



Yearly Status Report - 2018-2019

Part A

Data of the Institution

1. Name of the Institution		COLLEGE OF HOME SCIENCE
Name of the head of the Institution		DR GEETA IBRAHIM
Designation		Principal
Does the Institution function from own campus		Yes
Phone no/Alternate Phone no.		02222076503
Mobile no.		9820153902
Registered Email		chscnirmalaniketan@gmail.com
Alternate Email		principal@nnchsc.edu.in
Address		Nirmala Niketan 49 New Marine line
City/Town		Mumbai
State/UT		Maharashtra
Pincode		400020
2. Institutional Status		

Affiliated / Constituent	Affiliated
Type of Institution	Women
Location	Urban
Financial Status	state
Name of the IQAC co-ordinator/Director	Dr Ela Manoj Dedhia
Phone no/Alternate Phone no.	02222076503
Mobile no.	9619492951
Registered Email	chscnirmalaniketan@gmail.com
Alternate Email	elamanojdedhia@yahoo.com

3. Website Address

Web-link of the AQAR: (Previous Academic Year)	http://www.nirmalaniketan.com/documents/default?f=naac/pdf/aqar-2017--2018-1.pdf
4. Whether Academic Calendar prepared during the year	Yes
if yes, whether it is uploaded in the institutional website: Weblink :	http://nirmalaniketan.com/pdf/activity-calendar-2018-19.pdf

5. Accreditation Details

Cycle	Grade	CGPA	Year of Accreditation	Validity	
				Period From	Period To
1	B+	78	2003	21-Mar-2003	20-Mar-2008
2	B	2.9	2009	15-Jun-2009	14-Jun-2014
3	A	3.1	2014	24-Sep-2014	23-Sep-2019

6. Date of Establishment of IQAC	28-Feb-2005
---	-------------

7. Internal Quality Assurance System

Quality initiatives by IQAC during the year for promoting quality culture		
Item /Title of the quality initiative by IQAC	Date & Duration	Number of participants/ beneficiaries

NIRF	01-Feb-2019 1	1
Academic and Administrative Audit	19-Mar-2019 1	1
Green Audit	02-Apr-2019 1	1

8. Provide the list of Special Status conferred by Central/ State Government-UGC/CSIR/DST/DBT/ICMR/TEQIP/World Bank/CPE of UGC etc.

Institution/Department/Faculty	Scheme	Funding Agency	Year of award with duration	Amount
Not Applicable	0	Not Applicable	2019 0	0
No Files Uploaded !!!				

9. Whether composition of IQAC as per latest NAAC guidelines:

Yes

Upload latest notification of formation of IQAC

[View File](#)

10. Number of IQAC meetings held during the year :

8

The minutes of IQAC meeting and compliances to the decisions have been uploaded on the institutional website

Yes

Upload the minutes of meeting and action taken report

[View File](#)

11. Whether IQAC received funding from any of the funding agency to support its activities during the year?

No

12. Significant contributions made by IQAC during the current year(maximum five bullets)

• AARYA - Intercollegiate Research Competition for undergraduate FY and SY students. This brought in research temper amongst the young students • AVISHKAR University led Research Competition with internal jury and mentoring rounds within college for TYBSc, MSc and PhD. This led to a Gold and Bronze medal to student researchers and 2nd Runner up award in the Humanities Category to the college • National seminar REACHING THE UNREACHED: New Perspectives in Multidisciplinary Research, Extension and Consumer Awareness on 30th and 31st August 2018. This brought in immense collaborations and created sensitivity amongst students, faculty and experts of various colleges and industries. • Fashion Show Of Traditional (Heritage) and Contemporary Textiles Costumes of India titled "Jewels of India" was presented at a) an International Symposium sponsored by UNESCO organized by and at St. Andrew's College Mumbai on 22/1/2019 b) The Institute of Chemical Technology (ICT), Mumbai on 30/3/19 • Quality awareness in streamlining activities of the college based on core values of NAAC and documentation process based on changing processes of NAAC were conducted

through various sessions by experts such as Dr Shobhna Vasudevan, Dr R Mali, Mr Peeyush Pahade, Dr Rajan Menon and Mr Pramod Pabrekar

[View File](#)

13. Plan of action chalked out by the IQAC in the beginning of the academic year towards Quality Enhancement and outcome achieved by the end of the academic year

Plan of Action	Achievements/Outcomes
CRM- To organize local 1 Level seminars for the benefit of students, faculty and Industry.	Organized by Department of Community Resource Management for the Students & Staff of the department Investors Awareness Program and Product packaging and labelling to commemorate World consumers Right Day jointly with Consumer Guidance Society Of India on 15th March 19 Workshop on Food Adulteration and Fake products Resource Person jointly with Jago Grahak Jago on 28th Aug '18 Workshop on Street play by Mr Lopes on 16th July 18 Attitudes and Attributes of Hospitality Staff for the T.Y.B.Sc. CRM Hospitality Management by Ms. Stephanie D'Costa on 24th July Workshop on "Grooming Skills" for the T.Y.B.Sc. CRM Hospitality Management students Ms.Sneha Redkar on 17th July 2018.
To encourage students participation in research competitions	AARYA (Intercollegiate Undergraduate Research competition) was held. AVISHKAR- University led Research Competition with internal jury and mentoring rounds within college for TYBSc, MSc and PhD. This led to a Gold and Bronze medal to student researchers and 2nd Runner up award in the Humanities Category to the college MSc and PhD scholars are encouraged to participate with their research presentations in National and International conferences.
To improve infrastructure facilities.	The infrastructure facilities of the building were improved E.g.: for safety reasons all windows are in the process of being replaced, Laboratory facilities and Library Facilities were upgraded to suit the curriculum.
Others	NIRF certification was applied for and obtained ranking between 150 to 200 Star College Certification is also applied for Green Audit is in process
To further strengthen our alumni.	Alumni contributed in different ways through mentoring junior students in

	college, providing internships, placements, research projects, professional guidance and training to the BSc and MSc students of the college .Few also contributed financially.
To work on building the corpus fund.	Corpus funds were built through events and activities conducted for students and industry .Other sources were also explored
To enhance our partnerships and collaborations with other Institutes- Industry, Research Institutes, NGO's and GO's for academic and research purposes.	We were successful in doubling our collaborations with academic and research institutes. Food, Textile and Apparel related industries, hotels, hospitals, schools, Go's and NGO's and professional bodies .Few MOUs were also signed.
To analyse the feedback obtained from the students regarding the updated syllabi at different level.	Feedback was obtained from various stakeholders such as students, parents, alumnae, employers through the use of online Google forms.
To encourage even more Entrepreneurship	IIC (Institute Incubation Cell) under MHRD was established in our college in November 2019. A National level Intercollegiate competition was conducted by the department of Textile and Fashion Technology wherein innovative project ideas and models were invited based on the theme of the "United Nations Sustainability Goals" which were evaluated and finally 14 presented of which the 4 prize winning projects were selected for further presentation in the Regional POC competition held at Wellingkar college in Mumbai organized jointly with MHRD.
New Courses to be introduced: I. MSc in the Department of Textile and Fashion Technology: Plans to introduce two new MSc's: i)Fashion Retail Management and Media Communication ii)Fashion Styling and Product Design. II. MSc in the Department of Community Resource Management i)Management and Ergonomics	The documentation of all the three courses were prepared and several meeting were held with University of Mumbai and it was suggested by the University to apply for affiliation in August 2019.
IQAC-To organize local/State/National Level seminars for the benefit of students, faculty and Industry.	Organized by IQAC for College Staff Workshop on "Strategic Planning" by Dr. Ronald Yesudas attended by 26 Teaching and 8 Non Teaching Staff on 06- 07-18, 07-07-18 & 11-07-18 Workshop on "Teaching and Learning Techniques" by Dr. Geeta Shetty, Associate Professor, St. Xaviers Institute of Education organized on 16-07-18 attended by 25 staff A session on "Student Assessment and Evaluation Techniques" by Dr. Nandita Mangalore on 17-07-18 attended by 25 staff Session on 'Personality

Development for Personal and Professional Growth' by Mr. Stephen Moras for non teaching staff on 09-03-19 A workshop on 'Fire Safety and Evacuation' by Mr. Babasao Mangsule for non teaching staff on 22-04-19 Session on "Career Advancement Schemes (CAS)" by Mrs. Yogini Ghare on 28-06-19, 23 teaching and 5 non teaching attended Workshop on "Helping Educators create effective online educational material using MOODLE" by Dr. Mandar Bhanushe on 28-06-19, attended by 22 staff Session on "Ethics in Research" by Dr. Jamila Joseph attended by 8 staff Workshop on 'Elevators - Functioning and Safety' by Mr. T.M. Arunan for non teaching staff Session on "NAAC regulations, documentation and preparation for NAAC" by Mr. Peeyush Pahade 29th October 2018 attended by 24 staff Session on "NAAC preparations" Dr. R.S. Mali on 18th February 2019 attended by 6 staff Session by Mr. Pabrekar on NAAC preparation on 22 Feb 2019 Two day workshop on SSR and Documentation by Dr M P Rajan on 24th and 25th June 2019 National Seminar organized by IQAC National seminar "Reaching the Unreached - New Perspectives in Multi-Disciplinary Research, Extension and Consumer Awareness" organized on 30-08-18 and 31st -8-18 attended by 27 staff of college and many other staff of other colleges and experts from industry.

FND- To organize local 1 Level seminars for the benefit of students, faculty and Industry

Organized by Department of Foods, Nutrition and Dietetics for the Students & Staff of the department A½ Day seminar was conducted during World Breast Feeding Week on "Nurturing beyond Nutrients" with Resource Persons from BPNI With Safe Foodz , HACCP and FoSTAc Training courses were organized on 06-03-19 and 7-3-19 attended for 30 MSc students . 5 staff too participated. "Hand holding workshop" ("Start-ups") was organized for Dept. students with AFST (I) Mumbai Chapter With NSI, Mumbai Chapter a half day seminar was conducted on Research Writing for P.G .Students of Nutrition from different Institutes on 28-02- 19 attended by 10 staff and MSc students Workshop on Cardio Pulmonary Resuscitation by Dr Geeta Fernandez on 7th Feb '19 Organized by Department of FND for Students & Staff of college

	<p>departments and others including students, staff, experts from outside Workshop on "Food Startup Hand holding" in collaboration with AFSTI on 05-03-19 attended by 6 staff Department in collaboration with AFST(I), Mumbai Chapter and supported by Hexagon . Nutrition Pvt Ltd organized a workshop on 'Serve Right Eat Right :The changing Scenario' during NNW. FDA Commissioner was the chief Guest.</p>
<p>HD-To organize local Level seminars for the benefit of students, faculty and Industry.</p>	<p>Organized by Department of Human Development for the Students & Staff of the department The Antarchakshu Workshop on 08-04-19 attended by 3 staff</p>
<p>TFT-To organize local/National/International Level seminars for the benefit of students, faculty and Industry.</p>	<p>Organized by Department of Textile and Fashion Technology for the Students & Staff of the department Staff and student training in CAD-CAM and Computer aided Technologies in Textile and Apparel Sector once a week from July 2018-Feb 2019 attended by 5 staff and 64 students in two batches "Paramparik Karigar workshop on Gond, Lahriya and Dabu Printing" on 11-08-18 attended by 9 staff and 64 students Organized by Department of Textile and Fashion Technology for Students & Staff of the department and others including students, staff, experts from outside Local Level Neon Painting in collaboration with Pidilite Industries on 30-08-18 attended by 5 staff and 64 students and others Workshop on "Moulded handmade Jewelry" 30-08-18 attended by 9 staff and 64 students and others Workshop on "Make-up and grooming" 07-02-19 attended by 9 staff and 64 students and others. Session on "Cosmetic Making" on 07-02-19 attended by 9 staff and 64 students and others. Two -days Seminar 'Shades of Entrepreneurship' in Collaboration with Society of Dyers and Colorists, (EC) on 28/09/2018 & 29/09/2018 attended by 9 department staff, 64 students and students, staff and experts from outside. National level National level seminar on "Recent developments in Sustainable Textiles, Clothing and Colouration" 15-03-19 attended by 9 staff and 64 students and external students, staff and experts. National Fashion Competition on the same theme on 16 March 2019 International level Fashion Show of Traditional (Heritage)</p>

and Contemporary Textiles & Costumes of India titled "Jewels of India" was organized in which all 64 students of department participated and it was presented at a) an International Symposium sponsored by UNESCO organized by and at St. Andrew's College Mumbai on 22/1/2019 and also locally at b) The Institute of Chemical Technology (ICT), Mumbai on 30/3/19

[View File](#)

<p>14. Whether AQAR was placed before statutory body ?</p>	<p>No</p>
<p>15. Whether NAAC/or any other accredited body(s) visited IQAC or interacted with it to assess the functioning ?</p>	<p>No</p>
<p>16. Whether institutional data submitted to AISHE:</p>	<p>Yes</p>
<p>Year of Submission</p>	<p>2019</p>
<p>Date of Submission</p>	<p>04-Jan-2019</p>
<p>17. Does the Institution have Management Information System ?</p>	<p>Yes</p>
<p>If yes, give a brief description and a list of modules currently operational (maximum 500 words)</p>	<p>MIS is a collection of systems, hardware, procedures and people that all work together to process, store, and produce information that is useful to the organization. At the College of Home Science the need for installing MIS was discussed by the IQAC in 2017 - 18 and based on the needs of the college for facilitating communication within and outside the organization it also would help in student data of admission and examination marks for the last 5 years hence we have now installed the system with the following configuration. Processor : Intel(R) CPUE52620V4@2.10GHz Installed Memory(RAM) : 16.00 GB System Type : 64BIT Operating System , x64 based processor Pen and Touch : No Pen or Touch input is available for this Display Windows Server : 2016 Hard Disk : 300 GB 300 GB CPU : DELL ARTIS The process of entering the data in the system is initiated.</p>

Part B

CRITERION I – CURRICULAR ASPECTS

1.1 – Curriculum Planning and Implementation

1.1.1 – Institution has the mechanism for well planned curriculum delivery and documentation. Explain in 500 words

Process of Planning before delivery of the curriculum • Effective curriculum delivery begins at the stage of the formation of the curriculum based on the needs of the industry, and to match the vision, mission of the institute to reach out to the community. • The curriculum at the undergraduate level has been standardized to be consistent with the norms of the university protocol and prescribed format. • The TYBSc curriculum revision focuses on entrepreneurship and extension with practical training inputs and skill development. • The post graduate curriculum has been revised to make it more applicable in the industry and to include current concepts with global relevance as well as with a strong research emphasis. • Prior to revision, feedback was obtained from the stake holders for required inputs and from the experts in the field, for current and anticipated industrial trends, following which the curriculum was revised after intense deliberations. Process of effective delivery • Further planning for effective delivery is ensured by efficient workload distribution with a balance of theory and practical periods for the faculty. • The faculty has to plan and document a detailed work plan based on topic intensity and time availability at the commencement of the term, for effective completion of the syllabus. • If required, extra lectures are conducted across all levels for effective completion of the syllabus. • Students who find the syllabus challenging are given special attention to ensure that they are abreast of the class. • The syllabus is made available to the learner for ready reference. • Effective delivery has been possible with ? the drafting of a detailed curriculum at the departmental level, ? the provision of and up to date library, ? relevant reference books and resource material (web links, online resource material) and ? Substantiating teaching efforts with seminars, conferences and guest lectures for students at various levels. ? Multiple methods are employed to make the classroom experience relevant and applicable, like ? Innovative audio-visual aids and ? Interactive life and application based lectures. • The process of sourcing, obtaining, documenting curricular feedback of all stakeholders and acting upon the obtained feedback is an important link in ensuring effective transaction of the syllabus. ? The feedback from multiple stakeholders have been taken and communicated to the various departments via the IQAC which then led to drawing up action plans as well as its implementation. ? The IQAC has put in motion a method of taking a detailed curricular feedback across all levels by the online method. ? The computed results are shared with IQAC and the Governance as well as the departments. The departments after due deliberations, decide to act on it if relevant, and make necessary additions to teaching plan in the present and the following academic year respectively.

1.1.2 – Certificate/ Diploma Courses introduced during the academic year

Certificate	Diploma Courses	Dates of Introduction	Duration	Focus on employ ability/entrepreneurship	Skill Development
No Data Entered/Not Applicable !!!					

1.2 – Academic Flexibility

1.2.1 – New programmes/courses introduced during the academic year

Programme/Course	Programme Specialization	Dates of Introduction
------------------	--------------------------	-----------------------

No Data Entered/Not Applicable !!!

1.2.2 – Programmes in which Choice Based Credit System (CBCS)/Elective course system implemented at the affiliated Colleges (if applicable) during the academic year.

Name of programmes adopting CBCS	Programme Specialization	Date of implementation of CBCS/Elective Course System
BSc	Home Science	12/06/2018
MSc	Home Science	12/06/2018

1.2.3 – Students enrolled in Certificate/ Diploma Courses introduced during the year

	Certificate	Diploma Course
Number of Students	62	41

1.3 – Curriculum Enrichment

1.3.1 – Value-added courses imparting transferable and life skills offered during the year

Value Added Courses	Date of Introduction	Number of Students Enrolled
Indian Sign Language	01/08/2018	15
Personal Styling, Grooming and Fitness	01/08/2018	44
Cultural Heritage Management	01/08/2018	7
Art Based Therapy	01/08/2018	21

1.3.2 – Field Projects / Internships under taken during the year

Project/Programme Title	Programme Specialization	No. of students enrolled for Field Projects / Internships
BSc	Home Science	170
MSc	Home Science	83
PG Diploma	Dietetics and Applied Nutrition	19

1.4 – Feedback System

1.4.1 – Whether structured feedback received from all the stakeholders.

Students	Yes
Teachers	Yes
Employers	Yes
Alumni	Yes
Parents	Yes

1.4.2 – How the feedback obtained is being analyzed and utilized for overall development of the institution? (maximum 500 words)

Feedback Obtained

Feedback for this academic year 201819 was obtained by an online method with Google forms. Feedback from all stakeholders have been obtained Students, alumni, employers, parents and teachers. The feedback has been exclusively on the curriculum design and content. Process of analysis: Student feedback was taken for each class and each semester. Parents of the graduating classes (TY and MSc) and of alumni have been considered. Employers for the entire department have been looked at, which is inclusive of those who place students

for internships as well as those who employ, both graduate and post graduate students. Teachers have given their observations on the lacunae that they have observed in a few subjects and have also reported the modifications made during the course of the year and suggested remedies for the same. The analysis for each question has been considered. In general, the feedback has been positive with all stakeholder expressing satisfaction with the outcomes. The responses have been positive with respect to content, design, workload and applicability as well as with inclusion of advancements. Subjective feedback provided by a few respondents have been studied and collated. Only those suggestions pertaining to curriculum content and design have been considered. A feedback analysis report has thus been prepared. The relevant and specific suggestions given have been listed out and has been submitted to the IQAC. It has been noticed that there can be improvements made in the process of feedback collection. It is noted that some stakeholders do not respond after the students graduate. It could be more effective to collect the feedback before they finish their final exams by placing the feedback forms on the website. This year, it was mailed. After intense deliberations, the IQAC has made recommendations in the Action Taken Report for the feedback report to be shared with departments and teachers. The following course of action has been suggested: 1. The department to deliberate on the suggestions. New plans that could be feasible to be implemented ion 201920. As an outcome of this decision, and as a recurring issues that came up during the feedback analysis to be handled on priority basis. One core area for improvement have been listed below to be initiated in 201920: • Department of Foods, Nutrition and Dietetics: Introduction of a Value Added Course in Physiology for the TYBSc and MSc 1 students. • Department of Human Development: Greater Practical exposure and training • Department of Textile and Fashion Technology: Simplification of Practical and more intense coaching for students in Practical techniques. • Department of Community Resource Management: Greater inclusion of technological advancements 2. Certain suggestions can only be incorporated in the next syllabus revision which is due in 2020. It has been resolved that each department deliberate on the inclusion of suggestions after taking expert opinion from alumni and industry. 3. Suggestions that can be initiated from the year 201920 at the classroom level, in terms of added inputs , reference assignments for students, guest lectures, and inclusion of latest

CRITERION II – TEACHING- LEARNING AND EVALUATION

2.1 – Student Enrolment and Profile

2.1.1 – Demand Ratio during the year

Name of the Programme	Programme Specialization	Number of seats available	Number of Application received	Students Enrolled
BSc	Home Science	200	465	197
MSc	Home Science	79	546	56
PG Diploma	Dietetics and Applied Nutrition	20	141	19
PhD or DPhil	Home Science	16	3	3

2.2 – Catering to Student Diversity

2.2.1 – Student - Full time teacher ratio (current year data)

Year	Number of students enrolled in the institution (UG)	Number of students enrolled in the institution (PG)	Number of fulltime teachers available in the institution teaching only UG	Number of fulltime teachers available in the institution teaching only PG	Number of teachers teaching both UG and PG courses

			courses	courses	
2018	493	184	2	3	25

2.3 – Teaching - Learning Process

2.3.1 – Percentage of teachers using ICT for effective teaching with Learning Management Systems (LMS), E-learning resources etc. (current year data)

Number of Teachers on Roll	Number of teachers using ICT (LMS, e-Resources)	ICT Tools and resources available	Number of ICT enabled Classrooms	Number of smart classrooms	E-resources and techniques used
32	32	111	12	0	313548

2.3.2 – Students mentoring system available in the institution? Give details. (maximum 500 words)

A mentoring system has been established in the college since long time wherein each faculty member is assigned one group of student mentees (group size: approx.2025 students). Mentors are assigned for all levels (F.Y.toM.Sc). The mentor meets the student mentees as a group at least once a month for half an hour to one hour and individually as requested. Individual and group mentoring is undertaken to build rapport with the students and to help students solve various problems academic or personal. It also contributes to understanding student behaviour and culture. The mentor listens to the problem and provides support while guiding the student to make healthy choices. If required, the mentor refers the student to the counsellor in college for professional help. With the help of mentoring, mentees get required guidance to solve their personal problems and are able to concentrate on their studies. Parents are also called for counselling if necessary. Some issues that faculty mentors regularly handle during mentoring sessions include: ? Helping students from vernacular schools who face problems comprehending English as a medium of instruction. ? Helping students dealing with issues related to attendance, academic performance, discipline, submissions, participation in extracurricular activities, placements, ? Helping students develop positive coping strategies, effective study habits. ? Helping students cope with interpersonal problems involving peers and/or family relationships. In all the four fields of specialization, for other activities like picnics, field trips, educational tours, seminars, rural and urban extension work etc. students are accompanied by staff, bringing a close contact between students and teachers, promoting positive interaction, giving opportunities for advice/ guidance and mentoring.

Number of students enrolled in the institution	Number of fulltime teachers	Mentor : Mentee Ratio
663	30	1 : 22

2.4 – Teacher Profile and Quality

2.4.1 – Number of full time teachers appointed during the year

No. of sanctioned positions	No. of filled positions	Vacant positions	Positions filled during the current year	No. of faculty with Ph.D
32	30	2	4	12

2.4.2 – Honours and recognition received by teachers (received awards, recognition, fellowships at State, National, International level from Government, recognised bodies during the year)

Year of Award	Name of full time teachers receiving awards from state level, national level, international level	Designation	Name of the award, fellowship, received from Government or recognized bodies
2019	Mrs. Roopa Rao	Assistant Professor	Gold Medal' at the 13th Maharashtra State AVISHKAR Research Convention held at Gadchiroli in Jan 2019. In the Humanities Category, Level TH.

			Organised by Raj Bhavan, Maharashtra State
2018	Dr. Kamini Rege	Assistant Professor	'Women Achiever - 201819' Help Yourself Foundation, Rizvi Group, Bandra, Mumbai - 50
2019	Dr. Kamini Rege	Assistant Professor	Exemplary Contribution In ECCE Of The Year Working For Young Children And Their Education 201819
2018	Mrs. Anuradha Mitra	Associate Professor	2year FDP from University of Mumbai to pursue her Ph.D. studies under the 12th plan of the Maharashtra Government
2018	Dr Ela Dedhia	Associate Professor	KOJAIN felicitates for contribution to education in USA on July 2018

2.5 – Evaluation Process and Reforms

2.5.1 – Number of days from the date of semester-end/ year- end examination till the declaration of results during the year

Programme Name	Programme Code	Semester/ year	Last date of the last semester-end/ year-end examination	Date of declaration of results of semester-end/ year- end examination
BSc	IS00315	Home Science Sem I III and V	29/10/2018	28/03/2019
MSc	IS01321	Home Science Sem I	17/12/2018	22/03/2019
MSc	IS01333	Home Science Sem III	19/10/2018	29/01/2019

[View File](#)

2.5.2 – Reforms initiated on Continuous Internal Evaluation(CIE) system at the institutional level (250 words)

The college is affiliated to the University of Mumbai and is expected to follow guidelines set by the University for Evaluation of students' performance throughout the academic year. As per the University rules and regulations endsemester examinations and valuations are conducted. This year, according to the university directive all the undergraduate courses had one Semester end exam and there was no Continuous Internal Evaluation. However, teachers informally assessed students' understanding level through discussions, question answer sessions and tests during the theory and practical class and gave extra inputs to those who needed them. At post graduate level, there was an internal component of forty percent which was used to evaluate students on the basis of their performance during preparing for assignments and presentations, projects,

quizzes class participation, etc. Post graduate students were also assigned marks for their class participation.

2.5.3 – Academic calendar prepared and adhered for conduct of Examination and other related matters (250 words)

? Before the beginning of each semester, the heads of the four departments discuss and prepare the college academic calendar in concurrence with the University calendar and get the approval from principal. ? The academic calendar contains the details of reopening and last working day of the semester, working days, holidays, unit completion dates semester end exams, Cultural and sports activities, celebration of certain days/ week ,extension activities and tours ? The calendar is made and shared with all the faculty members before the commencement of the semester. Lesson plans are then prepared based on the academic calendar. Students are then informed about time table and academic calendar through displaying in class notice board. ? Calendar of Events was followed regarding conduct of examination and faculties attend examination related work and evaluation work as per University of Mumbai pattern and instructions. ? As per University calendar of events Academic Calendar of college/department is prepared in order to fulfill the overall student empowerment by including, ? Exam Schedule ? Extension Activities/Tours/Camps ? Industrial Visits ? Short Term workshops/Training Programmes ? Project Exhibitions/Celebration of specific weeks/ Specific daysDays ? Sports cultural activities ? Parent -Teacher meeting. ? Graduation day ? Internship Programmes

2.6 – Student Performance and Learning Outcomes

2.6.1 – Program outcomes, program specific outcomes and course outcomes for all programs offered by the institution are stated and displayed in website of the institution (to provide the weblink)

<https://www.nirmalaniketan.com/programmes-admission/all-courses-syllabus.pdf>

2.6.2 – Pass percentage of students

Programme Code	Programme Name	Programme Specialization	Number of students appeared in the final year examination	Number of students passed in final year examination	Pass Percentage
0	BSc	Home Science Sem I	197	95	48.2
0	BSc	Home Science Sem II	182	109	68.06
0	BSc	Home Science Sem III	141	115	81.6
0	BSc	Home Science Sem IV	167	134	90.07
1S00315	BSc	Home Science Sem V	152	140	90.7
S0326	BSc	Home Science Sem VI	148	141	92.11
1S01321	MSc	Home Science Sem I	76	74	88
S1322	MSc	Home Science Sem II	72	69	98.67
1S01333	MSc	Home Science	72	69	94.4

		Sem III			
S1324A	MSc	Home Science Sem IV	73	65	95.83
0	PG Diploma	Dietetics and Applied Nutrition Sem I	19	19	100
0	PG Diploma	Dietetics and Applied Nutrition Sem II	20	19	95

2.7 – Student Satisfaction Survey

2.7.1 – Student Satisfaction Survey (SSS) on overall institutional performance (Institution may design the questionnaire) (results and details be provided as weblink)

https://docs.google.com/forms/d/1N3jRjavn4Z5bB7ZONnLGBBmevxD6KoG1Zl_0Cw1-vk8/viewform?chromeless=1&edit_requested=true

CRITERION III – RESEARCH, INNOVATIONS AND EXTENSION

3.1 – Resource Mobilization for Research

3.1.1 – Research funds sanctioned and received from various agencies, industry and other organisations

Nature of the Project	Duration	Name of the funding agency	Total grant sanctioned	Amount received during the year
Projects sponsored by the University	1	University of Mumbai	0.6	0.24
Any Other (Specify)	1	Catholic Health Association of India	0.35	0.35
Any Other (Specify)	1	Centre for Technology Alternatives for Rural Areas (CTARA), IIT Bombay	0.09	0.09
Major Projects	3	Tribal Research Training Institute	5.8	0
Major Projects	3	Ministry of Tribal Affairs, STWG Division, for the Government of Maharashtra	104	0
Industry sponsored Projects	2	Astrum Healthcare Pvt. Ltd	0.2	0.2
Industry sponsored Projects	1	Textile Industry: Dystar Co. Pvt. Ltd. (India) Apna Organic	0.03	0.03

		Helios Biochem, Thane Rossari Industries Pvt. Ltd. Archroma Pvt. Ltd. Vrijesh Corporation Sarex Chemical Company		
Industry sponsored Projects	1	Flrst (Business Associate of GIRACT, Switzerland)	0.15	0.15
Projects sponsored by the University	1	University of Mumbai	0.5	0.2
View File				

3.2 – Innovation Ecosystem

3.2.1 – Workshops/Seminars Conducted on Intellectual Property Rights (IPR) and Industry-Academia Innovative practices during the year

Title of workshop/seminar	Name of the Dept.	Date
Workshop: Antarchakshu: The Inner Eye	HD Collaborating agencies: Dr. Sam Taraporewala Prof. Krishna Warriar, Xavier's Resource Centre for the Visually Challenged, St. Xavier's College, Mumbai	09/04/2019
Paramparik Karigar Workshops on Daboo, Leheriya and Gond Painting	TFT Collaborating agencies: Paramparik Karigar, an association of craftsmen	11/08/2018
Reaching the Unreached PreConference workshop on Neon Painting Bags	TFT Collaborating agencies: Pidilite Industries Pvt. Ltd.	30/08/2018
Reaching the Unreached PreConference workshop Mould in Jewelry	TFT Collaborating agencies: Pidilite Industries Pvt. Ltd.	30/08/2018
Reaching the Unreached Competition on Up cycling (one from home)	TFT Collaborating agencies: Pidilite Industries Pvt. Ltd.	30/08/2018
Reaching the Unreached Competition on Up cycling (one on spot)	TFT Collaborating agencies: Pidilite Industries Pvt. Ltd.	30/08/2018
National seminar REACHING THE UNREACHED: New Perspectives in Multidisciplinary Research, Extension and Consumer Awareness Inaugural Keynote Sessions	All Departments: CRM FND HD TFT Collaborating agencies: All Departments: Council for Fair Business Practices (CFBP)	31/08/2018

National seminar REACHING THE UNREACHED: New Perspectives in Multidisciplinary Research, Extension and Consumer Awareness Parallel Session, FND: First 1000 days and beyond	FND Collaborating agencies: UNICEF	31/08/2018
IDEATION FOR FOOD STARTUPS AND ENTREPRENEURIAL ACTIVITIES	FND Collaborating agencies: Association of Food Scientists and Technologists of India (AFSTI) Nutritionist Entrepreneurship Program (NEP)	01/09/2018
Workshop: Facilitating Educators to Leverage Play for Learning: An Academic Journey of 18 Years and Counting	HD Collaborating agencies: Dr. Mamta Shah, Postdoctoral Fellow, Games Learning in Interactive Digital Environments (GLIDE Laboratory), Drexel University, USA adjunct faculty, Drexel University, USA	24/08/2018
National seminar REACHING THE UNREACHED: New Perspectives in Multidisciplinary Research, Extension and Consumer Awareness Parallel Session, HD: First 1000 days and beyond	HD Collaborating agencies: UNICEF, ICDS, TISS	31/08/2018
Workshop on how to conduct Career Guidance Counselling	HD Collaborating agencies: Ms. Jahnvee Joshi, Trained Career Counsellor	18/02/2019
Orientation to Streechetana and Marital and Family Therapy (at Chembur), Mumbai	HD Collaborating agencies: Streechetana	01/03/2019
A Workshop on Rational Emotive Behavioural Therapy (REBT)	HD Collaborating agencies: Famed practitioner Ms. Swati Khanolkar, In Vivo - Mumbai Centre for REBT (Affiliated to Albert Ellis Institute, New York)	09/03/2019
Workshop: Antarchakshu: The Inner Eye	HD Collaborating agencies: Dr. Sam Taraporewala Prof. Krishna Warriar, Xavier's	08/04/2019

	Resource Centre for the Visually Challenged, St. Xavier's College, Mumbai	
Fashion Show "Jewels of India" at an International Symposium	TFT Collaborating agencies: UNESCO sponsored Symposium at St. Andrew's College Mumbai	22/01/2019
Jamboree 2019 Annual Fashion show	TFT Collaborating agencies: Sophia Polytechnic Nirmala Niketan Polytechnic Synthetic Art Silk Mills Research Association (SASMIRA) National Institute of Interior And Fashion Designing (NIIIFD) Ms. Geeta Castelino, Fashion Consultant Mr. Chatur Sing	16/03/2019
Workshop of Shibori: History and Techniques" by Kavyashree	TFT Collaborating agencies: Fashion Designer Ms. Kavyashree	30/06/2018
Fashion Show Jewels of India at The Institute of Chemical Technology Texpression 2019	TFT Collaborating agencies: The Institute of Chemical Technology (ICT), Mumbai	30/03/2019
One day seminar Recent Advances in Sustainable Textiles, Coloration and Clothing	TFT Collaborating agencies: Society of Dyers and Colourists (EC) Mumbai Mr. Ullhas Nimkar, Managing Director, NimkarTek Technical Services Mumbai Mr. Nitin Shah, Hon. Secretary of the Society for the Vocational Rehabilitation of the Retarded, Tardeo	15/03/2019
Workshop on Attitudes and Attributes in the Workplace (Hotel Industry) Expert - Ms. Stephanie D'Costa, HR Manager, The Oberoi Hotels, Mumbai	CRM	24/07/2018
Workshops organised for CRM students in collaboration with JAGO GRAHAK JAGO, Consumer Support Portal, National Consumer Helpline (NCH), Government of India, Department of Consumer Affairs, Ministry of Consumer Affairs, Food	CRM Collaborating agencies: JAGO GRAHAK JAGO, Consumer Support Portal, National Consumer Helpline (NCH), Government of India, Department of Consumer Affairs, Ministry of Consumer Affairs, Food Public Distribution	28/08/2018

Public Distribution, to		
Investors' Awareness Program and Product Packaging and Labelling to Commemorate World Consumers Rights Day	CRM Collaborating agencies: Consumer Guidance Society of India (CGSI)	15/03/2019
National Seminar on Reaching the Unreached Technical Textiles One day National Conference "Reaching the Unreached" parallel session "First 2000 days beyond" with poster presentation Parallel Sessions	TFT Collaborating agencies: Society of Dyers and Colourists (Education Charity) (SDC EC) Mr. Sumit Gupta, the Deputy Director of the Global Organic Textile Standard (GOTS) Mr. Prasad Pant, South Asia Director of ZDHC (zero discharge of hazardous chemi	31/08/2018
Twoday National Seminar on: Shades of Entrepreneurship	TFT Collaborating agencies: Society of Dyers and Colourists (Education Charity) (SDC EC)	28/09/2018
Twoday National Seminar on: Shades of Entrepreneurship	TFT Collaborating agencies: Society of Dyers and Colourists (Education Charity) (SDC EC)	29/09/2018

3.2.2 – Awards for Innovation won by Institution/Teachers/Research scholars/Students during the year

Title of the innovation	Name of Awardee	Awarding Agency	Date of award	Category
Excellence in Research: Sustainable Menstrual Practices: Hygiene, Health, Economics Environment	Fatema Shaikh Kunjan Bajaj (MSc2 TFT students) Guides: Dr. Ela Dedhia Ms. Vrinda Udiaver	Avishkar 13th Final Round, University Level, InterCollegiate Research Convention organised by the University of Mumbai	23/07/2019	Felicitated again at an Award Ceremony for the same.
Sustainable Fashion LGBTQ Parade: A Catwalk against Discrimination	Darshana Nambiar, Hasti Savla, Muskaan Shah, Jinanshi Shah, Elizabeth Thanikath, Tanvi Patodia, Hafsha Quereshi, Riya Ranka, Niki Nagda, Pranjali Pagdhan (TY TFT students)	At the Trend Sustain Jamboree 2019 Cent Percent: A Doorway leading towards sustainability "Buy Less, Choose Well, and Make it Last Long" Department of TFT, College of Home Science, NN	16/03/2019	First Prize, InterCollegiate Jamboree Fashion Show 2019

Sustainable Fashion Sustainability in the Wedding	Kunjan Bajaj, Swamini Binsale, Krushi Dedhia, Shreya Dedhia, Tejashree Gaikwad, Hemanshi Karia, Sakina Merchant, Sakina Shajapurwala, Sneha Savla, Fatima Shaikh, Durga Shinde, Nafisa Thanawala (MSc2 TFT students)	At the Trend Sustain Jamboree 2019 Cent Percent: A Doorway leading towards sustainability "Buy Less, Choose Well, and Make it Last Long" Department of TFT, College of Home Science, NN	16/03/2019	Second Prize, InterCollegiate Jamboree Fashion Show 2019
Excellence in Research: Challenges faced by employees in small scale industries challenged	Ruena Fernandes Saniya Rodrigues (CRM TY students) Guide: Ms. Roopa Rao	Avishkar 13th Zonal/Selection Round Intercollegiate Research Convention organised by the University of Mumbai	19/12/2018	Certificate of Merit at Avishkar Zonal level, UG Category of Commerce, Management and Law Selected for InterZonal Level.
Excellence in Research: Level of Emotional Intelligence and Adjustment of FirstYear College Students Living in Hostel and Living with their Family	Jamila Merchant, Sana Memon, Payal Udeshi, Arshi Khan (MSc HD students) Guide: Ms. Payal Maheshwari	12th InterZonal Avishkar Research Convention 20172018, organised by University of Mumbai at K.C. College, Mumbai.	24/12/2018	Felicitated again by University of Mumbai in award function for: Gold Medal/first rank at the InterZonal Avishkar Research Convention 20172018, PG Category of Humanities, Languages Fine Arts. Selected for State Level. Participated at State Lev
Excellence in Research: Institution Level	College of Home Science, Nirmala Niketan	University of Mumbai	23/07/2019	Championship Trophy for the Best Participating College (1st Rank) from ZoneI (Mumbai I) in the 13th

				Avishkar Maharashtra State Research Convention (20182019)
Excellence in Research: Institution Level	College of Home Science, Nirmala Niketan	University of Mumbai	23/07/2019	College of Home Science, Nirmala Niketan was also awarded the Humanities Category Trophy (1st Rank) at the 13th Avishkar Inter University Research Convention (201819)
Excellence in Research: Institution Level	College of Home Science, Nirmala Niketan	University of Mumbai	24/12/2018	Avishkar Overall Championship Trophy at the 12th Avishkar Inter University Research Convention (201718)
Excellence in Research: Best Research Paper Changing Roles and Challenging Responsibilities of Single Fatherhood	Dr. Kamini Rege (HD Faculty)	Guru Nanak College of Arts Science Commerce, Mumbai	08/09/2018	Best Research Paper at the National Conference on Equality and Inclusion2018
Excellence in Research: Needlestick and Sharp Injuries (NSSIs) among Nurses - Contributing Factors and Mitigation Strategies	Ms. Roopa Rao (Teacher as Research Scholar) Guide: Dr. Geeta Ibrahim	13th Maharashtra State Avishkar InterUniversity Research Convention, organised by Gondwana University, Ghadchiroli, Ghadchiroli Dist	18/01/2019	Gold Medal/first rank at Avishkar Maharashtra State InterUniversity Research Convention, TH (teacher as research scholar) Category of Humanities, Languages Fine Arts
Excellence in Research: Assessment of	Ms. Sheetal Joshi (Teacher as Research	Avishkar 13th Zonal/Selection Round	19/12/2018	Certificate of Merit at Avishkar Zonal

Nutritional status of transgender living in and around Mumbai	Scholar) Guide: Dr. Veena Yardi	Intercollegiate Research Convention organised by the University of Mumbai		level, TH (teacher as research scholar) Category of Humanities, Languages Fine Arts Selected for InterZonal Level
Excellence in Research: Abuse in dating relationships: perspective of urban youth (1621 years)	Avani Mehta, Jamila Hatim, Moksha Shah, Jayni Patel Shikha Shah (HD TY students) Guide: Dr. Kamini Rege	Avishkar 13th Zonal/Selection Round Intercollegiate Research Convention organised by the University of Mumbai	19/12/2018	Category of Humanities, Languages Fine Arts Selected for InterZonal Level.
Excellence in Research: Creating ecoconsciouness about Natural fabrics and remodelled garments amongst youth	Sakina Shajapurwala Tejashree Gaikwad (MSc TFT students) Guides: Dr. Vishaka Karnad Ms. Vibhuti Khedekar	Avishkar 13th Zonal/Selection Round Intercollegiate Research Convention organised by the University of Mumbai	09/12/2018	Certificate of Merit at Avishkar Zonal level, UG Category of Humanities, Languages Fine Arts Selected for InterZonal Level.
Excellence in Research: Career Guidance Interventions for Rural Youth: An Experimental Study	Ms. Jahnvee Joshi (HD doctoral student) Guide: Dr. Anuradha J. Bakshi	12th Maharashtra State Avishkar InterUniversity Research Convention (Creative Innovations for Skill India), organised by Mahatma Phule Krishi Vidyapeet, Rahuri, Ahmadnagar Dist. (January 1517, 2018)	24/12/2018	Felicitated again by University of Mumbai in award function for: Gold Medal/first rank at Avishkar Maharashtra State InterUniversity Research Convention, PPG (doctoral research scholar) Category of Humanities, Languages Fine Arts
Excellence in Research: Suicidal tendencies in teenagers: awareness among	Sheryl Lingam, Iqra Mukaddam, Malika Siddiqui, Mehreen Kanadia, Disha	Avishkar 13th Zonal/Selection Round Intercollegiate Research Convention	19/12/2018	Certificate of Merit at Avishkar Zonal level, UG Category of Humanities,

parents and teachers	Parwadia (HD TY students) Guide: Dr. Kamini Rege	organised by the University of Mumbai		Languages Fine Arts Selected for InterZonal Level.
Excellence in Research: 2year Avishkar Fellowship to pursue research	Ms. Jahnvee Joshi (HD doctoral student) Guide: Dr. Anuradha J. Bakshi	University of Mumbai Department of Students' Development Avishkar Fellowship for the Winners of University of Mumbai at 12th Maharashtra State InterUniversity Research Convention: Avishkar 2017 held at Mahatma Phule Krishi Vidyapeeth, Rahuri on Jan	18/07/2018	Her study titled, Career Guidance Interventions for Rural Youth: An Experimental Study conducted under the guidance of Dr. Anuradha Bakshi had won the first prize in the 12th Maharashtra State InterUniversity Research
Excellence in Research: Needlestick and Sharp Injuries (NSSIs) among Nurses - Contributing Factors and Mitigation Strategies	Ms. Roopa Rao (Teacher as Research Scholar) Guide: Dr. Geeta Ibrahim	13th Maharashtra State Avishkar InterUniversity Research Convention, organised by Gondwana University, Ghadchiroli, Ghadchiroli Dist	23/07/2019	Felicitated again by University of Mumbai in award function
Excellence in Research: MusculoSkeletal Disorders among Nurses	Ms. Roopa Rao (Teacher as Research Scholar) Guide: Dr. Geeta Ibrahim	12th Maharashtra State Avishkar InterUniversity Research Convention (Creative Innovations for Skill India), organised by Mahatma Phule Krishi Vidyapeet, Rahuri, Ahmadnagar Dist. (January 1517, 2018)	15/08/2018	Felicitated again by University of Mumbai on Independence Day
Excellence in Research: MusculoSkeletal	Ms. Roopa Rao (Teacher as Research	12th Maharashtra State Avishkar	24/12/2018	Felicitated again by University of

Disorders among Nurses	Scholar) Guide: Dr. Geeta Ibrahim	InterUniversity Research Convention (Creative Innovations for Skill India), organised by Mahatma Phule Krishi Vidyapeet, Rahuri, Ahmadnagar Dist. (January 1517, 2018)		Mumbai in award function for: Silver Medal/second rank at Avishkar Maharashtra State InterUniversity Research Convention, TH (teacher as research scholar) Category of Humanities, Languages Fine Arts
Most innovative recipe	Priyal Gala, Sarah Badi, Preeti Adikari, Ishita Juthani, Aaminah Memon, Muntaha Khan, Madniya Gondalwala (FND students)	AFSTI Hexagon	01/09/2018	Innovative recipe competition
Excellence in Research: Prevalence of MusculoSkeletal Disorders among Dabbawalas	Dhruvi Gala, Insiya Ghadiyali, Delnaz Ginwala, Stessy Fernandes (CRM TY students) Guide: Ms. Roopa Rao	Avishkar 13th Zonal/Selection Round Intercollegiate Research Convention organised by the University of Mumbai	19/12/2018	Certificate of Merit at Avishkar Zonal level, UG Category of Humanities, Languages Fine Arts Selected for InterZonal Level.
Excellence in Research: Perspective of working parents on spending quality time with their children	Aishwarya Palkar, Alefiya Mandasurwala, Nidhi Jain, Nida Khan, Stuti Dagly (HD TY students) Guide: Dr. Kamini Rege	Avishkar 13th Zonal/Selection Round Intercollegiate Research Convention organised by the University of Mumbai	19/12/2018	Certificate of Merit at Avishkar Zonal level, UG Category of Pure Sciences Selected for InterZonal Level.
Excellence in Research: Roles and responsibilities of single fathers: perception of single fathers and their dependent children	Arwa Hamid, Vinaya Dasgaonkar, Raksha Salian (HD MSc1 students) Guide: Dr. Kamini Rege	Avishkar 13th Zonal/Selection Round Intercollegiate Research Convention organised by the University of Mumbai	19/12/2018	Certificate of Merit at Avishkar Zonal level, PG Category of Humanities, Languages Fine Arts Selected for InterZonal Level.

Excellence in Research: Effects of Arts Based Therapy on children "atrisk" pertaining to group interaction, self expression and mindfulness	Aathira Nair, Sneha Gala, Nirali Gogri (HD MSc1 students) Guide: Dr. Kamini Rege	Avishkar 13th Zonal/Selection Round Intercollegiate Research Convention organised by the University of Mumbai	19/12/2018	Certificate of Merit at Avishkar Zonal level, PG Category of Medicine and Pharmacy Selected for InterZonal Level.
Excellence in Research: Value added hand printed cloth bags: A means to improve skill sets and profit for the caretakers of the mentally challenged	Miloni Gada Hardi Desai (TFT TY students) Guides: Dr. Ela Dedhia Ms. Vrinda Udiaver	Avishkar 13th Zonal/Selection Round Intercollegiate Research Convention organised by the University of Mumbai	09/12/2018	Certificate of Merit at Avishkar Zonal level, UG Category of Commerce, Management and Law Selected for InterZonal Level.
Excellence in Research: Developing entrepreneurial skills of the mentally challenged through the imparting of training in textile painting and printing techniques	Zainab Calcuttawala Khadija Bhanpurawala (TFT TY students) Guides: Dr. Ela Dedhia Ms. Sanghamitra Navalgund	Avishkar 13th Zonal/Selection Round Intercollegiate Research Convention organised by the University of Mumbai	09/12/2018	Certificate of Merit at Avishkar Zonal level, UG Category of Humanities, Languages Fine Arts Selected for InterZonal Level.
Excellence in Research: Right A Challenge for the Left!	Sakina Dudhwala, Batul Batliwala, Ekta Ananthanarayana n, Ummekulsum Jaorawala, Munira Jawadwala (S.Y.B.Sc. Students) Guide: Ms. Roopa Rao	College of Home Science NirmalaNiketan (Affiliated to University of Mumbai)	27/02/2019	First Prize at AARYA Awareness and Action Research for Youth Awakening (Intercollegiate Interdisciplinary Undergraduate Research Competition)
Excellence in Research: Consumer Awareness on ETicketing and Recycling of Train Tickets	Vazira Kapadia, Sakina Kanchwala, Barkha Parikh, Memon Amal, Shreem Pravin Patel (S.Y.B.Sc.	College of Home Science NirmalaNiketan (Affiliated to University of Mumbai)	27/02/2019	Second Prize at AARYA Awareness and Action Research for Youth Awakening (Intercollegiate Interdisciplinary

	Students) Guide: Ms. Sunita Jaiswal			Undergraduate Research Competition)
Excellence in Research: A study on peer influence on buying behaviour of working men and women towards clothing and accessories	Swamini Binsale Shreya Dedhia (MSc TFT students) Guides: Ms. Sanghamitra Navalgund, Ms. Neha Mulchandani	Avishkar 13th Zonal/Selection Round Intercollegiate Research Convention organised by the University of Mumbai	09/12/2018	Certificate of Merit at Avishkar Zonal level, PG Category of Commerce, Management Law Selected for InterZonal Level.
Excellence in Research: Sustainable Menstrual Practices: Hygiene, Health, Economics Environment	Fatema Shaikh Kunjan Bajaj (MSc2 TFT students) Guides: Dr. Ela Dedhia Ms. Vrinda Udiaver	Avishkar 13th Zonal/Selection Round Intercollegiate Research Convention organised by the University of Mumbai	09/12/2018	Certificate of Merit at Avishkar Zonal level, PG Category of Humanities, Languages Fine Arts Selected for InterZonal Level.
Excellence in Research: Designer Sportswear–The Future of Sportswear Market	Ms. Sanghamitra Navalgund (Teacher as Research Scholar) Guide: Dr. Ela Dedhia	12th InterZonal Avishkar Research Convention 20172018, organised by University of Mumbai at K.C. College, Mumbai.	24/12/2018	Felicitated again by University of Mumbai in award function for: Bronze Medal/third rank at the InterZonal Avishkar Research Convention 20172018, TH Category of Commerce, Management and Law. Selected for State Level. Participated at State Level.
Innovative recipes	Alisha Chavan (FND student)	NSI, Mumbai Chapter	01/09/2018	Second Prize at the recipe competition
Creative Edutainment Resources in Foods, Nutrition and Dietetics	Krishna Shah, Minoni Shah, Rajvi Shah, Nidhi Thakkar, Vaibhavi Thakkar (FND TY students	IDA, Mumbai Chapter	03/05/2019	Gyan Rachana Award
Excellence in Research in	Michelle Britto (MSc FND	IDA Mumbai Chapter	03/05/2019	Utkarsh Awards1st Prize

Foods, Nutrition Dietetics	student)			for Excellence in Research in Foods, Nutrition Dietetics
Excellence in Research in Foods, Nutrition Dietetics	Ayesha Kherani (MSc FND student)	IDA Mumbai Chapter	03/05/2019	Utkarsh Awards, 2nd Prize for Excellence in Research in Foods, Nutrition Dietetics
Excellence in Research: Fitness assessment and effect of nutrition intervention in 1214 years old (Male) football players during training days	Krutika Nanavati (MSc FND student) Guide: Dr. Shruti Samant	Avishkar 13th Zonal/Selection Round Intercollegiate Research Convention organised by the University of Mumbai	19/12/2018	Certificate of Merit at Avishkar Zonal level, PG Category of Medicine and Pharmacy Selected for InterZonal Level. 1. Certificate of Merit at Avishkar Zonal level, PG Category of Medicine and Pharmacy Selected for InterZonal Level.
Excellence in Research: Impact of online shopping on traditional shopkeepers	Sakina Merchant Sneha Savla (MSc TFT students) Guides: Dr. Ritu Madhan	Avishkar 13th Zonal/Selection Round Intercollegiate Research Convention organised by the University of Mumbai	09/12/2018	Certificate of Merit at Avishkar Zonal level, PG Category of Commerce, Management Law Selected for InterZonal Level.
Excellence in Research: Sustainable Menstrual Practices: Hygiene, Health, Economics Environment	Fatema Shaikh Kunjan Bajaj (MSc2 TFT students) Guides: Dr. Ela Dedhia Ms. Vrinda Udiaver	Avishkar 13th Zonal/Selection Round Intercollegiate Research Convention organised by the University of Mumbai	29/12/2018	Gold Medal/first rank at Avishkar InterZonal (final InterCollegiate University Level), PG Category of Humanities, Languages Fine Arts. Selected for State Level.

Participated at State Level.

3.2.3 – No. of Incubation centre created, start-ups incubated on campus during the year

Incubation Center	Name	Sponsored By	Name of the Start-up	Nature of Start-up	Date of Commencement
1	Institution's Innovation Council (IIC) under the MHRD	MHRD	In Process	In Process	10/11/2018
1	Entrepreneurship Incubation Cell	TFT Department	STYELA	E Business	10/05/2018

3.3 – Research Publications and Awards

3.3.1 – Incentive to the teachers who receive recognition/awards

State	National	International
Rs.1100	Rs.1100	Rs.1100

3.3.2 – Ph. Ds awarded during the year (applicable for PG College, Research Center)

Name of the Department	Number of PhD's Awarded
Foods Nutrition and Dietetics	2
Textile and Fashion Technology	1

3.3.3 – Research Publications in the Journals notified on UGC website during the year

Type	Department	Number of Publication	Average Impact Factor (if any)
National	Library	1	6
International	Foods Nutrition and Dietetics	2	4
International	Human Development	11	2
International	Textile and Fashion Technology	2	0
International	Community Resource Management	1	6
International	Library	2	5

3.3.4 – Books and Chapters in edited Volumes / Books published, and papers in National/International Conference Proceedings per Teacher during the year

Department	Number of Publication
Foods Nutrition and Dietetics	1
Human Development	5
Textile and Fashion Technology	2
Community Resource Management	5
Library	1

[View File](#)

3.3.5 – Bibliometrics of the publications during the last Academic year based on average citation index in Scopus/ Web of Science or PubMed/ Indian Citation Index

Title of the Paper	Name of Author	Title of journal	Year of publication	Citation Index	Institutional affiliation as mentioned in the publication	Number of citations excluding self citation
Radiation Processing of Locust Bean Gum and Assessing its Functionality for Applications in Probiotic and Enteral Foods	Tasneem H. Ravat, Veena Yardi, N. Mallikarjunan Sahayog N. Jamdar	LWT Food Science and Technology	2019	114	College of Home Science, Nirmala Niketan Affiliated to the University of Mumbai	0
Association of Glycemic Indices and HsCRP with Dietary Energy and Fat Consumption in Patients with Type 2 Diabetes Mellitus	Hetal N. Parekh, Subhadra Mandalika Suresh Mehtalia	International Journal of Health Sciences and Research	2018	0	College of Home Science, Nirmala Niketan Affiliated to the University of Mumbai	0
Rational Emotive Behaviour Therapy Integrated	Satishchandra Kumar Anuradha J. Bakshi	British Journal of Guidance Counseling	2018	41	College of Home Science, Nirmala Niketan Affiliated to the University of Mumbai	0
I am Albert Ellis	Satishchandra Kumar Anuradha J. Bakshi	British Journal of Guidance Counseling	2018	41	College of Home Science, Nirmala Niketan Affiliated to the University of Mumbai	0
Happiness is Not a Luxury:	Anuradha J. Bakshi	British Journal of Guidance	2019	41	College of Home Science,	0

Interview with Ed Diener		Counseling			Nirmala Niketan Affiliated to the University of Mumbai	
Trends Related to Ethics, Technology, Counselling and Careers	Anuradha J. Bakshi Stephen Goss	British Journal of Guidance Counseling	2019	41	College of Home Science, Nirmala Niketan Affiliated to the University of Mumbai	1
The Hope Circuit: A Psychologists Journey from Helplessness to Optimism	Anjali Majumdar, Satishchandra Kumar Anuradha J. Bakshi	British Journal of Guidance Counseling	2019	41	College of Home Science, Nirmala Niketan Affiliated to the University of Mumbai	0
Perspectives of Children (7 to 12 years old) Towards Western Classical and English Popular Music Education in Mumbai	Alannah Carol Fernandes Rhonda Divecha	Scholarly Research Journal for Interdisciplinary Studies	2019	0	College of Home Science, Nirmala Niketan Affiliated to the University of Mumbai	0
Changing Roles and Challenging Responsibilities of Single Fatherhood	Kamini Rege	International Journal of Advance and Innovative Research	2018	0	College of Home Science, Nirmala Niketan Affiliated to the University of Mumbai	0
Perspective Difficulties of Third Gender and Perception of Selected Communities	Kapitan Kyodel Kamini Rege	International Journal of Advance and Innovative Research	2018	0	College of Home Science, Nirmala Niketan Affiliated to the University of Mumbai	0

(Hindu, Muslim, Christian, Jain) Regarding Challenges Encountered						
Roles and Responsibilities of Single Fathers: Perception of Single Fathers and Their Dependent Children	Kamini Rege, A. Hamid, S. Furtado, S. Rasalkar, H. Kazi N. Thakur	Management Guru: Journal of Management Research	2018	0	College of Home Science, Nirmala Niketan Affiliated to the University of Mumbai	0
Discovery Process: Identification, Awareness and Prevention Regarding Child Sexual Abuse Among Young Women (1721 years)	Kamini Prakash Rege, Priyanshi Madhwani, Jaiti Gala, Manasi Bist Virginia Dias	Journal of Emerging Technologies and Innovative Research	2019	0	College of Home Science, Nirmala Niketan Affiliated to the University of Mumbai	0
Perspectives of Experts on the Role of Supervisors in Carrying Out Recreational Activities for the Elderly Residing in Old Age Homes	Alannah Fernandes Kamini Rege	Journal of Emerging Technologies and Innovative Research	2019	0	College of Home Science, Nirmala Niketan Affiliated to the University of Mumbai	0
Protective Clothing Identity of a Worker	Kundlata Mishra Ela Dedhia	International Journal of Applied Social Science	2019	0	College of Home Science, Nirmala Niketan Affiliated	0

					to the University of Mumbai	
Buying Trends for Home Furnishing among Consumers in Mumbai	Anju Tulshyan Ela Dedhia	IOSR Journal of Polymer and Textile Engineering	2018	0	College of Home Science, Nirmala Niketan Affiliated to the University of Mumbai	0
Ergonomic Evaluation of Residences (External Areas and Living Room) of the Elderly	Roopa Rao	International Journal of Research Culture Society	2018	0	College of Home Science, Nirmala Niketan Affiliated to the University of Mumbai	0
EJournals in Academic Libraries: An Overview	Prajakta Mhaprolkar	Research Journey: International Multidisciplinary EResearch Journal	2018	0	College of Home Science, Nirmala Niketan Affiliated to the University of Mumbai	0
Availability and Usability of Electronics Resources in the Academic Libraries: The Role of a Techno Savvy Librarian	Prajakta Mhaprolkar	GENIUS: An International Multidisciplinary Half Yearly Research Journal	2018	0	College of Home Science, Nirmala Niketan Affiliated to the University of Mumbai	0
Role of Academic Libraries in Educational Development in ICT Era	Prajakta Mhaprolkar	Research Journey: International Multidisciplinary EResearch Journal	2018	0	College of Home Science, Nirmala Niketan Affiliated to the University of Mumbai	0

[View File](#)

3.3.6 – h-Index of the Institutional Publications during the year. (based on Scopus/ Web of science)

Title of the Paper	Name of Author	Title of journal	Year of publication	h-index	Number of citations excluding self citation	Institutional affiliation as mentioned in the publication
Radiation processing of locust bean gum and assessing its functionality for applications in probiotic and enteral foods	Veena Yardi	LWT Food Science and Technology	2019	115	0	Department of Foods, Nutrition Dietetics, College of Home Science, Nirmala Niketan, University of Mumbai
I am Albert Ellis	Anuradha J. Bakshi	British Journal of Guidance Counselling	2018	41	0	Nirmala Niketan College of Home Science, University of Mumbai
Rational emotive behaviour therapy	Anuradha J. Bakshi	British Journal of Guidance Counselling	2018	41	0	Nirmala Niketan College of Home Science, University of Mumbai
Happiness is not a luxury: Interview with Ed Diener	Anuradha J. Bakshi	British Journal of Guidance Counselling	2019	41	0	Nirmala Niketan College of Home Science, University of Mumbai
The Hope Circuit: A Psychologist's Journey from Helplessness to Optimism	Anuradha J. Bakshi	British Journal of Guidance Counselling	2019	41	0	Nirmala Niketan College of Home Science, University of Mumbai
Trends related to ethics, technology, counselling careers	Anuradha J. Bakshi	British Journal of Guidance Counselling	2019	41	1	Nirmala Niketan College of Home Science, University of Mumbai

Numerous Titles	Anuradha J. Bakshi	Numerous Journals	2019	7	218	Nirmala Niketan College of Home Science, University of Mumbai
Numerous Titles	Subhadra Mandalika	Numerous Journals	2019	3	31	College of Home Science, Nirmala Niketan
Understanding users perspectives for surgical apparel	Vishaka Karnad	Manmade Textiles in India	2018	1	1	College of Home Science, Nirmala Niketan
View File						

3.3.7 – Faculty participation in Seminars/Conferences and Symposia during the year :

Number of Faculty	International	National	State	Local
Attended/Seminars/Workshops	14	30	7	29
Presented papers	8	17	14	12
Resource persons	2	6	3	10

3.4 – Extension Activities

3.4.1 – Number of extension and outreach programmes conducted in collaboration with industry, community and Non- Government Organisations through NSS/NCC/Red cross/Youth Red Cross (YRC) etc., during the year

Title of the activities	Organising unit/agency/ collaborating agency	Number of teachers participated in such activities	Number of students participated in such activities
Vivekananda Run for peace 3219	Organizing unit: NSS, College of Home science, Nirmala Niketan Collaborating agencies: NSS, Lala Lajpatrai College	1	5
Conducted Awareness Session on Waste Management 5219 6219	Organizing unit: NSS, College of Home science, Nirmala Niketan	2	12
Helped conduct Marathi Bhasha Divas 27219	Organizing unit: NSS, College of Home science, Nirmala Niketan	2	19
Conducted 150th Swami Vivekanand Chicago Speech	Organizing unit: NSS, College of Home science,	3	21

Celebration Program and Poster making competition 28219	Nirmala Niketan		
Conducted Survey on Waste Management 3319	Organizing unit: NSS, College of Home science, Nirmala Niketan Venue: Residential Locality	1	16
Helped conduct Jamboree Haat 7219	Organizing unit: NSS, College of Home science, Nirmala Niketan	2	20
Helped conduct a talk on Women's Entrepreneurship 20219 to 28219	Organizing unit: NSS, College of Home science, Nirmala Niketan	1	1
RURAL CAMP AT Kolad, Maharashtra Nutrition awareness programs for tribal women, adolescent girls children 1422019 to 1622019	Organizing unit: FND Department, College of Home science, Nirmala Niketan Collaborating agencies: Jeevan Dhara Institute of Social Work, Kolad, DHM Centre	2	38
Rural camp at Dervan, Maharashtra Nutrition awareness program for Preschool children, Lactating mothers, Adolescent girls 21st 24th Feb	Organizing unit: FND Department, College of Home science, Nirmala Niketan Collaborating agencies: B. K. L. Walawalkar Rural Medical College Hospital, Dervan, Maharashtra.	2	20
BLOOD DONATION CAMP organised by students in the college 2822019	Organizing unit: FND Department, College of Home science, Nirmala Niketan Assisting Unit: NSS, College of Home science, Nirmala Niketan Collaborating agencies: Sarla Blood Bank	8	41
HEALTH MEHA Assessment of: Bone Mineral Density, Thalassaemia Anaemia, Blood Pressure, Random	Organizing unit: FND Department, College of Home science, Nirmala Niketan Assisting Unit: NSS, College	14	300

Blood Sugar, Eye Checkup Body Composition 2822019 132019	of Home science, Nirmala Niketan Collaborating agencies: • Parents Association Thalassaemic Unit Trust (PATUT) Mumbai • GLENMARK • NIPRO • INBODY		
Nutrition Education Extension activities at ICDS, Badhwar Park, Colaba, Mumbai 15th 22nd March 2019	Organizing unit: FND Department, College of Home science, Nirmala Niketan Collaborating agencies: ICDS	2	40
WORKSHOP conducted by students on FOOD HYGIENE, FOOD PACKAGING AND FOOD LABELLING For smallscale entrepreneurs in Mumbai 792019	Organizing unit: FND Department, College of Home science, Nirmala Niketan Collaborating agencies: Niramaya Health Foundation, NGO	11	46
Recreational activities conducted for the elderly at the old age home (18122018)	Organizing unit: HD Department, College of Home science, Nirmala Niketan Collaborating agencies: Assisi Bhavan, Home for the Aged, Mumbai	1	25
Recreational activities conducted for the elderly at the old age home (18122018)	Organizing unit: HD Department, College of Home science, Nirmala Niketan Collaborating agencies: All Saints Home, Old Age Home, Mazgaon, Mumbai	1	25
Conducted Red Ribbon Club Awareness Registration for students of the college 28818	Organizing unit: NSS, College of Home science, Nirmala Niketan	4	25
Conducted Poster and Slogan Making on AntiPlastic Campaign 6918	Organizing unit: NSS, College of Home science, Nirmala Niketan	1	39
Conducted Rally on AntiPlastic Campaign 8918	Organizing unit: NSS, College of Home science,	1	40

	Nirmala Niketan		
Street Play AntiPlastic Campaign 8918	Organizing unit: NSS, College of Home science, Nirmala Niketan	1	40
Cloth Bag Distribution in Ganpati Pandals 13918 to 17918	Organizing unit: NSS, College of Home science, Nirmala Niketan Venue: Ganpati pandals at various places	1	2
Health Management of female youth Workshops with female working youth (Young women enrolled in tailoring classes at the Centre) (a) Introduction to basic Acupressure its use in managing minor ailments/ discomfort (b) Ergonomics, posture, relate	Organizing unit: HD Department, College of Home science, Nirmala Niketan Collaborating agencies: Chuim Community Centre, Nirmala Niwas, Khar Danda, Mumbai	2	50
Recreational cum educational sessions for children with cancer (08012019 15012019)	Organizing unit: HD Department, College of Home science, Nirmala Niketan Collaborating agencies: CanKids..KidsCan, National Society for 'Change for Childhood Cancer in India", NGO, Parel, Mumbai	1	50
Helped conduct Anand Utsav at Chuim Community Centre, Nirmal Niwas, (Chuim) 11218	Organizing unit: NSS, College of Home science, Nirmala Niketan Collaborating agencies: Chuim Community Centre, Nirmala Niwas, Chuim, Mumbai	1	18
Conducted HIV Aids Awareness Session 61218	Organizing unit: NSS, College of Home science, Nirmala Niketan	1	18
Conducted 5day Yoga workshop 171218 to 211219	Organizing unit: NSS, College of Home science,	1	8

	Nirmala Niketan		
Service to the community Recreational activities and cultural exchange activities conducted for girls women beneficiaries (23022019)	Organizing unit: HD Department, College of Home science, Nirmala Niketan Collaborating agencies: Gur Aasra, Home for Girls and Women, Chandigarh	2	53
Recreational activities conducted for individuals with Parkinson's Disease (05032019 12032019)	Organizing unit: HD Department, College of Home science, Nirmala Niketan Collaborating agencies: Parkinson's Disease and Movement Disorder Society (PDMDS), Shree Vardhaman Sthanakwasi Jain Shravak Sangh, Borivali, Mumbai	2	50
Helped conduct the Drug Abuse Workshop 18718	Organizing unit: NSS, College of Home science, Nirmala Niketan	4	4
Tree Plantation 18718	Organizing unit: NSS, College of Home science, Nirmala Niketan Venue: Residential area SK Patil Garden charni road	4	10
Sapling Collection 18718	Organizing unit: NSS, College of Home science, Nirmala Niketan Venue: Azad Maidan, CSMT	1	6
Motivated Students for enrolment in NSS 23718 to 26718	Organizing unit: NSS, College of Home science, Nirmala Niketan	4	59
Tree Plantation 24718 to 30718	Organizing unit: NSS, College of Home science, Nirmala Niketan Collaborating agencies: NSS, Sydenham College	1	12
Peace Rally, University 6818	Organizing unit: NSS, College of Home science,	1	20

	Nirmala Niketan Collaborating agencies: NSS, University of Mumbai		
Cloth Bag Making 12818 to 28818	Organizing unit: NSS, College of Home science, Nirmala Niketan Venue: Azad Maidan, CSMT	4	15
Swachh Bharat Poster and Slogan Making Swachh Bharat Oath Taking for NSS volunteers 12818	Organizing unit: NSS, College of Home science, Nirmala Niketan	4	44
Swachh Bharat Rally 13818	Organizing unit: NSS, College of Home science, Nirmala Niketan Venue: Cross Maidan to Fashion Khau Galli and back	2	44
Helped conduct the Independence Day Celebration 14818	Organizing unit: NSS, College of Home science, Nirmala Niketan	4	10
Rural Camp at Kharasgaon Textile craft and product development skills 13/12/2018 14/12/2018	Organizing unit: TFT Department, College of Home science, Nirmala Niketan Collaborating agencies: Gyanjyoti Community College, Kharasgaon, Maharashtra	2	24
Gandhiji's Khadi Movement: Nai Taleem (a) Hand spinning and weaving of Khadi taught to school children. (b) Embellishing Khadi fabric using: block printing stencil painting liquid embroidery (c) Knotting braiding techniques for jewellery making	Organizing unit: TFT Department, College of Home science, Nirmala Niketan Collaborating agencies: Shishuvan School (Matunga), Mumbai	3	50
Textile Crafts Product Development	Organizing unit: TFT Department,	2	16

School children taught textile craft and product development skills: Embroidery and fabric jewellery making 8/01/2019 9/01/2019	College of Home science, Nirmala Niketan Collaborating agencies: Shri. Durga Vidya Mandir School (Thane)		
Textile Crafts Product Development School children taught textile craft and product development skills: block printing, stencil printing, and embroidery 8/01/2019 9/01/2019	Organizing unit: TFT Department, College of Home science, Nirmala Niketan Collaborating agencies: Sidheshwar Vidhyalay (Thane)	2	16
Textile Crafts Product Development School children taught textile craft and product development skills: block printing, stencil printing, and embroidery 8/01/2019 9/01/2019	Organizing unit: TFT Department, College of Home science, Nirmala Niketan Collaborating agencies: Holy Cross High School (Nalasopara), Mumbai	2	24
Awareness Program on Importance of Breastfeeding (Short Program on one day) 7th August 2018	Organizing unit: CRM Department, College of Home science, Nirmala Niketan Collaborating agencies: Family Service Centre, NGO	1	24
Developing Entrepreneurial Skills: Flower Making (14818)	Organizing unit: CRM Department, College of Home science, Nirmala Niketan Collaborating agencies: Chuim Community Centre, Nirmala Niwas, Khar Danda, Mumbai	1	32
Developing Entrepreneurial Skills: Paper Bag Envelope Making (20818)	Organizing unit: CRM Department, College of Home science, Nirmala Niketan Collaborating agencies: Chuim Community Centre, Nirmala Niwas, Khar Danda, Mumbai	1	32

Developing Entrepreneurial Skills: Jewellery Making (24918)	Organizing unit: CRM Department, College of Home science, Nirmala Niketan Collaborating agencies: Chuim Community Centre, Nirmala Niwas, Khar Danda, Mumbai	1	32
Developing Entrepreneurial Skills: Mela (Sale of Products) (11018)	Organizing unit: CRM Department, College of Home science, Nirmala Niketan Collaborating agencies: Chuim Community Centre, Nirmala Niwas, Khar Danda, Mumbai	1	32
Conducted a Postermaking Competition on HIV and AIDS Awareness 12119	Organizing unit: NSS, College of Home science, Nirmala Niketan	3	15
HIV and AIDS awareness drive from class to class for students 14119	Organizing unit: NSS, College of Home science, Nirmala Niketan	4	15
Documentary Screening on HIV (The puzzle of HIV) for building awareness on HIV AIDS 16119	Organizing unit: NSS, College of Home science, Nirmala Niketan	2	32
Conducted Swatch Bharat Seminar 17119 18119	Organizing unit: NSS, College of Home science, Nirmala Niketan	1	2
Recreational activities conducted for individuals who are mentally and physically challenged (08012019 15012019)	Organizing unit: HD Department, College of Home science, Nirmala Niketan Collaborating agencies: Shanti Daan, Mother Teresa's Missionaries of Charity, serving the unwanted, ailing, physically and mentally challenged, dying destitute of Mumbai	1	50
RURAL CAMP AT Kolad	Organizing unit:	1	24

<p>Villages visited: Yashwantvadi Dhankanhe Mandavsheth Activities conducted: Children: Art craft activities, painting competition puppet show on Health and Sanitation, Importance of nutrition in diet Women: Income generati</p>	<p>CRM Department, College of Home science, Nirmala Niketan Collaborating agencies: Jeevan Dhara Institute of Social Work, Kolad, DHM Centre</p>		
<p>JAGO GRAHAK JAGO Activity Workshops conducted by CRM students (trained by JAGO GRAHAK JAGO) on Food Adulteration and Fake Products for the participants attending the preconference conference "Reaching the Unreached". 29th, 30th, 31st August 201</p>	<p>CRM Department, College of Home science, Nirmala Niketan Collaborating agencies: JAGO GRAHAK JAGO, Consumer Support Portal, National Consumer Helpline [NCH], Government of India, Department of Consumer Affairs, Ministry of Consumer Affairs, Food</p>	3	32
<p>Reaching the Unreached: Consumer Awareness Program Jago Grahak Jago, Mera Right, Mera Hak Competitions conducted in different schools and colleges on 4 days to build consumer awareness (Jago Grahak Jago, Mera Haq Mera Right street play Role play</p>	<p>CRM Department, College of Home science, Nirmala Niketan Collaborating agencies: JAGO GRAHAK JAGO, Consumer Support Portal, National Consumer Helpline [NCH], Government of India, Department of Consumer Affairs, Ministry of Consumer Affairs, Food</p>	3	32
<p>Helped celebrate International Yoga Day (on days other than the 2162018) Week of 1562018</p>	<p>Organizing unit: NSS, College of Home science, Nirmala Niketan</p>	4	10
<p>International Yoga</p>	<p>Organizing unit:</p>	8	150

Day Celebration 2162018	FND Department, College of Home science, Nirmala Niketan Assisting Unit: NSS, College of Home science, Nirmala Niketan		
Breastfeeding Week Sessions 7818	Organizing unit: FND Department, College of Home science, Nirmala Niketan Assisting Unit: NSS, College of Home science, Nirmala Niketan Collaborating agencies: SMBT (Shrimati Malati Dahanukar Trust India)	14	150
ANTI LEPROSY CAMPAIGN August 2018	Organizing unit: FND Department, College of Home science, Nirmala Niketan Collaborating agencies: ALERT India	2	250
RURAL CAMP AT NANDURBAR, Maharashtra Nutrition awareness programs for tribal women and adolescent girls 2992018 to 3102018	Organizing unit: FND Department, College of Home science, Nirmala Niketan Collaborating agencies: Jeevan Vidya Trust, Nandurbar, Maharashtra (DHM Centre)	1	12
MUMBAI MOBILE Crèches - CAPACITY BUILDING WORKSHOP conducted by students for Mobile Crèches workers 15122018	Organizing unit: FND Department, College of Home science, Nirmala Niketan (FND TY BSc students) Collaborating agencies: Mumbai Mobile Crèches	4	30
Nutrition Education Extension with B.Ed. female college students: Nutritional Care of Pregnant Lactating Women (Your Child is What you Eat)	Organizing unit: FND Department, College of Home science, Nirmala Niketan Collaborating agencies: Pushpanjali College	1	20

12/01/2019	of Education		
GAS SAFETY WORKSHOP 1912019	Organizing unit: FND Department, College of Home science, Nirmala Niketan Collaborating agencies: Bharat Gas	2	70
Educational Recreational activities conducted for underprivileged children Activity corners (reading, science, math, clay, art and craft, water play, cooking) and Puppet show (23012018)	Organizing unit: HD Department, College of Home science, Nirmala Niketan Collaborating agencies: Bhal Vikas Kendra's (Dist. Ahmedabad), Marie Adelaide Preschool, Vattaman, Vadodara District, Gujarat	1	12
Recreational activities conducted for street working children Two sessions: Morning afternoon (1222019)	Organizing unit: HD Department, College of Home science, Nirmala Niketan Collaborating agencies: Salaam Baalak, NGO for street working children, Mumbai	1	50
Activities with the Creche children (learning centres, storytelling, music movement) (29012019 5022019)	Organizing unit: HD Department, College of Home science, Nirmala Niketan Collaborating agencies: Chuim Community Centre, Nirmala Niwas, Khar Danda, Mumbai	1	50
Nutrition Education Extension with general population Ostemia - Nutrilook towards Osteoporosis and Anemia 2012019	Organizing unit: FND Department, College of Home science, Nirmala Niketan Collaborating agencies: St Francis Xavier's Parish, Giriz, Vasai, Thane Dist.	1	20
Nutrition Education Extension with general population Obesity and Diabetes - easy to gain difficult to lose 2712019	Organizing unit: FND Department, College of Home science, Nirmala Niketan Collaborating agencies: St	1	20

	Francis Xavier's Parish, Giriz, Vasai, Thane Dist.		
Cardio Pulmonary Resuscitation (CPR) WORKSHOP FirstAid Camp 722019	Organizing unit: FND Department, College of Home science, Nirmala Niketan Collaborating agencies: Precious Life Medihelp Training Centre, Mumbai	4	82
Helped in police Bandobast 23918	Organizing unit: NSS, College of Home science, Nirmala Niketan Collaborating agencies: Mumbai Police Venue: Marine Drive	1	8
Helped conducted Surgical strike talk 11018	Organizing unit: NSS, College of Home science, Nirmala Niketan	1	14
Run for Unity 311018	Organizing unit: NSS, College of Home science, Nirmala Niketan Venue: NCPA, Gate No .3, Marine Drive	1	9
Swatchata hi Seva 41118	Organizing unit: NSS, College of Home science, Nirmala Niketan Collaborating agencies: NSS, University of Mumbai Venue: Kalina Mumbai University Campus	1	5
NSS Rural Camp: (a) Street plays on superstition, child marriage, illeffects of alcohol, taddi, drugs and gutka for villagers. (b) Street play on Health and Hygiene , Nutrition, Women's Empowerment and Solar Energy for villagers. (c) Street play an	Organizing unit: NSS, College of Home science, Nirmala Niketan Kharasgaon Rural Camp Collaborating agencies: Gyan Jyoti Community College Kharasgaon village, Maharashtra	1	18

Workshops with female working youth (Young women enrolled in tailoring classes at the Centre) (a) Stress management (b) Dowry problems, domestic violence, save the girl child, relevant laws for women in regard to these issues (5022019: 3 to 5p	Organizing unit: HD Department, College of Home science, Nirmala Niketan Collaborating agencies: Chuim Community Centre, Nirmala Niwas, Khar Danda, Mumbai	2	50
Workshops with Parents of schoolgoing children at Chuim village, Khar Danda, Mumbai, on: (a) Parenting Styles ParentChild Relationship quality time between parents and children (b) Balanced Meal a Healthy Plate Demonstration of nutritive, eas	Organizing unit: HD Department, College of Home science, Nirmala Niketan Collaborating agencies: Chuim Community Centre, Nirmala Niwas, Khar Danda, Mumbai	2	50
Textile craft and product development skills July 2018 to March 2019 Extended across months (1day per week)	Organizing unit: TFT Department, College of Home science, Nirmala Niketan Collaborating agencies: Seva Charitable Trust (Borivali) NGO, Mumbai	2	5
Textile craft and product development skills July 2018 to March 2019 Extended across months (1day per week)	Organizing unit: TFT Department, College of Home science, Nirmala Niketan Collaborating agencies: Aaradhya Pratisthan (Kandivali), Mumbai	2	5
Textile craft and product development skills July 2018 to March 2019 Extended across months (1day per week)	Organizing unit: TFT Department, College of Home science, Nirmala Niketan Collaborating	2	5

	agencies: Aasara Mahila Mandal (Ghatkopar), Mumbai		
Textile craft and product development skills July 2018 to March 2019 Extended across months (1day per week)	Organizing unit: TFT Department, College of Home science, Nirmala Niketan Collaborating agencies: SVRR Society for Vocational Rehabilitation of the Retarded (Tardeo), Mumbai	2	5
Textile craft and product development skills: Jute bag making apron stitching embroidery stencil block printing. July 2018 to March 2019 Extended across months (1day per week)	Organizing unit: TFT Department, College of Home science, Nirmala Niketan Collaborating agencies: Cheshire Homes India (Marol Andheri), Mumbai	2	5
Textile craft and product development skills August 2018September 2018 (1day per week)	Organizing unit: TFT Department, College of Home science, Nirmala Niketan Collaborating agencies: Chuim Community Centre, Nirmala Niwas, Khar Danda, Mumbai	2	5
Textile craft and product development skills February March 2019 (1day per week)	Organizing unit: TFT Department, College of Home science, Nirmala Niketan Collaborating agencies: Jijabai Mahila Utpadak Bachat Gat (Chembur East), Mumbai	2	5
Textile craft and product development skills: Fabric Painting, Hand Embr oidery, Patchwork, Advanced Ornamental Smocking, Satin ribbon embroidery, Stencil printing March 2019 (1day	Organizing unit: TFT Department, College of Home science, Nirmala Niketan Collaborating agencies: Women's India Trust (Mahim), Mumbai	2	5

per week)

[View File](#)

3.4.2 – Awards and recognition received for extension activities from Government and other recognized bodies during the year

Name of the activity	Award/Recognition	Awarding Bodies	Number of students Benefited
Leprosy Control Activities	Recognition for Contribution of Rs. 1, 00, 034/ to ALERTINDIA Association for Leprosy Education, Rehabilitation and Treatment	ALERTINDIA	600
UDAAN InterCollegiate Research Competition	1st Prize for Research "Challenges Faced by Dabbawalas"	Dept. of Lifelong Learning and Extension (DLLE), University of Mumbai	4

3.4.3 – Students participating in extension activities with Government Organisations, Non-Government Organisations and programmes such as Swachh Bharat, Aids Awareness, Gender Issue, etc. during the year

Name of the scheme	Organising unit/Agency/collaborating agency	Name of the activity	Number of teachers participated in such activities	Number of students participated in such activities
AntiPlastic Campaign 6918	Organizing unit: NSS, College of Home science, Nirmala Niketan	Conducted Poster and Slogan Making on AntiPlastic Campaign	1	39
8918 AntiPlastic Campaign	Organizing unit: NSS, College of Home science, Nirmala Niketan	Conducted Rally on AntiPlastic Campaign	1	40
8918 AntiPlastic Campaign	Organizing unit: NSS, College of Home science, Nirmala Niketan	Street Play AntiPlastic Campaign	1	40
AntiPlastic Campaign 13918 to 17918	Organizing unit: NSS, College of Home science, Nirmala Niketan Venue: Ganpati pandals at various places	Cloth Bag Distribution in Ganpati Pandals	1	2
Nutrition Education Extension 12/01/2019	Organizing unit: FND Department, College of Home science,	Nutrition Education Extension with B.Ed. female college	1	20

	Nirmala Niketan Collaborating agencies: Pushpanjali College of Education	students: Nutritional Care of Pregnant Lactating Women (Your Child is What you Eat)		
HIV Aids Awareness 61218	Organizing unit: NSS, College of Home science, Nirmala Niketan	Conducted HIV Aids Awareness Session	1	18
Yoga 171218 to 211219	Organizing unit: NSS, College of Home science, Nirmala Niketan	Conducted 5day Yoga workshop	1	8
HIV and AIDS Awareness 12119	Organizing unit: NSS, College of Home science, Nirmala Niketan	Conducted a Postermaking Competition on HIV and AIDS Awareness	3	15
HIV and AIDS Awareness 14119	Organizing unit: NSS, College of Home science, Nirmala Niketan	HIV and AIDS awareness drive from class to class for students	4	15
HIV and AIDS Awareness 16119	Organizing unit: NSS, College of Home science, Nirmala Niketan	Documentary Screening on HIV (The puzzle of HIV) for building awareness on HIV AIDS	2	32
Swatch Bharat 17119 18119	Organizing unit: NSS, College of Home science, Nirmala Niketan	Conducted Swatch Bharat Seminar	1	2
Peace Rally 3219	Organizing unit: NSS, College of Home science, Nirmala Niketan Collaborating agencies: NSS, Lala Lajpatrai College	Vivekananda Run for peace	1	5
Waste Management 5219 6219	Organizing unit: NSS, College of Home science, Nirmala Niketan	Conducted Awareness Session on Waste Management	2	12
Marathi Bhasha	Organizing	Helped conduct	2	19

Divas 27219	unit: NSS, College of Home science, Nirmala Niketan	Marathi Bhasha Divas		
Cultural Heritage 28219	Organizing unit: NSS, College of Home science, Nirmala Niketan	Swami Vivekanand Chicago Speech Celebr Conducted 150th Swami Vivekanand Chicago Speech Celebration Program and Poster making competition ation	3	21
Waste Management 3319	Organizing unit: NSS, College of Home science, Nirmala Niketan Venue: Residential Locality	Conducted Survey on Waste Management in the community to gather information to raise awareness about waste management	1	16
Entrepreneurial skill development 7219	Organizing unit: NSS, College of Home science, Nirmala Niketan	Helped conduct Jamboree Haat	2	20
Women's Entrepr neurship 20219 to 28219	Organizing unit: NSS, College of Home science, Nirmala Niketan	Helped conduct a talk on Women's Entrepr neurship	1	1
(a) Quality Parenting (b) Nutrition Education	Organizing unit: HD Department, College of Home science, Nirmala Niketan Collaborating agencies: Chuim Community Centre, Nirmala Niwas, Khar Danda, Mumbai	Workshops with Parents of schoolgoing children at Chuim village, Khar Danda, Mumbai, on: (a) Parenting Styles ParentChild Relationship quality time between parents and children (b) Balanced Meal a Healthy Plate Demonstration of nutritive, easy	2	50

Police Bandobast 23918	Organizing unit: NSS, College of Home science, Nirmala Niketan Collaborating agencies: Mumbai Police Venue: Marine Drive	Helped in police Bandobast	1	8
Surgical strike talk 11018	Organizing unit: NSS, College of Home science, Nirmala Niketan	Helped conducted Surgical strike talk	1	14
Run for Unity 311018	Organizing unit: NSS, College of Home science, Nirmala Niketan Venue: NCPA, Gate No .3, Marine Drive	Participated in the Run for Unity	1	9
Swachh Bharat 41118	Organizing unit: NSS, College of Home science, Nirmala Niketan Collaborating agencies: NSS, University of Mumbai Venue: Kalina Mumbai University Campus	Swatchata hi Seva	1	5
HEALTH MELA 2822019 132019	Organizing unit: FND Department, College of Home science, Nirmala Niketan Assisting Unit: NSS, College of Home science, Nirmala Niketan Collaborating agencies: • Parents Association Thalassaemic Unit Trust (PATUT) Mumbai • GLENMARK • NIPRO • INBODY	HEALTH MELA Assessment of: Bone Mineral Density, Thalassaemia Anaemia, Blood Pressure, Random Blood Sugar, Eye Checkup Body Composition	14	300
Nutrition Education	Organizing unit: FND	Nutrition Education	2	40

Extension 15th 22nd March 2019	Department, College of Home science, Nirmala Niketan Collaborating agencies: ICDS	activities at ICDS, Badhwar Park, Colaba, Mumbai		
FOOD HYGIENE, FOOD PACKAGING AND FOOD LABELLING 792019	Organizing unit: FND Department, College of Home science, Nirmala Niketan Collaborating agencies: Niramaya Health Foundation, NGO	WORKSHOP conducted by students on FOOD HYGIENE, FOOD PACKAGING AND FOOD LABELLING For smallscale entrepreneurs in Mumbai	11	46
Activities for the elderly at an old age home (18122018)	Organizing unit: HD Department, College of Home science, Nirmala Niketan Collaborating agencies: Assisi Bhavan, Home for the Aged, Mumbai	Recreational activities conducted for the elderly at the old age home	1	25
Activities for the elderly at an old age home (18122018)	Organizing unit: HD Department, College of Home science, Nirmala Niketan Collaborating agencies: All Saints Home, Old Age Home, Mazgaon, Mumbai	Recreational activities conducted for the elderly at the old age home	1	25
Recreational cum educational sessions for children with cancer (08012019 15012019)	Organizing unit: HD Department, College of Home science, Nirmala Niketan Collaborating agencies: CanKi ds...KidsCan, National Society for "Change for Childhood Cancer in India", NGO, Parel, Mumbai	Recreational cum educational sessions for children with cancer sessions for children with cancer	1	50
Recreational activities	Organizing unit: HD	Recreational activities	1	50

conducted for individuals who are mentally and physically challenged (08012019 15012019)	Department, College of Home science, Nirmala Niketan Collaborating agencies: Shanti Daan, Mother Teresa's Missionaries of Charity, serving the unwanted, ailing, physically and mentally challenged, dying destitute of Mumbai	conducted for individuals who are mentally and physically challenged		
GAS SAFETY 1912019	Organizing unit: FND Department, College of Home science, Nirmala Niketan Collaborating agencies: Bharat Gas	GAS SAFETY WORKSHOP	2	70
Activities for underprivileged children (23012018)	Organizing unit: HD Department, College of Home science, Nirmala Niketan Collaborating agencies: Bhal Vikas Kendra's (Dist. Ahmedabad), Marie Adelaide Preschool, Vattaman, Vadodara District, Gujarat	Educational Recreational activities conducted for underprivileged children Activity corners (reading, science, math, clay, art and craft, water play, cooking) and Puppet show	1	12
Activities for street working children Two sessions: Morning afternoon (1222019)	Organizing unit: HD Department, College of Home science, Nirmala Niketan Collaborating agencies: Salaam Baalak, NGO for street working children, Mumbai	Recreational activities conducted for street working children Two sessions: Morning afternoon	1	50

Activities with Creche children (29012019 5022019)	Organizing unit: HD Department, College of Home science, Nirmala Niketan Collaborating agencies: Chuim Community Centre, Nirmala Niwas, Khar Danda, Mumbai	Activities with the Creche children (learning centres, storytelling, music movement)	1	50
Service to the community (23022019)	Organizing unit: HD Department, College of Home science, Nirmala Niketan Collaborating agencies: Gur Aasra, Home for Girls and Women, Chandigarh	Service to the community Recreational activities and cultural exchange activities conducted for girls women beneficiaries	2	53
Activities for individuals with Parkinson's Disease (05032019 12032019)	Organizing unit: HD Department, College of Home science, Nirmala Niketan Collaborating agencies: Parkinson's Disease and Movement Disorder Society (PDMDS), Shree Vardhaman Sthanakwasi Jain Shrivak Sangh, Borivali, Mumbai.	Recreational activities conducted for individuals with Parkinson's Disease activities conducted for individuals with Parkinson's Disease	2	50
Health Management of female youth	Organizing unit: HD Department, College of Home science, Nirmala Niketan Collaborating agencies: Chuim Community Centre, Nirmala Niwas, Khar Danda, Mumbai	Workshops with female working youth (Young women enrolled in tailoring classes at the Centre) (a) Introduction to basic Acupressure its use in managing minor ailments/ discomfort (b)	2	50

		Ergonomics, posture, related basic Yogasanas. (29012019:		
(a) Stress Management (b) Women's empowerment	Organizing unit: HD Department, College of Home science, Nirmala Niketan Collaborating agencies: Chuim Community Centre, Nirmala Niwas, Khar Danda, Mumbai	Workshops with female working youth (Young women enrolled in tailoring classes at the Centre) (a) Stress management (b) Dowry problems, domestic violence, save the girl child, relevant laws for women in regard to these issues (5022019: 3 to 5p	2	50
Textile Crafts Product Development	Organizing unit: TFT Department, College of Home science, Nirmala Niketan Collaborating agencies: Shri. Durga Vidya Mandir School (Thane)	School children taught textile craft and product development skills: Embroidery and fabric jewellery making 8/01/2019 9/01/2019	2	60
Textile Crafts Product Development	Organizing unit: TFT Department, College of Home science, Nirmala Niketan Collaborating agencies: Sidheshwar Vidhyalay (Thane)	School children taught textile craft and product development skills: block printing, stencil printing, and embroidery 8/01/2019 9/01/2019	2	16
Textile Crafts Product Development	Organizing unit: TFT Department, College of Home science, Nirmala Niketan Collaborating agencies: Holy	School children taught textile craft and product development skills: block printing, stencil	2	24

	Cross High School (Nalasopara), Mumbai	printing, and embroidery 8/01/2019 9/01/2019		
Importance of breastfeeding 7th August 2018	CRM Department, College of Home science, Nirmala Niketan Collaborating agencies: Family Service Centre, NGO	Awareness Program on Importance of breastfeeding	1	24
Developing Entrepreneurial Skills (14818)	CRM Department, College of Home science, Nirmala Niketan Collaborating agencies: Chuim Community Centre, Nirmala Niwas, Khar Danda, Mumbai	Developing Entrepreneurial Skills: Flower Making	1	32
JAGO GRAHAK JAGO Activity	CRM Department, College of Home science, Nirmala Niketan Collaborating agencies: JAGO GRAHAK JAGO, Consumer Support Portal, National Consumer Helpline [NCH], Government of India, Department of Consumer Affairs, Ministry of Consumer Affairs, Food	Workshops conducted by CRM students (trained by JAGO GRAHAK JAGO) on Food Adulteration and Fake Products for the participants attending the preconference conference "Reaching the Unreached". 29th, 30th, 31st August 2018	3	32
Reaching the Unreached: Consumer Awareness Program Jago Grahak Jago, Mera Right, Mera Hak	CRM Department, College of Home science, Nirmala Niketan Collaborating agencies: JAGO GRAHAK JAGO, Consumer Support Portal, National Consumer Helpline [NCH], Government of India,	Competitions conducted in different schools and colleges on 4 days to build consumer awareness (Jago Grahak Jago, Mera Haq Mera Right street play Role play Poster /painting	3	32

	Department of Consumer Affairs, Ministry of Consumer Affairs, Food Pu	competitions Slogan writing competitions) 24th, 25th, 27th 28th August		
Helped celebrate International Yoga Day (on days other than the 2162018) Week of 1562018	Organizing unit: NSS, College of Home science, Nirmala Niketan	Yoga Day	4	10
18718 Drug Abuse Workshop	Organizing unit: NSS, College of Home science, Nirmala Niketan	Helped conduct the Drug Abuse Workshop	4	4
Tree Plantation 18718	Organizing unit: NSS, College of Home science, Nirmala Niketan Venue: Residential area SK Patil Garden charni road	Tree Plantation	4	10
Tree Plantation 18718	Organizing unit: NSS, College of Home science, Nirmala Niketan Venue: Azad Maidan, CSMT	Sapling Collection	1	6
Enrolment in NSS 23718 to 26718	Organizing unit: NSS, College of Home science, Nirmala Niketan	Motivated Students for enrolment in NSS	4	59
Tree Plantation 24718 to 30718	Organizing unit: NSS, College of Home science, Nirmala Niketan Collaborating agencies: NSS, Sydenham College	Tree Plantation	1	12
Peace Rally, University 6818	Organizing unit: NSS, College of Home science, Nirmala Niketan	Peace Rally, University	1	20

	Collaborating agencies: NSS, University of Mumbai			
Eco Sustainability 12818 to 28818	Organizing unit: NSS, College of Home science, Nirmala Niketan Venue: Azad Maidan, CSMT	Cloth Bag Making	4	15
12818 Swachh Bharat	Organizing unit: NSS, College of Home science, Nirmala Niketan	Swachh Bharat Poster and Slogan Making Swachh Bharat Oath Taking for NSS volunteers	4	44
Swachh Bharat 13818	Organizing unit: NSS, College of Home science, Nirmala Niketan Venue: Cross Maidan to Fashion Khau Galli and back	Swachh Bharat Rally	2	44
Independence Day Celebration 14818	Organizing unit: NSS, College of Home science, Nirmala Niketan	Helped conduct the Independence Day Celebration	4	10
Red Ribbon Club Awareness 28818	Organizing unit: NSS, College of Home science, Nirmala Niketan	Conducted Red Ribbon Club Awareness Registration for students of the college	4	25
CardioPulmonary Resuscitation (CPR) WORKSHOP FirstAid Camp 722019	Organizing unit: FND Department, College of Home science, Nirmala Niketan Collaborating agencies: Precious Life Medihelp Training Centre, Mumbai	CPR WORKSHOP FirstAid Camp	4	82
RURAL CAMP AT Kolad, Maharashtra 1422019 to 1622019	Organizing unit: FND Department, College of Home science, Nirmala Niketan	RURAL CAMP Nutrition awareness programs for tribal women, adolescent	2	38

	Collaborating agencies: Jeevan Dhara Institute of Social Work, Kolad, DHM Centre	girls children		
Rural camp at Dervan, Maharashtra 21st 24th Feb	Organizing unit: FND Department, College of Home science, Nirmala Niketan Collaborating agencies: B. K. L. Walawalkar Rural Medical College Hospital, Dervan, Maharashtra.	RURAL CAMP Nutrition awareness program for Preschool children, Lactating mothers, Adolescent girls	2	20
BLOOD DONATION CAMP 2822019	Organizing unit: FND Department, College of Home science, Nirmala Niketan Assisting Unit: NSS, College of Home science, Nirmala Niketan Collaborating agencies: Sarla Blood Bank	BLOOD DONATION CAMP organised by students in the college	8	41
Textile craft and product development skills July 2018 to March 2019 Extended across months (1day per week)	Organizing unit: TFT Department, College of Home science, Nirmala Niketan Collaborating agencies: Seva Charitable Trust (Borivali) NGO, Mumbai	Textile craft and product development skills	2	5
Developing Entrepreneurial Skills (20818)	CRM Department, College of Home science, Nirmala Niketan Collaborating agencies: Chuim Community Centre, Nirmala Niwas, Khar Danda, Mumbai	Developing Entrepreneurial: Paper Bag Envelope Making Skills	1	32

Developing Entrepreneurial Skills (24918)	CRM Department, College of Home science, Nirmala Niketan Collaborating agencies: Chuim Community Centre, Nirmala Niwas, Chuim, Mumbai	Developing Entrepreneurial Skills: Jewellery Making	1	32
Developing Entrepreneurial Skills (11018)	CRM Department, College of Home science, Nirmala Niketan Collaborating agencies: Chuim Community Centre, Nirmala Niwas, Chuim, Mumbai	Developing Entrepreneurial Skills: Mela (Sale of Products)	1	32
RURAL CAMP AT Kolad 4th, 5th and 6th February'19	Organizing unit: CRM Department, College of Home science, Nirmala Niketan Collaborating agencies: Jeevan Dhara Institute of Social Work, Kolad, DHM Centre	RURAL CAMP Villages visited: Yashwantvadi Dhankanhe Mandavsheth Activities conducted: Children: Art craft activities, painting competition puppet show on Health and Sanitation, Importance of nutrition in diet Women: Income generating activi	1	24
Nutrition Education Extension 2012019	Organizing unit: FND Department, College of Home science, Nirmala Niketan Collaborating agencies: St Francis Xavier's Parish, Giriz, Vasai, Thane Dist.	Nutrition Education Extension with general population Ostemia - Nutrilook towards Osteoporosis and Anemia	1	20
Nutrition	Organizing	Nutrition	1	20

Education Extension 2712019	unit: FND Department, College of Home science, Nirmala Niketan Collaborating agencies: St Francis Xavier's Parish, Giriz, Vasai, Thane Dist.	Education Extension with general population Obesity and Diabetes - easy to gain difficult to lose		
Textile craft and product development skills July 2018 to March 2019 Extended across months (1day per week)	Organizing unit: TFT Department, College of Home science, Nirmala Niketan Collaborating agencies: Aaradhya Pratisthan (Kandivali), Mumbai	Textile craft and product development skills	2	5
Textile craft and product development skills July 2018 to March 2019 Extended across months (1day per week)	Organizing unit: TFT Department, College of Home science, Nirmala Niketan Collaborating agencies: Aasara Mahila Mandal (Ghatkopar), Mumbai	Textile craft and product development skills	2	5
Textile craft and product development skills July 2018 to March 2019 Extended across months (1day per week)	Organizing unit: TFT Department, College of Home science, Nirmala Niketan Collaborating agencies: SVRR Society for Vocational Rehabilitation of the Retarded (Tardeo), Mumbai	Textile craft and product development skills	2	5
Textile craft and product development skills: July 2018 to March 2019 Extended	Organizing unit: TFT Department, College of Home science, Nirmala Niketan	Textile craft and product development skills: Jute bag making apron stitching	2	5

across months (1day per week)	Collaborating agencies: Cheshire Homes India (Marol Andheri), Mumbai	embroidery stencil block printing.		
Textile craft and product development skills August 2018September 2018 (1day per week)	Organizing unit: TFT Department, College of Home science, Nirmala Niketan Collaborating agencies: Chuim Community Centre, Nirmala Niwas, Khar Danda, Mumbai	Textile craft and product development skills	2	5
Textile craft and product development skills February March 2019 (1day per week)	Organizing unit: TFT Department, College of Home science, Nirmala Niketan Collaborating agencies: Jijabai Mahila Utpadak Bachat Gat (Chembur East), Mumbai	Textile craft and product development skills	2	5
Textile craft and product development skills March 2019 (1day per week)	Organizing unit: TFT Department, College of Home science, Nirmala Niketan Collaborating agencies: Women's India Trust (Mahim), Mumbai	Textile craft and product development skills: Fabric Painting, Hand Embroidery, Patchwork, Advanced Ornamental Smocking, Satin ribbon embroidery, Stencil printing	2	5
Rural Camp at Kharasgaon 13/12/2018 14/12/2018	Organizing unit: TFT Department, College of Home science, Nirmala Niketan Collaborating agencies: Gyanjyoti Community College, Kharasgaon,	Rural camp: Textile craft and product development skills	3	24

	Maharashtra			
Gandhiji's Khadi Movement: Nai Taleem	Organizing unit: TFT Department, College of Home science, Nirmala Niketan Collaborating agencies: Shishuvan School (Matunga), Mumbai	(a) Hand spinning and weaving of Khadi taught to school children. (b) Embellishing Khadi fabric using: block printing stencil painting liquid embroidery (c) Knotting braiding techniques for jewellery making with Khadi yarn. 2/10/2018	2	50
International Yoga Day Celebration 2162018	Organizing unit: FND Department, College of Home science, Nirmala Niketan Assisting Unit: NSS, College of Home science, Nirmala Niketan	International Yoga Day Celebration	8	150
Breastfeeding Week Sessions 7818	Organizing unit: FND Department, College of Home science, Nirmala Niketan Assisting Unit: NSS, College of Home science, Nirmala Niketan Collaborating agencies: SMBT (Shrimati Malati Dahanukar Trust India)	Breastfeeding Week	14	150
ANTILEPROSY CAMPAIGN August 2018	Organizing unit: FND Department, College of Home science, Nirmala Niketan Collaborating agencies: ALERT India	ANTILEPROSY CAMPAIGN	2	250

RURAL CAMP AT NANDURBAR, Maharashtra 2992018 to 3102018	Organizing unit: FND Department, College of Home science, Nirmala Niketan Collaborating agencies: Jeevan Vidya Trust, Nandurbar, Maharashtra (DHM Centre)	RURAL CAMP Nutrition awareness programs for tribal women and adolescent girls	1	12
MUMBAI MOBILE Crèches - CAPACITY BUILDING WORKSHOP 15122018	Organizing unit: FND Department, College of Home science, Nirmala Niketan (FND TY BSc students) Collaborating agencies: Mumbai Mobile Crèches	MUMBAI MOBILE Crèches - CAPACITY BUILDING WORKSHOP conducted by students for Mobile Crèches workers	4	30
NSS Rural Camp: 191118 to 251118	Organizing unit: NSS, College of Home science, Nirmala Niketan Kharasgaon Rural Camp Collaborating agencies: Gyan Jyoti Community College Kharasgaon village, Maharashtra	Rural Camp (a) Street plays on superstition, child marriage, illeffects of alcohol, taddi, drugs and gutka for villagers. (b) Street play on Health and Hygiene , Nutrition, Women's Empowerment and Solar Energy for villagers. (c) Street play and a	1	18
Community work 11218	Organizing unit: NSS, College of Home science, Nirmala Niketan Collaborating agencies: Chuim Community Centre, Nirmala Niwas, Chuim, Mumbai	Helped conduct Anand Utsav at Chuim Community Centre, Nirmal Niwas, Khar Danda	1	18

3.5 – Collaborations

3.5.1 – Number of Collaborative activities for research, faculty exchange, student exchange during the year

Nature of activity	Participant	Source of financial support	Duration
Doctoral Research (FND Department) materials sponsored by the Food Industry access to research laboratories	2	Bhabha Atomic Research Center (BARC), Trombay, Mumbai	1
Doctoral Research (FND Department) materials sponsored by the Healthcare Industry access to research laboratories	2	K. J. Somaiya Hospital Research Centre, Mumbai	1
Doctoral Research (FND Department) materials sponsored by the Healthcare Industry	2	Mehtalia Diabetes Clinic, Mumbai	1
Doctoral Research (HD Department) materials and data collection/analysis sponsored by an Education Charity	2	Aga Khan Education Society India (AKESI)	1
MSc Research (TFT Department) materials sponsored by Textile Industry	4	Dystar Co. Pvt. Ltd. (India), Thane	1
MSc Research (TFT Department) materials sponsored by Textile Industry	4	Apna Organic Pvt. Ltd. Mumbai	1
MSc Research (TFT Department) materials sponsored by Textile Industry	1	Helios Biochem, Thane	1
MSc Research (TFT Department) materials sponsored by Textile Industry	4	Rossari Biotech India Pvt. Ltd., Mumbai	1
MSc Research (TFT Department) materials sponsored by Textile Industry	5	Archroma, MNC, HQ Switzerland	1
MSc Research (TFT Department) materials sponsored by Textile Industry	2	Vrijesh Corporation, Mumbai	1
MSc Research (TFT	5	Sarex Chemicals,	1

Department) materials sponsored by Textile Industry		Mumbai	
MSc Research (TFT Department) materials sponsored by Textile Industry	5	Sam Higginbottom University of Agriculture, Technology and Sciences, Allahabad, U.P.	1

3.5.2 – Linkages with institutions/industries for internship, on-the- job training, project work, sharing of research facilities etc. during the year

Nature of linkage	Title of the linkage	Name of the partnering institution/ industry /research lab with contact details	Duration From	Duration To	Participant
Community Service	Community Service	Gur Aasra, Home for Girls and Women, Chandigarh	23/02/2019	23/02/2019	55
Fieldbased Activity for Practicum	Practicum	Parkinson's Disease and Movement Disorder Society (PDMDS), Shree Vardhaman Sthanakwasi Jain Shrivak Sangh, Borivali, Mumbai	05/03/2019	05/03/2019	51
Practicum Workshops for Building Sensitivity	Practicum Workshops for Building Sensitivity	St. Xaviers Resource Centre for the Visually Challenged	04/03/2019	20/04/2019	103
Extension	Extension	Chuim Community Centre, Nirmala Niwas, Khar Danda, Mumbai	06/08/2018	05/02/2019	110
Internship for TFT Students	Internship Training	Poonam Apparels Malad (East), Mumbai	11/05/2019	14/06/2019	2
Internship	Internship	House of	13/05/2019	13/06/2019	1

for TFT Students	Training	Anita Dongre Ltd. Rabale, Navi Mumbai			
Internship for CRM Students	Internship Training	Ramada Hotel and Convention Centre, Powai	02/11/2018	02/12/2018	4
Internship for TFT Students	Internship Training Extension/DLLE	Seva Charitable Trust Borivali East, Mumbai	07/07/2018	30/03/2019	7
Internship for TFT Students	Internship Training	Creative Garments Lower Parel, Mumbai	14/05/2018	13/06/2019	1
Internship for TFT Students	Internship Training	Textiles Committee, Prabhadevi, Mumbai	15/05/2019	19/06/2019	2
Internship for TFT Students	Internship Training	Happy Threads 4supermom 4 u foundation Fort, Mumbai	06/05/2019	15/06/2019	1
Internship for TFT Students	Internship Training	Hetal Photo Art, Bora Bazar Street, Fort, Mumbai	04/05/2019	07/06/2019	1
Internship for TFT Students	Internship Training	Ruby Mills Ltd., Dadar West, Mumbai	22/05/2019	24/06/2019	1
Internship for TFT Students	Internship Training	NJOY3D 108 Mulund West, Mumbai	14/05/2019	18/06/2019	1
Internship for TFT Students	Internship Training	Texzone Information Services Pvt. Ltd., Mumbai	05/06/2019	05/07/2019	4
Internship for TFT Students	Internship Training	PlanetE Borivali (West), Mumbai	11/06/2019	23/07/2019	1
Fieldwork/Extension of TFT Students	DLLE Activity	Shishuvan School (Matunga), Mumbai	02/10/2018	02/10/2018	54
Fieldwork/Extension of TFT Students	DLLE Activity	Durga Vidya Mandir School	08/01/2019	09/01/2019	18

		(Thane)			
Fieldwork/Extension of TFT Students	DLLE Activity	Siddheshwar English High School (Thane)	08/01/2019	09/01/2019	18
Fieldwork/Extension of TFT Students	DLLE Activity	Holy Cross High School (Nalasopara), Mumbai	08/01/2019	09/01/2019	26
Fieldwork/Extension of TFT Students	DLLE Activity	Aaradhya Pratisthan (Kandivali), Mumbai	07/07/2018	30/03/2019	6
Fieldwork/Extension of TFT Students	DLLE Activity	Aasara Mahila Mandal (Ghatkopar), Mumbai	07/07/2018	30/03/2019	6
Fieldwork/Extension of TFT Students	DLLE Activity	Jijabai Mahila Utpadak Bachat Gat (Chembur), Mumbai	09/02/2019	30/03/2019	6
Fieldwork/Extension of TFT Students	DLLE Activity	SVRR Society for Vocational Rehabilitation of the Retarded (Tardeo), Mumbai	07/07/2018	30/03/2019	6
Fieldwork/Extension of TFT Students	DLLE Activity	Women's India Trust (WIT) (Mahim), Mumbai	02/03/2019	30/03/2019	6
Fieldwork/Extension of TFT Students	DLLE Activity	Cheshire Homes India (Marol Andheri), Mumbai	07/07/2018	30/03/2019	6
Fieldwork/Extension of TFT Students	DLLE Activity	Gyanjyoti Community College, Kharasgaon, Maharashtra	13/12/2018	14/12/2018	26
Seminars/ Workshops	Preconference Workshop	Pidilite Pvt. Ltd.	30/08/2018	30/08/2018	63
Seminars/ Workshops	Workshops conducted by Master Craftspersons	Paramparik Karigar	11/08/2018	11/08/2018	63

	(National Awardees) for students				
Seminars/ Workshops	National Conference	Society of Dyers and Colourists (EC) Mumbai	31/08/2018	15/03/2019	63
Seminars/ Workshops/Fashion Shows	International Symposium sponsored by UNESCO	St. Andrews College, Bandra, Mumbai	22/01/2019	22/01/2019	63
Seminars/ Workshops/Fashion Shows	Fashion Show	Institute of Chemical Technology Mumbai	30/03/2019	30/03/2019	57
Seminars/ Workshops/Fashion Shows	Jamboree 2019	Sophia Polytechnic College, Mumbai	16/03/2019	16/03/2019	63
Seminars/ Workshops/Fashion Shows	Jamboree 2019	Nirmala Niketan Polytechnic, Mumbai	16/03/2019	16/03/2019	63
Seminars/ Workshops/Fashion Shows	Jamboree 2019	Synthetic Art Silk Mills Research Association (SASMIRA)	16/03/2019	16/03/2019	63
Seminars/ Workshops/Fashion Shows	Jamboree 2019	National Institute of Interior And Fashion Designing (NIIFD)	16/03/2019	16/03/2019	63
Internship for CRM Students	Internship Training	The Oberoi Hotels, Mumbai	02/11/2018	02/12/2018	2
Internship for CRM Students	Internship Training	Trident, Mumbai	02/11/2018	02/12/2018	1
Internship for CRM Students	Internship Training	The Park, Navi Mumbai	02/11/2018	02/12/2018	1
Internship for CRM Students	Internship Training	Holiday Inn, Mumbai International Airport	02/11/2018	02/12/2018	3
Internship for CRM Students	Internship Training	Hyatt Regency, Mumbai	02/11/2018	02/12/2018	1

Internship for CRM Students	Internship Training	Grand Hyatt, Mumbai	02/11/2018	02/12/2018	5
Internship for CRM Students	Internship Training	Hotel Novotel, Mumbai	02/11/2018	02/12/2018	3
Internship for CRM Students	Internship Training	Meluha - The Fern, Powai	02/11/2018	02/12/2018	1
Internship for CRM Students	Internship Training	The Lalit, Mumbai	02/11/2018	02/12/2018	1
Internship	FND MSc Student Internships Hospital	Nair Hospital, Mumbai.	06/05/2019	15/06/2019	4
Internship	FND MSc Student Internships Hospital	KEM Hospital, Mumbai.	06/05/2019	15/06/2019	3
Internship	FND MSc Student Internships Hospital	Breach Candy Hospital, Mumbai.	06/05/2019	15/06/2019	2
Internship	FND MSc Student Internships Hospital	Bhatia Hospital, Mumbai.	06/05/2019	15/06/2019	2
Internship	FND MSc Student Internships Hospital	Bombay Hospital, Mumbai.	06/05/2019	15/06/2019	1
Internship	FND MSc Student Internships Hospital	Jupiter Hospital, Mumbai.	06/05/2019	15/06/2019	2
Internship	FND MSc Student Internships Hospital	Tata Actrec Hospital, Mumbai.	06/05/2019	15/06/2019	1
Internship	FND MSc Student Internships Hospital	SRCC Hospital, Mumbai.	06/05/2019	15/06/2019	1
Internship	FND MSc Student Internships Hospital	Sushrusa Hospital, Mumbai.	06/05/2019	15/06/2019	2
Internship	FND MSc Student Internships Hospital	Dr. Gadge's Diabetic Care and Research	06/05/2019	15/06/2019	1

		Centre, Mumbai.			
Internship	FND MSc Student Internships Fitness Center	Qi Life CARE, Mumbai.	06/05/2019	15/06/2019	4
Internship	FND MSc Student Internships Fitness Center	Gauri Murthy's Wellness Fitness Center Sports Nutrition Center, Mumbai	06/05/2019	15/06/2019	2
Internship	FND MSc Student Internships Fitness Center	Freedom Wellness Management, Mumbai.,	06/05/2019	15/06/2019	10
Internship	FND MSc Student Internships Fitness Center	Zymin Fitness Pvt Ltd., Mumbai	06/05/2019	15/06/2019	2
MSc Research	Dissertation Academic institutes	Jai Hind College, Mumbai	06/06/2018	30/03/2019	2
MSc Research	Dissertation Academic institutes	St. Xaviers College, Mumbai	06/06/2018	30/03/2019	1
MSc Research	Dissertation Academic institutes	Ramnarain Ruia College, Mumbai	06/06/2018	30/03/2019	1
MSc Research	Dissertation Academic institutes	Bhavans College, Mumbai	06/06/2018	30/03/2019	1
MSc Research	Dissertation Academic institutes	K.J. Somaiya College, Mumbai	06/06/2018	30/03/2019	1
MSc Research	Dissertation Academic institutes	BMN College of Home Science, Mumbai	06/06/2018	30/03/2019	4
Doctoral Research	Ph.D. Thesis Research Centre	BARC, Mumbai	06/06/2018	30/04/2019	1
Master's Research and Extension	Master's Research and Extension NGO	Paraplegic Foundation, Mumbai.	06/06/2018	30/03/2019	1

Master's Research and Extension	Master's Research and Extension NGO	St. Jude Cancer Care Centre	06/06/2018	30/03/2019	2
Sharing of research facilities	Project	Astrum Healthcare Pvt Ltd., Mumbai	07/09/2018	01/10/2018	2
Sharing of expertise Extension Activities	Project	Mumbai Mobile Crèches, NGO, Mumbai Department of Foods, Nutrition Dietetics	01/09/2018	18/10/2018	2
Workshop	Workshop	Niramaya Health Foundation, NGO	07/09/2018	07/09/2018	46
Blood Donation	Blood Donation	Sarla Blood Bank	28/02/2019	28/02/2019	33
Health Checkup	Health Mela	Parents Association Thalassaemic Unit Trust (PATUT) Mumbai	28/02/2019	01/03/2019	300
Health Checkup	Health Mela	GLENMARK, Mumbai	28/02/2019	01/03/2019	300
Health Checkup Health Checkup	Health Mela	NIPRO, Mumbai	28/02/2019	01/03/2019	300
Health Checkup	Health Mela	INBODY, Mumbai	28/02/2019	01/03/2019	300
Health Checkup	Health Mela	LIONS CLUB, Mumbai	28/02/2019	01/03/2019	300
Extension	Rural/tribal camp	Jeevan Vidya Trust, Nandurbar, Maharashtra (DHM Centre) FND MSc students	29/09/2018	03/10/2018	12
Extension	Rural/tribal camp	Jeevan Dhara Institute of Social Work, Kolad, DHM Centre TY students FND CRM	04/02/2019	06/02/2019	62

Extension	Rural/tribal camp	B. K. L. Walawalkar Rural Medical College Hospital, Dervan, Maharashtra.	21/02/2019	24/02/2019	20
Doctoral Research	Doctoral Research	The Promise Foundation, Bangalore	06/06/2018	29/09/2018	1
Doctoral Research	Doctoral Research	Don Bosco Rural Youth Services, Ahmadnagar, Maharashtra	06/06/2018	29/09/2018	1
HD MSc2 Internship	HD MSc2 Internship	Adhata Trust, NGO, Nerul, Sion, Andheri, Matunga, Deonar, Saki Naka, Thane	06/06/2018	30/03/2019	1
HD MSc2 Internship	HD MSc2 Internship	Lighthouse Arts Based Therapy Centre, Mumbai, Ms. Zill Botadkar, Co unsellor/Art sBased Therapist Educator, Mumbai	23/07/2018	30/03/2019	1
HD MSc2 Internship	HD MSc2 Internship	iLeap-Enriched After School Care, Andheri, Mumbai	23/07/2018	30/03/2019	1
HD MSc2 Internship	HD MSc2 Internship	British Journal of Guidance Counselling, Routledge, Taylor Francis, UK	23/07/2018	30/03/2019	1
HD MSc2 Internship	HD MSc2 Internship	Counsellor Ms. Shrooti Desai, Borivali West, Mumbai	23/07/2018	30/03/2019	2
HD MSc2 Internship	HD MSc2 Internship	Aarna Foundation,	23/07/2018	30/03/2019	1

		NGO, Mumbai			
Student Placement	Placement with a Mental Health Professional for the Counselling Practicum I	Ms. Anvita Janardhanan Clinical Psychologist Mumbai Psychiatry Clinic A2001 Anand Nagar RMMS Opp. Vijaya Bank Dahisar East-400068 Mumbai	23/07/2018	29/09/2018	2
Student Placement	Placement with a Mental Health Professional for the Counselling Practicum II	Ms. Sophia Peermohideen Counsellor, AK Diagnostics, Wadala East, Mumbai	17/12/2018	30/03/2019	11
Student Placement	Placement with a Mental Health Professional for the Counselling Practicum I	Ms. Jasmine Khattar Dr. Trinjhna Khattar Counsellors, Institute for Exceptional Children, 2A Chandra Niwas Church Road, Andheri East, Mumbai 400059	23/07/2018	29/09/2018	4
Student Placement	Placement with a Mental Health Professional for the Counselling Practicum I II	Ms. Pooja Solanki, Child Counsellor 702, Doshi Darshan Heritage S.B.S. Road Opp. 4th Pasta Lane Colaba Mumbai 400005	20/08/2018	30/03/2019	4
Student Placement	Placement with a Mental Health Professional for the	Dr. Denu Matthew, Counsellor, Udisha Project Prakash	23/07/2018	30/03/2019	1

	Counselling Practicum I II	Kiran St. Pius Complex Aarey Road Goregoan (East) Mumbai 400063 Parivartan Charitable Society Malad Mumbai			
Student Placement	Placement with a Mental Health Professional for the Counselling Practicum II	Ms. Dipti Veera Counseling Psychologist Visage Counselling Centre Matunga (SAA Polyclinic) Andheri West (Star Diagnostic Centre).	17/12/2018	30/03/2019	1
Student Placement	Placement with a Mental Health Professional for the Counselling Practicum II	Ms. Swati Khanolkar In Vivo - Mumbai Centre for REBT (Affiliated to Albert Ellis Institute, New York)	09/03/2019	30/03/2019	6
Student Placement	Placement with a Mental Health Professional for the Counselling Practicum II	Streechetana , Marital and Family Therapy Centre, Hashu Advani School for Hearing Impaired, Collectors Colony, Chembur, Mumbai	01/03/2019	30/03/2019	13
Student Placement	Placement with a Mental Health Professional for the Counselling Practicum I	Ms. Sarah Inam Syed Clinical Psychologist UntanglePsyc hotherapy Counseling Clinic C/O	23/07/2018	29/09/2018	1

		Kulhari Speciality Counseling and Consultancy 405, NCCP Society Ltd Agarwal Corner Plot East Sector 21 Nerul Navi Mumbai			
Student Placement	Placement with a Mental Health Professional for the Counselling Practicum I	Ms. Neeru Chheda Counsellor Mayur Pankh Ground Floor, Modhvanik Vidyarathi Bhavan, Next to Yogi Sabhagrah, Near Swami Narayani Temple Dadar (E) Railway Station. Dadar East, Mumbai 400014	23/07/2018	29/09/2018	1
Student Placement	Placement with a Mental Health Professional for the Counselling Practicum I	Dr. Sheena Mishra Ghosh Clinical Psychologist Apollo Hospital E. C. Centre Salt Lake Kolkata, W. Bengal	29/10/2018	10/11/2018	1
Placement	Practicum	Childrens Academy (School), Malad (East), Mumbai	31/07/2018	25/10/2018	26
Placement	Practicum	Children's Academy School (School), Kandivli, Mumbai	31/07/2018	25/07/2019	26
Placement	Practicum	St. John's Universal, Preprimary	03/09/2018	24/10/2018	13

		School, SV Road, Goregaon West, Mumbai 400104.			
Internship	Onthejob training	Life Trust (NGO in the area of educating children). BBl, Neelam centre, S.K. Ahire Marg, Worli, Mumbai 400025	09/01/2019	30/03/2019	2
Internship	Onthejob training	Arpan (largest NGO addressing the phenomenon of Child Sexual Abuse [CSA] in the country) Delta Chemicals Pvt Ltd., J/1, Cama Industrial Zone, Off. Valbhatt Road, Goregaon East, Mumbai 400063	09/01/2019	30/03/2019	1
Internship	Onthejob training	Sakhya Women's Guidance cell (NGO working in the area of women's rights dowryrelated harassment domestic violence) 1st floor, The Silvester Smurti, Kalamb road opp. Police chowki, Nalasopara West 401304	09/01/2019	30/03/2019	2

Internship	Onthejob training	Aangan Trust (NGO working in the area of child safety protection). 101, Arun Chambers, 1st floor, Tardeo Rd, Janata Nagar, Tardeo, Mumbai, Maharashtra 400034	09/01/2019	30/03/2019	2
Internship	Onthejob training	Bright Future (NGO working in the area of adolescent education work readiness) Ghatkopar Mumbai	09/01/2019	30/03/2019	1
Internship	Onthejob training	Family Service Centre. Eucharistic Congress Building No. III 5, Convent Street. Mumbai: 400 001	08/07/2018	30/03/2019	27
Internship	Onthejob training	Vidya NGO (working to empower the vulnerable to create social change) Nair Welfare Society, Navy compound near powai English high school, Next to Shiv Krishna, Dairy IIT Market area, Powai. 400076	09/01/2019	30/03/2019	2

Fieldbased Activity for Practicum	Practicum	Assisi Bhavan, Home for the Aged, Mumbai	18/12/2018	18/12/2018	26
Fieldbased Activity for Practicum	Practicum	All Saints Home, Old Age Home, Mazgaon, Mumbai	18/12/2018	18/12/2018	26
Fieldbased Activity for Practicum	Practicum	CanKids...Kids Can, National Society for Change for Childhood Cancer in India", NGO, Parel, Mumbai	08/01/2019	15/01/2019	52
Fieldbased Activity for Practicum	Practicum	Shanti Daan, Mother Teresa's Missionaries of Charity, Mumbai	08/01/2019	15/01/2019	51
Rural Extension	Rural Extension	Bhal Vikas Kendra's (Dist. Ahmedabad), Marie Adelaide Preschool, Vattaman, Vadodara District, Gujarat	21/01/2019	23/01/2019	13
Fieldbased Activity for Practicum	Practicum	Salaam Baalak, NGO for street working children, Mumbai	12/02/2019	12/02/2019	26
Project Work Extension	Linkage with Department of Lifelong Learning and Education	Department of Lifelong Learning and Education	06/06/2018	30/03/2019	35
Extension Seminars	Consumer Protection	Council for Fair Business Practices (CFBP)	06/06/2018	30/03/2019	35
Extension Seminars	Consumer Protection	Consumer Guidance	06/06/2018	30/03/2019	35

		Society of India (CGSI)			
Extension	Extension	ICDS, Goregaon Malad, Mumbai	06/06/2018	30/03/2019	35
Knowledge Sharing, Training Extension related to Consumer awareness of Food Adulteration	Extension	Jago Grahak Jago, Consumer Support Portal, National Consumer Helpline [NCH], Government of India, Department of Consumer Affairs, Ministry of Consumer Affairs, Food Public Distribution	24/08/2018	31/08/2019	35
Internship	FND MSc Student Internships Food Industries	Modern Foods Enterprises Pvt Ltd., Mumbai	06/05/2019	15/06/2019	1
Internship	FND MSc Student Internships Food Industries	Mondelez Int ernational, Mumbai	06/05/2019	15/06/2019	1
Internship	FND MSc Student Internships Food Industries	Maverix Platforms Pvt Ltd, Mumbai.,	06/05/2019	15/06/2019	4
Internship	FND MSc Student Internships Food Industries	Equinox	06/05/2019	15/06/2019	3
Internship	FND MSc Student Internships Food Industries	Full House Restaurants Pvt.Ltd.	06/05/2019	15/06/2019	1
Internship	FND MSc Student Internships Food Industries	National Collateral Management Services Ltd.	06/05/2019	15/06/2019	3

Internship	FND MSc Student Internships Food Industries	Dabur India Pvt Ltd, Mumbai.,	06/05/2019	15/06/2019	1
Internship	FND MSc Student Internships Food Industries	Revival Nutriscpirit, Mumbai .,	06/05/2019	15/06/2019	2
Internship	FND MSc Student Internships Food Industries	Galaxy Cloud Kitchens Ltd, Mumbai. Galaxy Cloud Kitchens Ltd, Mumbai.	06/05/2019	15/06/2019	7
Internship	FND MSc Student Internships Hospital	Sir H.N.Reliance Foundation Hospital and Research center, Mumbai.,	06/05/2019	15/06/2019	5
Internship	FND MSc Student Internships Hospital	Prince Aly Khan Hospital, Mumbai.	06/05/2019	15/06/2019	2
View File					

3.5.3 – MoUs signed with institutions of national, international importance, other universities, industries, corporate houses etc. during the year

Organisation	Date of MoU signed	Purpose/Activities	Number of students/teachers participated under MoUs
Lighthouse Arts Based Therapy Centre, Mumbai	31/01/2018	One Year Course on Arts Based Therapy certifying students to be ABT Practitioners	21
MGM School of Biomedical Sciences and Clinical Nutrition, Navi Mumbai	04/04/2019	Providing technical support and facility for UG PG students, providing training for prospective students in speciality departments of MGM SBSCN	152
MGM School of Biomedical Sciences and Clinical Nutrition, Navi Mumbai	01/07/2019	Providing technical support and facility for UG PG students, providing training for	152

		prospective students in speciality departments of MGM SBSCN	
K.J. Somaiya College of Science and Commerce, Autonomous	17/07/2019	Sharing of Academic expertise for teaching, Coguideship for M.Sc. Research, Laboratory facility, Library facility, industrial and research projects collaboration	54
Orange Tree Image, Mumbai	15/02/2019	Course on Personal Styling Grooming and Fitness	45
View File			

CRITERION IV – INFRASTRUCTURE AND LEARNING RESOURCES

4.1 – Physical Facilities

4.1.1 – Budget allocation, excluding salary for infrastructure augmentation during the year

Budget allocated for infrastructure augmentation	Budget utilized for infrastructure development
550000	1659070

4.1.2 – Details of augmentation in infrastructure facilities during the year

Facilities	Existing or Newly Added
Campus Area	Existing
Class rooms	Existing
Laboratories	Existing
Seminar Halls	Existing
Classrooms with LCD facilities	Existing
Classrooms with Wi-Fi OR LAN	Existing
Seminar halls with ICT facilities	Existing
Number of important equipments purchased (Greater than 1-0 lakh) during the current year	Newly Added
Value of the equipment purchased during the year (rs. in lakhs)	Newly Added

4.2 – Library as a Learning Resource

4.2.1 – Library is automated {Integrated Library Management System (ILMS)}

Name of the ILMS software	Nature of automation (fully or patially)	Version	Year of automation
SLIM21	Fully	3.5.0.33040	2009

4.2.2 – Library Services

Existing	84	1	2	1	1	2	4	50	19
Added	12		1						
Total	96	1	3	1	1	2	4	50	19

4.3.2 – Bandwidth available of internet connection in the Institution (Leased line)

50 MBPS/ GBPS

4.3.3 – Facility for e-content

Name of the e-content development facility	Provide the link of the videos and media centre and recording facility
NIL	NIL

4.4 – Maintenance of Campus Infrastructure

4.4.1 – Expenditure incurred on maintenance of physical facilities and academic support facilities, excluding salary component, during the year

Assigned Budget on academic facilities	Expenditure incurred on maintenance of academic facilities	Assigned budget on physical facilities	Expenditure incurred on maintenance of physical facilities
260000	592432	1350000	1273898

4.4.2 – Procedures and policies for maintaining and utilizing physical, academic and support facilities - laboratory, library, sports complex, computers, classrooms etc. (maximum 500 words) (information to be available in institutional Website, provide link)

The governing body of College along with the Principal decide the guidelines for overall development and accordingly frame policies based on guidelines of UGC, University of Mumbai. There are different committees to look into maintenance and other infrastructural facilities. 1. Purchase Committee The committee scrutinizes the proposal of fund utilization based on need and requirement to ensure optimal utilization of funds allocated to the respective departments each academic year. The decision is finalized on the basis of quotations. 2. Library Advisory Committee The library has advisory committee with a Librarian as convener and faculty members nominated as member of the committee by principal. This committee meet to discuss the function, requirements, utilization of resources, distribution of funds and other matter pertaining to the library. 3. Infrastructural Guidelines and policies (For use, repair and maintenance) • Use of LIFT: College has front lift and Rear lift. Students are allowed to use the rear lift and front lift up to the 5th floor for only going upward direction on regular basis. In case of physically disabled students and students with medical issues, lift can be used up to 7th floor both ways. • Use of classrooms: Class representatives have to report any breakages/ nonfunctioning of instruments (LCD) in maintenance register and report to the concerned authority. • Use of Mobile Phones in College Premises: Students are permitted to use mobile phones ONLY in the lobby on the ground floor, the common room and on the landings at any time during the day phones may also be used in other places during the break from 10.30 am - 11.00 am. Phones are to be SWITCHED OFF and placed in the bag DURING CLASS HOURS. Students are permitted to charge their phones only in the common room. Students are responsible for the safekeeping of their mobile phones. • Use of Laboratories Students are not permitted in the laboratories without the presence of the faculty teacher. The M. Sc. and PhD students can use the laboratory and equipment's only by prior booking of lab and placing a requisition for equipment's to be used. There are written rule to be followed by the students in the laboratories. The College has MOUs for sharing of laboratories with other educational institutes. • WASTE DISPOSAL : The college

is now following the BMC Rule to use wet and Dry Garbage Bins. The college library has grievance redressal mechanism where students can consult any problems related to library and its services. The maintenance required for equipment's/installations/repair/servicing/annual maintenance and other infrastructural facilities is reported in maintenance book. There is a dead stock register maintained where nonfunctional equipment's are mentioned. The maintenance of infrastructure facilities like toilet blocks, equipment, furniture, replacement of fire extinguishers, electric work, plumbing, aqua guard, water cooler, water tank is on contract basis. Accession records are maintained at the purchase for library as well as for all laboratories.

<https://www.nirmalaniketan.com/about/facilities-procedures-policies.pdf>

CRITERION V – STUDENT SUPPORT AND PROGRESSION

5.1 – Student Support

5.1.1 – Scholarships and Financial Support

	Name/Title of the scheme	Number of students	Amount in Rupees
Financial Support from institution	Merit and Need Based Scholarships	53	85350
Financial Support from Other Sources			
a) National	Government Scholarships	19	1031821
b) International	Nil	0	0
View File			

5.1.2 – Number of capability enhancement and development schemes such as Soft skill development, Remedial coaching, Language lab, Bridge courses, Yoga, Meditation, Personal Counselling and Mentoring etc.,

Name of the capability enhancement scheme	Date of implementation	Number of students enrolled	Agencies involved
Session on Classroom to Cubicle	07/02/2019	183	Prism Technologies (Mr. Savio Farnandes 9820808616)
Session on CV Writing and Interview Facing Skills	18/03/2019	119	Hugo Fernandes (9821343601)
Shades of Entrepreneurship	28/09/2018	64	Department of Textile and Fashion Technology, College of Home Science, Nirmala Niketan and Society of Dyers and Colourists (Dr. Suman Mundkur (9820638020)
Nutrition and Food Safety Workshop for the Workers of Mumbai Mobile Creches	03/08/2018	40	Department of Food, Nutrition and Deitetics, College of Home Science, Nirmala Niketan (Dr. Veena Yardi

			9821280393)
Jamboree Haat	07/02/2019	64	Department of Textile and Fashion Technology, College of Home Science, Nirmala Niketan (Dr. Ela Dedhia 9619492951)
CRM Market	28/02/2019	32	Department of Community Resource Management, College of Home Science, Nirmala Niketan (Ms. Sunita Jaiswal 9820424603)
Jamboree 2019	16/03/2019	64	Department of Textile and Fashion Technology, College of Home Science, Nirmala Niketan (Dr. Ela Dedhia 9619492951)
Individual/Group Remedial Sessions	04/07/2018	88	Faculty of College of Home Science, Nirmala Niketan
Yoga Day Inaugural Function	15/06/2018	5	Kaivalyadham Yoga Centre (Dr. Satish Kolte 9821086024)
Yoga Training Camp	15/06/2018	3	Kaivalyadham Yoga Centre (Dr. Satish Kolte 9821086024)
Valedictory Program At University of Mumbai, Kalina	21/06/2018	6	University of Mumbai, Kalina (Dr. Satish Kolte 9821086024)
Celebration of 4th International Day of Yoga	21/06/2018	80	NSS Unit, Diet Counseling Centre, College of Home Science, Nirmala Niketan (Dr. Pratima Goyal 9892397098)
Five Day Yoga Workshop in College	17/12/2018	20	NSS Unit, College of Home Science, Nirmala Niketan (Dr. Pratima Goyal 9892397098)
Yoga Sadbhavna Demonstration Session	02/02/2019	18	University of Mumbai, University Sports Pavilion, Marine Lines (Dr. Satish Kolte 9821086024)

Personal Counselling	06/07/2018	40	Counsellor, College of Home Science, Nirmala Niketan (Venita Pereira 9819888730)
View File			

5.1.3 – Students benefited by guidance for competitive examinations and career counselling offered by the institution during the year

Year	Name of the scheme	Number of benefited students for competitive examination	Number of benefited students by career counseling activities	Number of students who have passed in the comp. exam	Number of students placed
2018	Shades of Entrepreneurship	0	64	0	0
2019	Session on Classroom to Cubicle	0	183	0	0
2019	Session on CV Writing and Interview Facing Skills	0	119	0	0
2019	Placement Drive	0	168	0	17

[View File](#)

5.1.4 – Institutional mechanism for transparency, timely redressal of student grievances, Prevention of sexual harassment and ragging cases during the year

Total grievances received	Number of grievances redressed	Avg. number of days for grievance redressal
0	0	0

5.2 – Student Progression

5.2.1 – Details of campus placement during the year

On campus			Off campus		
Name of organizations visited	Number of students participated	Number of students placed	Name of organizations visited	Number of students participated	Number of students placed
Jeevandeep Edumedia Pvt. Ltd. Wellthy Therapeutics Pvt. Ltd. Parsi Dairy The Wishing Factory Hexagon	161	17	Zodiac Clothing	7	

Nutrition
Pvt. Ltd.
Solitaire
Media Ent.

[View File](#)

5.2.2 – Student progression to higher education in percentage during the year

Year	Number of students enrolling into higher education	Programme graduated from	Depratment graduated from	Name of institution joined	Name of programme admitted to
2019	32	B.Sc. Home Science	Foods, Nutrition and Dietetics:	Refer to uploaded file	Refer to uploaded file
2019	13	B.Sc. Home Science	Human Development	Refer to uploaded file	Refer to uploaded file
2019	19	B.Sc. Home Science	Textile and Fashion Technology	Refer to uploaded file	Refer to uploaded file
2019	9	B.Sc. Home Science	Community Resource Management	Refer to uploaded file	Refer to uploaded file
2019	2	M.Sc. Home Science	Human Development	Refer to uploaded file	Refer to uploaded file
2019	1	M.Sc. Home Science	Foods, Nutrition and Dietetics: Branch IB: Food Processing and Preservation	Refer to uploaded file	Refer to uploaded file
2019	1	M.Sc. Home Science	Foods, Nutrition and Dietetics: Branch IC: Sports Nutrition	Refer to uploaded file	Refer to uploaded file
2019	4	Post Graduate Diploma in Dietetics and Applied Nutrition	Foods, Nutrition and Dietetics	Refer to uploaded file	Refer to uploaded file

[View File](#)

5.2.3 – Students qualifying in state/ national/ international level examinations during the year (eg:NET/SET/SLET/GATE/GMAT/CAT/GRE/TOFEL/Civil Services/State Government Services)

Items	Number of students selected/ qualifying
NET	14
Any Other	9
View File	

5.2.4 – Sports and cultural activities / competitions organised at the institution level during the year

Activity	Level	Number of Participants
Indoor Games	Institution Level	250
Outdoor Games on Sports Day	Institution Level	310
Treks to Irshalgad, Panvel Sarasgadh, Pali	Institution Level	98
National Sports Day Celebration	Institution Level	50
Karaoke	Institution Level	30
Friendometer	Institution Level	66
DJ Evening	Institution Level	108
Miss NN	Institution Level	45
Games in Nirmal Utsav	Institution Level	63
Workshops in Nirmal Utsav	Institution Level	12
View File		

5.3 – Student Participation and Activities

5.3.1 – Number of awards/medals for outstanding performance in sports/cultural activities at national/international level (award for a team event should be counted as one)

Year	Name of the award/medal	National/ Internaional	Number of awards for Sports	Number of awards for Cultural	Student ID number	Name of the student
2018	Gold medal in Karate	National	1	0	2016016402 520605	Ms Charmi Somani
2018	Silver medal in Karate	National	1	0	2016016402 520605	Ms Charmi Somani
2018	Bronze medal in Karate	National	1	0	2016016402 520605	Ms Charmi Somani

5.3.2 – Activity of Student Council & representation of students on academic & administrative bodies/committees of the institution (maximum 500 words)

Every year, elections for the posts of CR and ACR at the F.Y.B.Sc and S.Y.B.Sc levels are conducted by the Coordinators while the elections for the same at the T.Y.B.Sc. and M.Sc. levels are conducted by the Heads of Departments. The Students' Council is then selected according to the University prescribed format which is as follows: The General Secretary and Treasurer is from the T.Y.B.Sc. level whereas the Assistant General Secretary and Assistant Treasurer are from the S.Y.B.Sc level. The Coordinators and Heads of Departments are in close communication with the students through the class representatives. In addition to the class representatives who are part of the Students' Council, each college committee also chooses student representatives to serve on the

committees and to function as a liaison between the committees and the students. Various activities are conducted by the Students' Council like Independence Day celebration, Teacher's Day celebration, fresher party, farewell party, cultural programmes (on some occasions). This year student council office bearers and students attended a seminar on 'Eat Right Serve Right' (4th September 2018). The representatives also attend sessions organized by the University related to student welfare and grievances. Leadership camps are organized every year for members of the Students' Council to help them develop leadership skills and strategies. One of the roles of the Students' Council is to procure students feedback. For the same, the General Secretary collects student feedback from CRs and ACRs of each class and presents it in the annual meeting of Local Management Committee (now called as College Development Committee). This gives all students an opportunity to voice their issues and concerns, if any. The Students' Council is a very important body of our college which sees to the fact that student concerns and voices are heard.

5.4 – Alumni Engagement

5.4.1 – Whether the institution has registered Alumni Association?

No

5.4.2 – No. of enrolled Alumni:

242

5.4.3 – Alumni contribution during the year (in Rupees) :

72600

5.4.4 – Meetings/activities organized by Alumni Association :

4

CRITERION VI – GOVERNANCE, LEADERSHIP AND MANAGEMENT

6.1 – Institutional Vision and Leadership

6.1.1 – Mention two practices of decentralization and participative management during the last year (maximum 500 words)

6.1.1.1 Mention two practices of decentralization and participative management during the last year (maximum 500 words) The Principal is the Head of the institution. Together with the IQAC Convenor and administrator (member of the management), she guides, assists and coordinates the implementation of various decisions. All Heads of Departments (HODs), coordinators and staff are members of statutory / nonstatutory committees and are actively involved in the decisionmaking process. Most of these committees also include students and administrative staff. Active involvement of all committee members enable development of and strengthening of leadership qualities. Faculty members are involved in academic decision making. This year in addition to the College Development Committee (CDC), a College Management Committee (CMC) comprising of the Vice President, Manager, Principal, Advisor, Secretary of NNI Trust, department HODs and some senior staff was set up. The committee meets twice a semester. The management of the college is very involved in the functioning of the college. The President of the Governing Body periodically meets the Principal, administrative and support staff, teaching staff and students. The VicePresident is a member of many statutory committees and the administrator is oncampus and assists in some decision making. Hence, the college follows decentralization and participative management. Two practices that illustrate this are discussed below: 1) Infrastructure Based on perceived or anticipated needs identified by the management team, which meets and discusses the same eg

electrical rewiring of the building, the management team met and drew up a tentative plan and budget. This proposal was then discussed with the governing body of Nirmala Niketan Institute. After discussion and approval the team discussed and sought suggestions regarding the implementation with the Principal. Where required suggestions were made by teaching and nonteaching staff. A feedback was taken from students about their perceived needs for electrical points. The infrastructure team (including administrative and support staff) were involved in the implementation and supervision of the rewiring. 2) Strategic Planning It was initiated by the management with the view to involve all stakeholders in planning for the improvement of the college. This suggestion was discussed with the principal and their views were shared with the College Development Committee (CDC). The members decided to take this forward and a workshop was planned with Mr. Ronald Yeshudas as the facilitator. On different days different groups of teaching, nonteaching and support staff met to discuss and strategize about the way forward. Plans were drawn up to improve some areas, strengthen others and chart new programs for the all round development of the students and staff.

6.1.2 – Does the institution have a Management Information System (MIS)?

Partial

6.2 – Strategy Development and Deployment

6.2.1 – Quality improvement strategies adopted by the institution for each of the following (with in 100 words each):

Strategy Type	Details
Admission of Students	<ul style="list-style-type: none"> • The college is a Christian minority, aided institution. Admission of students and the reservation policy are followed as per government norms. • Students are admitted on the basis of their past academic record. An entrance test / interview is held only at the postgraduate level, depending on the program. • Only women are admitted to the UG course. Men may be admitted to the PG programs, however preference is given to women. • Students are selected into the four specializations after consideration of their stated choice and merit. • Admission to valueadded courses is optional and open to outsiders who meet the eligibility criteria.
Curriculum Development	<p>Formal online structured method for curriculum feedback has been instituted from all stakeholders - students, teachers, parents, alumnae and industry. This feedback is forwarded to the departments at the end of the year to introspect on and choose the best possible course of action to address the issues. The feedback is a transparent process with key points being featured on the website.</p>
Teaching and Learning	<ul style="list-style-type: none"> • Work plans, teacher's diary and continuous feedback help make the teaching and learning student centric,

effective and systematic and enables quality improvement • Experiential learning is actively promoted through community and industrial visits, internships, projects, peer mentoring, entrepreneurial activities, workshops, field surveys, seminars, demonstrations and implementation of MOOC courses. • Continuous upgradation of ICT and library facilities coupled with excellent infrastructure and learning resources to enable effective learning. • Staff and students are encouraged to update their knowledge by participating in seminars /conferences /workshops and training programmes. • MOUs have been signed with other universities and institutes to further academic exchanges.

Examination and Evaluation

• F.Y and S.Y. examinations are conducted keeping in mind optimum utilization of classrooms and availability of supervisors. The college examinations are planned to finish before the University examinations. • The college has agreed to be an OSM centre, thus teachers from our college can plan their time well and manage teaching with paper assessment. This facility can be availed of by other institutions too. • For the subjects Contemporary Social Issues and Environment and Sustainable Development at the F.Y.B.Sc. level, teachers use novel methods of evaluation by giving students assignments with the aim to sensitise them about social and environmental issues.

Research and Development

The college has a strong research culture at the postgraduate level. However we have a strong belief that research experience is highly valuable for undergraduate students too. Hence, the College organized an intercollegiate undergraduate research competition "AARYA" and encouraged a large number of students to participate. This is planned to be an annual event. The college continues to support staff and students towards • Research publications and presentations. • Participation in three Intercollegiate research competitions Avishkar, Urjita, UDAAN • Application for Minor Research Projects (UOM) Awards for Research have been

instituted jointly by the Department of Foods, Nutrition and Dietetics and Indian Dietetic Association

Library, ICT and Physical Infrastructure / Instrumentation

The college constantly upgrades its facilities and infrastructure to meet changing needs. The key changes made this year are highlighted below: 1) LIBRARY College has obtained membership of NList providing access for 6000 e journals and 31,35,000 e books. To expose all staff and students to the new resources available in the subjects in the syllabi as well as to provide opportunities for purchase, a 'Book Exhibition' was held on 21st 22nd February, 2019. Renowned publishers participated in the exhibition and 62 books were selected for purchase. 2) ICT Installation of MIS partial Email id created for each faculty member College website upgraded from static to dynamic Purchase of new equipment to improve ICT facilities 3) Physical infrastructure and Instrumentation Continuation of major structural repairs Completed renovation of toilets and electrical rewiring of the entire building. Installation of new windows has begun. Expanded CCTV coverage Separate bins provided for segregation of wet and dry waste Given the multitude of courses run and the space constraints, sharing of facilities for interdisciplinary and multidisciplinary programs is encouraged. Purchase of new equipment to meet changing needs of the curriculum

Human Resource Management

- At the end of each academic year, department heads, Principal, administrator and management assess the need for staff recruitment. New appointments are made in keeping with government criteria. Where the NOC is not given due to the staffing policies of the Government, the management fills these posts and undertakes to pay the salaries of the appointed staff.
- Staff avail of training programs and are supported to take up research work.
- Faculty takes feedback from students periodically. A performance appraisal system for teaching and nonteaching faculty is in place.

Industry Interaction / Collaboration

Constant efforts to collaborate with industry thus enhancing learning and creating employment opportunities. • Increase in the number of

collaborations • Companies were invited by the Employment Placement Cell to conduct campus interviews. Industry also approaches college for employees.

- Industry Internships organized to provide practical experience and increase job opportunities.
- Industrial visits and tours organized within and outside Mumbai to enable observation of various techniques/processes and upgrade knowledge.
- Support obtained for some projects, seminars, conferences, dissertation and research work from industry either financial or in kind.

6.2.2 – Implementation of e-governance in areas of operations:

E-governance area	Details
Examination	<ul style="list-style-type: none"> • Preparation of FY and SY results has been outsourced to Fintech Consultancy. • Generation of examination forms and halltickets as well as payment of examination fees to the University via the Mumbai University portal. • Internal assessment for the postgraduate program and practical examination marks for TY and PG programs are submitted to University via the Mumbai University portal as mandated by University of Mumbai. • Continuation of downloading of question papers for university examinations. • Uploading of examinees' attendance for postgraduate examinations began this year. • Digital evaluation of answer scripts is done through MeritTrac's onscreen marking system
Planning and Development	Implementation of MIS in a phasewise manner from April 2018
Administration	<ul style="list-style-type: none"> • Upgradation of website from static to dynamic • Continued use of biometrics for attendance
Finance and Accounts	Continued use of Tally ERP 9 and TAX software
Student Admission and Support	<ul style="list-style-type: none"> • Students register for admission on the University of Mumbai portal (as mandated by UOM) • Use of ONFEES an online fee payment platform and FEES software for generating fee receipts. • To avail of government scholarships, students/college access National Scholarship Portal and Maha DBT E scholarships portal. • Students use OPAClibrary software to locate books and other material in the library. • College has obtained membership of

National Library and Information Services Infrastructure for Scholarly Content (NList) and students now have access to ejournals and ebooks. • Hathway was enlisted as an additional internet provider with 50 Mbps speed.

6.3 – Faculty Empowerment Strategies

6.3.1 – Teachers provided with financial support to attend conferences / workshops and towards membership fee of professional bodies during the year

Year	Name of Teacher	Name of conference/ workshop attended for which financial support provided	Name of the professional body for which membership fee is provided	Amount of support
2018	Ms. Vibhuti Khedekar	Registration Fees for one week State Level Training Programme on Empowerment of IQAC and NAAC New Guidelines	NIL	2500
2019	Dr. Pratima Goyal and Dr. Veena Yardi	National Conference on Students Satisfaction Survey as a Quality Practice at V.G Vaze College, Mumbai	NIL	2000
2019	Dr. Ela Dedhia Dr. Anuradha Bakshi Mrs. Sunita Jaiswal Dr. Subhadra Mandalika Ms. Fatima Kader	One day National Level Workshop on "Revised PBAS Form and API Calculation under CAS (after 4th Amendment) and on MOOCs (Development of elearning delivery Process/ Material)"	NIL	2500
2019	Dr. Ela Dedhia Dr. Pratima Goyal Dr. Anuradha Bakshi, Ms. Vibha Hasija, Ms. Rhonda Divecha, Mrs. Sunita Jaiswal, Dr. Kamini Rege	One day Workshop on "Assessment Methodology under revised norms of NAAC" organized by NAAC Bengaluru at L.S Raheja College of Arts	NIL	7000

6.3.2 – Number of professional development / administrative training programmes organized by the College for teaching and non teaching staff during the year

Year	Title of the professional development programme organised for teaching staff	Title of the administrative training programme organised for non-teaching staff	From date	To Date	Number of participants (Teaching staff)	Number of participants (non-teaching staff)
2019	Due to technical error unable to upload data. Hence the 6.3.2 information is uploaded on Support /Helpdesk tab	The AQAR and 6.3.2 information uploaded on the college website. Link provided in Support /Helpdesk tab	31/08/2019	31/08/2019	30	29

6.3.3 – No. of teachers attending professional development programmes, viz., Orientation Programme, Refresher Course, Short Term Course, Faculty Development Programmes during the year

Title of the professional development programme	Number of teachers who attended	From Date	To date	Duration
Orientation	1	05/10/2018	02/11/2018	28
Orientation	1	02/01/2019	29/01/2019	28
Orientation	1	01/02/2019	28/02/2019	28
Refresher Course: Environmental Studies (ID)	1	01/06/2018	21/06/2018	21
Refresher Course: Library Science	1	30/07/2018	19/08/2018	21
Refresher Course: Information and Communication Technology (ID)	2	24/09/2018	13/10/2018	20
Refresher Course: Social Sciences (ID)	2	29/05/2019	12/06/2019	15
Refresher Course: Robotics and Internet of Things	1	30/05/2019	13/06/2019	21

Short Term Course: FDP on "Empowerment of IQAC and NAAC New Guidelines"	1	16/07/2018	22/07/2018	7
Short Term Course:MOOCs, EContent Development and OERs	1	11/03/2019	16/03/2019	6
View File				

6.3.4 – Faculty and Staff recruitment (no. for permanent recruitment):

Teaching		Non-teaching	
Permanent	Full Time	Permanent	Full Time
26	4	21	8

6.3.5 – Welfare schemes for

Teaching	Non-teaching	Students
<ul style="list-style-type: none"> • Due to delayed payment of salaries by the Government, the full salary is advanced by the management in order to enable the staff to receive their salary on the 1st of every month. • Salary advances are given to the newly appointed staff who have not yet received salary from the Jt. Director's Office, Govt. of Maharashtra due to late fixation. • The college facilitates the prompt submission of required paperwork to the concerned authorities to enable ease in receipt of sanctions, dues, etc. • Leave has been granted for career advancement (participating in Orientation/ Refresher courses/short term courses). • Staff is encouraged to attend workshops and conferences at local/national/international levels. Leave is granted to attend the same. They are also motivated to present papers and posters. • Leave has been sanctioned 	<ul style="list-style-type: none"> • Financial / other assistance when the staff or family members are sick eg helping them contact consultants • Salary is advanced by the management due to delay in release of salary by Government in order to enable the staff to receive their salary on the 1st of every month. • Advances are given to those staff members who apply for the same for various purposes like house repairs and for study purposes. • Leave has been sanctioned for various purposes as per the need of the staff, eg child care leave, vasectomy leave, miscarriage leave as per the guidelines of the University of Mumbai and Government of Maharashtra. • A scholarship is given each year for a child of a support staff who has finished Std X and is pursuing further studies. • In order to keep on par with Govt support staff, uniforms washing 	<ul style="list-style-type: none"> • Interest Free Educational Loans are available for students (to be repaid once they start working) • Awareness of government scholarships for students belonging to backward classes, minorities, etc was created and help was rendered in availing this. • Scholarships have been initiated by teaching staff of the college for needy students. • Provision of needbased scholarships and merit scholarships. • Students are provided support to apply for private and governmental needbased/ merit scholarships. • Hostel facility available for outstation students and those staying in the distant suburbs. • All students are covered under a Group Accident Insurance Policy initiated by the University of Mumbai. • Availability of a counselor on campus, as well as a gymnasium to promote mental and

for various purposes as per the need of the staff, eg child care leave and miscarriage leave as per the guidelines of the University of Mumbai. • On Teachers' Day students expressed their appreciation and gratitude for their teachers. Small tokens prepared by the students were also given to each staff. • To reemphasize the mission of the management and to promote interaction between staff of the Institute, Institute Day was celebrated on 8th December 2018. • Festivals are celebrated eg Diwali and Christmas. Each staff is given a gift at Christmas. • To encourage interaction between all sections of the college and for better bonding pot lunches were organized twice in the year. • Staff was able to avail of various health checkups viz. thalassemia and anemia detection, bone density detection, body composition analysis, eye checkup, detection of vascular age, diet counseling during the Health Mela that was organized. • Physical wellbeing of the staff is considered to be important. Concessional membership to the college gymnasium is offered. Indoor and outdoor sports activities are organized to encourage physical exercise and recreation.

allowance are given to those support staff employed by the management. • Staff are motivated to upgrade their knowledge and skills. Concessions were made to enable a staff member to appear for and complete his SSC examination. • Staff are encouraged to attend workshops and conferences. The registration fees for some are paid by the college and leave is granted to attend the same. • A session on Financial Wellness was held on 5th September, 2018 in collaboration with BIAP (Board of Industry Academia Partnerships) • Staff were able to avail of various health checkups viz. thalassemia and anemia detection, bone density detection, body composition analysis, eye checkup, detection of vascular age, diet counseling during the Health Mela that was organized. Free spectacles were given to those who needed them. • Multivitamin tonics and Cough Syrups (obtained from Donors) are distributed to the staff. • Flexitimings are permitted on days when staff require a short time for urgent personal work. • 20 support staff went on a teambuilding session to Virar on 23rd February to also facilitate relaxation and bonding. This activity was partly funded by the college. • Nonteaching staff went on a picnic to Kolad on 9th and 10th February 2018. • Festivals are celebrated

physical wellbeing. • A session on Financial Wellness was held on 18th August 2018 for T.Y.B.Sc and M.Sc in collaboration with BIAP (Board of Industry Academia Partnerships) • Students were able to avail of various health checkups free of cost viz. thalassemia and anemia detection, body composition analysis, eye checkup, diet counseling during the Health Mela that was organized. • Physical wellbeing of the students is considered to be important. Students are encouraged to use the college gymnasium and the services of the gym instructor who has been appointed by the college. Indoor sports and periodic treks are organized to encourage physical exercise and good sportsmanship. An annual athletic competition is held at the University Sports Ground. Basketball training has been initiated from June 2018 and their late arrival to class is excused on the days of training. College also supports participation in various sports competitions by paying the registration fees. • Needy students are provided with breakfast and lunch. They are also provided with printing facility and stationery (notebooks, pens, etc.).

eg Navratri, Diwali and Christmas. To encourage interaction between all sections of the college and for better bonding pot lunches were organized twice in the year. • Each staff is given a gift at Christmas. • A programme is held to appreciate support staff and two cash gifts (contributed by the students and teaching staff) is handed over to each of them. • To reemphasize the mission of the management and to promote interaction between staff of the Institute, Institute Day was celebrated on 8th December 2018. • Indoor sports activities are organized to foster better bonding and recreation.

6.4 – Financial Management and Resource Mobilization

6.4.1 – Institution conducts internal and external financial audits regularly (with in 100 words each)

• The internal audit is conducted by Chhotalal Shah and Company, situated at Fort and the records are shared with the Nirmala Niketan Institute Governing Body. • The interim Audit is conducted every 6 months • In May June the final Audit is conducted. The audited statements are provided by July. • The Joint Director Higher Education – Mumbai Region and the Accountant General Office are the external auditors of the College. • The College has handled successfully Minor Research Projects at the University of Mumbai. The accounts pertaining to these are included in the general audit.

6.4.2 – Funds / Grants received from management, non-government bodies, individuals, philanthropies during the year(not covered in Criterion III)

Name of the non government funding agencies /individuals	Funds/ Grnats received in Rs.	Purpose
Please refer to the uploaded file	834736	Scholarship/Sponsorship/Infrastructure/Repairs/Wiring
View File		

6.4.3 – Total corpus fund generated

101013

6.5 – Internal Quality Assurance System

6.5.1 – Whether Academic and Administrative Audit (AAA) has been done?

Audit Type	External	Internal

	Yes/No	Agency	Yes/No	Authority
Academic	No	Not Applicable	No	Not Applicable
Administrative	No	Not Applicable	Yes	Principal

6.5.2 – Activities and support from the Parent – Teacher Association (at least three)

The college has no formal Parent Teacher Association but actively interacts with parents at meetings to ensure greatest benefit to the students:

- At the beginning of the year, to familiarize parents with the functioning of the college, its vision, mission, policies, rules, regulations and assessment procedures. (For orientation to the B.Sc. (Home Science) course at the F.Y.B.Sc. level. Matters related to the course, discipline expected and services offered are discussed)
- Prior to selection of specialization at the S.Y.B.Sc (Home Science) to highlight the subjects offered and scope of the specialization. (A Specialization Orientation is conducted at the end of the year, for both the parents and S.Y.B.Sc. students, to familiarize them with the four departments that the students specialize in at the T.Y.B.Sc. level and the scope of each department, in terms of higher education and job opportunities.)
- After selection of the students at T.Y.B.Sc and M.Sc. levels. Details regarding the course are provided and expectations of students at those levels are clarified.
- Parent - teacher meetings on a onetoone basis are held in case of any issues such as poor attendance, student difficulties observed, other grievance redressal, etc.
- Individual meetings are also held when requested by parents.

6.5.3 – Development programmes for support staff (at least three)

- A 'Personality Development for Personal and Professional Growth' Session was conducted on 9th March 2019 for all the Support Staff of the College. This interactive session was conducted by Mr. Stephen Moras, NLP Master Practitioner and Leadership Transformation Coach. Through presentations and teambuilding games he helped the support staff learn how to work with clarity focus to achieve growth in their personal and professional lives.
- Mr. T.M. Arunan (Service and Maintenance Supervisor, Otis Elevators Co.) conducted a workshop on 'Elevators Functioning and Safety' on 12th March 2019. He explained about the mechanism of the elevator and the advanced technologies implemented in the elevators in the college. The support staff of the College benefitted from this session.
- A workshop on 'Fire Safety and Evacuation' was conducted by Mr. Babasao Mangsule, from Civil Defence (Mumbai South Division) on 22nd April 2019. The support staff were trained to handle fire extinguishers, tackle the situation in case of fire, natural calamities or unforeseen incidents in the building like building collapses.
- A session on Financial Wellness was held on 5th September, 2018 in collaboration with BIAP (Board of Industry Academia Partnerships). The session attempted to bring about a combination of awareness and knowledge to make sound financial decisions which would contribute to financial wellbeing. Basic skills of saving and investment were focused upon. The importance and benefits of early investing were explained.

6.5.4 – Post Accreditation initiative(s) (mention at least three)

The college continuously strives to initiate newer ways to improve the quality in the institution. Recommendations made by NAAC given due consideration and implemented. Some of the post accreditation initiatives are given below:

- AARYA (Awareness and Action Research for Youth Awakening) An intercollegiate undergraduate research competition was organized for the first time as an initiative to encourage undergraduate research. In keeping with the education policy to create a scientific temper in students, the College felt a need to introduce research at a younger age. Undergraduate students are encouraged to opt to undertake a mini research project under the guidance of the faculty. The

faculty engages with them and assists them in identifying an area for research, guiding them to review literature, develop appropriate methodology, execute the study, analyse and present the data. Oral presentation at the competition helps them improve their communication and presentation skills and gain tremendous confidence. The entire experience helps develop critical thinking, and a spirit of healthy competition among all students. It also exposes them to the kind of research being undertaken in other institutions. The college plans to hold this intercollegiate undergraduate research competition every year. • The Management felt the need to revise the strategic plan and hence a workshop was planned with Mr. Ronald Yesudas as the facilitator. Plans were drawn up to improve some areas, strengthen others and chart new programs for the all round development of the students and staff. The management also appointed an Advisor from October 2018 to assist and advise the Management in matters related to quality enhancement. • College Management Committee (CMC) - A committee comprising of Vice President of Nirmala Niketan Institute, Advisor, Principal, Administrator and Heads of the Departments has been constituted in December 2018. The committee meets once a month to deliberate on academic and administrative issues that need attention. Action plans are made for the following month. This helps in better communication and understanding of needs across all sections of the college. It also ensures smooth implementation of plans and overall functioning of the college.

6.5.5 – Internal Quality Assurance System Details

a) Submission of Data for AISHE portal	Yes
b) Participation in NIRF	Yes
c) ISO certification	No
d) NBA or any other quality audit	Yes

6.5.6 – Number of Quality Initiatives undertaken during the year

Year	Name of quality initiative by IQAC	Date of conducting IQAC	Duration From	Duration To	Number of participants
2018	A session on "Student Assessment and Evaluation Techniques" by Dr. Nandita Mangalore	17/07/2018	17/07/2018	17/07/2018	25
2018	"Reaching the Unreached - New Perspectives in MultiDisciplinary Research, Extension and Consumer Awareness"	30/08/2018	30/08/2018	30/08/2018	27
2018	Session on "NAAC regulations, documentatio	29/10/2018	29/10/2018	29/10/2018	24

	n and preparation for NAAC" by Mr. Peeyush Pahade				
2019	Session on "NAAC preparations" Dr. R.S. Mali	18/02/2019	18/02/2019	18/02/2019	32
2019	Workshop on 'Elevators Functioning and Safety' by Mr. T.M. Arunan	12/03/2019	12/03/2019	12/03/2019	17
2019	A workshop on 'Fire Safety and Evacuation' by Mr. Babasao Mangsule	22/04/2019	22/04/2019	22/04/2019	20
2019	Session on "Career Advancement Schemes (CAS)" by Mrs. Yogini Ghare	28/06/2019	28/06/2019	28/06/2019	28
2019	Workshop on "Helping Educators create effective online educational material using MOODLE" by Dr. Mandar Bhanushe	28/06/2019	28/06/2019	28/06/2019	22
2018	Workshop on "Strategic Planning" by Dr. Ronald Yesudas	06/07/2018	06/07/2018	11/07/2018	34
2018	Workshop on "Teaching and Learning Techniques" by Dr. Geeta Shetty, Associate Professor, St. Xaviers	16/07/2018	16/07/2018	16/07/2018	25

CRITERION VII – INSTITUTIONAL VALUES AND BEST PRACTICES

7.1 – Institutional Values and Social Responsibilities

7.1.1 – Gender Equity (Number of gender equity promotion programmes organized by the institution during the year)

Title of the programme	Period from	Period To	Number of Participants	
			Female	Male
Breastfeeding Week Session	07/08/2018	07/08/2019	8	0
Gas safety session	18/01/2019	18/01/2019	7	0
Health Mela	28/02/2019	28/02/2019	130	0
Blood Donation Camp and Health Mela	01/03/2019	01/03/2019	300	0
HIV and AIDS awareness session	06/12/2018	06/12/2018	12	0
Women's day celebration organized by women development cell on theme "Women the backbone and the frontier"	08/03/2019	08/03/2019	75	0
Fashion show on theme "LGBTQ Parade"- 'A catwalk against gender discrimination' presented in Jamboree Fashion Show 2019	16/03/2019	16/03/2019	9	0
5 days Yoga workshop	17/12/2018	21/12/2018	20	0
International Yoga Day Celebration	21/06/2018	21/06/2018	10	0
Drug Abuse Workshop	18/07/2018	18/07/2018	6	0

7.1.2 – Environmental Consciousness and Sustainability/Alternate Energy initiatives such as:

Percentage of power requirement of the University met by the renewable energy sources

Environmental Consciousness and Sustainability/Alternate Energy initiatives

were carried out, such as: • An NSS Awareness session regarding segregation and disposal of waste created among students and staff. Informative posters have been put up at various places. Red, blue and green dustbins have been put at different places in college premises on 5219 6219 (10 volunteers). • National level seminar on "Recent Developments in Sustainable Textiles, Clothing and Coloration" was organized by Department of Textile and Fashion Technology on 15th March 2019. • Intercollegiate fashion competitions on theme "Cent Percent" was organized by Department of Textile and Fashion Technology on 15th March 2019. • Fashion show "Jamboree 2019" on theme "Trend Sustain" was organized by Department of Textile and Fashion Technology on 16th March 2019. • Exhibition of recycled denim products put up in an international exhibition HGH India 2019 Home Decor, Gifts and Houseware to motivate others to reuse unused denim garments 3rd July to 5th July 2019 at Bombay Exhibition Centre • An activity of Tree Plantation was organized in college on 18th July 2018 by the NSS unit of the college. 5 saplings were planted by Principal Dr. Geeta Ibrahim, Vice president Ms Fernandes, Programme Officer Dr. Pratima Goyal and NSS supervisors. Subsequently saplings were planted by NSS volunteers in their respective residential areas from 24th to 30th July 2018. Total 74 samplings were planted by them. • Poster and Slogan Making on AntiPlastic Campaign was organized on 6th September 2018 by the NSS unit of the college. • A Rally and Street Play on AntiPlastic Campaign was carried out 8th September 2018 from College via Khaugalli via Churchgate station and back to college. • Flash Mob on Anti Plastic Campaign organized and conducted on 26th September 2018 at Churchgate station by the NSS unit of the college. • Session on Waste Management was conducted for support staff and students on 5th and 6th February, 2019 by the NSS unit of the college. • Tree Plantation activity was conducted in the one week Special Camp from 19th to 25th November, 2018 in Kharasgaon by the NSS unit of the college.

7.1.3 – Differently abled (Divyangjan) friendliness

Item facilities	Yes/No	Number of beneficiaries
Ramp/Rails	Yes	0
Braille Software/facilities	No	0
Rest Rooms	No	0
Scribes for examination	Yes	0
Special skill development for differently abled students	No	0
Any other similar facility	Yes	0
Provision for lift	Yes	0

7.1.4 – Inclusion and Situatedness

Year	Number of initiatives to address locational advantages and disadvantages	Number of initiatives taken to engage with and contribute to local community	Date	Duration	Name of initiative	Issues addressed	Number of participating students and staff
2019	1	0	22/01/2019	1	Fashion Ensemble	Presentat ion of tr	64

					"Jewels of Indian Textiles and Costumes" at Institute of Chemical Technology	additional textile craft to generate awareness among young generation	
2018	0	1	03/06/2018	1	Workshop at Niramay Foundation, Naigaon Municipal School	Nutrition and Health issues	1
2018	0	1	11/08/2018	1	Paramparik Karigars Leheriya, Daboo Printing and Gond Painting	Promote traditional crafts and generate awareness of valuable Indian crafts among students	64
2018	0	1	07/09/2018	1	Workshop on "Food Hygiene and Food Packaging and Labeling"	Food Hygiene and Food Packaging and Labeling	22
2018	0	1	06/10/2018	1	Session on "Nutrition and Health Care for elderly"	Nutrition and Health Care for elderly	2
2019	0	1	08/01/2019	1	TYBSc and MSc II Practicals in Community Based Services for Children and Youth at Cankids, Parel	Recreational cum educational session for children with cancer	26

2019	0	1	29/01/2019	1	TYBSc and MSc II Practicals in Community Based Services for Children and Youth at Chuim Community Centre, Khar	Activities for toddlers and different workshops for adults in the community (Parents and Women of the community)	26
2019	0	1	12/01/2019	1	Program 1: Prego lacto Nutricare at Pushpanjali college of education Vasai Prego lacto Nutricare	Nutrition and Exercise for Fitness	24
2019	0	1	20/01/2019	1	Program 2: Ostemia - Nutrilook at St Francis Xavier Parish Giriz Vasai	Nutrition and Exercise for Fitness	24
2019	0	1	27/01/2019	1	Program 3: Obesity and Diabetes - easy to gain difficult to loose at St Francis Xavier Parish Giriz	Nutrition and Exercise for Fitness	24
2018	1	0	02/05/2018	38	Internship Programme in Mumbai	Industry experience in Mumbai and	12

						nearby areas	
2018	1	0	31/07/2018	55	TYBSc Practicals in Curriculum Planning for Children in Educational Settings at Childrens Academy, Malad (East)	Curriculum Planning and conducting DAP activities	21
2018	1	0	31/07/2018	55	MSc II Practicals in Supervision of Curriculum Planning in Educational Setting at Childrens Academy, Malad (East)	Developing Planning and Supervisory skills	6
2018	1	0	16/12/2018	6	Education al Tour to Bangalore	Industrial exposure textile, garment 5 manufacturing and madeup units as most of the textile dyeing, printing, finishing units have closed down in Mumbai	64
2018	1	0	18/12/2018	1	TYBSc and MSc II Practicals in	Planning and conducting activities	21

					Community Based Services for Adults at Assisi Bhavan, Home for the Aged	for senior citizens	
2019	1	0	20/02/2019	1	Shanti Avedna Hospice, Bandra	Field Visit and Experience	12
2019	1	0	05/01/2019	1	TYBSc and MSc II Practicals in Community Based Services for Children and Youth at Cankids, Parel	Planning and conducting a recreational cum educational session for children with cancer followed by self evaluation of the session	26
2019	1	0	05/03/2019	1	Antarchakshu Workshop for TYBSc and MSc II Practicals in Community Based Services for Adults at Xaviers Resource Centre for the Visually Challenged	Field Visit and Experience	26
2019	1	0	30/03/2019	1	Fashion Ensemble "Jewels of Indian Textiles and Costumes" at St.	Presentation of traditional textile craft to generate awareness among	64

					Andrews of Arts, Science and Commerce	young generation	
2019	0	1	05/02/2019	1	TYBSc and MSc II Extension Programme in Community Based Services for Children and Youth at Chuim Community Centre	Activities for toddlers and different workshops for adults in the community (Parents and Women of the community)	26
2019	0	1	08/01/2019	1	TYBSc and MSc II Practicals in Community Based Services for Adults at Shanti Daan, Missionaries of Charity Destitute Home for the mentally and physically challenged	Activities for the physically challenged	26
2019	0	1	15/01/2019	1	TYBSc and MSc II Practicals in Community Based Services for Adults at Shanti Daan, Missionaries of Charity Destitute Home for the	Activities for the physically challenged	26

					mentally and physically challenged		
2019	0	1	05/03/2019	1	TYBSc and MSc II Practicals in Community Based Services for Children and Youth at Salaam Balaak NGO	Activities with street children	26
2019	0	1	12/03/2019	1	TYBSc and MSc II Practicals in Community Based Services for Adults at Parkinsons Disease and Movement Disorders Society	Activities for individuals with Parkinsons Disease	26
2019	0	1	05/03/2019	1	TYBSc and MSc II Practicals in Community Based Services for Children and Youth at Parkinsons Disease and Movement Disorders Society, Borivali	Recreational session for the individuals with Parkinson's Disease	26
2018	0	1	18/12/2018	1	TYBSc and MSc II Practicals in Community Based	Recreational session for the elderly	26

					Services for Children and Youth at All Saints Home, Byculla		
2019	0	1	07/02/2019	1	Jamboree Haat	Opportunities to NGO to sell their products and encourage women entrepreneurship	64
2019	0	1	28/02/2019	2	Health Mela	Health Mela conducted by the Diet Counselling Centre	59
2019	0	1	15/03/2019	1	Visit to ICDS Badhwar Park Colaba	Nutrition Education and Extension activities	40
2019	0	1	22/03/2019	1	Visit to ICDS Badhwar Park Colaba	Nutrition Education and Extension activities	40

7.1.5 – Human Values and Professional Ethics Code of conduct (handbooks) for various stakeholders

Title	Date of publication	Follow up(max 100 words)
Student Handbook	15/06/2018	The following handbook for student's code of conduct is being currently in use in the college: http://www.nirmaniketan.com/pdf/studenthandbook1718.pdf
Teachers Code of Conduct	15/06/2018	The following document for teacher's code of conduct is being currently in use in the college: https://www.nirmaniketan.com/documents/default.aspx?fquicklinks/

7.1.6 – Activities conducted for promotion of universal Values and Ethics

Activity	Duration From	Duration To	Number of participants
Swachh Bharat Rally	13/08/2018	13/08/2018	44
Swachh Bharat Oath taking for NSS volunteers	13/08/2018	13/08/2018	44
Flashmob on Swachh Bharat conducted at Churchgate Railway Station	26/09/2018	26/09/2018	21
Cleanliness Drive at Andheri Sports Complex	04/12/2018	04/12/2018	3
Swachh Bharat Poster and Slogan Making	01/08/2018	01/08/2018	44
Independence Day Celebration	14/08/2018	14/08/2018	150
Poster and Slogan Making on AntiPlastic Campaign	06/09/2018	06/09/2018	15
Rally on AntiPlastic Campaign	08/09/2018	08/09/2018	15
Street Play AntiPlastic Campaign	08/09/2018	08/09/2018	15
Session on Emotional Intelligence conducted by Ms. Venita Pereira, Counselor	31/01/2019	31/01/2019	25
Drug Abuse Workshop	18/07/2018	18/07/2018	6
Talk on Surgical strike	01/10/2018	01/10/2018	14
Celebration of Ambedkar Jayanti and Oath of casting vote	12/04/2019	12/04/2019	206
Peace Rally, University	06/08/2018	06/08/2018	20
Celebration of 150th year of Chicago Speech of Swami Vivekananda	28/02/2019	28/02/2019	16
Interaction and welcoming French	06/03/2019	06/03/2019	5

Delegates			
Parents and Friendship day celebration	04/08/2018	04/08/2018	25
Parsi New Year (awareness programme)	09/09/2018	23/09/2018	155
Rakshabandhan dedicated to soldiers of country	14/08/2018	14/08/2018	45
International Peace Day programme (My stand my peace)	21/09/2018	21/09/2018	12
Tree Plantation	18/07/2018	18/07/2018	14
Tree Plantation	24/07/2018	24/07/2018	14
Tree Plantation	30/07/2018	30/07/2018	14
Vivekananda Run for peace	03/02/2019	03/02/2019	5

7.1.7 – Initiatives taken by the institution to make the campus eco-friendly (at least five)

Green Audit was carried out in this academic year. Excellent initiatives are taking place on raising environmental awareness among the students and the staff. Courses such as textile processing use of ecofriendly chemicals and in garment construction practice of reduce, reuse and recycle are adopted. In addition, research topics at the postgraduate and doctoral levels are generally sought to be related to conservation issues. The college tries to maintain an environmentfriendly approach in its formal and nonformal courses, making it a point to inculcate values of environmental sustainability in the students so as to create a community of students and citizens practicing such initiatives on and off the campus. Water Testing was carried out at two water tanks and 3 water coolers on different floors. Water was found to be safe for usage. Other Initiatives: • Awareness session on waste management conducted by NSS students for support staff and college students on 5th and 6th February 2019 • Green and blue dustbins were placed on every floor and red dustbin on ground and 2nd floor for proper segregation of waste. • Reuse of papers • Cloth Bag Making (duration 1828 to 15818) by 25 NSS volunteers and distribution in Ganpati Pandals (13918 to 17918) by 2 volunteers • Swachh Bharat Oath Taking in college classrooms • Cleanliness Drive • Swachh Bharat Campaign • AntiPlastic Campaign • Tree Plantation • Reuse of old garments and fabrics utilized earlier for practical examination • Reduce purchase of new fabrics as mostly we get as donations from our industrial linkages • Organized student's competition on reduce, reuse and recycle • Product development in regular practical utilizes mostly old fabrics available in the department • Submission of soft copy of student's assignments • Research work on recycling and upcycling

7.2 – Best Practices

7.2.1 – Describe at least two institutional best practices

Best Practice 1 : RESEARCH CULTURE IN THE COLLEGE Best Practice 2 : TEACHING - LEARNING METHODS PROMOTING SKILLBASED EDUCATION, EXTENSION ACTIVITIES AND ENTREPRENEURSHIP. Details uploaded on the website and link provided below.

Upload details of two best practices successfully implemented by the institution as per NAAC format in your institution website, provide the link

<https://www.nirmalaniketan.com/documents/default.aspx?f=quicklinks/pdf/file-9.pdf>

7.3 – Institutional Distinctiveness

7.3.1 – Provide the details of the performance of the institution in one area distinctive to its vision, priority and thrust in not more than 500 words

Area of Distinctiveness: Women Empowerment The college aims at the development of women through an education that is: Lifeoriented, Careeroriented and Communityoriented. Life Oriented: The courses offered by our college are life oriented which imparts knowledge, skills and attitude enabling the young women students in making better choices in their daily lives thereby making them efficient, improving their managerial skills which would help them in leading a life that consists of overall wellbeing such as human relationships, food, clothing and resource management which empowers them to deal with challenges effectively and efficiently. Community oriented: Extension education programmes are an essential component of the curriculum of all the courses across the departments. The outreach programmes provides services and empower underprivileged sections of the society, while empowering and encouraging the young women students to reach out to the community. Career oriented: The curriculum is globally valuable and locally relevant. It includes cuttingedge ideas in different fields and is of international quality. There is inclusion of specifically Indian content with emphasis on local and regional settings through research extension and placements. The curriculum is linked with multiple career options at both the undergraduate and post graduate levels. Linkages with the industry, GOs, NGOs, academic organization and research organizations strengthen the career orientation of our curriculum. The main thrust area of the institute is women empowerment through its varied courses. The empowerment of women has been well associated with the success of our alumni in the field of their choice. Many of our alumni are academically well enriched to be employed in many reputed organizations. There are several of our alumni who are willingly contributing towards the upliftment of the society in their respective fields. Furthermore, many also showcase entrepreneurial skills as a consequence of education in our college. Many of our students are academically well enriched to be employed in many reputed schools and colleges as teachers. In fact some of them work in our own college in the capacity of college teachers. They have willingly contributed their labor and expertise for the benefit of the college whenever the need arose. It has also been observed that many of our women students, who do not engage themselves with any employment related activities for whatever reason, and focus towards managing home are considered to be successful homemakers. We are proud that our College has been able to provide environment conscious and socially responsible citizens to the society who not only have flourished in their own field of expertise but also are very spiritually bonded to the college throughout life.

Provide the weblink of the institution

<https://www.nirmalaniketan.com/documents/default.aspx?f=quicklinks/pdf/file-10.pdf>

8.Future Plans of Actions for Next Academic Year

1. Autonomy will be processed. Although being a single Home Science College under the University of Mumbai, we do have autonomy in designing curriculum and making academic decisions, however autonomy will also give more freedom and promote timely decision making.
2. MOU with Industries and Government and NonGovernment organizations to strengthen professional collaborations.
3. To apply for Best College of University of Mumbai to gain recognition and further professional growth of the Institution.
4. Upgrading of Infrastructure - Labs, Computers and Audio Visual System.
5. Joining the IQAC cluster for better

networking and ongoing training. 6. MIS development will be an ongoing process.
7. Alumni collaboration will be strengthened.