

Nirmala Niketan is a Christian Minority Institute, managed by a Society, registered under the Society's Registration Act 1860 and Public Trust Act 1950 whose members belong to the Congregation of the Daughters of the Heart of Mary in India. This Society is managed by a Governing Body whose Ex-Officio chairperson is the Provincial of the Daughters of the Heart of Mary in the Province of India.

Principal's Message

Welcome to the College of Home Science, Nirmala Niketan! For those of you, who have been in college already for a year or more, welcome back! Let us commit ourselves to a year of excellence, integrity, service, and love. Let us extend ourselves beyond our current boundaries and give of ourselves to each other and society. Our college places the highest value on comprehensive, professional, and socially-relevant education. Our entire curriculum enables each of you in the college to imbibe skills that are essential for negotiating life's challenges whether personal, familial, community, or professional. We, in the college, aim at personal growth as well as professional competence, inspire and encourage a sense of social responsibility to serve others who may be less fortunate than you. May all that the college imparts to you, step up your potential for excellence to the fullest and groom you to be an empowered and empowering patriotic citizen of our beloved country-India.

Motto and Emblem

"The highest law of love is service" is the motto of our Institute. Each time we reach out in service to another we exemplify and extol love in its highest form.



A lotus within a seed represents our logo. The seed signifies the beginning of new life leading to magnificent growth both earth bound and reaching for the skies. The lotus also symbolizes transformation: stretching upward through mud, slime and water to emerge ultimately into light. In keeping with the logo we expect each student to awaken and create the beauty that lies within.

Vision Statement of the College

The college aims at the total development of the Indian woman by providing learning opportunities to empower her with the knowledge, skills and attitudes to face personal and professional challenges with confidence, inculcating values of respect, commitment and concern for the service of others thereby enabling her to make a positive contribution to society in the 21st century.

Mission of the College

The Mission of Nirmala Niketan College of Home Science:

- To work dedicatedly towards women's empowerment through socially-relevant, holistic, interdisciplinary education.
- To sensitize students to the needs of others, especially of those less advantaged, and foster a service orientation.
- To respect egalitarian justice, use participatory governance, and build capacity among students and staff.
- To continually innovate and deliver a curriculum that is globally valuable, locally relevant, and responsive to changing times and needs.
- To forge and enhance linkages with communities and organisations at multiple levels (e.g., local, regional, national, and international).
- To contribute to the national and international knowledge base in Home Science and allied fields.

Goals of the College

Education in this college endeavors to develop women through a course structure that is:

- a) Life-oriented,
- b) Career-oriented and
- c) Community-oriented.

Code of Conduct for Students

1. **Regularity and Punctuality.** Regularity and Punctuality are values that are held in high esteem in this college. Students are expected to be present for all lectures, practicals, field work and meetings at the stipulated time. Take note of the timings displayed on the notice board at the beginning of the academic year.
2. **Participation in the Class.** Maximum benefit is obtained when students participate fully in the teaching-learning process. Students are encouraged to involve themselves in classroom learning activities. Marks will be allotted for the same. Carry all required materials to class.
3. **Be in class during class hours.** Lounging, studying, completing journals in the library, back-landing, common room or elsewhere in the college whilst classes are on, is discouraged.
4. **Use break time prudently.** Snacks are permitted in the back landings and in the classroom. Kindly use bins provided and maintain the cleanliness of the place. After the break return to the class well in time.
5. **Use of the lift.** Good citizenry demands orderly queues whilst waiting for the lift. The rear lift is designated for student use. Students are expected to walk up to the third floor. If students use the lift, they are to disembark only on the 5th floor. The lift is not to be used for going downstairs, except in case of medical reasons, in which case a letter should be submitted.
6. **Announcements** on the notice boards (classroom, common room and entrance bulletin board) must be read every day, both on arrival and before leaving the college premises. Ignorance of instructions posted on the notice board is no excuse for noncompliance.
7. **Photo-identity cards.** For security reasons, the photo-identity card is to be worn at all times in the college and in the classroom

and made available for inspection when requested. The penalty for not doing so will be a fine of Rs.100/- each time.

8. **Valuables.** The carrying of valuables to college is discouraged. You are responsible for the safety of your valuables. Do not leave them unattended anywhere in the college. The college is not responsible in the event of any loss or theft. In case of misplaced articles contact the reception desk on the third floor.
9. **Mobile phones.** You are permitted to use mobile phones ONLY in the lobby on the ground floor and the common room and on the landings at any time during the day; phones may also be used in other places during the break from 10.30 am-11.00am. There is a fine of Rs. 500/- for mobile phone usage in the classroom during class, and Rs. 100 for mobile phone usage in other non-designated areas throughout the entire day. Phones are to be SWITCHED OFF and placed in your bag DURING CLASS HOURS. You are permitted to charge your phones only in the common room. Moreover, as already specified under item 8, you are responsible for the safekeeping of your mobile phone. The college is not accountable should your mobile phone be lost or stolen.
10. **Noise levels.** Keep noise levels down both during class as well as during break times. Also avoid talking loudly while walking in the college corridors. Ensure that classes around you are not disturbed.
11. **Use of laptops:** M. Sc II students can charge their laptops & use them in the library strictly for academic purposes, only if they are with their guides; or else charging of laptop in the college is strictly prohibited.
12. **Seek permission to enter or leave a class** when a session is in progress.
13. **Ragging** is strictly prohibited. Welcome new students with respect.
14. **Smoking** is **not** allowed in the college.

15. **Attire:** Students are expected to **dress appropriately** for an educational institution. Therefore students are not allowed to wear tops that expose the midriff or those with spaghetti straps, low riding pants, shorts or T-shirts with disrespectful sayings. Our dress code intends helping students develop a healthy respect for themselves and their bodies. Covering of face and eyes is not permitted inside the college premises for security purposes.
16. **Permission of the Principal.** Any activity/event that the student wishes to organize within college or participate in outside the college requires the prior permission of the Principal.
17. **Contact the administrative office** for certificates, testimonials that require the Principal's signature. Do not take any such papers directly to the Principal for signature. You may have to apply in advance for these.
18. **Treat college property with due care.** The college and its furniture/equipment/other resources are for the student's benefit. If property is damaged in the classroom or elsewhere in the college, fines will be accordingly charged. This applies to both individual students as well as to class groups.
19. **Keep the college premises clean.** Cooperate with the support staff in keeping classrooms, laboratories, corridors, stairwells, toilets and other areas clean. Use classroom dustbins and bins for disposal of litter. Washing of feet in the basins is strictly prohibited. Kindly follow the instructions for use of Sanitary Napkin vending machines and the incinerators installed in the bathrooms.
20. **Switch off** all lights fans and **close taps** when not required.

By virtue of joining the college, you are obliged to accept and observe the afore-mentioned rules of conduct and to cooperate with the enforcement of the same. The Principal's judgment on your compliance into those matters is final.

University Rules and Regulations with Regard to Academic Matters

Attendance Requirements

Affiliation to the University of Mumbai requires strict adherence to university ordinances. As per the University Ordinance Nos. 119 and 125, a minimum 75% attendance is required in each semester to be eligible for appearing for the Semester-end examinations. Under these Ordinances, the college may not permit the students to appear for Semester -end examinations if they do not fulfill the necessary requirements. This involves a minimum attendance of three-fourth of the days on which lectures are delivered for each semester. Lecturers will maintain a record of attendance for each lecture and practical throughout both semesters.

In case of coming late for the first lecture the student will be marked 'late' for that lecture. If this occurs for three days, she will be marked absent.

Planned absence from the college without prior intimation or due notification to concerned authority (e.g., Coordinators/H.O.D's and/or Principal) is ill-advised. However, when the student is absent, please ensure that parents/guardians have informed the Coordinators/H.O.D's of the classes/departments promptly.

Absence of three consecutive days or more must be justified in writing. A letter from parents/guardian specifying the reasons for absence must be given to the Co-ordinators/H.O.D's on resuming. For any absence due to illness, a medical certificate and fitness certificate must be given to the Coordinator/ HOD on resuming.

Mass 'bunking' is not permitted. Such behaviour is liable to punishment as decided by the Principal and other concerned authority.

No leave is granted for personal reasons ,i.e religious festivals, marriage ceremonies ,religious pilgrimages during academic session.

Other Matters

Please be aware of the syllabus of each of the subjects (theory and practical) in your academic programme. Parents/guardians are requested to keep themselves informed of the students' academic progress. It is not possible for the college to send individual letters apprising parents/guardians of the same. However, the Principal and the Heads of Departments will answer their queries if any. The academic year ends on 2nd of May. Students are required to participate in the college-organized activities after University examinations, until 2nd of May.

Make it a habit to check the college website regularly for notices and any other information.

"Education is the most powerful weapon which you can use to change the world." – Nelson Mandela

*Do not wait; the time will never be 'just right'.
Start where you stand, and work with whatever
tools you may have at your command, and better
tools will be found as you go along.*

- Napoleon Hill

College Contact Details

College Address

College of Home Science, Nirmala Niketan
49, New Marine Lines, Mumbai-400 020.

College Phone Number

022-2207 6503

College Fax Number

022-2200 3217

College E-Mail Addresses

info@nirmalaniketan.com

principalchsc@nirmalaniketan.com

College Website

www.nirmalaniketan.com

College Timings

Classes in college begin at 8 a.m. The last class of the day differs from group to group.

Opening and Closing Timings Each Day

The college opens at 7.30 a.m. and closes at 7.30 p.m. Permission from coordinator/principal must be sought to remain in college later than 6.30 p.m.

General office

Monday to Friday: 10.30 a.m. to 12.00 noon
02.00 p.m. to 03.00 p.m.

Saturday: 10.30 a.m. to 12.00 noon

Accounts Office

Monday to Friday: 10.00 p.m. to 12.30 p.m.
02.00 p.m to 3.00 p.m.

Saturday: 10.30 a.m. to 12.00 noon.

Reception Counters (Ground Floor and 3rd Floor)

Monday to Friday: 10.00 a.m. to 01.00 p.m.
02.00 p.m. to 04.00 p.m.

Saturday: 09.30 a.m. to 01.00 p.m.

Availability of Railway Concession Forms

3rd Floor Reception Counter:

Monday to Friday: 11.00 a.m. to 1.00 p.m.
02.00 p.m. to 03.30 p.m.
Saturday: 10.00 a.m. to 1.00 p.m.

During the vacation period, kindly check the timings of the General Office, Accounts Office and Reception Counter.

Holidays

The college is closed on:

- (i) Sundays and all public holidays.
- (ii) Holidays prescribed by the University of Mumbai for the Summer vacations, Mid-Term break and the Winter break.
- (iii) Occasionally, on a day declared by the Principal. This will be displayed on the notice-board.

Examinations

The college has implemented the semester based credit and grading system for Under-graduate (F.Y.B.Sc., S.Y.B.Sc. and T.Y.B.Sc.) and Post-graduate (M.Sc.) students in compliance with University of Mumbai Guidelines.

The examination scheme, schedule and other norms pertaining to the examinations, will be informed to students as and when details are provided by the University of Mumbai.

For such examination – related information and for a list of Frequently Asked Questions, also look up the University of Mumbai website: <http://mu.ac.in/portal/student-section/examination/>

“The mind once enlightened cannot again become dark.”

— Thomas Paine

Specialization at the T.Y.B.Sc. Level

The specialization at the T.Y.B.Sc. level is done purely on the basis of merit and students are not assured of getting the desired specialization.

Student Aid, Scholarships and Prizes

Students requiring financial assistance can avail of the “Need based scholarship” offered by the college.”Merit based scholarships” are awarded for academic excellence. Government scholarships are available for students from;

i) Religious minorities ii) SC/ST/OBC/NT iii) Postgraduate students
iv) Students scoring above 60% in H.S.C. Applicants for need-based scholarships are interviewed by the principal and the members of the Scholarship Committee.

- Founder Principal C. Galby Alumni Association Award.
- Principal C. Galby Gold Medal for Textile students.
- Watumal Foundation Scholarship for a B.Sc. student on merit.
- Gauri Loknath Char Scholarship for needy/meritorious students.
- Braganza Scholarship for T.Y. B.Sc. and M.Sc. Human Development, preferably Catholic students.
- Thresiamma Joseph Memorial Scholarship for T.Y. B.Sc./M.Sc. Nutrition students.
- Saffola Scholarship for P.G. Dietetics students; PFNDAI Scholarship for T.Y.B.Sc. (FND) students.
- Ms. Tilak Surana Memorial Scholarship for needy students.
- Prof. L.R. Shah Scholarship for needy students.
- Ms. Noemia D’Souza Scholarship for M.Sc. II Textile student doing research work.
- Dipti Patwardhan Memorial prize for an S.Y.B.Sc. student who gets highest in clothing/food practicals.

- Mrs. Amina Mohammedali Versey Memorial Scholarship for any needy Muslim orphan student or one having a single parent who is in financial need.
- Smt. Makaben Premji Vora Scholarship for T.Y. B.Sc. (Home Science) student of any specialization for meritorious extension activity.
- Smt. Seetalakshmi Mannadiar memorial scholarship for needy students.
- Several other Need-based and Loan-based scholarships.

Services and Facilities for Students

Library

College library is the gateway to knowledge, provides a basic condition for lifelong learning, independent decision making, and cultural development of the students and the teachers. Focusing upon the very important role of the library, our college library has been growing steadily over the years. At present, it has a rich collection of 13882 books and 395 CD's. The library subscribes to over 38 periodicals, 7 e-journals and 7 newspapers.

The library has the following facilities/ services/ sections:

- Bag counter
- Workstations for individual or group work in the corridor
- Designated reading/studying areas on large tables inside
- Reading area for Ph.D. students
- Catalogue systems: Card catalogue and OPAC (Online Public Access Catalogue). You can locate the accession number of a book and information on its availability (on shelf or issued) by author, title, subject etc. through the designated computers in the library.
- Current Periodicals section
- Reference section
- Stacks: Books, journals, and dissertations

The library provides open access facilities. You can go directly to the cupboards and select books.

- Book Issue counter
- Photocopying centre

Photocopying is facilitated in the photocopying centre of the library. The librarian reserves the right to refuse to permit the photocopying of certain reference books.

- Internet facility.
- Wi-Fi Facilities

Library staff assists students and teachers in locating books and reference materials.

Library Timings

Monday to Saturday: 8.30 am to 5.30 pm

Library timings may change during vacations. These changes in library timings are posted on relevant notice boards.

Library Rules and Regulations

The rules that follow are devised to ensure that the best services can be provided to the greatest number of users.

1. **Deposit all bags, personal textbooks, files etc. at the bag counter** before entering the main section of the library. Do not leave any money or valuables at the bag counter. The library staff is not responsible for any loss. Collect your belongings before leaving the library. Signing in the register before entering and signing out when you leave the library.
2. Other than wearing your college photo-identity card, also **have available your library cards** when using the library.
3. **Silence is mandatory** in and around the reading room area of the library. Discussions in study groups are inappropriate in the reading areas of the library. **Issue your books using your library cards.** Books are issued strictly in order of application.

The librarian has the right to not issue certain books when circumstances warrant it.

4. **Examine books** when issuing them. Report any damage found in the book immediately at the issue counter. If the student fails to do so, she will be held responsible for any damage that may be detected later.
5. **Handle library books carefully.** Use books with care. Underlining, highlighting, or scribbling is strictly forbidden and carries severe penalties. Tearing of pages or damaging the binding is strictly forbidden and also carries severe penalties.
6. Use of mobile phones strictly prohibited in the library, unless required by a teacher for academic purposes only.
7. Talking on cell phones is not allowed in the Library or corridor and will attract a fine of Rs. 500/-. Please set your phones to the silent mode.
8. The student is **responsible for books issued in her name.** Books lost, damaged or defaced must be paid for by the reader on whose name they were issued. The value of the books will be assessed by the librarian.
9. **Allow all issued books to be inspected** at the bag counter on leaving the library.
10. **Please return the books before or by the due date.** When possible, reissue the books that you need for a longer duration. The fine for **overdue books** is Rs. 5 for each day past the due date including holidays; and the fine for **overdue overnight books** is Rs. 8 for each day past the due date including holidays.
11. **Use the books in the stacks with care.** Books are placed by their accession numbers. Avoid replacing books randomly whilst locating a book that is required. Misplaced books obstruct optimal library usage. The librarian/assistant can be contacted for help.

12. Chewing gum, eating and drinking are **not permitted** in the library.
13. **Furniture** must be used as arranged and only for its proper purpose (i.e., a table to place books and chairs for sitting).
14. All rules described under *Code of Conduct* are applicable to the library area.
15. **Library usage is a privilege** contingent on respecting library rules. If library rules are disregarded or incidences of indiscipline occur in the library the student may lose her privilege to access the library.
16. The librarian reserves the right to **recall** any book or periodical when required.
17. **Photocopying facility** is available for the benefit of the students, especially to be used for photocopying from books that are not allowed to be taken out of the library.
18. **Computer usage and printing facilities** are also available at a minimal cost for students in the library.

Cybercafé and Computer Centre

The college cybercafé, situated on the third floor is equipped with multiple computers and printers. Easy access to the Internet, word-processing, printing (black and colour) etc. is available at nominal rates on all working days from Monday to Friday from 8.30 a.m. to 5.00 p.m and on Saturdays from 9:30 a.m to 3.30 p.m. It also serves as an excellent computer classroom. Classes are scheduled in the computer centre with special instructors who facilitate students in learning the use of various software, both basic and advanced. Eating ,drinking and use of mobile phones is not permitted in the cyber café .

Common Room

There is a common room on the ground floor for student use. The furniture in this room allows either informal seating arrangement with friends or working at a table. There is also drinking water available, as well as attached washroom facilities in the Common Room.

There is also a bed provided in the Student Infirmary (behind the Hall on the Ground Floor) for students who are not well.

Hostel

Hostel facilities are available for outstation students at two locations: in the Institute building (that houses the College of Social Work) diagonally across from our college building, and in Goregaon, at PremAnkur on St. Pius campus grounds.

Counselling Services

Each one of us would like to create and/or enhance personal well-being. The college has a professional counselor who can help achieve greater well-being. The college counseling centre uses a holistic approach to help students increase self-awareness and overcome academic and personal challenges through individual or group sessions. Assistance in identifying and optimizing strengths and expanding perspective on oneself and others are offered here. Stress management, relaxation strategies, and goal-setting sessions are organized.

Counselling Centre Timings:

Monday to Friday: 10.30 a.m. to 2.30 p.m.

The student can either walk into the counselling centre during these time slots or arrive for a previously-made appointment with the counselor or through the receptionist.

Prayer Room

A room on the seventh floor, specifically for prayer and quiet reflection is available for Christian staff and students. Special

arrangements (eighth floor-rear side) are provided for our Muslim students to meet their needs for quiet prayer.

Mentoring Services

Objectives:

1. To humanize the educational system, especially given large classes.
2. To provide more avenues for creating student well-being.

Plan:

The mentor (synonym: guide) is an assigned teacher. Each student has a mentor. Along with some other students she belongs to a particular mentor group.

Each mentoring group will meet once a fortnight if needed. Mentees (i.e., students that are being mentored) may make individual appointments to meet the mentor other than during the group meeting.

The mentor will personally meet each student to discuss any issue that comes in the way of individual well-being. What is discussed will be confidential. In exceptional circumstances, the principal and/or the college counselor may also be taken into confidence.

Diet Counselling Centre

The diet counselling centre conducts awareness camps for students, staff and the community, on various topics related to health and nutrition. Diet counselling services may also be accessed at a nominal fee by students, teachers, parents, and others by prior appointment only. For further details contact the reception counter on the third floor.

Gym

‘Vigour – The NN Gym’, a fully equipped gym with a qualified female fitness trainer, is on the 7th floor. Students, faculty and even guests can avail of the use of the college gym at very nominal charges. Contact the reception counter in the lobby for timings and more details.

Remedial Teaching/Classes

Remedial classes (whenever needed) are organized in the afternoon for those students who are in need of such services. Instructors provide explanations and clarifications of difficult content, discussing study skills and strategies and giving tips on how to write answers in an examination. Small class size optimizes teaching-learning here.

Value-Added Courses

The student can enroll for the following value-added certificate courses, provided the required eligibility criteria are met:

- Nutrition and Exercise for Fitness
- Entrepreneurship in Textile Crafts
- Visual Merchandising
- Indian Sign Language
- Workstation Design and Applied Ergonomics
- Cultural and Heritage Management

The first 3 courses are affiliated to the University of Mumbai. Additionally, there are two value-added diploma courses:

- CAD-CAM and Computer Aided Technologies in Apparel Industry. (affiliated to UOM)
- Arts Based Therapy (certifies graduating students as Arts Based Therapists)

Sports Activities

Various **Indoor Games** are available for use and can be accessed from the Sports Cupboard. The Sports Committee regularly arranges for indoor games. Be on the look-out for announcements made by the Sports Committee. Do participate in indoor games and competitions.

The **Annual Sports Day** is a major event organized by the Sports Committee.

Picnics and Excursions

Picnics and excursions are organized by the college for the T.Y.B.Sc. and M.Sc. students, with the goal of relationship-building and recreation. These are over and above the study tours and rural camps that are a part of the academic programme.

Employment Placement Cell

The college has an Employment Placement Cell (EPC) that assists graduating students to get started in careers of their choice. The EPC liaises and builds contacts with different organizations, institutions and NGOs that provide career opportunities to our students on graduation. On-campus interviews are arranged by the EPC. EPC also arranges for sessions on resume writing & effective interview facing skills.

College Magazine

The College Magazine “*Expressions*” is an annual publication. This magazine showcases the creative writing efforts of students and teachers. Annual achievements of each specialization and/or programme of study is also chronicled in the magazine. The student is invited to contribute original creative writing (e.g., a short essays, poem, story, reflection, description of an event participated in, academic achievements, literary competition, creative skills) to this year’s college magazine. Please contact the Magazine Committee for more details.

Please email your contributions to nncollegemagazine@gmail.com

Redressal of Grievances

In case of complaints, suggestions or grievances over issues /events in the college, the student can request for redressal which is done through either of the three committees of the college: the Grievance Cell; the Internal Complaints Committee (for Prevention, Prohibition and Redressal of Complaints against Sexual Harassment of Women at the Work Place and Anti-Ragging); or the Committee for the Redressal of Grievances of the Reserved Category and Minority Students.

These committees comprise of staff (Principal and other staff) and a student member (General Secretary of the Student Council). Please use the box kept in the lobby and outside the Library, to deposit your complaints, requests or suggestions.

College Committees with Student Members

The college has many committees, the majority of which have student members. These diverse committees and their activities allow an experience of a well-rounded comprehensive education, extending beyond the traditional classroom. More specifically, participation in these committees and/or in the activities organized by these committees provides opportunities to students to experience college governance, and engage in cultural, literary, social service, sports, religious, and recreational events. Enthusiastic, wholesome participation from students with regard to each of these committees is encouraged.

Student Council

Students partake of college governance first-hand through their participation in the Student Council. The Student Council comprises of students that have been elected to various posts such as General Secretary, Treasurer etc. as well as all class and assistant class representatives. This council along with teacher members has regular meetings to plan and execute many activities in the college. The Student Council organizes the celebration of Independence Day, Teachers' Day etc. in the college.

Cultural Committee

The members of the Cultural Committee are responsible for organizing many cultural events through the year, culminating in the College Week celebrations and the college festival, NirmalUtsav. As organizers and/or as participants, each student can look forward to participating in the various cultural events in the first term and second term such as *DandiyaRaas*, Disco, workshops, (art, music, dance, drama) competitions and talent shows. Each of these events

provides a platform to express creativity, display talents, and grow from the experience. Many events (e.g., workshops) especially target the development of particular sociocultural skills (e.g., a particular dance form). The Cultural Committee also supports students in participating in inter-collegiate cultural events.

Magazine Committee

The Magazine Committee encourages and supports the literary/creative writing efforts of both students and staff. Other than the sizable task of conceptualizing, planning, editing, and directing the publication of the college magazine, the Magazine Committee also arranges for literary events during the year.

National Service Scheme (NSS)

The NSS reflects the essence of democratic living and upholds the need for self-less service. NSS helps the students develop an appreciation to other person's point of view and also show consideration to others. NSS volunteers work with villages, slums and voluntary agencies to complete 120 hours of regular activities during an academic year. The efforts of our college NSS volunteers have been widely acclaimed by the community and general public as the NSS volunteers have been rendering selfless service to the community.

Sports Committee

The Sports Committee organizes various Indoor Games such as carom, chess, T.T, Throw ball, Badminton, etc. and an Annual Athletic Meet (Annual Sports Day) for the students and staff. Selected students participate in various sports events at District Level and Inter-Collegiate level.

Women's Development Cell

In keeping with the college vision, the Women's Development Cell organises sessions aimed at augmenting the development of each woman. Interpersonal and other issues of relevance to the young

women in the college are addressed in interactive sessions with resource persons. The Women's Cell also organizes and hosts events commemorating the International Women's Day and Anti-Dowry Day.

Inter Faith Committee

This committee orients students to communal harmony, faith formation and tolerance for all religions. Various events are organized to celebrate different festivals. A common prayer service is planned in the beginning of the year. Programmes like talks, sessions, retreats and competitions are organized to celebrate the unity in diversity of our country.

**“Live as if you were to die tomorrow.
Learn as if you were to live forever.”**

— Mahatma Gandhi

**“Pray as though everything depended on God.
Work as though everything depended on you.”**

■ St. Augustine

Other Facilities

Research Centre

This Research Centre stands testimony to the college's endorsement of the integral role of research in a place of learning. It undertakes and executes quality research projects for national/international agencies as well as for the industry. It plays an important role in making Home Scientists and Nirmala Niketan creditably visible in the industry and other professional spheres.

“Research Reach - Journal of Home Science”, is a Bi-Annual Publication from the Research Centre of Nirmala Niketan, College of Home Science. The journal is now registered and has been granted an International Standard Serial Number: ISSN 0974 617X. It is included in the UGC recognized journal list.

The journal covers research papers in the field of Food Science and Nutrition, Human Development, Textile Chemistry and Fashion Technology, Family Resource Management and Extension Education. The journal covers original and authentic research and development work from all the branches of Home Science. This journal serves as a forum for scientists, including young scholars to publish their research thesis and projects. Subscription for each year covers two issues – January and July.

For any further clarifications kindly e-mail to - nnrc.researchreach@gmail.com

Alumnae Association

The Alumnae Association, a body of ex-students of the college, has been in existence since 1980. The office of the Alumnae Association is situated in the college building. We are immensely proud of the long list of illustrious alumnae on record. On graduation, we look forward to the student's continued participation in the college through membership in this association.

IQAC & 7 NAAC Committees

The vision and mission of the college get translated into reality by an action plan that is chalked out by the Internal Quality Assurance Cell (IQAC) and other staff at beginning of each academic year. The IQAC is part of the quality assurance procedures required by the National Assessment and Accreditation Council (NAAC).

Information of RTI

The names, designation and other particulars of the Public Information Officers:

Sr. No.	Public Information Officers	Names and Designations	Address
1	Public Information Officer	Dr. Ela Dedhia	College of Home Science, Nirmala Niketan, 49, New Marine Lines, Mimbai – 400 020.
2	Assistant Public Information Officer	Ms. Noella Dias	
3	1 st Appellate Authority	Dr. Geeta Ibrahim (Principal)	

For details on the Right to Information about the College of Home Science, Nirmala Niketan, please refer to the college website or copy-paste the following link onto your web browser:

<http://www.nirmalaniketan.com/generalinfo/pictures/rti-college-of-home-science.pdf>

We wish each of you a year of excellence, meaningful learning, and joy. We look forward to a strong and healthy partnership between students, teachers and parents. Together, we pledge to meet our common goals and fulfill our vision.
