

Sample Multiple Choice Questions
FYBSc. SEM II (Home Science) (2020-21)

Subject: Basic Nutrition (Theory)

Instructions:

1. Attempt any 8 out of 10 given MCQs
2. Each MCQ is of 1.5 marks
3. Read each statement carefully and mark any one option out of the four Options that you think is the correct answer
4. No negative marking for wrong answers

1. The intake of one of these nutrients is related to the increase in the absorption of iron:

- a. Ascorbic acid
- b. Retinol
- c. Vitamin K
- d. Thiamine

Correct answer: option “a”

2. Energy determined in the bomb calorimeter from complete oxidation of food is called as _____:

- a. Atwater Bryant factors
- b. Metabolizable Energy
- c. Physiological fuel value
- d. Heat of combustion

Correct answer: option “d”

3. The age group for which the BMR is the highest is _____:

- a. Childhood
- b. Adulthood
- c. Elderly age group
- d. Infancy

Correct answer: option “d”

4. One dietary source of hydrogenated fat:

- a. Margarine
- b. Olive oil
- c. Butter
- d. Cheese

Correct answer: option “a”

5. An example of an incomplete protein:

- a. Casein
- b. Egg Albumin
- c. Gelatin
- d. Soy protein

Correct answer: option “c”

6. **The number of amino groups present within most of the amino acids:**
- a. One
 - b. Three
 - c. Five
 - d. Ten

7. **A condition seen in infants due to hereditary defect in zinc absorption:**
- a. Anaemia
 - b. Seborrheic dermatitis
 - c. Enterocolitis
 - d. Acrodermatitis enteropathica

Correct answer: option “d”

8. **Potassium is found in abundant quantities in:**
- a. Fats and oils
 - b. Fruits and Vegetables
 - c. Sugars and honey
 - d. Eggs

Correct answer: option “b”

9. **The percentage of body water in a healthy adult male:**
- a. 20 percent
 - b. 60 percent
 - c. 10 percent
 - d. 90 percent

Correct answer: option “b”

10. **A vegetable containing goitrogens which impairs thyroid hormone production:**
- a. Green peas
 - b. Potato
 - c. Cauliflower
 - d. French beans

Correct answer: option “c”

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Subject: Adolescent Development

Instructions:

1. Attempt any 8 out of 10 given MCQs
2. Each MCQ carries 1.5 marks
3. Read each statement carefully and mark any one option out of the four Options that you think is the correct answer
4. No negative marking for wrong answers

1. _____ is a generalization that reflects one's impressions and beliefs about a broad group of people.
- a. Prejudice
 - b. Labeling
 - c. Judgement
 - d. Stereotype

Correct answer: option "d"

2. Puberty primarily occurs in _____.
- a. Early adolescence
 - b. Middle adolescence
 - c. Late adolescence
 - d. Adulthood

Correct answer: option "a"

3. Formal operational stage of cognitive development is characterized by _____, idealistic and logical thought.
- a. Concrete
 - b. Preconventional
 - c. Postformal
 - d. Abstract

Correct answer: option "d"

4. _____ is the concentration and focusing of mental effort.
- a. Processing speed
 - b. Capacity
 - c. Memory
 - d. Attention

Correct answer: option "d"

5. When self-description varies according to context and role, it is called as _____.
- a. Contradictions to the self
 - b. Differentiated self
 - c. Unconscious self
 - d. Real self

Correct answer: option "b"

6. Which of the following is not one of the domains of emotional competence?
- a. Relationship management
 - b. Social-awareness

- c. Self-awareness
- d. Individual management

Correct answer: option “d”

7. _____ is characterised by behaviors and roles generally associated with boys and men.

- a. Femininity
- b. Masculinity
- c. Androgyny
- d. Asexuality

Correct answer: option “b”

8. _____ autonomy is the ability to have significant control over one’s life.

- a. Physical Autonomy
- b. Social Autonomy
- c. Personal Autonomy
- d. Emotional Autonomy

Correct answer: option “d”

9. _____ is an intentional, aggressive behavior towards another individual involving an imbalance of power.

- a. Drug abuse
- b. Bullying
- c. Depression
- d. Suicide

Correct answer: option “b”

10. Out of the following, how can one cope up with academic stress?

- a. By binge watching a series
- b. Meditation
- c. Medication
- d. Procrastination

Correct answer: option “b”



Subject: Psychology of Clothing

Instructions:

1. Attempt any 8 MCQ's out of 10.
2. Each MCQ carries 1.5 marks
3. Read each statement carefully and mark any one option out of the four Options that you think is the correct answer
4. No negative marking for wrong answers

1. The most suitable phrase to describe how to present oneself in the most professional manner with a business wardrobe -
 - a. Dressing to lure
 - b. Dressing for success
 - c. Dress to act
 - d. Dress to present

Correct answer: option "b"

2. Which is the odd one out in terms of classic fashion -
 - a. Trench coat
 - b. Little Black Dress
 - c. Oxford Shirt
 - d. Pants with visible thong

Correct answer: option "d"

3. A metaphor often used to describe role theory -
 - a. Action
 - b. Theatre
 - c. Film
 - d. Interview

Correct answer: option "b"

4. Pre-play stage is associated with which stage of life?
 - a. Infancy and early childhood
 - b. Childhood
 - c. Adolescent
 - d. Adulthood

Correct answer: option "a"

5. Which type of organization is concerned with impression management?
 - a. Service organization
 - b. Protective organization
 - c. Associative organization
 - d. Economic organization

Correct answer: option "d"

6. Select the incorrect statement about characteristics of culture.
- a. Culture is learned through socialization.
 - b. Culture is not transmitted from generation to generation.
 - c. Culture is shared.
 - d. Culture is transformed.

Correct answer: option “b”

7. In relation to clothing and theory of dramaturgy what is the presentation of self?
- a. "the act"
 - b. "scene / stage"
 - c. “the actor”
 - d. "the others"

Correct answer: option “c”

8. Complete the statement: Clothing is important as...
- a. a socializing influence
 - b. it acts as a symbol of social status
 - c. it adds identity to the wearer
 - d. it helps in understanding your inner self

Correct answer: option “d”

9. What refers to that property on how well the clothing transmits heat and evaporated sweat from the skin into the environment?
- a. Thermal comfort
 - b. Tactile comfort
 - c. Wicking
 - d. Garment fit

Correct answer: option “a”

10. In relation to role acquisition, select the odd one out
- a. Reinforcement
 - b. Identification
 - c. Adoption
 - d. Instruction

Correct answer: option “c”



Subject: Introduction to Tourism and Hospitality Industry

Instructions:

1. Attempt any 8 out of 10 MCQs
2. Each MCQ's carries 1 1/2 marks
3. Read each statement carefully and mark any one option out of the four options that you think is the correct answer.
4. No negative marking for wrong answer

1 _____ is defined as providing fully prepared foods for immediate consumption on or off premises.

- a. Hotel
- b. Food Service
- c. Hospitality Industry
- d. Hospitality

Correct Answer :option b

2 It is a business or a person selling the travel industry's individual parts or combination of the parts to the consumer

- a. Travel and Tourism Industry
- b. International Tourism
- c. Tourist
- d. Travel Agency

Correct Answer :option d

3 He is a person who temporarily visits a destination and stays for less than 24 hours, for the purpose of leisure or business, but not for transit.

- a. Domestic visitor
- b. Excursionist
- c. International visitor
- d. Tourist

Correct Answer :option b

4 A Room with two single beds having common head board

- a. Hollywood Twin Room
- b. Twin Double Room
- c. Adjacent Room
- d. Quad

Correct Answer : option a

5 Human Resources Department in most large hospitality establishments employ a human resources manager to manage a range of staff-related issues such as

- a. Security
- b. Performance appraisals
- c. Sales & Marketing
- d. meal plans

Correct Answer :option b

- 6 These hotels are located at natural and manmade sites
- a. Airport hotels
 - b. Suburban hotels
 - c. City centre
 - d. Resort Properties

Correct Answer :option d

- 7 Travel for both business and pleasure began to flourish in the _____
- a. Early age
 - b. Egyptian era
 - c. Assyrian era
 - d. Greek times

Correct Answer :option b

- 8 A professional in the business of selling travel services in a travel agency.
- a. Ground staff
 - b. Travel agent
 - c. Ticket Checker
 - d. Ticketing Department

Correct Answer :option b

- 9 A fascination with the supernatural drives some people to travel in search of the paranormal which is termed as
- a. Heavenly tourism
 - b. Ghost tourism
 - c. Dark tourism
 - d. Dead tourism

Correct Answer :option b

- 10 _____ came into existence with the enactment of Air Corporations Act on 1st August 1963
- a. Vistara
 - b. Kingfishers
 - c. Indigo
 - d. Air India

Correct Answer :option d



Subject: Environment and Sustainable Development

Instructions:

1. Attempt any 8 out of 10 given MCQ'S
2. Each MCQ carries 1.5 marks
3. Read each statement carefully and mark any one option out of the four Options that you think is the correct answer
4. No negative marking for wrong answers

1. A/An _____ is formed by the interactions between all living and non-living things
- a. Exosystem
 - b. Ecosystem
 - c. Mesosystem
 - d. Microsystem

Correct answer: option "b"

2. Out of the following which is an organic substance?
- a. Carbohydrates
 - b. Boron
 - c. Sulphur
 - d. Water

Correct answer: option "a"

3. Which organisms produce their own food from an energy source?
- a. Decomposers
 - b. Autotrophs
 - c. Carnivores
 - d. Omnivores

Correct answer: option "b"

4. _____ indicates whether pollutant levels in air may cause health concerns.
- a. Decibels
 - b. Volts
 - c. Air Quality Index
 - d. Temperature

Correct answer: option "c"

5. All of these are effects of Air pollution, except:
- a. Floods
 - b. Acid rains
 - c. Green house effect
 - d. Thinning of ozone layer

Correct answer: option "a"

6. A change in all of these properties of water will have a detrimental effect on humans, except:
- a. Physical
 - b. Chemical
 - c. Social
 - d. Biological

Correct answer: option “c”

7. Ground water pollution occurs because of excessive use of _____.
- a. Fertilisers and pesticides
 - b. Plastic bags floating on water
 - c. Rubber tyres
 - d. Microbes

Correct answer: option “a”

8. Paper, wood, fruits are examples of _____ waste.
- a. Bio-degradable
 - b. Hazardous substances
 - c. Non - biodegradable
 - d. Non hazardous

Correct answer: option “a”

9. Change in pH of potable water is an example of _____ pollution.
- a. Point source
 - b. Chemical
 - c. Physical
 - d. Surface

Correct answer: option “b”

10. Which of the following is not a River clean - up programme?
- a. Namami Gange
 - b. Yamuna Action Plan
 - c. AMRUT
 - d. Chipko Movement

Correct answer: option “d”

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