CRM due to which they were highly motivated and following could be achieved:

- 1) Commencement and Successful completion of Value Added Course in “Workstation Design and Applied Ergonomics”. The first ever Value added to be started by the specialization of CRM
  - A total of 10 students completed the course successfully.
  - Guest speakers were invited for conducting sessions for the course.
- 2) Visit to Mahindra: Visit to Mahindra and Mahindra, as a part of the Value-Added Course and thereby liaison with the industry.
- 3) A one day seminar on “Curriculum Restructuring for Enhanced Career Opportunities in Ergonomics” was organized by the specialization of Community Resource Management on 21<sup>st</sup> of December. Dr. G. G. Ray was invited as a Key note speaker. Eminent speakers from renowned industries and colleges such as Miss Afshan Shaikh, Mr. Pasarkar, Dr. Manjeet Kaur Chauhan, Dr. Kasturi Ray were invited.  
The seminar was a huge success as without any support from UGC and NAAC the seminar was possible due to the motivation and hard work and dedication the students and the staff.
- 4) The First ever educational trip was organized for the TYCRM to Cochin, Allepey and Munnar in the month of March. The students got the opportunity to see the canal cleaning, Backwaters, spice gardens, tea estates, hotel operations, etc.
- 5) The TYCRM students attended a three day FPP course at Cotton Green in December 2010.

PART C:

**Explain the plans of the institution for the next year**

➔ **Foods, Nutrition & Dietetics**

1. Workshop on counseling strategies for chronic degenerative diseases for M.Sc. and P.G. Diploma students.
2. Talk on benefits of Breast feeding – the latest research findings ( resource person still to be identified)
3. 1 day seminar in Nutrition week in collaboration with NSI, Mumbai chapter and IDA
4. Bridge course for non-nutrition students.
5. 2 day national seminar on entrepreneurship in Nutrition
6. Workshop on Dancercise
7. Research Colloquium for M.Sc. (I) students.
8. 2 day NAAC sponsored seminar on Research at Undergraduate level.

9. Nutritional Counseling to be initiated for some of our stakeholders viz. Bank personnel, parents, students

#### → **Human Development**

- Counselor's Meet in the month of September 2011.
  - Mela for the Under-privileged Children in December, prior to Christmas.
- Details of these events will be discussed in the Staff meeting.

#### → **Textile and Fashion Technology**

1. TexFest'11 Workshops, talks, competitions and market set-up by students
2. Extension Education programme in a rural/ tribal set-up. Place to be decided in consultation with the Principal. Suggestion is to adopt a place / organization for long term impact.
3. Educational tours for M.Sc. I and M.Sc. II to M.P / N.E India /Orissa / Andhra/ Kerala
4. Educational tours for T.Y. B.Sc. for a longer duration suggested in Andhra Pradesh or M.P.
5. Fashion show for the T.Y. B.Sc. and M.Sc. students.
6. New activity: Inviting one guest lecturer per month for T.Y. B.Sc. and M.Sc. (Rs.1000/- remuneration for 3 hour duration) Funds can come from student development fund or alternatively the department would collect Rs.150/- per student for the whole year to undertake this activity.

#### → **Community Resource Management**

1. A seminar related to Consumerism in collaboration with CGSI targeting the F.Y. B.Sc. students in the month of July
2. A Hospitality related one or two-day seminar in November or December 2012.
3. Market by the students of TYCRM to showcase their talent and skills and also to learn entrepreneurial skills.
4. Exhibition to promote the specialization of CRM and to display the accessories made and the work done by the F.Y. B.Sc. students under the subject of Principles of Design. The accessories will be put for sale where the profit of the accessories sold will go to the college
5. Setting up a restaurant is planned during the exhibition by the Housekeeping electives students as a practical experience of the subject. The profit made will go to college. Market and exhibition will be held in the last week of January.
6. Industrial visit for the TYCRM students in the month of December.

#### **CRITERIA – I & II**

The college proposes to institute an Honor's program (60 hours spread over four semesters). The aim is to enrich academic experience of talented and highly motivated students for advanced learning and to provide them with opportunities to develop skills and build knowledge in their chosen field. The proposed activities include seminars based on themes of interest, paper and poster presentations, book reviews, applied internships, group/ individualized research under the direction of qualified faculty. It will expand the scope for independent thinking and learning, to undertake challenges with leadership role and to liaison with other people and organizations.

#### **CRITERIA - III**

1. Coordination of Research Methods Course:  
Members of the criteria decided to coordinate the course collectively. Resource persons are being identified and contacted. The course will begin from the 23<sup>rd</sup> July, 2011.

Syllabus will be modified if necessary after consulting the resource persons and submitted to the University for approval by the end of August, 2011

2. Through IQAC, criteria III is organizing a talk on 'Applying for research grants & patents' on the 26<sup>th</sup> of August, 2011 from 1.45 – 3.45 pm
3. Publication of research carried out at the institute:
  - a. All staff guiding students for dissertation will have to submit the abstract of the dissertation to the associate editor of the department i.e. Dr. Geeta Ibrahim-FND; Dr. A. Bakshi-HD; Dr. Dedhia-TFT for publication in research reach through the research centre.
  - b. Staff who wishes to submit a research paper or review paper for publication in the research reach journal should submit the same to the respective associate editors.
4. Staff members are requested to document their research, extension and consultancy activities in the format that will be forwarded to them by the end of July 16, 2011 by the Criteria III. The same should be submitted to the criteria members department-wise at the end of each term.

#### **CRITERIA – V**

Plans for future

1. Planning more community involvement programs for students.
2. EPC involvement in giving information to students related to visits from National and International Universities who are visiting Mumbai in order to help students gain information and plan for this future career.
3. Involve students in more intercollegiate sports activities.

**Dr. Geeta Ibrahim**  
Coordinator

**Dr. (Ms.) P. Machado**  
Chairperson – IQAC