

**Sample MCQs for S.Y.B.Sc. Semester III Academic Year 2021-2022
Winter Session (October) 2021**

Subject: USHS 301 Foundation Course

Instructions:

1. Attempt any 8 out of 10 given MCQs
2. Each MCQ is of 1.5 marks
3. Read each statement carefully and mark any one option out of the options that you think is the correct answer.
4. No negative marking for wrong answers

1. **The Constitution of India uses the term _____ to refer to these vulnerable groups.**

- a. petite sections
- b. weaker sections
- c. smaller sections
- d. influencing section

Correct answer: option “b”

2. **The universal declaration of Human rights is applicable to**

- a. Every citizen of only developing countries
- b. Citizen of UN member countries
- c. Each individual regardless of gender, race, religion, or cultural background
- d. Only people that live in Africa

Correct answer: option “c”

3. **Right to equality falls under which category of right?**

- a. Civil right
- b. Political right
- c. Social right
- d. Cultural right

Correct answer: option “a”

4. **According to the Article 29 of the Constitution, any group living within the jurisdiction of India is**

- a. Entitled to have their own choice of occupation
- b. Entitled to travel freely and settle anywhere in the country
- c. Entitled to ask for justice in case of violence
- d. Entitled to preserve and promote its own language, script or literature, and culture

Correct answer: option “d”

5. **Select the correct alternative in relation to disaster management:**

- a. It deals with preparedness, response and recovery
- b. It deals with prediction and recovery
- c. It deals with prediction, preparedness and recovery
- d. It deals with preparedness and response

Correct answer: option “a”

6. **Essential drugs are:**
- a. Lifesaving drugs
 - b. that satisfy the healthcare needs of majority of the population
 - c. Drugs that must be present in the emergency bag of a doctor
 - d. Drugs that are essential for rare diseases

Correct answer: option “b”

7. **Select the odd one out in relation to type of disasters**
- a. Release of radioactive agents
 - b. Release of biological agents
 - c. Epidemics
 - d. Release of chemical materials

Correct answer: option “c”

8. **Out of the four ways listed, which is not the way to overcome communication barriers?**
- a. Listen Actively
 - b. Select proper communication channel
 - c. Insult the speaker when words are pronounced incorrectly
 - d. Two-way communication

Correct answer: option “c”

9. **SOP is**
- a. Surgical operating parameters
 - b. Statement of purpose
 - c. Student of pharmacy
 - d. Staffing of pharmacies

Correct answer: option “b”

10. **Which of the options best describes the hindrances to effective listening: distracting sounds, poor acoustics, uncomfortable seating arrangements?**
- a. Attitudinal barriers
 - b. Environmental barriers
 - c. Ecological barriers
 - d. Biological barriers

Correct answer: option “b”



USHS302 - Nutrition and Meal Planning

Instructions:

1. Attempt any 8 out of 10 given MCQs
2. Each MCQ is of 1.5 marks
3. Read each statement carefully and mark any one option out of the options that you think is the correct answer.
4. No negative marking for wrong answers
5. Use simple calculator and / or pen paper

1. The Energy requirements of a man 170cms tall and broad built, 40 years old and working as a bank clerk is

- a. 1925 Kcals
- b. 1750Kcals
- c. 2233 Kcals
- d. 1575 Kcals

Correct answer – Option a

2. The Omega 3 amounts to be given with a PUFA intake of 15 gms and in the Omega 6: Omega 3 Ratio of 1:5 =

- a. 3.5 gms
- b. 2.5 gms
- c. 3.3 gms
- d. None of the above

Correct answer – Option b

3. The protein content of 2 katoris of dal is

- a. 7 gm
- b. 14 gm
- c. 21 gm
- d. 5 gm

Correct answer – Option b

4. The ideal late evening snack at 7 pm for a 40 year old housewife who eats dinner at 8.30 pm is

- a. 1 Katori of roasted peanuts
- b. I fruit
- c. Cream of palak soup
- d. 1 Vegetable sandwich with brown bread

Correct answer – Option b

5. As you are as student of Nutrition, your cousin who is pregnant has asked your advice on which oil to consume for the health of her baby

- a. Rice bran oil
- b. Til oil
- c. Mustard oil
- d. Groundnut oil

Correct answer – Option c

6. Which of the following does not happen as part of physiological changes in pregnancy

- a. Increase in RBC
- b. Fluid increase
- c. Mixing of mothers and fetal blood
- d. Increase in BMR

Correct answer – Option c

7. Energy requirements of a lactating mother in the first six months is increased by

- a. 550 Kcals
- b. 600 Kcals
- c. 350 Kcals
- d. 300Kcals

Correct answer – Option b

8. Glycemic index is a ranking of carbohydrates on a scale of:

- a. 1 to 10
- b. 0 to 100
- c. 10 to 100
- d. 100 to 1000

Correct answer: option b

9. Choose the high impact aerobic exercise that can reduce risk of cardiovascular disease:

- a. Planks
- b. Gymnastics
- c. Jogging
- d. Walking

Correct answer: option c

10. The phytochemicals found in soybean which help in cancer prevention:

- a. Curcumin
- b. Anthocyanins
- c. Isoflavones
- d. Lycopene

Correct answer: option c

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USHS303 - Marriage and the Family

Instructions:

1. All MCQ'S have to be attempted
2. Each MCQ carries 2 marks
3. Read each statement carefully and mark any one option out of the four Options that you think is the correct answer
4. No negative marking for wrong answers

1. Which of the following is a reason for the dramatic changes in the families?

- a. Baby boom
- b. Sandwich generation
- c. Migration
- d. Marriage

Correct answer: option "c"

2. The third stage of family life cycle model is called as?

- a. Families with school children
- b. Married couples
- c. Families with preschool children
- d. Childbearing families

Correct answer: option "c"

3. According to the triangular theory of love, which of the following is not one of the three components of love?

- a. Intimacy
- b. Liking
- c. Passion
- d. Commitment

Correct answer: option "b"

4. Which of the following intervention measures can divorcing couples take to minimize the detrimental effects of divorce on their children?

- a. Divorce education class
- b. Community-based programme
- c. Couples counseling
- d. Divorce mediation

Correct answer: option "a"

5. In _____ stage, there is a high dependency on the parents.

- a. Adolescence
- b. Early Infancy
- c. School going
- d. Adulthood

Correct answer: option "b"

6. Out of the following, what are the ways in which parents can provide warmth to their children?

- a. Having no interaction with them
- b. Being aloof
- c. Encouraging them
- d. Giving threats

Correct answer: option “c”

7. Out of the following which is the other name for reconstituted family?

- a. Blended family
- b. Homosexual family
- c. Nuclear family
- d. Single parent family

Correct answer: option “a”

8. ____ communication conveys intimacy, caring, recognition and validation of family members.

- a. Relational
- b. Non-verbal
- c. Dysfunctional
- d. Nurturing

Correct answer: option “d”

9. Social support plays an important role in ____ the degree of stress experienced by the caregiver.

- a. mediating
- b. Provoking
- c. disharmonizing
- d. bickering

Correct answer: option “a”

10. Which among these does not form the basis of adult relationships?

- a. Quality of attachment
- b. Behavioural system
- c. Working models
- d. Diffused system

Correct answer: option “d”

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USHS304 - Traditional Textiles and Costumes of India

Instructions:

1. All MCQs have to be attempted.
2. Each MCQ carries 1.5 marks.
3. Read each statement carefully and mark any one option out of the options that you think is the correct answer.
4. No negative marking for wrong answers

1. The _____ is a traditional blouse piece originating from Maharashtra and Northern Karnataka

- a. Kupsa
- b. Khann**
- c. Himroo
- d. Kabja

Correct answer: option “b”

2. Mahbub khani, Teerandas khani , Hashim khani, Thotti khani are designs used in carpets manufactured in _____

- a. Tamil Nadu
- b. Madhya Pradesh
- c. Rajasthan
- d. Andhra Pradesh**

Correct answer: option “d”

3. Four types of stitches used in Kasuti are

- a. Gavanthi, Murgi, Menthi, Negi**
- b. Abhla, Aari, Moti. Heer
- c. Heer, Gavanthi, Menthi, Negi
- d. Murgi, Abhla, Negi, Menthi

Correct answer: option “a”

4. _____, _____ and _____ are toe rings

- a. Paatli, Valayam, Bilwar, Tode
- b. Wanki, Bajubandh, Borlo, Kandoro
- c. Jodvi, Kalungara, Bichua, Ortu**
- d. Damini, Thalle bottu, Borlo, Nethi chutti

Correct answer: option “c”

5. The men as well as women of Kerala wrap this costume around the lower part of their bodies

- a. Neriyaathum
- b. Jhumbar
- c. Thortu mundu
- d. Mundu**

Correct answer: option “d”

6. **The applique work of Orissa is called**

- a. Khatwa
- b. **Pipli**
- c. Sujani
- d. Kashida

Correct answer: option “b”

7. **The dhool is a representation of _____**

- a. Pigeon
- b. Cresent of the Moon
- c. **Drum**
- d. Scorpio

Correct answer: option “c”

8. **The women’s costume of women of Khasi tribe of Meghalaya is called**

- a. **Jainsem**
- b. Phanek
- c. Chaddar
- d. Kilt

Correct answer: option “a”

9. **9.Married Punjabi Brides wear _____ in their hand**

- a. **Kalirey and Chooda**
- b. Shankha and Pola
- c. Green Bangles
- d. No Bangles

Correct answer: option “a”

10. **One of the contemporised versions of a saree**

- a. Curtains
- b. Dupattas
- c. Trousers
- d. **Pre Stitched saree**

Correct answer: option “d”



Subject: Principles of Management

Instructions:

1. All MCQ'S have to be attempted
2. Each MCQ carries 1.5 marks
3. Read each statement carefully and mark any one option out of the four options that you think is the correct answer
4. No negative marking for wrong answers

1 **What is Frank Gilbreth`s work most noted for?**

- a. Working conditions
- b. Time and Motion Study
- c. Work Psychology
- d. Work as a social setting

Correct answer: option “b”

2 **Driving forces are interested in:**

- a. Change
- b. Status quo
- c. New policies
- d. New procedures

Correct answer: option “a”

3 **Dealing with routine and repetitive problems is a _____**

- a. Programmed decision
- b. Non-programmed decision
- c. Major decision
- d. Minor decision

Correct answer: option “a”

4 **Which leadership Theory suggest that "leaders are born not made"?**

- a. Trait theory
- b. Situational theory
- c. Behavioural theory
- d. Contingency theory

Correct answer: option “a”

5 **Devices which show the organisational relationships**

- a. Scalar chain
- b. Organisational charts
- c. Overall plan
- d. Budgets

Correct answer: option “b”

6 **Preliminary control = Anticipates problems :: Feedback control =**

- a. corrects problems when they occur
- b. corrects problems after they occur
- c. corrects problems before they occur
- d. corrects problems only if necessary

Correct answer: option “b”

7 **Under this policy employees are free to approach managers at any time and discuss their problems with them**

- a. External policy
- b. Salary and benefits policy
- c. Open door policy
- d. Questionnaires

Correct answer: option “c”

8 **It is accomplishing more work with a given amount of time and energy, or reducing the amount of either or both to accomplish a given amount of work.**

- a. Work simplification
- b. Time and Motion studies
- c. Analysing work methods
- d. Body mechanics

Correct answer: option “a”

9 **Work curve is a tool for managing time efficiently:**

- a. True
- b. False

Correct answer: option “a”

10 **Remuneration received by the worker for his services, which is paid at the end of each month.**

- a. Rent
- b. Salary
- c. Wages
- d. Profit

Correct answer: option “b”

