



## Yearly Status Report - 2019-2020

### Part A

#### Data of the Institution

<b>1. Name of the Institution</b>		COLLEGE OF HOME SCIENCE
Name of the head of the Institution		Dr. Geeta Ibrahim
Designation		Principal
Does the Institution function from own campus		Yes
Phone no/Alternate Phone no.		022-22076503
Mobile no.		9820153902
Registered Email		chscnirmalaniketan@gmail.com
Alternate Email		principal@nnchsc.edu.in
Address		Nirmala Niketan
City/Town		Mumbai
State/UT		Maharashtra
Pincode		400020
<b>2. Institutional Status</b>		

Affiliated / Constituent	Affiliated
Type of Institution	Women
Location	Urban
Financial Status	state
Name of the IQAC co-ordinator/Director	Dr. Ela Dedhia
Phone no/Alternate Phone no.	02222076503
Mobile no.	9619492951
Registered Email	chscnirmalaniketan@gmail.com
Alternate Email	elamanojdedhia@yahoo.com

### 3. Website Address

Web-link of the AQAR: (Previous Academic Year)	<a href="https://www.nirmalaniketan.com/documents/default?f=naac/pdf/aqar-2018--2019-16.pdf">https://www.nirmalaniketan.com/documents/default?f=naac/pdf/aqar-2018--2019-16.pdf</a>
<b>4. Whether Academic Calendar prepared during the year</b>	Yes
if yes, whether it is uploaded in the institutional website: Weblink :	<a href="https://www.nirmalaniketan.com/pdf/activity-calendar-2019-20.pdf">https://www.nirmalaniketan.com/pdf/activity-calendar-2019-20.pdf</a>

### 5. Accreditation Details

Cycle	Grade	CGPA	Year of Accreditation	Validity	
				Period From	Period To
1	B+	78	2003	21-Mar-2003	20-Mar-2008
2	B	2.9	2009	15-Jun-2009	14-Jun-2014
3	A	3.1	2014	24-Sep-2014	23-Sep-2019

<b>6. Date of Establishment of IQAC</b>	28-Feb-2005
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### 7. Internal Quality Assurance System

Quality initiatives by IQAC during the year for promoting quality culture		
Item /Title of the quality initiative by IQAC	Date & Duration	Number of participants/ beneficiaries

Jamboree Haat & Intercollegiate events	25-Jan-2020 2	500
Infrastructure upgradation- Windows of all floors, exam room, HOD room, library, laboratories, technology, toilets etc	01-Jul-2019 150	30
Workshop on Cardiopulmonary Resuscitation by Dr. Geeta Fernandes	02-Jul-2019 1	19
The College has submitted data for NIRF ranking	02-Nov-2019 15	30
Annual Academic Audit was held by University of Mumbai and St Alberts College	05-Aug-2019 4	600
Feedback from Stakeholders was taken, and analyzed and improvements were made based on the same	02-Dec-2020 5	600
Periodic Meetings of the IQAC were held. 13 such meetings were held regularly throughout the academic year.	11-Jul-2019 13	30
IIQA, AQAR 2018-19, SSR, DVV all have been prepared and submitted well on time during the academic year 2019-20	04-Sep-2019 60	30
Policies and SOPs were prepared through participative governance which included all staff, Principal and Management	02-Mar-2020 30	30
Health Mela	02-Mar-2020 2	217
<a href="#">View File</a>		

**8. Provide the list of funds by Central/ State Government- UGC/CSIR/DST/DBT/ICMR/TEQIP/World Bank/CPE of UGC etc.**

Institution/Department/Faculty	Scheme	Funding Agency	Year of award with duration	Amount
<b>No Data Entered/Not Applicable!!!</b>				
<b>No Files Uploaded !!!</b>				

<b>9. Whether composition of IQAC as per latest NAAC guidelines:</b>	Yes
Upload latest notification of formation of IQAC	<a href="#">View File</a>
<b>10. Number of IQAC meetings held during the year :</b>	14
The minutes of IQAC meeting and compliances to the decisions have been uploaded on the institutional website	Yes
Upload the minutes of meeting and action taken report	<a href="#">View File</a>
<b>11. Whether IQAC received funding from any of the funding agency to support its activities during the year?</b>	No

**12. Significant contributions made by IQAC during the current year(maximum five bullets)**

Criteria 1 Several Value added courses were designed for affiliation to Univ of Mumbai  
Criteria 2 Students participation in MOOC Swayam courses, use of several online platforms for teaching and evaluation during Pandemic period  
Criteria 3 Research projects increased, collaboration and networking increased, extension work activities in community were further strengthened and more focussed  
Criteria 4 New computers for all staff, wifi facility, eresources in library, renovation of all windows in entire building, created an online exam centre  
Criteria 5 Mentoring students during pandemic, webinars organised for students for their physical, nutritional and mental health, financial support provided, fees in instalments, online exams training provided, repeat exams conducted for those who were unable to give for technical or other reasons, even during pandemic most of the requirements of students eg testimonials, LOR, university related matters, were attended to within given time.  
Criteria 6 Health Mela Jamboree haat and show, Online meetings of IQAC, CMC and CDC since March 2020, several meetings for academic and administrative audit, designing policies, sops etc, since March 2020, RUSA  
Criteria 7 Green Audit, AAA, Water testing were conducted

[View File](#)

**13. Plan of action chalked out by the IQAC in the beginning of the academic year towards Quality Enhancement and outcome achieved by the end of the academic year**

Plan of Action	Achivements/Outcomes
To work on building the corpus fund.	Corpus funds were built through events and activities conducted for students and industry. Other sources were also explored
Quality measures To further strengthen our alumni.	The Alumni registration process has been initiated although it has been in existence for several years. All

	<p>departments have been inviting alumni as resource persons and collaborating with alumni for projects. They have contributed in different ways through mentoring junior students in college, providing internships, placements, research projects, professional guidance and training to the BSc and MSc students of the college. Few also contributed financially</p>
<p>MIS development will be an ongoing process</p>	<p>Many different modules were introduced which made administration easier and technologically driven</p>
<p>Autonomy will be processed. Although being a single Home Science College under the University of Mumbai, we do have autonomy in designing curriculum and making academic decisions, however autonomy will also give more freedom and promote timely decision making.</p>	<p>Followed by NAAC Accreditation of 4th cycle, the college will move towards Autonomy. Unfortunately the accreditation process has got delayed due to Pandemic situation</p>
<p>To apply for Best College of University of Mumbai to gain recognition and further professional growth of the Institution.</p>	<p>It was not applied for</p>
<p>Joining the IQAC cluster for better networking and ongoing training.</p>	<p>We do attend programs organised by them, invite experts to train staff and do communicate with them for expert advise</p>
<p>All four Departments - To organize local 1 Level seminars for the benefit of students, faculty and Industry.</p>	<p>Several seminars were Organized by all four Departments for the Students &amp; Staff of the department for students, staff, industry and community.</p>
<p>To encourage students participation in research competitions</p>	<p>AARYA (Intercollegiate Undergraduate Research competition) was held. AVISHKAR- University led Research Competition with internal jury and mentoring rounds within college for TYBSc, MSc and PhD. This led to a Gold and Bronze medal to student researchers and award in the Humanities Category to the college. MSc and PhD scholars are encouraged to participate with their research presentations in National and International conferences.</p>
<p>To improve infrastructure facilities.</p>	<p>The infrastructure facilities of the building were improved E.g.: for safety reasons all windows were replaced, Laboratory facilities and Library Facilities were upgraded to suit the curriculum. ICT and library resources and facilities have been upgraded for which almost 19 lakhs of funds have been invested. Rusa funds were also utilized to some extent.</p>

Quality measures	NIRF certification was applied for. Certification received for Green Audit.				
<a href="#">View File</a>					
<b>14. Whether AQAR was placed before statutory body ?</b>	Yes				
<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th data-bbox="118 389 794 439" style="width: 50%;">Name of Statutory Body</th> <th data-bbox="801 389 1477 439" style="width: 50%;">Meeting Date</th> </tr> </thead> <tbody> <tr> <td data-bbox="118 439 794 495" style="text-align: center;">IQAC</td> <td data-bbox="801 439 1477 495" style="text-align: center;">03-May-2021</td> </tr> </tbody> </table>		Name of Statutory Body	Meeting Date	IQAC	03-May-2021
Name of Statutory Body	Meeting Date				
IQAC	03-May-2021				
<b>15. Whether NAAC/or any other accredited body(s) visited IQAC or interacted with it to assess the functioning ?</b>	Yes				
Date of Visit	10-Oct-2019				
<b>16. Whether institutional data submitted to AISHE:</b>	Yes				
Year of Submission	2020				
Date of Submission	01-Jan-2020				
<b>17. Does the Institution have Management Information System ?</b>	Yes				
If yes, give a brief description and a list of modules currently operational (maximum 500 words)	<p>At the College of Home Science we installed the MIS. During 2019 2020 we had the application form for FY BSc online. Through this the data of each and every student is stored in the MIS. The marks of the students are also entered in the MIS. • The MIS dashboard shows Fee, category wise student data, current Transaction data entry details, current admission status for all classes, category wise statistical report, admission fee summary report, Library status details. Apart from this MIS helps to know the exact status of admitted and vacant seats of any class. Details of fee collected, class wise, category wise, and Fee category wise analysis. • Data is being collected on several parameters such as teachers, student enrolment, examination results, education finance, infrastructure etc. This web based MIS uses computer technology to provide information and decisions. We also can see the details of Courses conducted in the College • Approved and filled positions Subject</p>				

wise · Availability of Study materials in the Library · Students availing the facility of Scholarship · Total Approved seats. · Total grant received and utilised.

## Part B

### CRITERION I – CURRICULAR ASPECTS

#### 1.1 – Curriculum Planning and Implementation

1.1.1 – Institution has the mechanism for well planned curriculum delivery and documentation. Explain in 500 words

The curriculum design matches the vision and the mission of the institute to reach out to the community. The curriculum at the undergraduate level is standardised to be consistent with the norms of the university protocol and prescribed format. TYBSc curriculum focuses on entrepreneurship and extension with practical training inputs and skill development. Post graduate curriculum focuses on making it applicable in the industry and to include current concepts with global relevance as well as with a strong research emphasis. Further planning for effective delivery was ensured by efficient workload distribution with a balance of theory and practical periods for the faculty. A work plan was outlined by the faculty specifying the methods to be used and the topics to be covered in the time available for effective completion of the syllabus. As required extra lectures were conducted across all levels for effective completion of the syllabus. Academically challenged students received special attention. Syllabus was made available to the learner for ready reference. A detailed syllabus for departmental use, an up to date library, relevant reference books and resource material (web links, online resource material) also contributed towards effective curriculum delivery. Substantiating teaching efforts with seminars, conferences and guest lectures for students at various levels were used. Innovative audio-visual aids and Interactive life and application-based lectures made the delivery of syllabus effective. Three main methods were used in the academic year 2019 -20 to support the curricular delivery: 1. Feedback was provided from industry experts, the academic community and alumna by both curricular and co-curricular activities conducted. 2. The focus of certain subjects were to deliver it from the standpoint of industrial relevance and student capability 3. Latest research and technology in the field was incorporated at the micro level in classroom teaching through classroom discussion of current topics and conducting or enrolling students in seminars/ webinars on those topics The Institution has always believed in integrating gender issues, human values (such as Health, hygiene, sustainability, service and environmental consciousness) and professional and ethical considerations in its curriculum. A large stress has been placed on entrepreneurship as a value and delivered by guest lectures and seminars/webinars as well as creating a research ethos by organising the AARYA Intercollegiate Research Fest and encouraging students participating in huge numbers in the prestigious Avishkar competition by University of Mumbai. The curriculum was supported by a host of Co-curricular activities focusing on varied human values. The Women's Development Cell organised sessions on Sexual Harassment Issues as well as on Women's empowerment. The interfaith committee held programs that promote religious harmony. Health as a life value was taken up by the Diet Counselling Center to inculcate a proactive and healthful behaviour. The Employment Placement Cell conducted sessions on professional values in addition to preparing students for a career. In the period of the Pandemic, pending lectures was completed via online classes and thus the curriculum for the academic year was completed. Online internships for MSc 2

Semester 3 were also successfully completed.

1.1.2 – Certificate/ Diploma Courses introduced during the academic year

Certificate	Diploma Courses	Dates of Introduction	Duration	Focus on employ ability/entrepreneurship	Skill Development
No Data Entered/Not Applicable !!!					

1.2 – Academic Flexibility

1.2.1 – New programmes/courses introduced during the academic year

Programme/Course	Programme Specialization	Dates of Introduction
No Data Entered/Not Applicable !!!		
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1.2.2 – Programmes in which Choice Based Credit System (CBCS)/Elective course system implemented at the affiliated Colleges (if applicable) during the academic year.

Name of programmes adopting CBCS	Programme Specialization	Date of implementation of CBCS/Elective Course System
BSc	Home Science	10/06/2019
MSc	Home Science	10/06/2019

1.2.3 – Students enrolled in Certificate/ Diploma Courses introduced during the year

	Certificate	Diploma Course
Number of Students	57	33

1.3 – Curriculum Enrichment

1.3.1 – Value-added courses imparting transferable and life skills offered during the year

Value Added Courses	Date of Introduction	Number of Students Enrolled
ABT (Art Based Therapy)	18/05/2019	24
Indian Sign Language	18/09/2019	12
Personal Styling, Grooming and Fitness	16/09/2019	27
CAD CAM Intermediate (Computer Aided Design and Computer Aided Manufacture)	27/01/2020	12
CAD CAM Advanced (Computer Aided Design and Computer Aided Manufacture)	27/01/2020	12
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1.3.2 – Field Projects / Internships undertaken during the year

Project/Programme Title	Programme Specialization	No. of students enrolled for Field Projects / Internships
BSc	Home Science	224
MSc	Home Science	151
PG Diploma	Applied Nutrition & Dietetics	21



## 1.4 – Feedback System

### 1.4.1 – Whether structured feedback received from all the stakeholders.

Students	Yes
Teachers	No
Employers	Yes
Alumni	Yes
Parents	Yes

### 1.4.2 – How the feedback obtained is being analyzed and utilized for overall development of the institution? (maximum 500 words)

#### Feedback Obtained

The process of sourcing, obtaining, documenting curricular feedback of all stakeholders and acting upon the obtained feedback is an important link in ensuring effective transaction of the syllabus. The feedback from multiple stakeholders (Students, alumni, parents, teachers and Industry) were obtained from an online medium, with a google form through a structured questionnaire with rating scale to gather data on curricular aspects. It also included a few qualitative questions to elicit information on suggestions and opinions expressed on the effectiveness of the curriculum. The tool has been modified to suit each group. The analysis of feedback showed that overall, the stakeholders were satisfied with the curriculum. Some subjective suggestions given, relevant ones which will elevate the syllabus further and which could be taken ahead are reported as follows:

- FYBSc: Reduction in the vastness of syllabus
- SYBSc : Alteration in the Foundation Course
- Department of Foods, Nutrition and Dietetics: A very strong request for inclusion of Physiology at both the undergraduate and post graduate levels
- Inclusion of more practical, technological aspects and advances at the post graduate level
- Department of Human development: Increase of practical inputs, addition of a new practical in Special Needs
- Department of Textile and Fashion Technology: Reduce focus on Historic Costumes and increase the coverage on designing.
- Department of Community Resource Management: No specific suggestions were given. The teacher feedback suggested some alterations made by way of guest lectures and sharing advanced reading material. Industry feedback was on incorporation of current trends. It was resolved at the departmental level in consultation with the IQAC that certain changes are possible only when the formal syllabus revision would be initiated. However, at the subject levels, the teacher can take cognizance of the suggestions and make additions and modifications while teaching, within the boundaries of the current syllabus by guest lectures and sharing of resources. However, with the challenges of the Pandemic situation and the online teaching, it was decided to make alterations minimal for this academic year and take it ahead formally once the situation betters. One feedback to be taken ahead strongly for the next academic year is the Initiation of lecture series for Physiology for the TYBSc and MSc 1 and 2 FND. The preparation for this has been initiated. The feedback is available on the website.

## CRITERION II – TEACHING- LEARNING AND EVALUATION

### 2.1 – Student Enrolment and Profile

#### 2.1.1 – Demand Ratio during the year

Name of the Programme	Programme Specialization	Number of seats available	Number of Application received	Students Enrolled
BSc	Home Science	200	450	199

MSc	Home Science	80	587	66
PG Diploma	Dietetics & Applied Nutrition	22	97	22
<a href="#">View File</a>				

## 2.2 – Catering to Student Diversity

### 2.2.1 – Student - Full time teacher ratio (current year data)

Year	Number of students enrolled in the institution (UG)	Number of students enrolled in the institution (PG)	Number of fulltime teachers available in the institution teaching only UG courses	Number of fulltime teachers available in the institution teaching only PG courses	Number of teachers teaching both UG and PG courses
2019	501	175	Nil	Nil	24

## 2.3 – Teaching - Learning Process

### 2.3.1 – Percentage of teachers using ICT for effective teaching with Learning Management Systems (LMS), E-learning resources etc. (current year data)

Number of Teachers on Roll	Number of teachers using ICT (LMS, e-Resources)	ICT Tools and resources available	Number of ICT enabled Classrooms	Number of smart classrooms	E-resources and techniques used
24	24	100	12	Nil	30

[View File of ICT Tools and resources](#)

[View File of E-resources and techniques used](#)

### 2.3.2 – Students mentoring system available in the institution? Give details. (maximum 500 words)

All the students get academic and personal guidance from the concerned Mentors, Coordinators and Heads of the Department. Following are the various guidance services (professional counselling / mentoring /academic advice) are provided by the institute. • Student Induction Program -When new students get admission in First year, Induction Program/orientation is organized to make students aware with academics and curriculum. Induction program is addressed by Principal, Coordinator, Student Council, Examination and other committee staff where all new students are oriented about institute's infrastructure facilities, teaching learning methodologies, opportunities for participating in cocurricular and extracurricular activities and training and placement as well as examination system. • Each of the department has allotted mentors for small groups of students, which comprises of faculty members as batch mentor at the various levels from first year to Master's students. The batch size is not more than 25 students. The mentor helps to solve problems of the students in academics, career advancement, campus/hostel, personal issues etc. The mentors meet the students periodically/as and when needed and monitor their performance and activities. Through these mentoring sessions teachers are able to identify students who require more attention, are slow learners, advanced learners, we also come to know about the skills and hobbies which are further worked upon to enhance the skill or talent in the student and represent the institute on a large platform too. • College administrative office maintains information of students, which includes: o Personal Information o Previous Academic Record o Academic Performance o Competitive Examination Details o Details of Internship and Industrial training o Scholarships/awards received o Co-Curricular and Extra Curricular activities etc • The students are also guided on professional and career advancement. Mentors and coordinators maintain the record of monitoring of attendance and performance of each students' multiple times in a semester and identifies irregular and academically weak students. • Parents are contacted via written and oral telephonic conversation one to one meeting with such weak or irregular attendance students and motivate them to improve their performance. Apart from these weaker students are mentored by each subject teacher to upgrade their performance through personal interaction.

Number of students enrolled in the institution	Number of fulltime teachers	Mentor : Mentee Ratio
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676

24

1:28

**2.4 – Teacher Profile and Quality****2.4.1 – Number of full time teachers appointed during the year**

No. of sanctioned positions	No. of filled positions	Vacant positions	Positions filled during the current year	No. of faculty with Ph.D
27	24	1	1	10

**2.4.2 – Honours and recognition received by teachers (received awards, recognition, fellowships at State, National, International level from Government, recognised bodies during the year )**

Year of Award	Name of full time teachers receiving awards from state level, national level, international level	Designation	Name of the award, fellowship, received from Government or recognized bodies
2020	Mrs Anuradha Mitra	Associate Professor	'Gold Medal' at the 14th Maharashtra State AVISHKAR Research Convention held at Mumbai in Jan 2020. In the Humanities Category, Level TH. Organised by Raj Bhavan, Maharashtra State.
2020	Dr Kamini Rege	Assistant Professor	Best Presenter Award for Research paper titled "Suicidal tendencies in teenagers. Awareness among parents and teachers.' Online 1-day National Multidisciplinary Conference at Engineering innovative Trends in humanities, commerce, Science environm
2020	Dr Kamini Rege	Assistant Professor	Certificate of Honour for research paper title "Child Sexual Abuse among Children (2 - 6 yrs) Parental Perspective regarding myths, facts, challenges and guidelines during the amidst of COVID-19 at the National Conference

			(webinar) on "Crisis in Indi
2020	Dr. Pratima Goyal	Associate Professor	Best research paper award at an online International confe rence-"Bhavisya After Covid 19"
2020	Mrs. Roopa Rao	Assistant Professor	Appointed as District Co- ordinator 2019-2020 for Zone - I (Mumbai - I) (Colaba to Mahim, CSMT to Matunga and CSMT to Wadala) for 14th Maharastra State Avishkar Convention 2020 by the Department of Students' Development, University of Mumbai.
2020	Mrs. Roopa Rao	Assistant Professor	Appointed as the "Team Manager" to lead the prestigious University of Mumbai Avishkar team at the 14th Maharashtra State Avishkar Research Convention" hosted by the University of Mumbai from 28th to 30th January 2020 at Kalina Campus.
2020	Mrs. Roopa Rao	Assistant Professor	Appointed as the Team Manager to lead the prestigious University of Mumbai at Anveshan West Zone Inter- University Students' Research Convention" hosted by the University of Mumbai from 17th - 19th Feb 2020 at Kalina Campus.
2020	Mrs. Roopa Rao	Assistant Professor	Appointed as the "Team Manager" to lead the

prestigious  
University of  
Mumbai at Anveshan  
National Students'  
Research  
Convention"  
organised by  
Association of  
Indian  
Universities, New  
Delhi.

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## 2.5 – Evaluation Process and Reforms

2.5.1 – Number of days from the date of semester-end/ year- end examination till the declaration of results during the year

Programme Name	Programme Code	Semester/ year	Last date of the last semester-end/ year-end examination	Date of declaration of results of semester-end/ year- end examination
BSc	Nill	1-5	22/11/2019	17/03/2020
MSc	Nill	1-3	20/11/2019	25/02/2020
PG Diploma	Nill	1	14/12/2019	16/10/2020
BSc	IS000315	6	10/10/2020	23/12/2020
MSc	IS01333	4	08/10/2020	07/11/2020
PG Diploma	Nill	2	10/10/2020	03/12/2020

[View File](#)

2.5.2 – Reforms initiated on Continuous Internal Evaluation(CIE) system at the institutional level (250 words)

Reforms in Continuous Internal Evaluation (CIE) system at the institutional level the institute has taken efforts to improve the performance of students by framing significant reforms in Continuous Internal evaluation at the institute level. The reforms are as follows: 1. Awareness of evaluation and assessment system in orientation program. 2. Regular class tests, Surprise test Quiz are conducted prior to mid examinations. 3. Regular conduct of group discussions, seminars and guest lectures. 4. Monitoring the improvement in slow learner and encouraging the fast learners by reviewing their performance. 5. Industrial visits are arranged for the students and students submit the visit report which is also evaluated. 6. Remedial measures are taken by conducting tutorial classes to clarify doubts and re-explaining the critical topics. 7. Topic wise question banks are provided for all subjects. 8. Students are encouraged to solve previous years Exam question papers. 9. MOODLE learning Management System is utilized for Continuous internal evaluation like quiz and assignments 10. Mnemonics and mind mapping are included as an innovative practice. 11. The department and institute regularly conduct, group discussions, seminars and guest lectures. 12. Poor performance due to frequent absenteeism is dealt by sending registered letters to the parents of such students. 13. The institute effectively uses website and WhatsApp group for the exam section wherein all the notices related to the examination and academics can be circulated and communicated to all students. 14. Monitoring the improvement in learning of slow learner and encouraging the advanced learners by reviewing their performance in exams. Impact: These reforms have resulted in substantial improvement in student's performance through comprehension of difficult topics, improved time management, enhanced writing skills and individualized attention

resulting in refining their cognitive, psychomotor and affective domains of learning. This has significantly enhanced the pass percentage and academic excellence of students.

2.5.3 – Academic calendar prepared and adhered for conduct of Examination and other related matters (250 words)

The Academic calendar of college is prepared by the IQAC, coordinators and Heads Of the Department (HOD) along with staff of the department which is in adherence with the University calendar. • Each department conducts the meetings of faculty before term end of previous semester and discusses the syllabus of the program and identifies specialized faculty in particular domain and calls the subject preferences from the faculty. Based on this discussion HOD distributes the workload and considers rotation of subjects. Faculty prepares teaching plan of topics to be covered in upcoming semester as well as course file before the beginning of next semester. • The faculty prepares course file by referring standard course file index it includes details of workplan, lecture notes and other study material, previous year University question papers along with solution, assignments, e-learning material etc. Faculty also identifies list of lab experiments need to be conducted. • The students are informed about time table, academic calendar and teaching plan. • At the end of Term college and University conducts examination and evaluate the students' performance and offers result for the same. • College and departments organize co-curricular and extracurricular activities to supplement the curriculum. • Syllabi copy is available in the library as well as website of the University and college. Evaluation patterns are explained during the orientation session to students.

## 2.6 – Student Performance and Learning Outcomes

2.6.1 – Program outcomes, program specific outcomes and course outcomes for all programs offered by the institution are stated and displayed in website of the institution (to provide the weblink)

<https://www.nirmalaniketan.com/documents/default?f=naac/pdf/exit-interview--students-276.pdf>

2.6.2 – Pass percentage of students

Programme Code	Programme Name	Programme Specialization	Number of students appeared in the final year examination	Number of students passed in final year examination	Pass Percentage
Nill	PG Diploma	Dietetics & Applied Nutrition (First Half)	21	21	100
Nill	MSc	Home Science (First Half)	150	147	98
Nill	BSc	Home Science (First Half)	487	403	82.75
Nill	PG Diploma	Dietetics & Applied Nutrition (second half)	21	21	100
Nill	MSc	Home	152	144	94.74

		Science (Second half)			
Nil	BSc	Home Science (second half)	495	391	78.98
<a href="#">View File</a>					

## 2.7 – Student Satisfaction Survey

2.7.1 – Student Satisfaction Survey (SSS) on overall institutional performance (Institution may design the questionnaire) (results and details be provided as weblink)

<https://www.nirmalaniketan.com/documents/default?f=naac/pdf/ssr-responses-2019--20-273.pdf>

## CRITERION III – RESEARCH, INNOVATIONS AND EXTENSION

### 3.1 – Resource Mobilization for Research

3.1.1 – Research funds sanctioned and received from various agencies, industry and other organisations

Nature of the Project	Duration	Name of the funding agency	Total grant sanctioned	Amount received during the year
Projects sponsored by the University	365	University of Mumbai	45000	0
Projects sponsored by the University	365	University of Mumbai	50000	0
Minor Projects	365	IIT Mumbai	8599	8599
Major Projects	1095	Ministry of Tribal Affairs, STWG Division, for the Government of Maharashtra	10400000	5200000
Major Projects	1095	Tribal Research and Training Institute (TRTI), Pune	580000	261000
Projects sponsored by the University	365	University of Mumbai	35000	0
Projects sponsored by the University	365	University of Mumbai	50000	20000
Projects sponsored by the University	730	University of Mumbai Department of Students' Development (for receiving the Avishkar	144000	0

		Gold Medal in 2017-2018, State Level, Humanities PPG Category)		
Projects sponsored by the University	365	University of Mumbai	50000	0
Projects sponsored by the University	365	University of Mumbai	25000	0
No file uploaded.				

### 3.2 – Innovation Ecosystem

3.2.1 – Workshops/Seminars Conducted on Intellectual Property Rights (IPR) and Industry-Academia Innovative practices during the year

Title of workshop/seminar	Name of the Dept.	Date
Online workshop on One Stroke Painting (Innovative use of Paints)	CRM Collaborating agencies: Aparna Sheth from PIDILITE Fevicryl	10/06/2020
Online workshop on Mix Media" (Innovative Use of Mixed Media)	CRM Collaborating agencies: Aparna Sheth from PIDILITE Fevicryl	12/06/2020
Decoupage Workshop (Innovation in Design)	CRM Collaborating agencies: Aparna Sheth from PIDILITE Fevicryl	03/08/2020
National Nutrition Week-2019 1.Har Ghar Poshan Vyavahar 2.Panch Sutra for Maah	FND Collaborating agencies Association of Food Scientists and Technologists of India (AFSTI) and supported by Marico India Ltd	21/09/2019
"Walnuts for Wellness"	FND Collaborating agencies The California Walnut Commission <a href="https://californiawalnuts.in">https://californiawalnuts.in</a>	12/10/2019
International Webinar Contemporary issues in Interior Space Design.	CRM Collaborating agencies: Mr. Sanjay Pabari (Architect Head of the Department, Interior Design, SMRK, Nashik) and Mr. Pratyush Khatri (Architect Faculty member, Interior Design Department, SMRK, Nashik).	09/06/2020
FoSTaC Training and HACCP Workshop	FND Collaborating agencies Safe Foods Solution	25/02/2020
Online session - Masterclass by Chef Vicky Ratnani	FND Collaborating agencies U.S Poultry	23/04/2020



Eating Right with Poultry	FND Collaborating agencies U.S. Poultry	28/04/2020
Power of Poultry	FND Collaborating agencies U.S. Poultry	22/05/2020
E-VIKAS Webinar series: Embracing Immense Digital Opportunities in the field of Nutrition and Dietetics	FND Collaborating agencies Kellogg's Nutrition	28/05/2020
E-VIKAS Webinar series: Role and Rise of a Nutritionist after COVID-19	FND Collaborating agencies Kellogg's Nutrition	29/05/2020
E-VIKAS Webinar series Setting up Digital Consultancy Services	FND Collaborating agencies Kellogg's Nutrition	31/05/2020
Paramparik Karigars Hands on Workshop on "Sanjhi" Traditional Crafts of India	TFT Collaborating agencies: Paramparik Karigars	27/08/2019
Paramparik Karigars Hands on Workshop on "Leather Crafts" Traditional Crafts of India	TFT Collaborating agencies: Paramparik Karigars	27/08/2019
Technical Seminar "3 P's OF SUSTAINABILITY: Design Thinking Innovation in Textile Coloration and Finishing." Technology Design Collaboration for Future Innovation in Medical and Protective Textiles Apparel - Pandemic Era"	TFT Collaborating agencies: Gopakumar Nair Associates High Performance Textiles Pvt. Ltd Archroma India Sustainable Textile Solutions Sohan Dye Chem Private Limited	08/02/2020
National Webinar on "Swadeshi bloom - Indian crafts and Technology - Impetus in Pandemic Era"	TFT Collaborating agencies: Shrishti Welfare Trust Prachin Atulsia Technologies Karomi Start-up Oasis	26/05/2020
National Webinar "Medical and Protective Textiles and Apparel in the Pandemic Era"	TFT Collaborating agencies: Suvin Advisories Pvt Ltd. Rossari Biotech Ltd. VJTI COLLEGE	29/05/2020
National Webinar "Technology Design Collaboration for Future Innovation in Medical and Protective Textiles Apparel - Pandemic Era"	TFT Collaborating agencies: Indian Technical Textile Association Self Esteem Foundation for disabled Brand BUNKO JUNKO Karleo	05/06/2020
Webinar Series Showcasing Alumnae Expertise (Session 2) International	HD Collaborating agency- Staff of Adaptive Design Association, New York,	27/05/2020

Creating Accessibility  
For Inclusion Through  
Adaptive Design

USA - Ms. Michelle  
D'Mello (department  
alumna) and Ms. Tamara  
Morgan

3.2.2 – Awards for Innovation won by Institution/Teachers/Research scholars/Students during the year

Title of the innovation	Name of Awardee	Awarding Agency	Date of award	Category
Recipe to Good Occupational Health	Hegde, Sarah., Lakshmi, K., Owias, Zoya and Wani, Sanskruti (TY BSc CRM Students) Guide: Ms Roopa Rao (CRM Faculty)	University of Mumbai at Kalina Campus, Santacruz, Mumbai. 14th AVISHKAR Inter-University Research Competition	28/01/2020	Awarded GOLD MEDAL at the 14th AVISHKAR Inter-University Research Competition under Category 2: Commerce, Management and Law Level 1: UG Certificates, Medals and Cash prize of Rs. 5000/- The group also received scholarship of Rs. 3000/- for 12 mths
Value addition on non-woven fabric using microencapsulation technique (decongestant and pain balm)	Dr. Pratima Goyal (TFT Faculty)	Thakur College of Science and Commerce IQAC BAF Department International Conference (Webinar)–Bhavisya of India After Covid 19"	02/05/2020	Best research paper award
Digital Communication, Street Play and Debates	Ms. Janvi Dhanak M.Sc. SN-II (FND student)	Association of Food Scientists and Technologists of India (AFSTI) supported by Marico India Ltd	21/09/2019	Prize for Best Speaker
Digital Communication, Street Play and Debates	Ms. Olivia Crasto M.Sc. FPP-II (FND student)	Association of Food Scientists and Technologists of India (AFSTI) supported by Marico India Ltd	21/09/2019	1st Prize for Best Speaker
Body Composition and	Ms. Anuradha Sandeep Mitra	University of Mumbai	28/01/2020	'Gold Medal' at the 14th

Metabolic Syndrome in Adolescent Girls from four different religions	(FND Faculty) Guide: Dr. Subhadra Mandalika (FND Faculty)			Maharashtra State AVISHKAR Research Convention held at Mumbai in January 2020. In the Humanities Category, Level TH. (Teacher). Organised by Raj Bhavan, Maharashtra State. Secured First Rank, Best research in Humanities, Teac
13th Avishkar Maharashtra State Research Convention (2018-2019)	College of Home Science, Nirmala Niketan	University of Mumbai	23/07/2019	Championship Trophy for the Best Participating College (1st Rank) from Zone-I (Mumbai I)
Suicidal tendencies in teenagers. Awareness among parents and teachers	Dr. Kamini Rege (HD Faculty)	Lala Lajpat Rai College of Commerce and Economics, Mumbai, Maharashtra Online 1-day National Multidisciplinary Conference (Webinar) on Emerging Innovative Trends in Humanities, Commerce, Science Environment	05/06/2020	Best Presenter Award
"Child Sexual Abuse among Children (2 - 6 yrs) Parental Perspective regarding myths, facts, challenges and guidelines during the amidst of COVID-19"	Dr. Kamini Rege (HD Faculty)	Achievers College of Commerce And Management Night College Kalyan (W) (Webinar) on "Crisis in India: Reasons and Remedies."	30/05/2020	Certificate of Honour at the National Conference
Antibacterial	Ms. Neha	Uttar Pradesh	01/05/2020	Secured 3rd

finish application based on zinc oxide nanoparticles on cotton fabrics along with fluid repellent treatment for healthcare apparel	Mulchandani (TFT Faculty) Guide: Dr. Vishaka Karnad (TFT Faculty)	Textile Technology Institute UPTTI Kanpur at the Online Hackathon Design and performance of components of PPE for fighting against COVID-19		Prize in the Professional Category and cash prize of Rs. 2000/-
Unpacking the School Backpacks	Chawhan, Ashwini, Chacko, Leena., Vora, Hasvi and Singh, Vidhya (TY BSc CRM Students) Guide: Ms Roopa Rao (CRM Faculty)	URJITA 2020 - Inter Collegiate Students Research Competition Theme Good Health and Well-being. Organized - by Smt. P. N. Doshi Womens College (affiliated to S.N.D.T. University), Mumbai	03/02/2020	Awarded 2nd Best Research paper certificates and a cash prize of Rs. 3000/-

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3.2.3 – No. of Incubation centre created, start-ups incubated on campus during the year

Incubation Center	Name	Sponsored By	Name of the Start-up	Nature of Start-up	Date of Commencement
<b>No Data Entered/Not Applicable !!!</b>					
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**3.3 – Research Publications and Awards**

3.3.1 – Incentive to the teachers who receive recognition/awards

State	National	International
<b>No Data Entered/Not Applicable !!!</b>		

3.3.2 – Ph. Ds awarded during the year (applicable for PG College, Research Center)

Name of the Department	Number of PhD's Awarded
Human Development	1

3.3.3 – Research Publications in the Journals notified on UGC website during the year

Type	Department	Number of Publication	Average Impact Factor (if any)
International	FND	2	4.6
International	TFT	1	Nill

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3.3.4 – Books and Chapters in edited Volumes / Books published, and papers in National/International Conference Proceedings per Teacher during the year

Department	Number of Publication
HD	1
TFT	2
<a href="#">View File</a>	

3.3.5 – Bibliometrics of the publications during the last Academic year based on average citation index in Scopus/ Web of Science or PubMed/ Indian Citation Index

Title of the Paper	Name of Author	Title of journal	Year of publication	Citation Index	Institutional affiliation as mentioned in the publication	Number of citations excluding self citation
Effect of Vitamin D3 and Virgin Coconut Oil on Cartilage Degeneration, Inflammation and Functional Abilities in Early Knee Osteoarthritis	Monal Velangi, Subhadra Mandalika, Surendra Shukla, Vandana Pradhan	Functional Foods in Health and Disease	2019	5.9	Department of Foods, Nutrition Dietetics, College of Home Science, Nirmala Niketan, University of Mumbai	Nil
Ergonomic Evaluation of The Residence (Private Areas) of the Elderly pp. 108 - 128	Roopa Rao	International Journal of Multidisciplinary Educational Research	2019	6.5	College of Home Science Nirmala Niketan, Mumbai	Nil
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3.3.6 – h-Index of the Institutional Publications during the year. (based on Scopus/ Web of science)

Title of the Paper	Name of Author	Title of journal	Year of publication	h-index	Number of citations excluding self citation	Institutional affiliation as mentioned in the publication
Nil	Vishaka Karnad (Author H-Index)	Nil	2020	1	1	College of Home Science, Nirmala Niketan
Effect of Vitamin D3 and	Monal Velangi, Subhadra	Functional Foods in	2019	16	Nil	Department of Foods,

Virgin Coconut Oil on Cartilage Degeneration, Inflammation and Functional Abilities in Early Knee Osteoarthritis	Mandalika, Surendra Shukla, Vandana Pradhan	Health and Disease 2019 9(10): 662-677				Nutrition Dietetics, College of Home Science, Nirmala Niketan, University of Mumbai
Nil	Anuradha J. Bakshi (Author H-Index)	Nil	2020	8	305	128: University of Tennessee at Knoxville, USA 177: College of Home Science, Nirmala Niketa Nirmala Niketan College of Home Science, University of Mumbai
Nil	Subhadra Mandalika (Author H-Index)	Nil	2019	3	39	College of Home Science, Nirmala Niketan
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### 3.3.7 – Faculty participation in Seminars/Conferences and Symposia during the year :

Number of Faculty	International	National	State	Local
Attended/Seminars/Workshops	25	25	14	19
Presented papers	6	5	5	9
Resource persons	9	6	3	11
No file uploaded.				

### 3.4 – Extension Activities

3.4.1 – Number of extension and outreach programmes conducted in collaboration with industry, community and Non- Government Organisations through NSS/NCC/Red cross/Youth Red Cross (YRC) etc., during the year

Title of the activities	Organising unit/agency/ collaborating agency	Number of teachers participated in such activities	Number of students participated in such activities
No file uploaded.			

5th International Yoga Day Camp 17th - 21st June 2019	Organizing Unit: NSS Collaborating Agency: NSS unit of K. C. College	1	1
Extension Education Programme 12th February to 14th February 2020	Organizing unit: TFT Department, College of Home science, Nirmala Niketan Collaborating agency: Jeevan Dhara, Mankhurd	2	31
Interaction with the children and their caregivers at the orphan (16/02/20)	Organizing unit: HD Department, College of Home science, Nirmala Niketan Collaborating agencies: SOS Children's Village, Pune	2	43
"Nutrition in Emergencies 16th October, 2019	Organizing unit: Diet Counseling Centre, FND Department Collaborating agencies Nutrition Society of India, Mumbai Chapter UNICEF	4	160
Breast feeding awareness March on the occasion of World Breastfeeding Week 2019 7th August, 2019	Organizing unit: Diet Counseling Centre, FND Department ? Collaborating agencies ? Dr Rupal Dalal, the Director of Health, Shrimati Malati Dahanukar Trust (SMDT)	2	15
Recreational activities conducted for the elderly at the old age home (16/02/2020)	Organizing unit: HD Department, College of Home science, Nirmala Niketan Collaborating agencies: Sunworld Centre for Active Ageing, Pune	2	43
Fieldwork training for textile skill development August 2019 to February 2020 (weekly basis)	Organizing unit: TFT Department, College of Home science, Nirmala Niketan Collaborating	2	31

Fieldwork training for textile skill development	agency: Aasra Foundation, Ghatkopar		
Avhan Disaster Management Camp 3rd June 2019	Organizing Unit: NSS College of Home Science Nirmala Niketan Collaborating Agency: SNDT Womens University	1	1
Income generation activities conducted for the families belonging to low income groups (22/08/2019 19/09/19 26/9/19 3/10/19 17/10/19 21/11/19)	Organizing unit: CRM Department, College of Home science, Nirmala Niketan Collaborating agencies: Family Service Centre, Colaba	1	4
Interactive session and assessments for the youth at the NGO (12/09/19 26/09/19 03/10/19)	Organizing unit: CRM Department, College of Home science, Nirmala Niketan Collaborating agencies: Bright Future NGO	1	36

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3.4.2 – Awards and recognition received for extension activities from Government and other recognized bodies during the year

Name of the activity	Award/Recognition	Awarding Bodies	Number of students Benefited
<b>No Data Entered/Not Applicable !!!</b>			
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3.4.3 – Students participating in extension activities with Government Organisations, Non-Government Organisations and programmes such as Swachh Bharat, Aids Awareness, Gender Issue, etc. during the year

Name of the scheme	Organising unit/Agency/collaborating agency	Name of the activity	Number of teachers participated in such activities	Number of students participated in such activities
Weekly Fieldwork	Organizing unit: TFT Department, College of Home Science, Nirmala Niketan Collaborating agency: Aasra Foundation, Ghatkopar	Fieldwork training for textile skill development	2	31
Rural Camp Feb 14th and 15th 2020	Organizing unit: FND Department,	RURAL CAMP Nutrition awareness	3	40



	College of Home Science, Nirmala Niketan Collaborating agencies: Jeevan Dhara Institute of Social Work, DHM Centre, Kolad	programs for tribal women and adolescent girls		
Breast feeding awareness March on the occasion of World Breastfeeding Week 2019 7th August, 2019	Organizing unit: FND Department ? Collaborating agencies ? Dr Rupal Dalal, the Director of Health, Shrimati Malati Dahanukar Trust (SMDT) ?	2ND Mumbai Lactathon-Breast feeding awareness programme	2	15
Recreational activities conducted for the elderly at the old age home (16/02/2020)	Organizing unit: HD Department, College of Home Science, Nirmala Niketan Collaborating agencies: Sunworld Centre for Active Ageing, Pune	Recreational activities conducted for the elderly at the old age home	2	43
Interaction with the children and their caregivers at the orphan (16/02/20)	Organizing unit: HD Department, College of Home Science, Nirmala Niketan Collaborating agencies: SOS Children's Village, Pune	Interaction with the children and their caregivers at the orphan	2	43
Disaster Management Workshop	Organizing Unit: NSS College of Home Science Nirmala Niketan Collaborating Agency: SNTD Womens University	Avhan Disaster Management Camp	1	1
Training Camp	Organizing Unit: NSS Collaborating Agency: NSS unit of K. C.	5th International Yoga Day Camp	1	1

	College			
Interactive session and assessments for the youth at the NGO (12/09/19 26/09/19 03/10/19)	Organizing unit: CRM Department, College of Home science, Nirmala Niketan Collaborating agencies: Bright Future NGO	Interactive session and assessments for the youth at the NGO	1	36
Income generation activities conducted for the families belonging to low income groups (22/08/2019 19/09/19 26/9/19 3/10/19 17/10/19 21/11/19)	Organizing unit: CRM Department, College of Home science, Nirmala Niketan Collaborating agencies: Family Service Centre, Colaba	Income generation activities conducted for the families in difficult circumstances	1	4
Weekly Fieldwork	Organizing unit: TFT Department, College of Home Science, Nirmala Niketan Collaborating agency: Arshiya, Byculla	Fieldwork training for textile skill development	2	31
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### 3.5 – Collaborations

#### 3.5.1 – Number of Collaborative activities for research, faculty exchange, student exchange during the year

Nature of activity	Participant	Source of financial support	Duration
Doctoral Research (FND Department): Expertise sharing	1 Teacher + 1 student	BARC, Mumbai Materials sponsored access to research laboratories	Nil
Doctoral Research (FND Department): Expertise sharing	1 Teacher + 1 student	Bhatia Hospital Research Centre, Mumbai Materials sponsored access to research laboratories	Nil
MSc Research (FND Department): Expertise sharing	1 Teacher + 1 student	Dr. Santosh Karmarkar (Consultant paediatric surgeon, Lilavati Hospital	Nil

		Founder of Spina Bifida Foundation) Provided resources for collecting data	
MSc Research (FND Department): Expertise sharing	1 Teacher + 1 student	St. Xavier's College of Arts, Science Commerce, Mumbai Laboratory resources	Nil
MSc Research (FND Department): Expertise sharing	1 Teacher + 2 students	Jaihind College, Mumbai Laboratory resources	Nil
MSc Research (FND Department): Expertise sharing	1 Teacher + 3 students	Bhavan's College, Mumbai Laboratory resources	Nil
MSc Research (FND Department): Expertise sharing	1 Teacher + 1 student	Dr. Dhananjay More Fitness Solutions <a href="http://drdhananjaymore.com/">http://drdhananjaymore.com/</a> Centre resources	Nil
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3.5.2 – Linkages with institutions/industries for internship, on-the- job training, project work, sharing of research facilities etc. during the year

Nature of linkage	Title of the linkage	Name of the partnering institution/ industry /research lab with contact details	Duration From	Duration To	Participant
Rural Camp/ Fieldwork/ Extension Education	TY CRM Extension Work with youth from the Warli tribe	Gyanjyoti Community College Patilpada, Maharashtra 401602	10/02/2020	12/02/2020	12
Extension Education	CRM Extension Work Recreational and skill development activities for the villagers	Snehavardh ini Social Trust P.O, Varse, Roha, Maharashtra 402116	10/02/2020	12/02/2020	20
Sharing of facilities for research	MSc Research (TFT Department): Materials sponsored by Textile Industry	Arora Drape 5B/51 Mittal Industrial Estate, M.V Road, Saki Naka Andheri- East, Mumbai,	07/11/2019	27/02/2020	1

		Maharashtra 400059			
Sharing of facilities for research	MSc Research (TFT Department): Materials sponsored by Textile Industry	Sarex 501/502, Waterford, C Wing, C. D. Barfiwala Marg (Juhu Lane), Andheri (West), Mumbai, Maharashtra 400058	07/11/2019	27/02/2020	1
Internship	HD MSc 2 Internship	DVruddhist eps to Rise!! Ms. Disha Shah A1, Nancy Cottage, Near Jain Temple, Nensey Colony, Borivali East, Mumbai, Maharashtra 400066	01/05/2019	31/05/2019	1
Internship	HD MSc 2 Internship	National Association of the Blind (NAB) <a href="https://www.nabindia.org/">https://www.nabindia.org/</a>	14/10/2019	17/10/2019	3
Sharing of facilities for research	MSc Research (FND Department): Obtained resources for collecting data	National Association of the Blind (NAB) <a href="https://www.nabindia.org/">https://www.nabindia.org/</a>	01/08/2019	30/12/2019	1
Internship	MSc-2 (FPP) Internship	Mondelez International 1st Pokhran road, Off Eastern Express Highway, Thane-400606. Maharashtra, India.	29/05/2020	14/08/2020	1
Internship	MSc-2 (SN) Internship	Sports Authority of	25/05/2020	04/07/2020	6

		India 3- Akurli Road, Kandivli East, Mumbai <a href="https://sportsauthorityofindia.nic.in/">https://sportsauthorityofindia.nic.in/</a>			
Internship	PGD Internship	H.N. Reliance Foundation Hospital and Research Centre, Sir HN reliance hospital , Prarthana Samaj, Raja Rammohan Roy Rd, Girgaon, Mumbai, Maharashtra 400004	15/06/2019	15/08/2019	2
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3.5.3 – MoUs signed with institutions of national, international importance, other universities, industries, corporate houses etc. during the year

Organisation	Date of MoU signed	Purpose/Activities	Number of students/teachers participated under MoUs
<b>No Data Entered/Not Applicable !!!</b>			
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#### **CRITERION IV – INFRASTRUCTURE AND LEARNING RESOURCES**

##### **4.1 – Physical Facilities**

4.1.1 – Budget allocation, excluding salary for infrastructure augmentation during the year

Budget allocated for infrastructure augmentation	Budget utilized for infrastructure development
110000	435325

4.1.2 – Details of augmentation in infrastructure facilities during the year

Facilities	Existing or Newly Added
Classrooms with Wi-Fi OR LAN	Existing
Seminar halls with ICT facilities	Existing
Classrooms with LCD facilities	Existing
Seminar Halls	Existing
Laboratories	Existing
Class rooms	Existing
<a href="#">View File</a>	

##### **4.2 – Library as a Learning Resource**

4.2.1 – Library is automated {Integrated Library Management System (ILMS)}

Name of the ILMS software	Nature of automation (fully or partially)	Version	Year of automation
SLIM 21	Fully	3.5.0.33040	2009

#### 4.2.2 – Library Services

Library Service Type	Existing		Newly Added		Total	
Text Books	122	165330	21	151063	143	316393
Reference Books	117	650435	12	21829	129	672264
Journals	53	236413	17	96087	70	332500
e-Journals	22	707534	14	371117	36	1078651
Digital Database	2	11800	1	5900	3	17700
Library Automation	2	591755	1	30267	3	622022
Weeding (hard & soft)	179	9378	68	17260	247	26638
Others (specify)	14	21810	7	10790	21	32600
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4.2.3 – E-content developed by teachers such as: e-PG- Pathshala, CEC (under e-PG- Pathshala CEC (Under Graduate) SWAYAM other MOOCs platform NPTEL/NMEICT/any other Government initiatives & institutional (Learning Management System (LMS) etc

Name of the Teacher	Name of the Module	Platform on which module is developed	Date of launching e-content
No Data Entered/Not Applicable !!!			
No file uploaded.			

#### 4.3 – IT Infrastructure

##### 4.3.1 – Technology Upgradation (overall)

Type	Total Computers	Computer Lab	Internet	Browsing centers	Computer Centers	Office	Departments	Available Bandwidth (MBPS/GBPS)	Others
Existing	96	1	3	1	0	3	4	50	0
Added	34	0	0	0	0	0	0	0	0
Total	130	1	3	1	0	3	4	50	0

##### 4.3.2 – Bandwidth available of internet connection in the Institution (Leased line)

50 MBPS/ GBPS
---------------

##### 4.3.3 – Facility for e-content

Name of the e-content development facility	Provide the link of the videos and media centre and recording facility
<b>No Data Entered/Not Applicable !!!</b>	

#### 4.4 – Maintenance of Campus Infrastructure

4.4.1 – Expenditure incurred on maintenance of physical facilities and academic support facilities, excluding salary component, during the year

Assigned Budget on academic facilities	Expenditure incurred on maintenance of academic facilities	Assigned budget on physical facilities	Expenditure incurred on maintenance of physical facilities
40000	77900	1300000	8180034

4.4.2 – Procedures and policies for maintaining and utilizing physical, academic and support facilities - laboratory, library, sports complex, computers, classrooms etc. (maximum 500 words) (information to be available in institutional Website, provide link)

The governing body of College along with the Principal and IQAC decide the guidelines for overall development and accordingly frame policies based on guidelines of UGC, University of Mumbai and the State Government. There are in place different committees to look into maintenance and other infrastructural facilities.

1. Purchase Committee - The committee scrutinizes the proposal of fund utilization based on need and requirement to ensure optimal utilization of funds allocated to the respective departments each academic year. The decision is finalized on the basis of quotations.
2. Library Advisory Committee - The library has advisory committee with a Librarian as convener and faculty members nominated as member of the committee by the Principal. This committee meets to discuss the function, requirements, utilization of resources, distribution of funds and other matters pertaining to the library.
3. Infrastructural Guidelines and policies (For use, repair and maintenance)
  - Use of LIFT: College has front lift and rear lift. Students are allowed to use the rear lift and front lift up to the 5th floor for only going to the higher floors on regular basis. In case of physically disabled students and students with medical issues, lift can be used up to the 7th floor both ways.
  - Use of classrooms: Class representatives have to report any breakages/ non-functioning of instruments (e.g., LCD, etc.) in maintenance register and report to the concerned authority.
  - Use of Mobile Phones in College Premises: Students are permitted to use mobile phones only in the lobby on the ground floor, the common room and on the landings at any time during the day phones may also be used in other places during the break from 10.30 am - 11.00 am. There is fine of Rs 500/- for mobile usage in the class room during lectures, and Rs 100 /- for mobile phone usage in other non-designated areas (Library, Laboratories, and computer laboratory) throughout the entire day. Phones are to be switched off and placed in the bag during class hours. Students are permitted to charge their phones only in the common room. Students are responsible for the safekeeping of their mobile phones (Refer to Pg. no. 9 of the student's Handbook). Students are allowed to use mobile phones for academic purpose in classrooms and laboratories with permission of the teacher in-charge.
  - Use of Laboratories Students are not permitted in the laboratories without the presence of the faculty. The M. Sc. and PhD students can use the laboratory and equipment only by prior booking of lab and placing a requisition for the equipment to be used. The rules and regulations to be followed by students while working in Food lab, Chemistry lab, Clothing lab and Computer lab have been displayed in the respective laboratories. Memorandum of Understanding (MoU) FOR SHARING OF LABORATORIES WITH OTHER EDUCATIONAL INSTITUTES An Official Document of MoU is maintained for every academic year. These MoU enables our students to use laboratory facilities according to the prescribed terms and conditions which is revised every

**CRITERION V – STUDENT SUPPORT AND PROGRESSION**

**5.1 – Student Support**

5.1.1 – Scholarships and Financial Support

	Name/Title of the scheme	Number of students	Amount in Rupees
Financial Support from institution	Nill	20	88800
Financial Support from Other Sources			
a) National	Nill	31	2356839
b) International	Nill	Nill	0

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5.1.2 – Number of capability enhancement and development schemes such as Soft skill development, Remedial coaching, Language lab, Bridge courses, Yoga, Meditation, Personal Counselling and Mentoring etc.,

Name of the capability enhancement scheme	Date of implemetation	Number of students enrolled	Agencies involved
Personal Counseling- Heart to Heart	01/08/2019	314	Counseling Cell of the College
Yoga Meditation- Body Head Space	21/06/2019	165	Multiple
Soft skills- Wow Zindagi	03/07/2019	155	Multiple

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5.1.3 – Students benefited by guidance for competitive examinations and career counselling offered by the institution during the year

Year	Name of the scheme	Number of benefited students for competitive examination	Number of benefited students by career counseling activities	Number of students who have passed in the comp. exam	Number of students placed
2019	Guidance for competitive examination	Nill	Nill	24	Nill
2019	Employment placement Cell - Career Guidance	Nill	200	Nill	47

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5.1.4 – Institutional mechanism for transparency, timely redressal of student grievances, Prevention of sexual harassment and ragging cases during the year

Total grievances received	Number of grievances redressed	Avg. number of days for grievance redressal



Nil

Nil

Nil

**5.2 – Student Progression**

## 5.2.1 – Details of campus placement during the year

On campus			Off campus		
Name of organizations visited	Number of students participated	Number of students placed	Name of organizations visited	Number of students participated	Number of students placed
Nil	Nil	Nil	Multiple given in Excel file	47	47
<a href="#">View File</a>					

## 5.2.2 – Student progression to higher education in percentage during the year

Year	Number of students enrolling into higher education	Programme graduated from	Department graduated from	Name of institution joined	Name of programme admitted to
2019	2	Post Graduate Diploma in Dietetics and Applied Nutrition	Post Graduate Dietetics and Applied Nutrition	Multiple given in file attached	Multiple given in file attached
2019	3	M.Sc. Home Science (Human Development)	Human Development	Multiple given in file attached	Multiple given in file attached
2019	1	M.Sc. Home Science (Foods, Nutrition & Dietetics)	Foods, Nutrition & Dietetics	Multiple given in file attached	Multiple given in file attached
2019	15	B.Sc. Home Science (Community Resource Management)	Community Resource Management	Multiple given in file attached	Multiple given in file attached
2019	14	B.Sc. Home Science (Textiles and Fashion Technology)	Textiles and Fashion Technology	Multiple given in file attached	Multiple given in file attached
2019	36	B.Sc. Home Science (Foods, Nutrition Dietetics)	Foods, Nutrition Dietetics	Multiple given in file attached	Multiple given in file attached
2019	11	B.Sc. Home Science (Human Development)	Human Development	Multiple given in file attached	Multiple given in file attached

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5.2.3 – Students qualifying in state/ national/ international level examinations during the year (eg:NET/SET/SLET/GATE/GMAT/CAT/GRE/TOFEL/Civil Services/State Government Services)

Items	Number of students selected/ qualifying
NET	9
GRE	2
TOFEL	2
Any Other	10
SET	1

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5.2.4 – Sports and cultural activities / competitions organised at the institution level during the year

Activity	Level	Number of Participants
Indoor Outdoor Sports	Intra College	367
Cultural	Intra College	333

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### 5.3 – Student Participation and Activities

5.3.1 – Number of awards/medals for outstanding performance in sports/cultural activities at national/international level (award for a team event should be counted as one)

Year	Name of the award/medal	National/ Internaional	Number of awards for Sports	Number of awards for Cultural	Student ID number	Name of the student
<b>No Data Entered/Not Applicable !!!</b>						

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5.3.2 – Activity of Student Council & representation of students on academic & administrative bodies/committees of the institution (maximum 500 words)

The elections for the posts of CR and ACR at the F.Y.B.Sc. and S.Y.B.Sc. levels were conducted by the co-ordinators while the elections for the same at the T.Y.B.Sc. and M.Sc. levels were conducted by the Heads of Departments. There were no elections for the executive council due to University discussions on the election procedure and then lok-sabha elections. As per the directives of University Grants Commission, MHRD, Government of India, circular No. F 2 - 57/19 (Workshop - WRO), dated June 2019, indicating Higher Education Institutes to conduct Student Induction Programs for the entry level students. The program emphasized on acclimatizing the students so as to instil a sense of belongingness and awareness of their rights and responsibilities. Keeping the objectives of the Student Induction Program in view the SIP Student's Council Committee of the College planned "Students Induction Programme" from 1st July 2019 to 6th July 2019 for F.Y.B.Sc students. under the Student Induction Program various activities were conducted. The activities were carried out in coordination with the SIP Student council committee along with F.Y.B.Sc Co-ordinator, Cultural Committee, Sports Committee, other staff of the College and Students of M.Sc II (Department of Human Development) and NSS volunteers of the College. The admitted students were updated about the details of the programme in advance to ensure participation from all.

### 5.4 – Alumni Engagement

5.4.1 – Whether the institution has registered Alumni Association?

No

5.4.2 – No. of enrolled Alumni:

238

5.4.3 – Alumni contribution during the year (in Rupees) :

71400

5.4.4 – Meetings/activities organized by Alumni Association :

4

## **CRITERION VI – GOVERNANCE, LEADERSHIP AND MANAGEMENT**

### **6.1 – Institutional Vision and Leadership**

6.1.1 – Mention two practices of decentralization and participative management during the last year (maximum 500 words)

The following are two practices that illustrate how the college practices decentralization and participative management: 1) Selection of students to TYBSc specializations: The Principal, Heads of Departments and coordinators meet and plan an orientation to the four specializations for SYBSc students. This plan is implemented by the SYBSc coordinator and staff representatives from the four specialisations. Students subsequently fill in forms indicating their choice of specialization in order of preference. The faculty is divided into teams who scrutinize the applications and generate the overall merit list of students. Thereafter, the Heads of Departments consult with the Principal and finalise the lists of admitted candidates based on merit. These lists are exhibited and four teams from each specialisation meet each student prior to final admission. The Manager and some administrative staff are involved in the smooth conduct of the process. Designated faculty, the Manager and Principal are available to address any concerns of the students. This hierarchical division of work forms the basis of the planning and implementation of most academic, co-curricular and extra-curricular activities in the college. 2) The Health Mela which was held on 3rd March, 2020 is an annual event. The approximately 300 beneficiaries of the event include students, teaching/ non-teaching/support staff from our college and Nirmala Niketan College of Social Work, parents and people from the neighbourhood. Hence this event needs a lot of planning and management skills. The event was organised by the Diet Counseling Centre, NSS Unit and the students of the Sports Nutrition course of the Dept. of Foods, Nutrition Dietetics. These committees consist of student and staff members who meet well in advance of the event to brainstorm. Students are involved in the discussion and suggest tests that may be conducted which would give the beneficiaries a better understanding of their health status. These suggestions are thoroughly discussed and together with the staff on these committees an action plan is drawn up. The event coordinators then report to the Principal and Manager who suggest improvements if required. The approved plan is then communicated to the other staff and students and a detailed plan of work and duty schedule is worked out. On the day of the event, the students are actively involved in coordinating the event under the guidance and supervision of the staff. The students usually beautifully manage conducting some tests, coordinating with health professionals and crowd management - the staff are often there to oversee everything and troubleshoot if required. This experience helps foster leadership qualities in the students and staff as well as provides opportunities for developing management skills through decentralization. Likewise other activities in the college are undertaken through a process of decentralised and participative management and inclusive

decision making.

6.1.2 – Does the institution have a Management Information System (MIS)?

Partial

## 6.2 – Strategy Development and Deployment

6.2.1 – Quality improvement strategies adopted by the institution for each of the following (with in 100 words each):

Strategy Type	Details
Curriculum Development	<p>Our curricula, being relevant to industry needs and the Institute's vision and mission, ensures a career-, life- and community - oriented education. There is great focus on entrepreneurial skill development and research. Training students to be globally competent and ready to meet future challenges is emphasised. Effective delivery of the curriculum is ensured by: ? Efficient workload distribution ? Preparation of work plans ? Extra lectures whenever necessary ? Attention to academically-challenged students ? Well-stocked library ? Additional resource material provided ? Seminars/conferences and guest lectures organised for industry insights ? During the Pandemic, online classes to complete the syllabus and online internships ? Feedback taken from multiple stakeholders</p>
Teaching and Learning	<p>? Experiential and student-centric learning is a key focus (projects, peer mentoring, entrepreneurial activities, workshops, field surveys, seminars, community work, etc.). ? Students are encouraged to complete MOOCs on the SWAYAM portal ? Tools used to ensure quality include work plans, teacher's diary and feedback ? Support for effective teaching-learning from excellent infrastructure, ICT and library facilities and continuous focus on upgrading these facilities and learning resources ? Staff are motivated and encouraged to upgrade their knowledge and skills (seminars/conferences/workshops/webinars/training programmes) ? MOUs have been signed with other institutes to further academic exchanges. ? Upskilling of staff and support given to enable effective teaching-learning during the lockdown</p>
Examination and Evaluation	<p>? College examinations, planned to finish before the University examinations begin for optimum</p>

utilization of classrooms and availability of supervisors. ? Continuation as OSM centre, enabling staff to manage teaching with assessment. ? The subjects Contemporary Social Issues and Environment and Sustainable Development (F.Y.B.Sc) were evaluated by assignments which sensitised students to social and environmental issues. ? All papers are centrally assessed. ? Dedicated CAP room with necessary infrastructure and the requisite administrative and support staff ensured smooth evaluation. ? The process is monitored to ensure compliance with rules and deadlines. ? The summer examinations (postponed due to the pandemic) were held online from October onwards.

**Research and Development**

Curriculum, policy and mindset in the college are geared towards fostering a scientific temper among UG and PG students. PG (PGD, MSc PhD) students undertake high quality research work, developing products and engaging in socially-worthy projects. We also provide UG students with opportunities to conduct primary research. Examples of relevant policies include the annual organization of an inter-collegiate undergraduate research competition "AARYA", and maximizing participation in the University-organized Avishkar competition. Teachers and students are encouraged to present and/or publish their work. Awards for research have been instituted jointly by the FND Department and the Indian Dietetic Association.

**Library, ICT and Physical Infrastructure / Instrumentation**

? Renewal of NList membership, book exhibition was held on 11th and 13th January 2020. ? To increase readership of books in the State language Marathi books were exhibited on 27th February 2020 ? Microsoft ERP system in place ? Purchase of computers for each teacher, hardware and anti-virus software to upgrade existing facilities. ? Purchase of domain and generation of email ids for each staff. ? Online teaching via Microsoft Teams platform ? Completed replacement of windows. ? Installation of the 34 computers purchased ? Creation of a new examination-cum-CAP room ? Purchase of a photocopier for the library ? Completed pending change of wiring and toilet renovation

Human Resource Management	<p>Organised seminars for teaching and non-teaching staff for professional and personal growth ? Additional full time/ CHB staff appointed by management to replace retired staff and assist in better organisation of work ?</p> <p>Outsourced the cleaning of the washrooms ? Reorganised duties in the office when one staff proceeded on maternity leave ? To facilitate smooth functioning during the pandemic a roster of duties was prepared for the non-teaching staff ensuring compliance with government norms.</p>
Industry Interaction / Collaboration	<p>The Institution continuously strives to increase collaborations with industry so as to enhance the learning process and create employment opportunities for students. The interaction and collaborations with industry is multifaceted and is in the form of - ? Academic Engagement in the form of collaborative seminars and conferences, membership on college managing committees, external examiners and guest speakers. ? Opportunities for internships ? Research collaborations ? Supporting community outreach ? Giving scholarships and awards ? Employment opportunities - Conducting Campus Interviews and approaching the institution whenever there is a vacancy in their firm.</p>
Admission of Students	<p>? The college is a Christian minority, aided institution. Admission of students is as per rules applicable for minority institutions ? University directives are followed. ? Admission is based on past academic record. Entrance tests/interviews are held for some postgraduate programmes. ? Only women are admitted to the UG course but men may be admitted to PG programmes. ?</p> <p>Students are selected into TY specializations based on their stated choice and merit. ? Admission to value-added courses is open to outsiders. ?</p> <p>There is transparency and notices regarding criteria, merit and waiting lists are displayed on notice boards and website.</p>

6.2.2 – Implementation of e-governance in areas of operations:

E-governance area	Details
Administration	? Automation of administration using the services of Master Soft ERP

Solutions Pvt. Ltd. It was used for online admission. MIS reports (as per fee type, gender, caste, religion etc) and fee reports were easily generated.

? Uploading of notices and other information on the college website ? Continued use of ? MIS ? Biometrics for attendance ? Updating data on AISHE ? Use of Zoom, Google meet, MS Teams for regular meetings ? Use of emails for official communication and Whatsapp for informal communication ? A separate official email id has been generated for each staff for using MSTeams for teaching

Planning and Development

? Continued implementation of MIS in a phase-wise manner ? Microsoft Teams used by the college as communication platform to enable all to securely connect, conduct online classes, meetings, etc. Staff also used Zoom, Google Meet ? CDC, CMC, IQAC, departmental and committee meetings held online post March 2020 ? Published an e-tender on <https://mahatenders.gov.in> for design, fabrication, supply, installation, testing and commissioning of a grid-connected solar PV power plant to be installed on the terrace of the college building. ? 34 computers purchased from the Government E-Marketing (GeM) portal

Finance and Accounts

Use of ? Tally ? ERP 9 ? TAX software ? OnFees ? FEES Software ? MIS ? Net Banking for transfer of funds ? Purchase orders, utilization certificates and expenditure statements generated as required

Student Admission and Support

? All information pertaining to admission, policies, facilities, committees, etc. is uploaded on the college website ? Students register for admission on the University of Mumbai portal (as mandated by UOM) ? Use of ONFEES an online fee payment platform and FEES software for generating fee receipts. ? To avail of government scholarships, students/college access National Scholarship Portal for national scholarships and Maha DBT E scholarships portal for GoM scholarships. ? Students use OPAC library software to locate books and other material in the library. ? Subscription by the college to E journals ? College has continued the membership of National Library and

Information Services Infrastructure for Scholarly Content (NList) through which students have access to e-journals and e-books ? Continued use of Hathway as the primary internet provider with 50 Mbps speed and MTNL as an additional internet provider ? Facilitation, mediation and communication to enable PhD students who have been awarded fellowships to receive their stipends ? Provision of online counselling and mentoring during the Pandemic and webinars conducted to promote mental and physical health and well-being ? Conversion of physical/ offline internships to online/virtual mode for postgraduate students ? Webinars organised to constructively engage students during the months following the lockdown in March 2020

**Examination**

? Use of the result process portal provided by Mastersoft ERP. ? Use of the Mumbai University portal for generation of examination forms and hall tickets, payment of examination fees to UoM, submission of marks to UoM (internal assessment for PG and practical examination marks for TY and PG programmes). ? Continuation of downloading of question papers for university examinations and uploading of examinees' attendance. ? Digital evaluation of answer scripts through UoM's MeritTrac's OSM system ? Daily e-coordination with University OSM officials, evaluators and moderators ? Electronic payment of remuneration to examiners and moderators ? The summer 2020 examinations were conducted in an online mode from October 2020 onwards due to the pandemic. Several hands-on training sessions for students for familiarization with the online examination mode. Training sessions were also held for staff to enable setting of question papers, conducting the examinations and assessment of the same.

**6.3 – Faculty Empowerment Strategies**

6.3.1 – Teachers provided with financial support to attend conferences / workshops and towards membership fee of professional bodies during the year

Year	Name of Teacher	Name of conference/workshop attended for which financial support provided	Name of the professional body for which membership fee is provided	Amount of support
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**No Data Entered/Not Applicable !!!**



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6.3.2 – Number of professional development / administrative training programmes organized by the College for teaching and non teaching staff during the year

Year	Title of the professional development programme organised for teaching staff	Title of the administrative training programme organised for non-teaching staff	From date	To Date	Number of participants (Teaching staff)	Number of participants (non-teaching staff)
2020	"O2: Overcoming Obstacles" Department of Human Development , NNCHSc	Nil	07/03/2020	07/03/2020	7	Nil
2019	Talk on Case study of Orissa Handloom by Swikriti Pradhan Department of Textile and Fashion Technology	Nil	16/08/2019	16/08/2019	9	Nil
2019	Food Adulteration and Fake Products Workshop Mr Gajanan Patil from Jago Grahak Jago	Nil	26/08/2019	26/08/2019	3	Nil
2019	Workshop on Cardiopulmonary Resuscitation by Dr. Geeta Fernandes	Workshop on Cardiopulmonary Resuscitation by Dr. Geeta Fernandes	02/07/2019	02/07/2019	13	5
2019	Session on E-Waste Management	Nil	16/08/2019	16/08/2019	2	Nil
2019	Start up and Innovation: Starting a	Nil	03/09/2019	03/09/2019	6	Nil

	business and becoming a brand and an influencer Institution's Innovation Cell, NNCHSc					
2020	Workshop on Research Skills- Data Analysis and Research Writing	Nil	29/02/2020	29/02/2020	9	Nil
2019	"Feeding and swallowing issues in children with Special Healthcare Needs"	Nil	14/09/2019	14/09/2019	9	Nil
2020	Technical Seminar on 3 P's of Sustainability, Design, Thinking and Innovation in Textile Coloration and Finishing	Nil	08/02/2020	08/02/2020	9	Nil
2020	An International Webinar was conducted on the topic of Impact Of Covid 19 On Travel And Tourism Industry.	Nil	13/06/2020	13/06/2020	3	Nil

The 2 speakers  
MR. Kurush Charna and  
Ms. Nawaz Karanji.

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6.3.3 – No. of teachers attending professional development programmes, viz., Orientation Programme, Refresher Course, Short Term Course, Faculty Development Programmes during the year

Title of the professional development programme	Number of teachers who attended	From Date	To date	Duration
Faculty Development Programme	3	18/05/2020	03/06/2020	17
Faculty Development Programme	1	11/05/2020	15/05/2020	5
Faculty Development Programme	1	20/04/2020	28/04/2020	9
Faculty Development Programme	1	01/07/2019	31/08/2019	28
Faculty Development Programme	1	01/07/2019	31/08/2019	28
Short Term Course	2	15/11/2019	21/11/2019	07
Refresher course	1	20/09/2019	04/10/2019	15
Refresher course	1	03/02/2020	15/02/2020	13
Refresher course	1	18/11/2019	30/11/2019	13
Faculty Development Programme	1	08/06/2020	14/06/2020	7

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6.3.4 – Faculty and Staff recruitment (no. for permanent recruitment):

Teaching		Non-teaching	
Permanent	Full Time	Permanent	Full Time
Nil	2	Nil	2

6.3.5 – Welfare schemes for

Teaching	Non-teaching	Students
? Prompt submission of required paperwork to the	? Financial / other assistance when the staff	? Interest Free Educational Loans are

concerned authorities to enable ease in receipt of sanctions, dues, etc. ? Leave has been granted for career advancement (participating in Orientation/ Refresher courses/short term courses). ? Staff are encouraged to attend as well as present papers/posters at various conferences and workshops local/national/international workshops and levels. Leave is granted to attend the same. ? Leave has been sanctioned for various purposes as per the need of the staff, eg- child care leave as per the guidelines of the University of Mumbai. ? To reemphasize the mission of the management and to promote interaction between staff of the Institute, Institute Day was celebrated on 8th December 2019. ? Festivals such as Diwali and Christmas are celebrated. Each staff member is given a gift at Christmas. ? Staff were able to avail of various health checkups viz. thalassemia and anemia detection, bone density detection, body composition analysis, diet counseling during the Health Mela that was organized. ? Concessional membership to the college gymnasium is offered to the staff to promote physical wellbeing. Indoor and outdoor sports activities are also organized.

or family members are sick eg helping them contact consultants ? Interest free loans are also given to those staff members who apply for the same. Loans have been advanced for house repairs, education and medical emergencies. ? Leave has been sanctioned for various purposes as per the need of the staff, eg- child care leave, vasectomy leave, miscarriage leave as per the guidelines of the University of Mumbai. ? The college facilitates the prompt submission of required paperwork to the concerned authorities to enable ease in receipt of sanctions, dues, etc. ? A scholarship is given each year for a child of a support staff who has finished Std X and is pursuing further studies. ? In order to keep on par with Govt support staff, uniforms and washing allowance are given to those support staff employed by the management. ? Staff are motivated to upgrade their knowledge and skills. They are encouraged to attend various workshops and conferences. ? Staff were able to avail of various health checkups viz. thalassemia and anemia detection, bone density detection, body composition analysis, diet counseling during the Health Mela that was organized. ? Multivitamin tonics and Cough Syrups (obtained from Donors) are distributed to the staff. ? Flexi-timings are permitted on days when staff require a short time for urgent

available for students (to be repaid once they start working) ? Awareness of government scholarships for students belonging to backward classes, minorities etc was created and help was rendered in availing this. ? Scholarships have been initiated by the teaching staff of the college for needy students. ? Provision of need-based scholarships and merit scholarships. ? Students are provided support to apply for private and governmental need-based/ merit scholarships. ? Hostel facility available for outstation students and those staying in the distant suburbs. ? All students are covered under a Group Accident Insurance Policy initiated by the University of Mumbai ? Availability of a counselor on campus, as well as a diet counseling centre and gymnasium to promote mental and physical well-being ? Students were able to avail of various health checkups free of cost viz. thalassemia and anemia detection, body composition analysis, diet counseling during the Health Mela that was organized. ? Physical wellbeing of the students is considered to be important. Students are encouraged to use the college gymnasium and the services of the gym instructor who has been appointed by the college. Indoor sports and periodic treks are organized to encourage physical exercise and good sportsmanship. An

personal work. ? 20 support staff went on a picnic to Virar on 23rd February 2020 to facilitate relaxation and bonding. This activity was partly funded by the college. ? Each staff is given a gift at Christmas. ? A programme is held to appreciate support staff and two cash gifts (contributed separately by the students and teaching staff) are handed over to each of them. ? To reemphasize the mission of the management and to promote interaction between staff of the Institute, Institute Day was celebrated on 8th December 2019. ? Indoor sports activities are organized to foster better bonding and recreation.

annual athletic competition is held at the University Sports Ground. Yoga sessions are organized on International Yoga Day where they are taught chair Yoga and other relaxation techniques. ? 5 laptops were purchased by the College to help M.Sc students with documentation and analysis of their Dissertation work. ? Use of college laptop by students for CAD CAM assignments

#### 6.4 – Financial Management and Resource Mobilization

6.4.1 – Institution conducts internal and external financial audits regularly (with in 100 words each)

? The internal audit is conducted by Chhotalal Shah and Company, New Marine lines. ? The interim Audit is conducted every 6 months. ? The final Audit is normally conducted in June, however due to the pandemic, this year the audit was conducted in December 2020 and statements were provided in March 2021. ? The Joint Director Higher Education, Mumbai Region and Accountant General Office are the external auditors of the College. ? The College has received an RUSA infrastructure grant. Purchases are made through GEM portal /E- Tenders/ Vendors. The payments are made after verification and authorisation from the RUSA office.

6.4.2 – Funds / Grants received from management, non-government bodies, individuals, philanthropies during the year(not covered in Criterion III)

Name of the non government funding agencies /individuals	Funds/ Grnats received in Rs.	Purpose
Mr. Leslie John Hector Lobo	50000	Purchase of 1 laptop for needy students
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6.4.3 – Total corpus fund generated

50000

#### 6.5 – Internal Quality Assurance System

6.5.1 – Whether Academic and Administrative Audit (AAA) has been done?

Audit Type	External	Internal

	Yes/No	Agency	Yes/No	Authority
Academic	Yes	UoM and St. Albert's College (autonomous)	No	Nil
Administrative	Yes	St. Albert's College (autonomous)	No	Nil

6.5.2 – Activities and support from the Parent – Teacher Association (at least three)

Various departments conduct activities with support from parents and teachers. Few examples are as follows: 1. TFT department conducted Jamboree Haat with the support of students, their parents and teachers. Parents contributed towards the stall, put up the stalls and some parents also represented students who were attending their classes.

6.5.3 – Development programmes for support staff (at least three)

A workshop on "Cardiopulmonary Resuscitation" was conducted by Dr. Geeta Fernandes on 02-07-2019. 13 teaching and 5 non-teaching staff benefitted from the programme. All participants were given a hands-on training of how to conduct CPR in an emergency situation. • An Anti-tobacco drive was conducted by the NSS on 11th July 2019. The programme included a talk by Dr Pratima Goyal and a short video on the ill effects of tobacco on health. This was followed by an interactive session with the audience trying to create awareness. 14 support staff attended the session. The anti-tobacco drive concluded with the participants taking a pledge. • A session on E- waste management was organised by the NSS Unit of College of Home Science Nirmala Niketan on 16th of August, 2019. The speaker, Ms. Rashmi Joshi, discussed solid waste management with special emphasis on E-waste. She explained the ill effects of E-waste and the dangerous pollutants in the environment which then leads to spread of diseases like cancer, respiratory diseases, skin diseases, etc. She ended her speech suggesting the demonstration of a compost pit. This was followed by an interactive session between Ms. Joshi and the audience. • A programme on Healthy Eating for Healthy Lifestyle was conducted for the non-teaching staff on 30th September, 2019 by NSS in collaboration with the Department of Foods, Nutrition and Dietetics as part of 'Poshan Mah' (Nutrition Month) 2019. The resource person, Mrs. Anuradha Mitra enlightened the support staff about the importance of nutrition, health and hygiene. She also explained different ways of preparing simple healthy food with inexpensive ingredients. A street play was also staged by M.Sc. I (Foods, Nutrition and Dietetics) students on the 'Panchtatvas of Nutrition' viz. (a) First 1000 days (b) Anaemia (c) Health and Hygiene (d) Balanced Diet and (e) Diarrhoea. The play was followed by a quiz for the audience.

6.5.4 – Post Accreditation initiative(s) (mention at least three)

• ? An Academic Audit was conducted by Mumbai University Academic Audit Peer Team who visited the college and held extensive meetings on 10/10/2019. The Management also hired the services of St. Albert's College (Autonomous) to conduct an academic and administrative audit. The team visited the college from 4th-6th March, 2020 to assess the strengths and weaknesses of the departments and administrative units and to suggest methods for improvement. Their assistance in reworking policies and procedures for the college was also sought. ? Master Soft ERP Solutions Pvt. Ltd. was appointed to provide cloud-based education ERP. This helped in automating campus administration. E-mail ids were created for all students and staff and all were able to login to the system. It was used for online admission, taking online classes (during the

pandemic), uploading notes/ study-material for students, conducting webinars, etc. MIS reports (as per fee type, gender, caste, religion etc) and fee reports were easily generated. ? Constant upgradation of facilities and technology requires infrastructure changes to support the same. The college had applied for and received a RUSA Infrastructure grant. During the year the college has availed of funds from RUSA to purchase 34 new computers in order to ensure that each faculty member would have a dedicated computer. The wiring had to be redone to enable installation of the same. An additional photocopier has been purchased for use in the photocopying centre in the library. The replacement of windows, pending replacement of electrical wiring and renovation of toilets has been completed. ? The college published an e-tender for design, fabrication, supply, installation, testing and commissioning of a 43kW grid connected Solar PV Power Plant under roof-top net metering with 5 years comprehensive maintenance. The contract was awarded to Majenta Power Pvt. Ltd. ? The college Institution Innovation Council (IIC) was mentored and obtained a four-star rating for the activities conducted throughout the year as per the guidelines provided by the MHRD's Innovation Cell (issued on 22/09/2020). The activities included a series of talks and workshops as well as visits to NGOs.

#### 6.5.5 – Internal Quality Assurance System Details

a) Submission of Data for AISHE portal	Yes
b) Participation in NIRF	Yes
c) ISO certification	No
d) NBA or any other quality audit	Yes

#### 6.5.6 – Number of Quality Initiatives undertaken during the year

Year	Name of quality initiative by IQAC	Date of conducting IQAC	Duration From	Duration To	Number of participants
2019	Workshop on Cardiopulmonary Resuscitation by Dr. Geeta Fernandes	02/07/2019	02/07/2019	02/07/2019	18
2019	Infrastructure upgradation- Windows of all floors, exam room, HOD room, library, laboratories, technology, toilets etc	02/07/2019	03/07/2019	31/12/2020	30
2020	Jamboree Haat Intercollegiate events	24/07/2019	25/01/2020	27/01/2020	500
2020	Health Mela	02/08/2019	03/03/2020	04/03/2020	283
2020	Drafts of Policies and SOPs were	08/06/2020	02/03/2020	31/12/2020	30

	prepared through participative governance which included all staff, Principal and Management				
2019	IIQA, AQAR 2018-19, SSR, DVV all have been prepared and submitted well on time during the academic year 2019-20	11/07/2019	04/09/2019	23/12/2019	30
2019	Periodic Meetings of the IQAC were held. 13 such meetings were held regularly throughout the academic year.	11/07/2019	11/07/2019	30/06/2020	30
2020	Feedback from Stakeholders was taken, and analyzed and improvements were made based on the same	11/07/2019	02/12/2020	31/12/2020	600
2019	Academic Administrative Audit was held by University of Mumbai and St Alberts College	08/08/2019	10/10/2019	06/03/2020	600
2019	The College has submitted data for NIRF ranking	02/08/2019	17/10/2019	02/11/2019	30

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**CRITERION VII – INSTITUTIONAL VALUES AND BEST PRACTICES****7.1 – Institutional Values and Social Responsibilities**

7.1.1 – Gender Equity (Number of gender equity promotion programmes organized by the institution during the year)

Title of the programme	Period from	Period To	Number of Participants	
			Female	Male
5th International Day of Yoga "Rhythmic Yoga" for health and fitness of women	19/06/2019	19/06/2019	103	Nil
Seminar on "Startup and innovation" organized by Institution's Innovation Council to promote entrepreneurship amongst women	30/09/2019	30/09/2019	135	Nil
Talk on Crime Against Women organized by NSS in collaboration with National Legal Services Authority	18/11/2019	18/11/2019	67	Nil
"Jamboree Haat Inclusion to Sustain" students organized market of products made by themselves and procured	25/01/2020	25/01/2020	42	18
Awareness creation of need and importance of Stem Cell Donation amongst women and Registration of Stem Cell Donation	13/01/2020	14/01/2020	179	Nil
"Jamboree	01/02/2020	01/02/2020	157	43

<p>Fashion Show- Inclusion to Sustain" Students presented collections on themes addressing to women - Women Empowerment, Domestic Violence</p>				
<p>Health Mela 2020- 1. Anemia &amp; Thalassemia Detection- 182 2. Blood Donors- 36 3. Random Blood Sugar- 160 4. Body Composition Analysis (Karada Scan) - 244 5. Body Composition Analysis (Inbody)- 93 6. Fitness Assessment- 121 7. Diet Counselling- 45</p>	<p>03/03/2020</p>	<p>03/03/2020</p>	<p>283</p>	<p>Nil</p>
<p>Balancing Roles for Women in Business and Social work with Personal life organized by Institution's Innovation Council organized on International Women's Day</p>	<p>07/03/2020</p>	<p>07/03/2020</p>	<p>45</p>	<p>Nil</p>
<p>Refreshing Yoga sessions with Yoga Instructor Sharvari Kalantre and Meditation Series for Women's Health and overall wellbeing</p>	<p>23/05/2020</p>	<p>20/06/2020</p>	<p>150</p>	<p>Nil</p>

Interactive session with Advocate Ali Kaashif Khan Deshmukh "Sawal Zawab on Women's Safety"	02/06/2020	02/06/2020	75	Nil
Fitness session "Get Fit Not Fat-Zumba" to promote good health, fitness for girls during pandemic	31/05/2020	21/06/2020	60	Nil

7.1.2 – Environmental Consciousness and Sustainability/Alternate Energy initiatives such as:

Percentage of power requirement of the University met by the renewable energy sources

The College of Home Science, Nirmala Niketan is a 7-storeyed building located in South Mumbai. In this single building, there are one Senior College, one Junior College and one Polytechnic College, all sharing certain parts of the premises adequately over the last 60 years. It is therefore not possible to assign the exact power consumption of only the Senior College across the College Hall, classrooms and other facilities in the single building which houses all three colleges. There are two electricity meters in the college. The Senior College pays approximately 55-60 of the total electricity bill of the building. In the year 2019 the College appointed an external agency to conduct a Green Audit, along with an Energy Audit of the College premises. Initial data needed was kept ready which included floor plan of the College, number of lighting and electrical fixtures along with the electrical appliances used in the College. The Audit gave an idea of the actual electricity consumption in the College. Since then, the college has invested in power saving lighting, fans and several other appliances that have reduced the earlier power consumption.

7.1.3 – Differently abled (Divyangjan) friendliness

Item facilities	Yes/No	Number of beneficiaries
Physical facilities	Yes	Nil
Provision for lift	Yes	Nil
Ramp/Rails	Yes	Nil
Braille Software/facilities	No	Nil
Rest Rooms	No	Nil
Scribes for examination	Yes	Nil
Special skill development for differently abled students	Yes	1
Any other similar facility	Yes	4

7.1.4 – Inclusion and Situatedness

Year	Number of	Number of	Date	Duration	Name of	Issues	Number of
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	initiatives to address locational advantages and disadvantages	initiatives taken to engage with and contribute to local community			initiative	addressed	participating students and staff
2020	1	Nil	17/02/2020	3	HD Educational Tour to Panchgani Mahabaleswar	To enrich the students' expertise and supplement their theoretical knowledge gained in the classroom, these visits there by address locational disadvantages of not having these schools in Mumbai.	45
2020	1	Nil	15/02/2020	6	Craft appreciation - TFT Educational Tour to Kutch. Exposure to industrial processes of textile and garment industry.	To understand intricacies of workmanship involved in appreciation of Traditional Crafts of India and to understand the industrial process involved in textiles and garment manufacturing. Educational tour to	62

						Kutch to understand the industrial process	
2019	1	Nill	27/09/2019	1	Practical experience of School Administration and its teaching learning philosophy	To address the locational advantage of having this school in Mumbai, to observe the different learning centres and teaching-learning philosophy of Udayachal Preschool, Vikroli	32
2019	1	Nill	15/10/2019	15	Community Mental Health Placements for Counseling Practicum of MSc 1 (HD) students	To address locational advantages of having these community health facilities in Mumbai, placements were at places like a Community Centre, Schools, Junior College, etc.	11
2019	1	Nill	25/08/2019	10	MSc 2 Student Placements for Internship	To gain professional expertise students were placed at	11

						various HD related institutes and organisations like Early Childhood Association, Muktangan Schools, Counseling Centers, National Association for the Blind, etc.	
2019	Nil	1	29/08/2019	1	Field Visit for CRM Practical	To help the students apply the theoretical knowledge in practical situations and provide them with hands-on experiences, they visited and interacted with personnel in HDFC, ICICI and IDBI banks.	5
2020	1	Nil	01/05/2020	45	Internship Training for TY CRM students	To use the benefit of the locational advantage of being in Mumbai, in order to gain p	28

						rofessional expertise, students were placed at 5-Star hotels.	
2020	Nil	1	25/02/2020	3	Field Visits to institutes and organisations of Human Development in Mumbai	To inculcate a service orientation and to learn to share knowledge and skills in appropriately engaging ways.	21
2019	Nil	1	13/09/2019	12	Placements for the Early Childhood Education Practicum of MSc 1 (HD) students	To help the students apply the theoretical knowledge in practical situations and to facilitate the development of classroom management skills, they were placed at B.D Somani International School, Mumbai.	12
2020	Nil	1	28/02/2020	5	Placements for the Practical in Human Development Agencies of MSc 1 (HD)	To help the students apply the theoretical knowledge in practical situations and	12

students	provide them with hands-on experiences in Human Development agencies other than preschools.
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7.1.5 – Human Values and Professional Ethics Code of conduct (handbooks) for various stakeholders

Title	Date of publication	Follow up(max 100 words)
Teachers Code of Conduct	15/06/2019	College follows University guidelines so the same is published on the college website.
Student Handbook	15/06/2019	The college follows the rules prescribed in the student handbook regarding attendance, discipline, submissions, examinations, and all other student related matters, This student handbook is given to each student on their admission and is updated as and when required as per rules change and is published on the college website.
Institution functioning as per Professional Code prescribed by Statutory Bodies/Regulatory Authorities	15/06/2019	The college follows the University guidelines regarding recruitment and placement of staff, all conduct related issues and any other matters relating to staff and students and is published on the college website

7.1.6 – Activities conducted for promotion of universal Values and Ethics

Activity	Duration From	Duration To	Number of participants
Avhan Disaster Management Camp at Nanded organized by UoM NSS Unit. Training provided by National Disaster Rescue Force (NDRF)	03/06/2019	03/06/2019	1
Drug Abuse and	26/06/2019	26/06/2019	Nil



Illicit Trafficking Workshop at SCS Auditorium, organized by NSS			
Global Road Safety Workshop	28/06/2019	28/06/2019	Nil
Anti-Tobacco Day Drive	10/07/2019	10/07/2019	348
Beach Cleaning Campaign at Cuffe Parade by NSS College of Home Science Nirmala Niketan (to support Swachh Bharat Abhiyan)	21/07/2019	21/07/2019	53
Poster making for Peace Rally	05/08/2019	05/08/2019	24
"No War, Only Peace" Memorial of Hiroshima Nagasaki Peace Rally organized by UoM NSS Unit	06/08/2019	06/08/2020	21
Cleanliness Drive in College Premises by NSS	09/08/2019	09/08/2019	30
Tree Plantation at Manori by NSS	11/08/2019	11/08/2019	25
Swachh Bharat Poster and Slogan Making by NSS	13/08/2019	13/08/2019	24
<a href="#">View File</a>			

7.1.7 – Initiatives taken by the institution to make the campus eco-friendly (at least five)

Green Audit was actually carried out in the last academic year. Excellent initiatives are continuing to take place on raising environmental awareness among the students and the staff. In courses such as textile processing use of eco-friendly chemicals and in garment construction, the practice of reduce, reuse and recycle are continuing. In addition, research topics at the post-graduate and doctoral levels are generally sought to be related to conservation issues. The college tries to maintain an environment-friendly approach in its formal and non-formal courses, making it a point to inculcate values of environmental sustainability in the students so as to create a community of students and citizens practicing such initiatives on and off the campus. Other Initiatives:

- A session on E- waste management was organized by the NSS Unit of College of Home Science Nirmala Niketan on 16th of August 2019 at which Ms. Rashmi Joshi the speaker of the program talked about E- waste management as well as included Solid Waste management and Compost pit in her talk.
- Green and blue dustbins continued to be used on every floor and red dustbin on ground and 2nd floor for proper segregation of waste.
- Reuse of papers
- Sound and Noise monitoring by TYBSc students of the CRM Department.
- Cleanliness Drive
- Swachh Bharat Campaign
- Anti-Plastic Campaign
- Tree Plantation
- Reuse of old garments and fabrics utilized earlier for practical examination
- Reduce

purchase of new fabrics as mostly we get as donations from our industrial linkages • Organized student's competition on reduce, reuse and recycle • Product development in regular practical utilizes mostly old fabrics available in the department • Submission of soft copy of student's assignments

## 7.2 – Best Practices

### 7.2.1 – Describe at least two institutional best practices

Describe at least two institutional best practices Upload details of two best practices successfully implemented by the institution as per NAAC format in your institution website, provide the link Best Practice - 1

1. Title of the Practice: COLLABORATIONS WITH DIFFERENT ORGANIZATIONS (Research, Academic, Extension, etc.)
2. Objectives of the Practice
  - To encourage staff and students to collaborate with different organizations to promote professional development of staff and students
  - To pave the way for more linkages and networking with related organizations locally, nationally and globally.
3. The Context Each department collaborates with various organization for various purposes like student field placements, internships, research work, extension work, rural placements, resource persons, etc.
4. The Practice The different departments of the college have collaborations with industry/NGOs/educational institutions for the purposes of student field placements, internships, research work, extension work, rural placements, resource persons, etc., as stated above. This practice will be stated across the four departments of the college: Some examples of collaborations of the Department of Foods, Nutrition and Dietetics are:
  - Research collaborations with MGM University of Health Sciences, and the MOU with Jaihind College is being continued.
  - Association of Food Scientists and Technologists of India (AFSTI) and Marico India Ltd (Seminars)
  - Kellogg's Nutrition (Webinars)
  - Nutrition Society of India, Mumbai Chapter UNICEF (Extension and Outreach activities)
  - Marrow Donor Registry For India ( Stem cell donation registration)
  - BKL Walawalkar Hospital, Walawalkar Trust (Rural Camp)Some examples of collaborations of the Department of Human Development are:
  - Lighthouse ABT Institute (Value Added Course)
  - Xavier's Resource Centre for the Visually Challenged (XRCVC) (Workshops)
  - Sunworld Centre for Active Ageing, Pune (Extension and Outreach activities)
  - SOS Children's Village, Pune (Extension and Outreach activities)
  - Chuim Community Centre, Khar, Danda, Mumbai (Extension and Outreach activities)
  - Mumbai Mobile Creche, Hakone Childrens Park, Hiranandani Gardens, Powai, Mumbai (Extension and Outreach activities)Some examples of collaborations of the Department of Textiles and Fashion Technology are:
  - SASMIRA (Silk and Art Silk Mills Research Association) Consortium of Green Fashion Paramparik Karigars (Seminars/ Workshops/Fashion Shows)
  - Ritu Bhasin Entrepreneur (Entrepreneurship Incubation Cell- Seminar)
  - DLLE (DEPT. OF LIFE LONG LEARNING) UoM Jeevandhara, Kolad (Field work Extension)
  - Dystar India Pvt. Ltd. (Research Support)
  - Aasra Foundation, Ghatkopar (Extension and Outreach activities)
  - Provogue India Ltd. (Internship)Some examples of collaborations of the Department of Community Resource Management are:
  - Aparna Sheth, PIDILITE Fevicryl (Workshops)
  - Dr. Manohar S Kamath and Mr. Praful Pawar CGSI (Workshops)
  - Mr Gajanan Patil from Jago Grahak Jago (Workshops)
  - Family Service Centre, Colaba (Extension and Outreach activities)
  - Bright Future NGO (Extension and Outreach activities)
  - Vidyadeep community college, Bharuch (Extension and Outreach activities)
5. Evidence of Success When students and staff are encouraged to collaborate with other organization, and thereby participate in various seminars, conferences and workshops, this enhances their knowledge and updates them with current industry standards and also inculcates a sense of confidence, as there's exposure to organize markets and learn marketing skills.
6. Problems Encountered and Resources Required - No unsurmountable problems had been encountered.

Best Practice - 2

1. Title of the Practice: IMPACT THAT HAS BEEN CREATED THROUGH EVENTS AND ACTIVITIES CONDUCTED

BY STAFF AND STUDENTS DURING THE LOCKDOWN (Effective Adaptation to the Pandemic Lockdown):

2. Objectives of the Practice

- To adapt effectively to the unpredictability of the Pandemic Lockdown.
- To make it possible to continue all types of learning experiences within the new normal.
- To respect the learner as an active participant as opposed to a passive recipient.
- To encourage cooperative learning.
- To empower our women students and staff to build self-confidence.
- To enable students and staff to extend their knowledge into the community: local, national and global.
- To support students and staff in thinking out of the box, with innovative ideas that encourage problem-solving, skill development and entrepreneurship.

3. The Context

The Institution stands for a socially relevant education that awakens one's sense of social responsibility to reach out and share their knowledge and skills with the different sections of society. The vision of the college focuses on inculcating values of respect, commitment and concern for the service of others, thereby enabling students and staff to make a positive contribution to the society in the 21st century, through their extension services and entrepreneurial ideas.

4. The Practice

- All departments immediately went into ONLINE MODE FOR TEACHING any remaining portion of TYs and MSc's since the initial lockdown.
- All departments used the lockdown period effectively to CONDUCT webinars and other online programmes, using staff and student expertise. Below are some examples from the various departments:

1) The FND Department had organized a series of seminars "Nirmal Swasthya" targeting the community in the month of June 2020. The topics were as follows,

- o The Journey of a Breakfast Cereal
- o Cooking Healthy for Children: Principles and Practices
- o Nourishment and Vitality for Senior Citizens
- o Dietary Applications, Exercise, Yoga and Attitudes
- o Creating a Health Mindset: Mindfulness, Moods and Health Goals

2) The HD Department had organized a series of 5 seminars across 3 categories, with global attendance and large numbers of registrations, upto 500 in the month of May 2020:

- o Socio-emotional and Physical Well-being Series (Zumba Session Yoga Beyond Aches and Pains)
- o Series Showcasing Alumnae Expertise (Thinking out of the box as teachers Creating Accessibility for Inclusion through Adaptive Design)
- o Motivational/Inspirational Series ( 02 - Overcoming Obstacles)

3) The TFT Department had organized several sessions and webinars, some of which were as follows:

- o National Webinar on "Medical and Protective Textiles and Apparels in The Pandemic Era"
- o Fitness session "Get Fit Not Fat-Zumba"
- o Technology and Design Collaboration for Future Innovation in Medical and Protective Textiles - Pandemic Era
- o Session on Emotional Wellbeing, theme "Health is Wealth"
- o 5 Sessions on "Introduction to Neuro Linguistic Programming Yoga"

4) The CRM Department had organized a Student-Led Webinar AAROHAN - Aspiring to Achieve, where CRM Alumni spoke about their success stories. There was a lot of positive feedback from the audience of all these webinars and online sessions.

- Staff and Students from all departments used the lockdown period effectively by ATTENDING webinars, and doing online Courses (MOOCs)

5. Evidence of Success - The IMPACT that has been created by/through the events and activities conducted by the dept staff and students during 2019-20, esp. the Pandemic Lockdown months.

- Improvement in technical knowledge through participation in various seminars, webinars, conferences, talk, etc.
- Upgradation of skills by participation in various workshops and training programmes
- Conceptualization of innovative ideas
- Ability to develop innovative ideas and products
- Understanding entrepreneurial opportunities in the industry
- Learnt business proposal writing skills and technical writing skills
- Understanding of requirements to start one's own business
- Experience of event organization
- Sensitized towards understanding need of deprived section of the society
- Knowledge and skill transfer to deprived section of society
- Understanding role of women in society
- Time management
- Stress management
- Resource management
- Awareness of current issues in the society
- Collaboration with industry, academic organizations, NGOs, etc.
- Opportunity to attend national and international webinars

Understanding of importance of physical fitness and mental wellbeing 6. Problems Encountered and Resources Required - No unsurmountable problems had been encountered.

Upload details of two best practices successfully implemented by the institution as per NAAC format in your institution website, provide the link

<https://www.nirmalaniketan.com/documents/default?f=naac/pdf/best-practices-document-270.pdf>

### 7.3 – Institutional Distinctiveness

7.3.1 – Provide the details of the performance of the institution in one area distinctive to its vision, priority and thrust in not more than 500 words

**WOMEN EMPOWERMENT (CONTINUING TO STRENGTHEN THAT AREA)** In this academic year, our college continued to strengthen the distinctive area of Women Empowerment. The college aims at the development of women through an education that is: Life-oriented, Career-oriented and Community-oriented. Life Oriented: The courses offered by our college are life oriented which imparts knowledge, skills and attitude enabling the young women students in making better choices in their daily lives thereby making them efficient, improving their managerial skills which would help them in leading a life that consists of overall well-being such as human relationships, food, clothing and resource management which empowers them to deal with challenges effectively and efficiently. This was enhanced this year when the students and staff had to adapt to an online mode of education. Community oriented: Extension education programmes are an essential component of the curriculum of all the courses across the departments. The outreach programmes provides services and empower underprivileged sections of the society, while empowering and encouraging the young women students to reach out to the community. This year, an added arena of extension, was the Webinars and other Online Events conducted confidently by our students and staff. Career oriented: The curriculum is globally valuable and locally relevant. It includes cutting-edge ideas in different fields and is of international quality. There is inclusion of specifically Indian content with emphasis on local and regional settings through research extension and placements. The curriculum is linked with multiple career options at both the undergraduate and post graduate levels. Linkages with the industry, GOs, NGOs, academic organization and research organizations strengthen the career orientation of our curriculum. This year there was an added dimension of digitally operated careers and entrepreneurship endeavors that our students ventured into. The main thrust area of the institute is women empowerment through its varied courses. The empowerment of women has been well associated with the success of our alumni in fields of their choice. Many of our alumni are academically well enriched to be employed in many reputed organizations. There are several of our alumni who are willingly contributing towards the upliftment of the society in their respective fields. Furthermore, many also showcase entrepreneurial skills as a consequence of education in our college. Many of our students are academically well enriched to be employed in many reputed schools and colleges as teachers and several work in our own college in the capacity of college teachers. They have willingly contributed their labor and expertise for the benefit of the college whenever the need arose. It has also been observed that some of our women students who focus towards managing home are considered to be successful homemakers and many of them have built entrepreneurial ideas and work from home. We are proud that our College has been able to provide environment conscious and socially responsible citizens to the society who not only have flourished in their own field of expertise but also are very spiritually bonded to the college throughout life.

Provide the weblink of the institution

## **8.Future Plans of Actions for Next Academic Year**

• The Pandemic period continued from March 2020 and so were the lock downs. For continuous training and wellbeing of staff, students and the larger society, it was planned that various webinars could be organised. Thus it was planned that all departments and various Committees to work on organizing online events. • The Rashtriya Uchchatar Shiksha Abhiyan (RUSA) funds were sanctioned and had to be utilized so the process was planned to be in progress. • The Peer Team Visit was earlier planned for March 2020 before pandemic, and since that was postponed due to pandemic, the preparations were planned to continue. • The AAA team had suggested to work on SOPs, Policies so drafts of the same were planned to be worked upon. • Summer Semester Regular and ATKT Exams of 2020 were not held due to Pandemic lock downs which had to be planned online as per UGC and University guidelines. • It was planned to prepare syllabus of new short term courses based on industry needs as well as in keeping with the interest of students which was planned that they should be applied for University recognition.