

Sample MCQs For MSc Semester IV Examination (2019-20 batch only)

Subject: Entrepreneurship
Branch: IC Sports Nutrition
Semester: 4 - Class: MSc SN

Instructions: 1. All MCQ'S have to be attempted
2. Each MCQ carries 2 marks
3. Read each statement carefully and mark any one option out of the four Options that you think is the correct answer
4. No negative marking for wrong answers

1. This concept is important, particularly when market competition is severe.
 - a. Marketing Concept
 - b. Societal Marketing concept
 - c. Selling Concept.
 - d. Product concept

Correct answer: option "c"

2. How much a company is supposed to spend on CSR
 - a. 2 per cent of its average net profit of the preceding three years
 - b. 3 per cent of its average net profit of the preceding three years
 - c. 2 per cent of its average net profit of the preceding two years
 - d. 3 per cent of its average net profit of the preceding two years

Correct answer: option "a"

3. Jack Ma founded Alibaba at what age
 - a. 31
 - b. 33
 - c. 35
 - d. 40

Correct answer: option "c"

4. If a business considers where the consumers are and who they are before selecting a channel of distribution, the business is considering the _____ factor. Uneven
 - a. Human
 - b. Promotion
 - c. Market
 - d. Sales

Correct answer: option "c"

5. During project selection, the project that has _____ is chosen.
lower opportunity cost
 - a. lower opportunity cost
 - b. higher opportunity cost
 - c. equal opportunity
 - d. both b and c

Correct answer: option "a"

Subject: Nutrition for Sportsperson with Special Conditions

Branch: I C – Sports Nutrition

Semester: IV - Class: MSc Part-II

- Instructions:
1. All MCQs have to be attempted
 2. Each MCQ carries 2 marks
 3. Read each statement carefully and mark any one option out of the four options – the one that you think is the correct answer
 4. There are no negative marking for wrong answers

1. Which of these is not a challenge for an athlete travelling 3-4 hours by bus for a competition?
 - a. Altered meal timings
 - b. Jet lag
 - c. Disruptions to normal training routine
 - d. Food and water safety issues

Correct answer: option “b”

2. Moderate hypothermia occurs when the core temperature reaches:
 - a. 25-27° Celsius
 - b. 28-32° Celsius
 - c. 32-34° Celsius
 - d. $\geq 35^\circ$ Celsius

Correct answer: option “b”

3. During proliferation process there is...
 - a. Tissue rebuilding and repairing
 - b. Remodelling to build a stronger tissue structure
 - c. Inflammation
 - d. Rehabilitation

Correct answer: option “a”

4. With regards to 'Nutritional goals for injury recovery', choose the incorrect statement:
 - a. Support muscle protein synthesis
 - b. Preserve muscle mass
 - c. Allow slight body fat gain
 - d. Maintain energy balance

Correct answer: option “c”

5. Which of these is not a cause/risk factor of Irritable bowel syndrome?
 - a. Genetic predisposition
 - b. Intensive exercise
 - c. Stress
 - d. Soluble fiber

Correct answer: option “d”

Subject: Sports & Fitness Management
Branch: I C – Sports Nutrition
Semester: IV Class: MSc Part-II

- Instructions:
1. All MCQs have to be attempted
 2. Each MCQ carries 2 marks
 3. Read each statement carefully and mark any one option out of the four options – the one that you think is the correct answer
 4. There are no negative marking for wrong answers

1. Which of these is a unique feature of sports organizations?
 - a. Ensuring employee and client satisfaction
 - b. Increasing productivity
 - c. Making profits
 - d. Maintaining competitive balance

Correct answer: option “d”

2. Environmental uncertainty is a:
 - a. Factor influencing an organization's structure
 - b. Dimension of an organization structure
 - c. A structural model for sports organization
 - d. Type of a sports organization

Correct answer: option “a”

3. Principles of successful strategy management include:
 - a. Setting priorities
 - b. Avoiding flexibility
 - c. Avoiding outside help
 - d. Not paying attention to communication

Correct answer: option “a”

4. Comparing to a business organization, in sports organization management the statistics can additionally be used for:
 - a. Understanding profits through sales.
 - b. Predicting future outcomes
 - c. Assessing athletic health and performance
 - d. Understanding employee turnover rates

Correct answer: option “c”

5. Violation against the women's right to equality, life and liberty is addressed by the:
 - a. Harassment In Sports Act
 - b. Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act
 - c. Sports Law and Welfare Association of India
 - d. Competition Act, 2002

Correct answer: option “b”

Subject: Strategies for Holistic Health
Branch IC: Sports Nutrition
Semester: IV Class: MSc

- Instructions:
1. All MCQ'S have to be attempted
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1. Name the type of hockey sport played on roller skates ?
 - a. Sledge hockey
 - b. Street hockey
 - c. Field hockey
 - d. Rink hockey

Correct answer: option "d"

2. A form of ice skating performed with a team of twelve to twenty skaters, in unison to music is known as?
 - a. Singles ice skating
 - b. Pair ice skating
 - c. Ice dancing
 - d. Synchronized skating

Correct answer: option "d"

3. Which diet recommends that all foods made with wheat, rye, barley and most oats, bread, pasta, bagels, baked goods, pizza, breaded meats, etc. should be avoided?
 - a. Vegan Diet
 - b. Gluten Free Diet
 - c. Blood group Diet
 - d. Cabbage Soup Diet

Correct answer: option "b"

4. A non-invasive technique that uses a series of gentle hand movements over muscles, tendons, ligaments, joints, nerves and fascia to promote relief from musculoskeletal and related neurological complaints is known as?
 - a. Energy Healing
 - b. Bowen Therapy
 - c. Aromatherapy
 - d. Acupuncture

Correct answer: option "b"

5. Healing technique of Traditional Chinese Medicine that involves inserting very thin, sterile needles through a person's skin at specific points on the body, to various depths is known as?
 - a. Acupressure
 - b. Acupuncture
 - c. Bowen Message
 - d. Naturotherapy

Correct answer: option "b"