

<b>CRITERION VII – INSTITUTIONAL VALUES AND BEST PRACTICES</b>
<b>7.2 Best Practices</b>
Describe at least two institutional best practices Upload details of two best practices successfully implemented by the institution as per NAAC format in your institution website, provide the link
<b><u>Best Practice - 1</u></b>
<p>1. <b>Title of the Practice:</b> <b>COLLABORATIONS WITH DIFFERENT ORGANIZATIONS</b> (Research, Academic, Extension, etc.)</p> <p>2. <b>Objectives of the Practice -</b></p> <ul style="list-style-type: none"> <li>• To encourage staff and students to collaborate with different organizations to promote professional development of staff and students</li> <li>• To pave the way for more linkages and networking with related organizations locally, nationally and globally.</li> </ul> <p>3. <b>The Context -</b> Each department collaborates with various organizations for various purposes like student field placements, internships, research work, extension work, rural placements, resource persons, etc.</p> <p>4. <b>The Practice -</b> The different departments of the college have collaborations with industry/NGOs/educational institutions for the purposes of student field placements, internships, research work, extension work, rural placements, resource persons, etc. Some examples of collaborations of the four departments are:</p> <p><b>(A) Department of Foods, Nutrition and Dietetics:</b></p> <ul style="list-style-type: none"> <li>• Research collaborations with MGM University of Health Sciences, and the MOU with Jaihind College is being continued.</li> <li>• Association of Food Scientists and Technologists of India (AFSTI) and Marico India Ltd (Seminars)</li> <li>• Kellogg's Nutrition (Webinars)</li> <li>• Nutrition Society of India, Mumbai Chapter &amp; UNICEF (Extension and Outreach activities)</li> <li>• Marrow Donor Registry For India (Stem cell donation registration)</li> <li>• BKL Walawalkar Hospital, Walawalkar Trust (Rural Camp)</li> </ul> <p><b>(B) Department of Human Development:</b></p> <ul style="list-style-type: none"> <li>• Lighthouse ABT Institute (Value Added Course)</li> <li>• Xavier's Resource Centre for the Visually Challenged (XRCVC) (Workshops)</li> <li>• Sunworld Centre for Active Ageing, Pune(Extension and Outreach activities)</li> <li>• SOS Children's Village, Pune (Extension and Outreach activities)</li> <li>• Chuim Community Centre, Khar, Danda, Mumbai(Extension and Outreach activities)</li> <li>• Mumbai Mobile Creche, Hakone Children's Park, Hiranandani Gardens, Powai, Mumbai(Extension and Outreach activities)</li> </ul> <p><b>(C) Department of Textiles and Fashion Technology:</b></p> <ul style="list-style-type: none"> <li>• SASMIRA (Silk and Art Silk Mills Research Association); Consortium of Green Fashion; Paramparik Karigars (Seminars/ Workshops/Fashion Shows)</li> <li>• Ritu Bhasin Entrepreneur (Entrepreneurship Incubation Cell- Seminar)</li> <li>• DLLE (DEPT. OF LIFE LONG LEARNING) UoM</li> <li>• Jeevandhara, Kolad (Field work &amp; Extension)</li> <li>• Dystar India Pvt. Ltd. (Research Support)</li> <li>• Aasra Foundation, Ghatkopar (Extension and Outreach activities)</li> <li>• Provogue India Ltd. (Internship)</li> </ul> <p><b>(D) Department of Community Resource Management:</b></p> <ul style="list-style-type: none"> <li>• Aparna Sheth, PIDILITE Fevicryl (Workshops)</li> <li>• Dr. Manohar S Kamath and Mr. Praful Pawar; CGSI (Workshops)</li> <li>• Mr Gajanan Patil from Jago Grahak Jago(Workshops)</li> <li>• Family Service Centre, Colaba (Extension and Outreach activities)</li> <li>• Bright Future NGO (Extension and Outreach activities)</li> <li>• Vidyadeep community college, Bharuch (Extension and Outreach activities)</li> </ul> <p>5. <b>Evidence of Success -</b> When students and staff are encouraged to collaborate with other organization, and thereby participate in various seminars, conferences and workshops, this enhances their knowledge and updates them with current industry standards and also inculcates a sense of confidence, as there's exposure to organize markets and learn marketing skills.</p> <p>6. <b>Problems Encountered and Resources Required -</b> No unsurmountable problems had been encountered.</p>

## Best Practice - 2

### 1. **Title of the Practice: IMPACT THAT HAS BEEN CREATED THROUGH EVENTS AND ACTIVITIES CONDUCTED BY STAFF AND STUDENTS DURING THE LOCKDOWN (Effective Adaptation to the Pandemic Lockdown):**

#### 2. **Objectives of the Practice -**

- To adapt effectively to the unpredictability of the Pandemic Lockdown.
- To make it possible to continue all types of learning experiences within the new normal.
- To respect the learner as an active participant as opposed to a passive recipient.
- To encourage cooperative learning.
- To empower our women students and staff to build self-confidence.
- To enable students and staff to extend their knowledge into the community: local, national and global.
- To support students and staff in thinking out of the box, with innovative ideas that encourage problem-solving, skill development and entrepreneurship.

#### 3. **The Context -**

The Institution stands for a socially relevant education that awakens one's sense of social responsibility to reach out and share their knowledge and skills with the different sections of society. The vision of the college focuses on inculcating values of respect, commitment and concern for the service of others, thereby enabling students and staff to make a positive contribution to the society in the 21st century, through their extension services and entrepreneurial ideas.

#### 4. **The Practice -**

- All departments immediately went into ONLINE MODE FOR TEACHING any remaining portion of TYs and MSc's since the initial lockdown.
- All departments used the lockdown period effectively to CONDUCT webinars and other online programmes, using staff and student expertise. Some examples from the various departments are:
  - (A) **The FND Department** had organized a series of seminars "Nirmal Swasthya" targeting the community in the month of June 2020. The topics were as follows -
    - (i) The Journey of a Breakfast Cereal
    - (ii) Cooking Healthy for Children: Principles and Practices
    - (iii) Nourishment and Vitality for Senior Citizens
    - (iv) Dietary Applications, Exercise, Yoga and Attitudes
    - (v) Creating a Health Mindset: Mindfulness, Moods and Health Goals
  - (B) **The HD Department** had organized a series of five seminars across three categories, with global attendance and large numbers of registrations, upto 500 in the month of May 2020. They were -
    - (i) Socio-emotional and Physical Well-being Series (Zumba Session; Yoga Beyond Aches and Pains)
    - (ii) Series Showcasing Alumnae Expertise (Thinking out of the box as teachers; Creating Accessibility for Inclusion through Adaptive Design)
    - (iii) Motivational/Inspirational Series (O2 - Overcoming Obstacles)
  - (C) **The TFT Department** had organized several sessions and webinars, some of which were as follows:
    - (i) National Webinar on "Medical and Protective Textiles and Apparels in The Pandemic Era"
    - (ii) Fitness session "Get Fit Not Fat- Zumba"
    - (iii) Technology and Design Collaboration for Future Innovation in Medical and Protective Textiles – Pandemic Era
    - (iv) Session on Emotional Wellbeing, theme "Health is Wealth"
    - (v) Five Sessions on "Introduction to Neuro Linguistic Programming & Yoga"
    - (vi) Online extension services for skill development in collaboration with various NGOs such as MBA foundation (Commercial sex workers), Apne Aap (Metally Challenged) and Shree Guranga Foundation Trust (economically weaker section).
    - (vii) National Webinar "Swdeshi Bloom- Indian Crafts and Technology & Impetus in Pandemic Era"
    - (viii) National Talk Shows with Traditional Indian Craftsmen including Chanderi Weaver, Brocade Weaver and Jamdani Weaver.
    - (ix) International Webinar "Sustainable Material and Processes"
  - (D) **The CRM Department** had organized a Student-Led Webinar AAROHAN – Aspiring to Achieve, where CRM Alumni spoke about their success stories.  
There was a lot of positive feedback from the audience of all these webinars and online sessions.
- Staff and Students from all departments used the lockdown period effectively by ATTENDING webinars, and doing online Courses (MOOCs)

#### 5. **Evidence of Success – The IMPACT that has been created by/through the events and activities conducted by the dept staff and students during 2019-20, esp. the Pandemic Lockdown months, are the following: .**

- Improvement in technical knowledge through participation in various seminars, webinars, conferences, talk, etc.
- Upgradation of skills by participation in various workshops and training programmes
- Conceptualization of innovative ideas
- Ability to develop innovative ideas and products
- Understanding entrepreneurial opportunities in the industry
- Learning of business proposal writing skills and technical writing skills
- Understanding of requirements to start one's own business
- Experience of event organization
- Sensitization towards understanding need of deprived section of the society
- Knowledge and skill transfer to deprived section of society
- Understanding the role of women in society
- Development of Time management; Stress management; Resource management
- Awareness – building of current issues in the society

- Collaboration with industry, academic organizations, NGOs, etc.
- Opportunity to attend national and international webinars
- Understanding of the importance of physical fitness and mental wellbeing

**6. Problems Encountered and Resources Required** - No unsurmountable problems had been encountered.